
DIGITAL CHANT STAND
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

The Service of Matins
for Sunday, April 6, 2025

Octoechos - Mode pl. 4
on Sunday Morning
Eothinon 8

Triodion - Fifth Sunday of Lent
Fifth Sunday of Lent: St. Mary of Egypt
on Sunday Morning at Matins

Menaion - April 6
Katavasias of Theotokos

Texts in Greek and English

Links to Matins Ordinary

Bilingual

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

English

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/en/bk.matinsordinary.normal.pdf

Sources

GOASD Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. **AC** Anthony Cook. **GKD** George K. Duvall. **KW** Kallistos Ware. **RB** Richard Barrett. **SD** Fr. Seraphim Dedes.
TC Thomas Carroll. **VPA** Virgil Peter Andronache. **GOA** Greek Orthodox Archdiocese of America. **HC** Holy Cross Orthodox Press.
OCA Orthodox Church in America.

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Βιβλία - Πηγαι

Ὁκτώηχος - ᾠχος πλ. δ'.

Τῇ Κυριακῇ Πρωΐ

Τριώδιον

Κυριακὴ Ε΄ τῶν Νηστειῶν τῆς Ὁσίας Μαρίας τῆς Αἰγυπτίας - Τῇ Κυριακῇ Πρωΐ

ΟΡΘΡΟΣ

ΧΟΡΟΣ

ᾠχος πλ. δ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α΄. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Στίχ. β΄. Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἡμυνάμην αὐτούς.

Στίχ. γ΄. Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτώηχου - - -

Ἀπολυτίκιον Ἀναστάσιμον.

ᾠχος πλ. δ'.

Ἐξ ὕψους κατήλθες ὁ Εὐσπλαγχνος, ταφὴν κατεδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσῃς τῶν παθῶν. Ἡ ζωὴ καὶ ἡ ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Τοῦ Τριωδίου - - -

Δόξα. **Τῆς Ὁσίας.**

ᾠχος πλ. δ'.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν, ἠκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὁσία Μαρία τὸ πνεῦμά σου.

Books - Sources

Octoechos - Mode pl. 4.

On Sunday Morning

Triodion

Fifth Sunday of Lent: St. Mary of Egypt - On Sunday Morning

MATINS

CHOIR

Mode pl. 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His holy name.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode pl. 4.

You descended from on high, O compassionate One, and consented to a three-day burial, to free us from the passions. O Lord, our life and resurrection, glory to You! [GOASD]

From Triodion - - -

Glory. **For the Devout Woman.**

Mode pl. 4.

In you, O Mother, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels. [SD]

Καὶ νῦν. **Θεοτοκίον.**

Τῆς Ὀκτωήχου - - -

Ἦχος πλ. δ'.

Ὁ δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ σταύρωσιν ὑπομείνας Ἀγαθέ, ὁ θανάτῳ τὸν θάνατον σκυλεύσας, καὶ ἔγερσιν δείξας ὡς Θεός, μὴ παρίδῃς οὐς ἔπλασας τῇ χειρὶ σου· δεῖξον τὴν φιλανθρωπίαν σου Ἐλεῆμον· δέξαι τὴν τεκοῦσάν σε Θεοτόκον, πρεσβεύουσάν ὑπὲρ ἡμῶν, καὶ σῶσον Σωτὴρ ἡμῶν, λαὸν ἀπεγνωσμένον.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ: Ἀμήν.

Κάθισμα Α'.

Τῆς Ὀκτωήχου - - -

Both now. **Theotokion.**

From Octoechos - - -

Mode pl. 4.

You were born of a Virgin, and You endured crucifixion for us, O good Lord. By Your death You divested death of spoils, and You displayed resurrection, as God. Please do not despise us, the work of Your hand. Demonstrate Your loving kindness, O merciful Master. Defer to Your Mother, the Theotokos, when she intercedes on our behalf, and save us, Your people in despair, O Savior. [GOASD]

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

Kathisma I.

From Octoechos - - -

Ἦχος πλ. δ΄. Αὐτόμελον.

Ἀνέστης ἐκ νεκρῶν, ἡ ζωὴ τῶν ἀπάντων, καὶ Ἄγγελος φωτός, ταῖς γυναιξὶν ἐβόα· Παύσασθε τῶν δακρύων, τοῖς Ἀποστόλοις εὐαγγελίσασθε· κράξατε ἀνυμνοῦσαι· Ὅτι ἀνέστη Χριστὸς ὁ Κύριος, ὁ εὐδοκήσας σῶσαι ὡς Θεός, τὸ γένος τῶν ἀνθρώπων.

Δόξα.

Ἦχος πλ. δ΄. Τὴν Σοφίαν καὶ Λόγον.

Ἀναστὰς ἐκ τοῦ τάφου ὡς ἀληθῶς, ταῖς ὁσίαις προσέταξας γυναιξί, κηρῦσαι τὴν ἔγερσιν, Ἀποστόλοις ὡς γέγραπται· καὶ δρομαῖος ὁ Πέτρος, ἐπέστη τῷ μνήματι, καὶ τὸ φῶς ἐν τῷ τάφῳ, ὁρῶν κατεπλήττετο· ὅθεν καὶ κατεῖδε, τὰ ὀθόνια μόνα, χωρὶς τοῦ θείου σώματος, ἐν αὐτῷ κατακείμενα· καὶ πιστεύσας ἐβόησε· Δόξα σοι Χριστέ ὁ Θεός, ὅτι σῶζεις ἅπαντας Σωτὴρ ἡμῶν· τοῦ Πατρὸς γὰρ ὑπάρχεις ἀπαύγασμα.

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος πλ. δ΄. Τὴν Σοφίαν καὶ Λόγον.

Τὴν οὐράνιον πύλην καὶ κιβωτόν, τὸ πανάγιον ὄρος τὴν φωταυγῇ, νεφέλην ὑμνήσωμεν, τὴν οὐράνιον κλίμακα, τὸν λογικὸν Παράδεισον, τῆς Εὐσας τὴν λύτρωσιν, τῆς οἰκουμένης πάσης, τὸ μέγα κειμήλιον· ὅτι σωτηρία, ἐν αὐτῇ διεπράχθη, τῷ κόσμῳ καὶ ἄφεις, τῶν ἀρχαίων ἐγκλημάτων· διὰ τοῦτο βοῶμεν αὐτῇ· Πρέσβευε τῷ σῷ Υἱῷ καὶ Θεῷ, τῶν πταισμάτων ἄφεις δωρήσασθαι, τοῖς εὐσεβῶς προσκυνοῦσι τὸν πανάγιον τόκον σου.

Mode pl. 4. Automelon.

Ἀνέστης ἐκ νεκρῶν.

O Life of all, You rose from the dead; and an Angel, * his countenance like lightning, called out to the women, * “Weep no more! But go quickly and bring to the Apostles the tidings of joy. * Sing out in exultation, ‘Truly risen from the dead is Christ the Lord, * who was well pleased to save the human race, as God our only Savior.’” [GOASD]

Glory.

