

Educational Offerings for Adults

1. The Orthodox Faith This September

These series of talks are for anyone wishing to learn more about the Orthodox Faith, inquirers, seekers, catechumens, as well as parishioners wanting to learn more about Orthodox Christianity. Each meeting will comprise of a talk and a discussion. Topics will include Faith, God as Trinity, The World, Humankind, Jesus Christ, The Church, Orthodoxy.

Meetings will be held on Thursday evenings at 7p starting on September 19 through December 5 and will be held at church in the small hall and accessible via Zoom. Please indicate your interest in attending by registering so you can receive updates on subjects and resources. **Register** to receive the weekly ZOOM link and class updates by emailing fatherstephen@att.net

2. "Eight Dates" marriage program This September

The Greek Orthodox Metropolis of San Francisco's Family Wellness Ministry and the Office of Youth and Young Adult Ministries invite all couples to participate in the upcoming "Eight Dates" marriage program. Presented for the fourth time, this powerful relationship series is based on the book *Eight Dates* by Drs. John and Julie Gottman.

Any couple wanting to improve their communication and connection can benefit from this lively and evidence-based program, where the Family Wellness Ministry team integrates the riches of our Orthodox Faith into each presentation. Couples will meet online every other Thursday and are encouraged to connect on their "8 Dates," engaging in essential conversations during the following weeks. Session begins: Thursday, September 19th @ 6:30

pm (Pacific) via Zoom. Please **Register** by September 11:
familywellnessministry.org/eight-dates

3. Online Greek Language This September

Modern Greek language is officially being offered at Sac State through the College of Continuing Education (CCE).

The National and Kapodistrian University of Athens (NKUA), together with the College of Continuing Education at Sacramento State University (CCE), are pleased to offer introductory modern Greek language. This fall, Greek 6A, will be offered online through CCE and is open to community members, university students, and high school students for university credit. Greek 6A is part of a year-long introductory Greek course that fulfills language requirements for the California State University campuses.

The 12-week online course will be taught by NKUA faculty beginning on September 16th. The course will be live with the instructors and classes will be held online from M-Th, 8:00 – 8:50 am. Registration is limited. For further information, please visit the CCE website: <https://www.cce.csus.edu/modern-greek-language> or contact Dr. Katerina Lagos at lagosk@csus.edu.

4. Bible Study Ongoing

Our Weekly Bible Study has been an ongoing offering at our parish for more than 13 years. Meetings are weekly on Thursdays at 11 am, both in person in the small hall and accessible via Zoom (link below). We are reading through the New Testament and are currently in the First Letter of St. John. Drop ins and visitors are always welcome! Connection

link: <https://zoom.us/j/92579391202?pwd=TkpKQVpadExCLzdxRFNtU2d5S2JJQT09>