

“Good ceases to be good if it be not done in a good way.”

Saint Gregory the Theologian, Letter 25

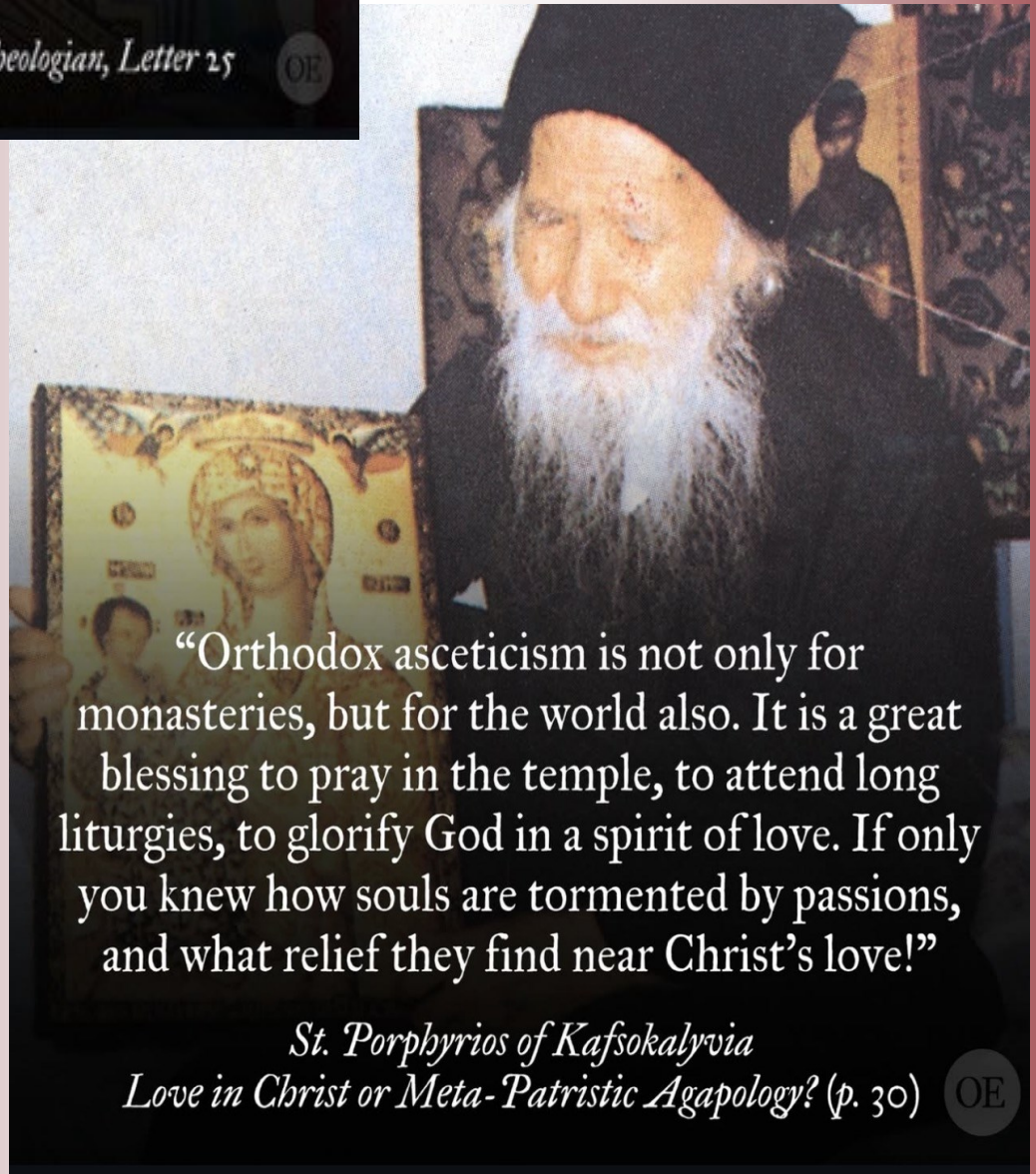
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“In any stage you may be do not get discouraged, pray even if you feel compulsion and the Lord will visit you with His mercy: ‘Let it be to you according to your faith,’ [Matt. 9:29].”

— Elder Cleopas of Romania

“Do not do anything without signing yourself with the sign of the Cross! When you depart on journey, when you begin your work, when you go to study, when you are alone, and when you are with other people, seal yourself with the Holy Cross on your forehead, your body, your chest, your heart, your lips, your eyes, your ears. All of you should be sealed with the sign of Christ’s victory over hell. Then you will no longer be afraid of charms, evil spirits, or sorcery, because these are dissolved by the power of the Cross like wax before fire and like dust before the wind.”

• Elder Cleopa



“Orthodox asceticism is not only for monasteries, but for the world also. It is a great blessing to pray in the temple, to attend long liturgies, to glorify God in a spirit of love. If only you knew how souls are tormented by passions, and what relief they find near Christ’s love!”

*St. Porphyrios of Kafsokalyvia
Love in Christ or Meta-Patristic Agapology? (p. 30)*

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