Mode pl. 4. By conceiving the wisdom.

Τὴν Σοφίαν καὶ Λόγον.

Having risen indeed from the tomb, O Lord, * as recorded in Scripture, You told the devout * women to proclaim Your resurrection to the Apostles. * Then Peter came out and he ran to the tomb; * he was amazed beholding the light in the sepulcher. * Looking in he saw that Your holy body was missing; * the napkin and linen cloths were by themselves, lying separately. * Then he believed it and cried aloud, * “Glory to You, Christ God, for You save all people, O Savior! * You are the reflection of the Father’s glory!” [GOASD]

Both now. **Theotokion.**

Mode pl. 4. By conceiving the wisdom.

Τὴν Σοφίαν καὶ Λόγον.

Let us sing hymns extolling the holy ark * and the heavenly gate and the shining cloud, * the all-holy mountain, and the heavenly ladder, * the allegorical Paradise and the release of Eve, * the great and precious treasure of the entire world. * For in her humanity’s salvation was accomplished; * through her has the world received the forgiveness of age-old sins. * Let us therefore cry out to her, * “Intercede with your Son and our God, that He grant forgiveness of their offenses * to those who reverently honor your all-holy childbirth.” [GOASD]

Κάθισμα Β΄.

Ἦχος πλ. δ΄.

Ἀνθρώποι τὸ μνημῆμά σου, Σωτὴρ
ἐσφραγίσαντο, Ἄγγελος τὸν λίθον, ἐκ τῆς θύρας
ἀπεκύλισε. Γυναῖκες ἐθεάσαντο, ἐγηγερμένον ἐκ
νεκρῶν, καὶ αὗται εὐηγγελίσαντο τοῖς Μαθηταῖς
σου ἐν Σιών· Ὅτι ἀνέστης ἡ ζωὴ τῶν ἀπάντων, καὶ
διελύθη τὰ δεσμὰ τοῦ θανάτου. Κύριε δόξα σοι.

Δόξα.

Ἦχος πλ. δ΄. Ἀνέστης ἐκ νεκρῶν.

Τὰ μύρα τῆς ταφῆς, αἱ γυναῖκες κομίσασαι,
φωνῆς ἀγγελικῆς, ἐκ τοῦ τάφου ἤκουον·
Παύσασθε τῶν δακρῶν, καὶ ἀντὶ λύπης χαρὰν
κομίσασθε· κράξατε ἀνυμνοῦσαι, ὅτι ἀνέστη
Χριστὸς ὁ Κύριος, ὁ εὐδοκήσας σῶσαι ὡς Θεός,
τὸ γένος τῶν ἀνθρώπων.

Καὶ νῦν. **Θεοτοκίον.**

Ἐπὶ σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις,
Ἀγγέλων τὸ σύστημα, καὶ ἀνθρώπων τὸ γένος,
ἡγιασμένε ναέ, καὶ Παράδεισε λογικέ, παρθενικὸν
καύχημα· ἐξ ἧς Θεὸς ἐσαρκώθη, καὶ παιδίον
γέγονεν, ὁ πρὸ αἰώνων ὑπάρχων Θεὸς ἡμῶν. Τὴν
γὰρ σὴν μήτραν, θρόνον ἐποίησε, καὶ τὴν σὴν
γαστέρα, πλατυτέραν οὐρανῶν ἀπειργάσατο. Ἐπὶ
σοὶ χαίρει, Κεχαριτωμένη, πᾶσα ἡ κτίσις· δόξα
σοι.

Εὐλογητάρια Ἀναστάσιμα.

Ἦχος πλ. α΄.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὁρῶν σε,
ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ Σωτὴρ,
τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ τὸν Ἀδὰμ
ἐγείραντα, καὶ ἐξ Ἰδοῦ πάντας ἐλευθερώσαντα.

Kathisma II.

Mode pl. 4.

Human beings put a seal on Your tomb; an
Angel rolled the stone away from its door. Women
saw You risen from the dead, O Savior, and they
brought the joyful news to Your disciples in Zion,
that You the life of all had risen, and that the bonds
of death were shattered. Glory to You, O Lord!

[GOASD]

Glory.

Mode pl. 4. O Life of all, You rose.

Ἀνέστης ἐκ νεκρῶν.

The women who were taking the burial spices
* heard an angelic voice from the sepulcher saying,
* “Weep no more! And instead of your sorrow
take with you the tidings of joy. * Sing out in
exultation, ‘Truly risen from the dead is Christ the
Lord, * who was well pleased to save the human
race, as God our only Savior.’” [GOASD]

Both now. **Theotokion.**

In you, O Lady full of grace, all creation
rejoices, the hosts of Angels and the human race.
O consecrated temple and allegorical Paradise,
virgins boast of you. For God became incarnate
from you, yes, our eternally existing God became
a child from you. He made a throne of your womb,
and He made your body wider than the heavens.
In you, O Lady full of grace, all creation rejoices.
Glory to you! [GOASD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how You
were accounted among the dead, they all marveled.
You, O Savior, are the One who destroyed the
might of death; and when You arose You raised

Εὐλογητὸς εἶ, Κύριε, δίδασόν με τὰ
δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὦ
Μαθήτριάι κινῶτε; ὁ ἀστράπτων ἐν τῷ τάφῳ
Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις·
Ἴδετε ὑμεῖς τὸν τάφον καὶ ἦσθητε· ὁ Σωτὴρ γὰρ
ἐξανέστη τοῦ μνήματος.

Εὐλογητὸς εἶ, Κύριε, δίδασόν με τὰ
δικαιώματά σου.

Λίαν πρωΐ, Μυροφόροι ἔδραμον, πρὸς
τὸ μνήμά σου θρηνηολογοῦσαι· ἀλλ' ἐπέστη,
πρὸς αὐτὰς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ
καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν δέ,
Ἀποστόλοις εἵπατε.

Εὐλογητὸς εἶ, Κύριε, δίδασόν με τὰ
δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων ἐλθοῦσαι,
πρὸς τὸ μνήμά σου, Σῶτερ ἐνηχοῦντο. Ἀγγέλου
τρανῶς, πρὸς αὐτὰς φθεγγομένου· Τί μετὰ νεκρῶν,
τὸν ζῶντα λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱόν
τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾷ
τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ, κράζοντες τό· Ἅγιος,
Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθέने, τὸν
Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾷ, ἀντὶ λύτης
παρέσχες, ρεύσαντα ζωῆς, ἵθυνε πρὸς ταύτην δέ, ὁ
ἐκ σοῦ σαρκωθείς Θεὸς καὶ ἄνθρωπος.

