## **OUR JOURNEY TO PASCHA! 2025**

Created by Fr. Jonathan Bannon (ACRÓD

## SUNDAYS

## THEMES / GOSPEL READING

## **HOW TO PARTICIPATE:**

Fast - Free Week
FEBRUARY 9th



Publican and the Pharisee
Epistle: 2 Timothy 3:10-15
Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week FEBRUARY 16th



The Prodigal Son Returns!

Epistle: 1 Corinthians 6:12-20

Gospel: Luke 15:11-32

Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meaffare



The Last Judgement

Epistle: 1 Corinthians 8:8-9:2

Gospel: Matthew 25:31-46

Pray facing East this week.

Christ is returning from the East and
we wait for Him!

Use up/freeze dairy this week.

Cheesefare





Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY

Epistle: Romans 13:11-14:4 Gospel: Matthew 6:14-21 Ask each other for forgiveness each evening this week before bed.

Bring an icon to church

for a procession.

Bring a prayer rope to be

blessed today!

Use it and pray the Jesus Prayer

each day this week.

1st Bunday of Lent MARCH 9th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Epistle: Hebrews 11:24-26, 32-12:2

Gospel: John 1:43-51

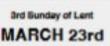
2nd Sunday of Lent MARCH 16th



ST GREGORY PALAMAS
Epistle: Hebrews 1:10-2:3

Gospel: Mark 2:1-12

MAHCH 16th



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA!

Epistle: Hebrews 4:14-5:6 Gospel: Mark 8:34-9:1 Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent MARCH 30th



ST JOHN of the LADDER Epistle: Hebrews 6:13-20

Epistle: Hebrews 6:13-2 Gospel: Mark 9:17-31 Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

Sth Sunday of Lent APRIL 6th



ST MARY of EGYPT
Epistle: Hebrews 9:11-14
Gospel: Mark 10:32-45

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!



GREAT AND HOLY WEEK
ENTRY OF OUR LO
Epistle: Philippie
Gospel: John 12

ENTRY OF OUR LORD INTO JERUSALEM
Epistle: Philippians 4:4-9

Epistle: Philippians 4:4-9
Gospel: John 12:1-18
GREAT AND HOLY FRIDAY

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY





JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!

APRIL 20th



BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with
"CHRIST IS RISEN!"

& say it before
good morning and goodnight!