Adam with yourself and from Hades liberated
everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

“Why do you mingle the ointments with your
tears full of pity, O women disciples?” Thus the
Angel who was shining in the tomb cried to the
myrrh-bearing women. “See for yourselves the
empty tomb and understand, that the Savior has
risen from the sepulcher.”

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-bearing
women were hastening to Your tomb lamenting.
But the Angel appeared to them and uttered, “The
time for lamentation has ended; weep no more. Go
announce the Resurrection to the Apostles.”

*Blessed are You, O Lord, teach me Your
statutes.*

When the myrrh-bearing women had come
with their spices to Your sepulcher, O Savior, they
heard the voice of an Angel clearly speaking to
them, “Why do you account among the dead the
One who lives? For as God, He has risen from the
sepulcher.”

Glory.

We bow down in worship to the Father and
His Son and the Holy Spirit, the Holy Trinity, one
in essence; and we cry aloud with the Seraphim:
Holy, Holy, Holy are You, O Lord.

Both now.

Giving birth to the Giver of life, O Virgin,
you delivered Adam from sin, and to Eve you have
rendered joy in place of sorrow. He who from you

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα
σοι, ὁ Θεός. (3)

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι ἡυλόγηταί σου τὸ ὄνομα καὶ
δεδοξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ
καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ: Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου - - -

Ὑπακοή. ᾠδὴ πλ. δ'.

Αἱ μυροφόροι τοῦ ζωοδότου, ἐπιστᾶσαι
τῷ μνήματι, τὸν Δεσπότην ἐζήτουν, ἐν νεκροῖς
τὸν ἀθάνατον· καὶ χαρᾶς εὐαγγέλια, ἐκ τοῦ
Ἀγγέλου δεξάμεναι, τοῖς Ἀποστόλοις ἐμήνουν·
Ὅτι ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ
μέγα ἔλεος.

became incarnate, God and man, has directed to
life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You, O
God. (3)

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For blessed is Your name, and glorified is
Your kingdom, of the Father and the Son and
the Holy Spirit, now and ever and to the ages
of ages.

CHOIR: Amen.

READER

From Octoechos - - -

Hypakoe. Mode pl. 4.

The Myrrh-bearing Women went to
the tomb of the Giver of Life, seeking the
immortal Master among the dead. And
receiving good tidings of joy from the Angel,
they reported to the Apostles, that the Lord had
risen, granting the great mercy to the world.

[GOASD]

ΧΟΡΟΣ

Οἱ Ἀναβαθμοί.

Ἀντίφωνον Α΄. ᾠχος πλ. δ΄.

Ἐκ νεότητός μου, ὁ ἐχθρός με πειράζει, ταῖς ἡδοναῖς φλέγει με· ἐγὼ δὲ πεποιθώς, ἐν σοὶ Κύριε, τροποῦμαι τοῦτον.

Οἱ μισοῦντες Σιών, γενηθήτωσαν δὴ, πρὶν ἐκσπασθῆναι ὡς χόρτος· συγκόψει γὰρ Χριστός, αὐχένας αὐτῶν, τομῇ βασάνων.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, τὸ ζῆν τὰ πάντα, φῶς ἐκ φωτός, Θεὸς μέγας· σὺν Πατρὶ ὑμνοῦμεν αὐτὸ καὶ τῷ Λόγῳ.

Ἀντίφωνον Β΄.

Ἡ καρδία μου, τῷ φόβῳ σου σκεπέσθω, ταπεινοφρονοῦσα· μὴ ὑψωθεῖσα ἀποπέσῃ, ἐκ σοῦ Πανοικτίρμον.

Ἐπὶ τὸν Κύριον, ὁ ἐσχηκὼς ἐλπίδα, οὐ δέισει τότε, ὅτε πυρὶ τὰ πάντα, κρινεῖ καὶ κολάσει.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, πᾶς τις θεὸς βλέπει καὶ προλέγει, τερατουργεῖ ὑψιστα, ἐν τρισὶν ἓνα Θεὸν μέλων· εἰ γὰρ καὶ τριλαμπεῖ, μοναρχεῖ τὸ θεῖον.

Ἀντίφωνον Γ΄.

Ἐκέκραξά σοι Κύριε, πρόσχες, κλῖνόν μοι τὸ οὔς σου βοῶντι, καὶ κάθαρον πρὶν ἄρης με, ἀπὸ τῶν ἐνθένδε.

Ἐπὶ τὴν μητέρα αὐτοῦ γῆν, δύνων πᾶς αὔθις ἀναλύσει, τοῦ λαβεῖν βασάνους, ἢ γέρα τῶν βεβιωμένων.

CHOIR

Anavathmoi.

Antiphon 1. Mode pl. 4.

From my youth the enemy tempts me, with the pleasures he inflames me. But trusting in You, O Lord, I repel and vanquish him. [GOASD]

Let those who hate Zion become like the grass before it is plucked up. For Christ will cut their necks in pieces with the cutting blade of torments.

[GOASD]

Glory. Both now.

In the Holy Spirit is the life of all things living. He is light from light and great God. We extol Him with the Father and the Logos. [GOASD]

Antiphon 2.

Let my heart be humble-minded and covered with the fear of You, O Lord, lest it be exalted and fall from You, all-compassionate Master. [GOASD]

Whoever hopes in the Lord will not fear when He will judge and punish all things with fire. [GOASD]

Glory. Both now.

In the Holy Spirit every holy person sees and speaks as a prophet. They do sublime miracles, praising the one God in three persons. For though It shines with three-fold light, yet the Godhead rules as monarch. [GOASD]

Antiphon 3.

I cried to You, O Lord. Attend to me. Incline Your ear to me who am crying, and purify me prior to taking me from this life. [GOASD]

Everyone who sets in the earth, his mother, will again return thence, to receive the torments or honors for his life's actions. [GOASD]

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, θεολογία μονὰς τρισαγία· ὁ Πατὴρ γὰρ ἄναρχος, ἐξ οὗ ἔφυ ὁ Υἱὸς ἀχρόνως, καὶ τὸ Πνεῦμα σύμμορφον, σύνθρονον, ἐκ Πατρὸς συνεκλάμψαν.

Ἀντίφωνον Δ'.

Ἴδου δὴ τί καλόν, ἢ τί τερπνόν, ἀλλ' ἢ τὸ κατοικεῖν ἀδελφοὺς ἅμα; ἐν τούτῳ γὰρ Κύριος, ἐπηγγείλατο ζωὴν αἰώνιαν.

Τοῦ ἐνδύματος αὐτοῦ, ὁ τὰ κρίνα τοῦ ἀγροῦ κοσμῶν, κελεύει μὴ δεῖν φροντίζειν.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ἐνοειδεῖ αἰτία, πάντα ἔχεται εἰρηνοβραβεύτως· Θεὸς τοῦτο γὰρ ἐστὶ, Πατρί τε καὶ Υἱῷ, ὁμοούσιον κυρίως.

Προκείμενον.

Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ γενεάν. (δΐς)

Στίχ. Αἶνει, ἡ ψυχὴ μου, τὸν Κύριον.

Βασιλεύσει Κύριος εἰς τὸν αἰῶνα, ὁ Θεός σου, Σιών, εἰς γενεὰν καὶ γενεάν.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν

Glory. Both now.

From the Holy Spirit comes theology. One God, thrice-holy: The Father is without beginning, and the Son came from Him eternally, and the Spirit, sharing form and throne, shone at once from the Father. [GOASD]

Antiphon 4.

Behold now, what is so good or so pleasant as for brethren to dwell together? For in this the Lord has promised life everlasting. [GOASD]

He who adorns the lilies of the field commands us not to be concerned about our clothing. [GOASD]

Glory. Both now.

In the Holy Spirit, the unifying Cause, all things are sustained in peaceful coexistence. This is so for He is God, with the Father and the Son being truly one in essence. [GOASD]

Prokeimenon.

The Lord shall reign forever; your God, O Zion, to all generations. (2)

Verse: Praise the Lord, O my soul!

The Lord shall reign forever; your God, O Zion, to all generations. [SAAS]

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the

Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ

Σὺ γὰρ εἶ ὁ βασιλεὺς τῆς εἰρήνης καὶ σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ: Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου - - -

Κοντάκιον Ἀναστάσιμον.

Ἐξαναστὰς τοῦ μνήματος, τοὺς τεθνεῶτας ἡγείρας, καὶ τὸν Ἀδὰμ ἀνέστησας· καὶ ἡ Εὐὰ χορεύει, ἐν τῇ σῇ ἀναστάσει, καὶ κόσμου τὰ πέρατα πανηγυρίζουσι, τῇ ἐκ νεκρῶν ἐγέρσει σου Πολυέλεε.

Ὁ Οἶκος.

Τὰ τοῦ ᾄδου σκυλεύσας βασιλεία, καὶ νεκροὺς ἀναστήσας Μακρόθυμε, γυναιξὶ Μυροφόροις συνήντησας, ἀντὶ λύπης χαρὰν κομισάμενος· καὶ Ἀποστόλοις σου ἐμήνυσας, τὰ τῆς νίκης σύμβολα, Σωτὴρ μου ζωοδότα, καὶ τὴν κτίσιν ἐφώτισας Φιλάνθρωπε· διὰ τοῦτο καὶ κόσμος συγχαίρει, τῇ ἐκ νεκρῶν ἐγέρσει σου πολυέλεε.

Κοντάκιον.

Τοῦ Τριωδίου - - -

Ἦχος γ'. Ἡ Παρθένος σήμερον.

Ἡ πορνείαις πρότερον, μεμεστωμένη παντοίαις Χριστοῦ Νύμφη σήμερον τῇ

Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For You are the King of peace and the savior of our souls, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

READER

From Octoechos - - -

Resurrectional Kontakion.

When You rose from the grave, You also raised the dead, and You resurrected Adam. Because of Your Resurrection, Eve is rejoicing, and people the world over celebrate Your resurrection from the dead, O very merciful Lord. [GOASD]

Oikos.

When You ransacked the realm of Hades, and You raised the dead, O long-suffering Master, You met the Myrrh-bearing Women, and You gave them joy in place of sorrow. You showed Your Apostles the marks of Your victory, O Savior and Giver of Life, and You illumined creation, O benevolent God. Therefore the world also celebrates Your resurrection from the dead, O very merciful Lord. [GOASD]

Kontakion.

From Triodion - - -

Mode 3. On this day.

You were once completely full of fornication of all kinds. But today you show

μετανοία ἐδείχθης, Ἀγγέλων, τὴν πολιτείαν ἐπιποθοῦσα, δαίμονας Σταυροῦ τῷ ὄπλῳ καταπατοῦσα· διὰ τοῦτο βασιλείας ἐφάνης νύμφη Μαρία ἐνδοξε.

Ὁ Οἶκος.

Τὴν ἀμνάδα Χριστοῦ καὶ θυγατέρα, ἄσμασιν εὐφημοῦμέν σε νῦν, Μαρία παναοίδιμε τὴν τῶν Αἰγυπτίων ἀναφανεῖσαν θρέμμα τὴν πλάνην δὲ τούτων πᾶσαν φυγοῦσαν, καὶ καλῶς προσενεχθεῖσαν τῇ Ἐκκλησίᾳ βλάστημα τίμιον δι' ἐγκρατείας καὶ δεήσεως, ἀσκήσασαν ὑπὲρ μέτρον τῆς ἀνθρωπίνης φύσεως· διὸ καὶ ὑψώθης ἐν Χριστῷ, διὰ βίου καὶ πράξεως, Βασιλείας Οὐρανοῦ φανεῖσα νύμφη Μαρία πάνσεμνε.

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

Συναξάριον

Τοῦ Μηναίου.

Τῇ Σ' τοῦ αὐτοῦ μηνός, μνήμη τοῦ ἐν Ἁγίοις Πατρὸς ἡμῶν Εὐτυχίου, Πατριάρχου Κωνσταντινουπόλεως.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἁγίων ἑκατὸν εἴκοσι Μαρτύρων τῶν ἐν Περσίδι.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῆς Ὁσίας Πλατωνίδος.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἁγίων δύο Μαρτύρων, τῶν ἐν Ἀσκάλῳ ἄρχις ὁσφύος χωσθέντων καὶ τελειωθέντων.

yourself a Bride of Christ through repentance. Longingly you imitated the Angels' lifestyle. With the Cross, being your weapon, you trampled demons. Therefore, glorious Saint Mary, you have appeared as a bride of heaven's realm. ^[SD]

Oikos.

Ewe of Christ and daughter, now in song we praise you, O Mary most renowned. Accounted the Egyptians' nursling, but yet fleeing all their error, you were altogether offered as a seedling precious to the Church. With self-control and supplication, you practiced asceticism beyond the measure of human nature. Therefore you were exalted in Christ, through way of life and practice. Glorious Saint Mary, you have appeared as a bride of heaven's realm. ^[SD]

Stand for the reading of the Synaxarion.

Synaxarion

From the Menaion.

On April 6, we commemorate our holy father Eftychios, Patriarch of Constantinople.

On this day we also commemorate the holy 120 martyrs of Persia.

On this day we also commemorate our devout mother St. Platonis.

On this day we also commemorate the two holy martyrs of Ascalon, who died after they were buried up to the waist.

Τῇ αὐτῇ ἡμέρᾳ, ὁ Ὁσῖος Πατὴρ ἡμῶν
Γρηγόριος ὁ Σιναΐτης, ὁ ἀσκήσας ἐν ἔτει αἰτί
(1310), ἐν εἰρήνῃ τελειοῦται.

Ὁ Ὁσῖος Γρηγόριος, ὁ ἀσκήσας ἐν τοῖς
ὀρίοις τῆς Μεγίστης Λαύρας τοῦ Ἁθῶ κατὰ τὸ
ἔτος αἰτή (1308), ἐν εἰρήνῃ τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ, ὁ Ἅγιος Ὁσιομάρτυς
Γεννάδιος, ἀθλήσας ἐν Κων/πόλει κατὰ τὸ
ἔτος αῶνι (1818), τὴν κεφαλὴν ἀποτμηθεὶς,
τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἀγίων
ἐνδόξων πέντε Νεομαρτύρων Μανουήλ,
Θεοδώρου, Γεωργίου, Μιχαὴλ καὶ ἑτέρου
Γεωργίου, τῶν ἐκ Σαμοθράκης, καὶ ἐν Μάκρῃ
τῆς Θράκης ἀθλησάντων ἐν ἔτει αῶλε (1835),
ποιούμεθα.

Τοῦ Τριωδίου.

Τῇ αὐτῇ ἡμέρᾳ, Κυριακῇ πέμπτῃ τῶν
Νηστειῶν, διετάχθημεν μνήμην ποιῆσθαι τῆς
Ὁσίας Μητρὸς ἡμῶν Μαρίας τῆς Αἰγυπτίας.

Στίχοι

Ἀπῆρε πνεῦμα, σὰρξ ἀπερρύη πάλαι.
Τὸν ὄστινον, γῆ, κρύπτε νεκρὸν Μαρίας.

Ταῖς αὐτῆς πρεσβείαις, ὁ Θεὸς ἐλέησον,
καὶ σῶσον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασίαι τῆς Θεοτόκου
Ὡδὴ α΄. Ἦχος δ΄.

Ἀνοίξω τὸ στόμα μου, καὶ πληρωθήσεται
Πνεύματος, καὶ λόγον ἐρεύξομαι, τῇ Βασιλίδι
Μητρί, καὶ ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ
ᾄσω γηθόμενος, ταύτης τὰ θαύματα.

On this day our devout father Gregory of
Sinai, who lived as an ascetic in the fourteenth
century, died in peace.

Devout St. Gregory, who lived as
an ascetic in the vicinity of Great Lavra
Monastery on Mt. Athos in the fourteenth
century, died in peace.

On this day in the year 1818, the holy
monastic martyr Gennadios contested in
Constantinople and was beheaded.

On this day we also commemorate the
holy and glorious five Neomartyrs: Manuel,
Theodore, George, Michael, and another
George, who were from Samothrace and who
contested in Makri, Thrace in the year 1835.

From the Triodion.

On this day, the fifth Sunday of Lent, we
have been enjoined to observe the memory of
our devout Mother Mary of Egypt.

Verses

Her spirit is gone, the flesh long discarded.
O earth, now hide the dead bones of Mary.

By her intercessions, O God, have mercy
on us and save us. Amen.

CHOIR

Katavasias of Theotokos
Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like
David said, * to pour out a good word to the Queen
and Mother of God. * I will celebrate * her feast
with joy and gladness * and sing to her merrily,
lauding her miracles. [GOASD]

Ὡδὴ γ'.

Τοὺς σοὺς ὕμνολόγους Θεοτόκε, ὡς ζῶσα
καὶ ἄφθοнос πηγὴ, θίασον συγκροτήσαντας
πνευματικόν, στερέωσον· καὶ ἐν τῇ θείᾳ δόξῃ σου,
στεφάνων δόξης ἀξιώσον.

Ὡδὴ δ'.

Τὴν ἀνεξιχνίαστον θείαν βουλήν, τῆς ἐκ
τῆς Παρθένου σαρκώσεως, σοῦ τοῦ Ὑψίστου,
ὁ Προφήτης, Ἀββακούμ, κατανοῶν ἐκράυγαζε·
Δόξα τῇ δυνάμει σου Κύριε.

Ὡδὴ ε'.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ δόξῃ σου·
σὺ γὰρ ἀπειρόγαμε Παρθένε, ἔσχες ἐν μήτρᾳ, τὸν
ἐπὶ πάντων Θεόν, καὶ τέτοκας ἄχρονον Υἱόν, πᾶσι
τοῖς ὕμνοῦσί σε, σωτηρίαν βραβεύοντα.

Ὡδὴ ς'.

Τὴν θείαν ταύτην καὶ πάντιμον, τελοῦντες
ἐορτὴν οἱ θεόφρονες, τῆς Θεομήτορος, δεῦτε τὰς
χεῖρας κροτήσωμεν, τὸν ἐξ αὐτῆς τεχθέντα Θεὸν
δοξάζοντες.

Ὡδὴ ζ'.

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες, παρὰ
τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλήν, ἀνδρείως
πατήσαντες, χαίροντες ἔψαλλον. Ὑπερύμνητε, ὁ
τῶν Πατέρων Κύριος, καὶ Θεὸς εὐλογητὸς εἶ.

Ὡδὴ η'.

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.*

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ τόκος τῆς
Θεοτόκου διεσώσατο, τότε μὲν τυπούμενος, νῦν

Ode iii.

Establish your servants who extol you, * O
Mother of God, for they have formed * a spiritual
choir for you * the living and abundant fount; *
and graciously in your divine glory give glorious
crowns to them. [GOASD]

Ode iv.

When the Prophet Habakkuk heard the
divine * and incomprehensible counsel of Your
Incarnation * from the Virgin, O Most High,
* considering, he cried aloud: * Glory to Your
strength, O Lord my God. [GOASD]

Ode v.

Amazed was the universe by your divine
magnificence. * You who were perpetually virgin
* carried the heavenly God of all in your womb *
and gave birth to the eternal Son, * who awards
salvation to all who sing hymns of praise to you.

[GOASD]

Ode vi.

O godly-minded believers, come * and
celebrate this sacred and venerable feast and thus
extol * the Theotokos, and clap our hands, * and
glorify our God who was truly born of her. [GOASD]

Ode vii.

Godly-minded three * did not adore created
things in the Creator's stead; * rather, disdaining
the threat * of fire, they trampled it, and joyfully
they sang: * "O supremely praised * and most
exalted Lord and God * of the fathers, You are
blessed." [GOASD]

Ode viii.

*We praise and we bless and we worship
the Lord.*

Guiltless were those Servants in the furnace.
* The Son of the Theotokos went and rescued

δὲ ἐνεργούμενος, τὴν οἰκουμένην ἅπασαν, ἀγείρει
ψάλλουσιν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα, καὶ
ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

ΔΙΑΚΟΝΟΣ: Τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ὅτι ἅγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις
ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ: Ἀμήν.

Ἦχος β΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δὶς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν
Θεὸν ἡμῶν ἱκετεύσωμεν.

ΧΟΡΟΣ: Κύριε, ἐλέησον. (3)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί. Αὐκούσωμεν τοῦ ἁγίου
Εὐαγγελίου.

ΙΕΡΕΥΣ: Εἰρήνη πᾶσι.

ΧΟΡΟΣ: Καὶ τῷ πνεύματί σου.

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ἰωάννην ἁγίου Εὐαγγελίου
τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ: Πρόσχωμεν.

ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

them. * He who was prefigured then, * having
been incarnate now, * is gathering the whole wide
world into His Church to sing: * “O all you works
of the Lord, to all ages * sing praises to the Lord
and exalt Him beyond measure.” [GOASD]

Stand for the Gospel reading.

DEACON: Let us pray to the Lord.

CHOIR: Lord, have mercy.

PRIEST

For You, our God, are holy, and You rest
among the holy ones, and to You we offer up
glory, to the Father and the Son and the Holy
Spirit, now and ever and to the ages of ages.

CHOIR: Amen.

Mode 2.

Let everything that breathes praise the Lord.
(2) Let everything that breathes praise the Lord.

[SAAS]

DEACON

Let us pray to the Lord our God that we
may be made worthy to hear the holy Gospel.

CHOIR: Lord, have mercy. (3)

DEACON

Wisdom. Arise. Let us hear the holy
Gospel.

PRIEST: Peace be with all.

CHOIR: And with your spirit.

PRIEST

The reading is from the holy Gospel
according to John.

DEACON: Let us be attentive.

CHOIR

Glory to You, O Lord, glory to You.

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

*Ἐωθινὸν Η΄
Ἰωάννην 20:11 – 18*

Τῷ καιρῷ ἐκείνῳ, Μαρία εἰστήκει πρὸς τῷ μνημείῳ κλαίουσα ἔξω. ὡς οὖν ἔκλαιε, παρέκυψεν εἰς τὸ μνημεῖον καὶ θεωρεῖ δύο ἀγγέλους ἐν λευκοῖς καθεζομένους, ἓνα πρὸς τῇ κεφαλῇ καὶ ἓνα πρὸς τοῖς ποσίν, ὅπου ἔκειτο τὸ σῶμα τοῦ Ἰησοῦ. καὶ λέγουσιν αὐτῇ ἐκεῖνοι· γύναι, τί κλαίεις; λέγει αὐτοῖς· ὅτι ἤρην τὸν Κύριόν μου, καὶ οὐκ οἶδα ποῦ ἔθηκαν αὐτόν. καὶ ταῦτα εἰποῦσα ἐστράφη εἰς τὰ ὀπίσω, καὶ θεωρεῖ τὸν Ἰησοῦν ἐστῶτα, καὶ οὐκ ᾔδει ὅτι Ἰησοῦς ἐστι. λέγει αὐτῇ ὁ Ἰησοῦς· γύναι, τί κλαίεις; τίνα ζητεῖς; ἐκείνη δοκοῦσα ὅτι ὁ κηπουρός ἐστι, λέγει αὐτῷ· κύριε, εἰ σὺ ἐβάστασας αὐτόν, εἰπέ μοι ποῦ ἔθηκας αὐτόν, κάγὼ αὐτόν ἀρῶ. λέγει αὐτῇ ὁ Ἰησοῦς· Μαρία. στραφεῖσα ἐκείνη λέγει αὐτῷ· ῥαββουνί, ὃ λέγεται, διδάσκαλε. λέγει αὐτῇ ὁ Ἰησοῦς· μή μου ἅπτου· οὐπω γὰρ ἀναβέβηκα πρὸς τὸν πατέρα μου· πορεύου δὲ πρὸς τοὺς ἀδελφούς μου καὶ εἰπὲ αὐτοῖς· ἀναβαίνω πρὸς τὸν πατέρα μου καὶ πατέρα ὑμῶν, καὶ Θεόν μου καὶ Θεὸν ὑμῶν. ἔρχεται Μαρία ἡ Μαгдаληνὴ ἀπαγγέλλουσα τοῖς μαθηταῖς ὅτι ἑώρακε τὸν Κύριον, καὶ ταῦτα εἶπεν αὐτῇ.

ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι,
προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν,
τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου,
Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου
ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ

PRIEST (from the altar table)

*Eothinon 8
John. 20:11 – 18*

At that time, Mary stood weeping outside the tomb, and as she wept she stooped to look into the tomb, and she saw two angels in white, sitting where the body of Jesus has lain, one at the head and one at the feet. They said to her, “Woman, why are you weeping?” She said to them, “Because they have taken away my Lord, and I do not know where they have laid him.” Saying this, she turned round and saw Jesus standing, but she did not know that it was Jesus. Jesus said to her, “Woman, why are you weeping? Whom do you seek?” Supposing him to be the gardener, she said to him, “Sir, if you have carried him away, tell me where you have laid him, and I will take him away.” Jesus said to her, “Mary.” She turned and said to him in Hebrew, “Rabboni,” which means Teacher. Jesus said to her, “Do not touch me, for I have not yet ascended to the Father; but go to my brethren and say to them, I am ascending to my Father and your Father, to my God and your God.” Mary Magdalene went and said to the disciples, “I have seen the Lord,” and she told them that he had said these things to her. [RSV]

CHOIR

Glory to You, O Lord, glory to You.

READER

Having beheld the Resurrection of Christ,
let us worship the holy Lord Jesus, the only
sinless one. Your Cross, O Christ, we venerate,
and Your holy Resurrection we praise and
glorify. For You are our God; apart from You

γὰρ εἴ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὥλεσεν.

ΧΟΡΟΣ

Ψαλμὸς Ν' (50).

ᾠδὴ β'. *(ἡ τῆς ἐβδομάδος.)*

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσῃς ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας· τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι· πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. *(or the Mode of the week)*

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν
ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου
ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός,
καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις
μου.

Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου
καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ’
ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου
σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου καὶ
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῥσαί με ἐξ αἱμάτων, ὁ Θεός, ὁ Θεὸς τῆς
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις καὶ τὸ στόμα
μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον·
καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ
Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν
Σιών καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλὴμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου
μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Turn Your face from my sins, and blot out
all my transgressions.

Create in me a clean heart, O God, and
renew a right spirit within me.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

A sacrifice to God is a broken spirit,
a broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Ἰδιόμελα τοῦ Τριωδίου.

Δόξα. **Ἦχος πλ. δ'.**

Τῆς μετανοίας ἄνοιξόν μοι πύλας Ζωοδότα·
ὀρθρίζει γὰρ τὸ πνεῦμά μου, πρὸς ναὸν τὸν ἅγιόν
σου, ναὸν φέρον τοῦ σώματος, ὅλον ἐσπιλωμένον·
ἀλλ' ὡς οἰκτίρμων κάθαρον, εὐσπλάγχνῳ σου
ἐλέει.

Καὶ νῦν. **Ὁ αὐτός.**

Τῆς σωτηρίας εὐθυνόν μοι τρίβους, Θεοτόκε·
αἰσχυραῖς γὰρ κατεβύβωσα, τὴν ψυχὴν ἀμαρτίαις,
ὡς ραθύμως τὸν βίον μου, ὅλον ἐκδαπανήσας, ταῖς
σαῖς πρεσβείαις ρῦσαι με, πάσης ἀκαθαρσίας.

Ἰδιόμελον. Ἦχος πλ. β'.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα
ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου.

Τὰ πλήθη τῶν πεπραγμένων μοι δεινῶν,
ἐννοῶν ὁ τάλας, τρέμω τὴν φοβερὰν ἡμέραν
τῆς κρίσεως· ἀλλὰ θαρρῶν εἰς τὸ ἔλεος τῆς
εὐσπλαγχνίας σου, ὡς ὁ Δαυὶδ βοᾷ σοι· Ἐλέησόν
με ὁ Θεός, κατὰ τὸ μέγα σου ἔλεος.

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·
ὑψωσον κέρας χριστιανῶν ὀρθοδόξων καὶ
κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια·

πρεσβείαις τῆς παναχράντου δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας,
δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ,
προστασίαις τῶν τιμίων ἐπουρανίων δυνάμεων
ἀσωμάτων, ἱκεσίαις τοῦ τιμίου ἐνδόξου
προφήτου προδρόμου καὶ βαπτιστοῦ
Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων

Idiomela from the Triodion.

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O Giver
of Life, for early in the morning my spirit hastens
to Your holy temple, bringing the temple of my
body all defiled. But as one compassionate, cleanse
me, I pray, by Your loving-kindness and mercy. [SD]

Both now. **Same Mode.**

Guide me in the paths of salvation, O
Theotokos, for I have befouled my soul with
shameful sins and I heedlessly squandered all of
my life's resources. By your intercession deliver
me from every uncleanness. [SD]

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God,
according to Your great mercy; and according
to the abundance of Your compassion, blot out
my transgression.*

When I ponder in my wretchedness on the
many terrible things that I have done, I tremble for
that fearful day, the Day of Judgment. But trusting
in the mercy of Your compassion, like David I cry
to You, "Have mercy on me, O God, according to
Your great mercy." [SD]

PRIEST

O God, save Your people and bless Your
inheritance. Look upon Your world with
mercy and compassion. Raise the Orthodox
Christians in glory, and send down upon us
Your rich mercies:

through the intercessions of our all-
immaculate Lady Theotokos and ever-virgin
Mary, by the power of the precious and life-
giving Cross, the protection of the honorable,
heavenly, bodiless powers, the supplications of
the honorable, glorious prophet and forerunner
John the Baptist, the holy, glorious, and

ἀποστόλων, τῶν ἐν ἀγίοις πατέρων ἡμῶν
μεγάλων ἱεραρχῶν καὶ οἰκουμενικῶν
διδασκάλων Βασιλείου τοῦ Μεγάλου,
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ
Χρυσοστόμου, Ἀθανασίου καὶ Κυρίλλου,
Ἰωάννου τοῦ Ἐλεήμονος πατριαρχῶν
Ἀλεξανδρείας· Νικολάου τοῦ ἐν Μύροις,
Σπυρίδωνος ἐπισκόπου Τριφυθοῦντος, καὶ
Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν·
τῶν ἁγίων ἐνδόξων μεγαλομαρτύρων
Γεωργίου τοῦ τροπαιοφόρου, Δημητρίου
τοῦ μυροβλήτου, Θεοδώρου τοῦ τήρωνος,
Θεοδώρου τοῦ στρατηλάτου, Μηνᾶ
τοῦ θαυματουργοῦ· τῶν ἱερομαρτύρων
Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας
ἐνδόξου μεγαλομάρτυρος καὶ πανευφήμου
Εὐφημίας· τῶν ἁγίων ἐνδόξων μαρτύρων
Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης,
Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς
καὶ Εἰρήνης· τῶν ὁσίων καὶ θεοφόρων
πατέρων ἡμῶν· (τοῦ ἁγίου τοῦ ναοῦ)· τῶν
ἁγίων καὶ δικαίων θεοπατόρων Ἰωακεῖμ καὶ
Ἄννης, τῆς Ὁσίας Μητρὸς ἡμῶν Μαρίας τῆς
Αἰγυπτίας, ἧς καὶ τὴν μνήμην ἐπιτελοῦμεν, καὶ
πάντων σου τῶν ἁγίων·

ἱκετεύομέν σε, μόνη πολυέλεε Κύριε,
ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων
σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιланθρωπία τοῦ
μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ,
σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου
Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

ΧΟΡΟΣ: Ἀμήν.

Ὁ λαὸς ἵσταται διὰ τὴν Θ' Ὠδὴν.

praiseworthy apostles, our fathers among the
saints, the great hierarchs and ecumenical
teachers Basil the Great, Gregory the
Theologian, and John Chrysostom; Athanasius,
Cyril, and John the Merciful, patriarchs
of Alexandria, Nicholas, bishop of Myra,
Spyridon, bishop of Trimythous, Nektarios
of Pentapolis, the wonderworkers; the holy,
glorious, great martyrs George the triumphant,
Demetrios the myrrh-streamer, Theodore the
soldier, and Theodore the general; Menas the
wonderworker; Charalampus and Eleutherius,
the hieromartyrs; the holy, glorious, and
victorious martyrs; the glorious great Martyr
and all-laudable Euphemia; the holy and
glorious Martyrs Thecla, Barbara, Anastasia,
Catherine, Kyriaki, Photini, Marina, Paraskevi
and Irene; our venerable and God-bearing
fathers; (local patron saint); the holy and
righteous ancestors of God Joachim and Anna;
our devout Mother Mary of Egypt, whose
memory we celebrate, and all Your saints:

We beseech you, only merciful Lord, hear
us sinners who pray to you and have mercy on
us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love
for humankind of Your only-begotten Son,
with whom You are blessed, and Your all-
holy, good and life-creating Spirit, now and
ever and to the ages of ages.

CHOIR: Amen.

Stand for the singing of Ode ix.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὡδὴ θ'.

Μεγαλυνάριον. Ἦχος δ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

The Magnificat. Mode 4.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.*

[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Στίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Ὡδὴ θ'. Καταβασία. Ἦχος δ'.

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι
λαμπαδουχούμενος, πανηγυρίζετω δέ, αὐλῶν
Νόων φύσις γεραίρουσα, τὰ ἱερὰ θαυμάσια τῆς
Θεομήτορος, καὶ βοάτω· Χαίροις παμμακάριστε,
Θεοτόκε Ἀγνὴ ἀειπάρθενε.

Verse: *He has shown strength with
His arm; He has scattered the proud in the
imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in
glory greater beyond compare than the Seraphim;
you without corruption gave birth to God the
Word, and are truly Theotokos. You do we
magnify. [GOASD]

Verse: *He has put down the mighty from
their thrones, and exalted the lowly. He has
filled the hungry with good things, and the rich
He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in
glory greater beyond compare than the Seraphim;
you without corruption gave birth to God the
Word, and are truly Theotokos. You do we
magnify. [GOASD]

Verse: *He has helped His servant Israel,
in remembrance of His mercy, as He spoke
to our fathers, to Abraham and to his seed
forever.* [NKJV]

Greater in honor than the Cherubim, and in
glory greater beyond compare than the Seraphim;
you without corruption gave birth to God the
Word, and are truly Theotokos. You do we
magnify. [GOASD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival lamps
in hand, in spirit leap for joy; * and all you the
heavenly angelic orders, join in and celebrate; *
and honoring the sacred wonders of the Mother
of God, * sing the joyful salutation, “O rejoice, *
Theotokos, all-blest, ever-virgin pure!” [GOASD]

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

ΧΟΡΟΣ: Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ: Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ
Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ: Ἀμήν.

ΧΟΡΟΣ

Ἦχος β΄.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ
προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου - - -

Ἐξαποστειλάριον.

Τὸ Η΄ Ἑωθινόν.

Ἦχος β΄. Τοῖς Μαθηταῖς συνέλθωμεν.

Δύο Ἀγγέλους βλέψασα, ἔνδοθεν τοῦ
μνημείου, Μαρία ἐξεπλήττετο, καὶ Χριστὸν
ἀγνοοῦσα, ὡς κηπουρὸν ἐπηρώτα· Κύριε ποῦ τὸ

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR: Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

CHOIR: Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

CHOIR: To You, O Lord.

PRIEST

For all the powers of heaven praise You,
and to You they offer up glory, to the Father
and the Son and the Holy Spirit, now and ever
and to the ages of ages.

CHOIR: Amen.

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the
footstool of His feet.

For He is holy.

From Octoechos - - -

Exaposteilarion.

Eothinon 8.

Mode 2. Let us in faith.

Τοῖς Μαθηταῖς συνέλθωμεν.

Amazed was Mary Magdalene, * seeing two
Angels sitting * inside the tomb. Then unaware *
that it was Christ, she asked Him, * “Tell me, sir,

σῶμα, τοῦ Ἰησοῦ μου τέθεικας; κλήσει δὲ τοῦτον
γνοῦσα, εἶναι αὐτόν, τὸν Σωτῆρα ἤκουσε· Μὴ μου
ἅπτου, πρὸς τὸν Πατέρα ἄπειμι, εἶπε τοῖς ἀδελφοῖς
μου.

Τῆς Ὁσίας.

Ἐξαποστειλάριον. Τοῦ Τριωδίου.

Τοῦ Τριωδίου ---

ᾠχος γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Ὑπόδειγμα μετανοίας, σὲ ἔχοντες πανοσία
Μαρία Χριστὸν δυσώπει, ἐν τῷ καιρῷ τῆς
Νηστείας, τοῦτο ἡμῖν δωρηθῆναι, ὅπως ἐν πίστει
καὶ πόθῳ, σὲ ἄσμασιν εὐφημῶμεν.

Θεοτοκίον.

ᾠχος γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Ὁ γλυκασμὸς τῶν Ἀγγέλων, τῶν θλιβομένων
ἡ χαρά, Χριστιανῶν ἡ προστάτις, Παρθένε Μήτηρ
Κυρίου, ἀντιλαβοῦ μου καὶ ρῦσαι, τῶν αἰώνιων
βασάνων.

Οἱ Αἱνοί. ᾠχος πλ. δ΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε
τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς
ὕψιστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει
ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ
ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ
ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ
ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ
αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

where have you taken * the body of my Jesus?”
* as if He were the gardener. * He said her name,
and then she recognized Him; * and she heard
the Savior say, “Do not touch me. * Go, tell my
brethren that I am * ascending to our Father.” [GOASD]

For the Devout Woman.

Exaposteilarion. From the Triodion.

From Triodion ---

Mode 3. Having embellished heaven.

Ὁ οὐρανὸν τοῖς ἄστροις.

We have you as an example * of true
repentance, O devout Mary. * To Christ pray
intently * that in this season of the Fast * we be
granted to praise you * in songs with faith and
longing. [SD]

Theotokion.

Mode 3. Having embellished heaven.

Ὁ οὐρανὸν τοῖς ἄστροις.

O sweetness of the Angels, * O joy of those in
affliction, * and the protectress of Christians, * O
Virgin Mother of the Lord, * come to my aid and
redeem me * from the eternal torments. [SD]

Lauds. Mode pl. 4.

Let everything that breathes praise the Lord.
Praise the Lord from the heavens, praise Him in
the highest. It is fitting to sing a hymn to You, O
God. [SAAS]

Praise Him, all you His angels; praise Him, all
you His hosts. It is fitting to sing a hymn to You, O
God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars
and light.

Praise Him, you heavens of heavens, and you waters
above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded,
and they were created.

He established them forever and unto ages of ages; He
set forth His ordinance, and it shall not pass away.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιὼν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετά καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ὑμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι αὐτῷ.

Ἄσατε τῷ Κυρίῳ ῥῆσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιášθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πρᾶεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιášονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δεῖσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὀκτωήχου ---

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproof among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos ---

Στιχηρὰ Ἀναστάσιμα.

Ἦχος πλ. δ'.

*Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον·
δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.*

Κύριε, εἰ καὶ κριτηρίῳ παρέστης, ὑπὸ Πιλάτου
κρινόμενος, ἀλλ' οὐκ ἀπελείφθης τοῦ θρόνου, τῷ
Πατρὶ συγκαθεζόμενος· καὶ ἀναστὰς ἐκ νεκρῶν,
τὸν κόσμον ἡλευθέρωσας, ἐκ τῆς δουλείας τοῦ
ἁλλοτρίου, ὡς οἰκτίρμων καὶ φιλόανθρωπος.

Ἦχος πλ. δ'.

*Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ,
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως
αὐτοῦ.*

Κύριε, εἰ καὶ ὡς θνητὸν ἐν μνημείῳ, Ἰουδαῖοί
σε κατέθεντο, ἀλλ' ὡς βασιλέα ὑπνοῦντα,
στρατιῶταί σε ἐφύλαττον, καὶ ὡς ζωῆς θησαυρόν,
σφραγίδι ἐσφραγίσαντο· ἀλλὰ ἀνέστης καὶ
παρέσχες, ἀφθαρσίαν ταῖς ψυχαῖς ἡμῶν.

Ἦχος πλ. δ'.

*Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ,
αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης
αὐτοῦ.*

Κύριε, ὄπλον κατὰ τοῦ διαβόλου, τὸν Σταυρόν
σου ἡμῖν δέδωκας· φρίττει γὰρ καὶ τρέμει, μὴ
φέρων καθορᾶν αὐτοῦ τὴν δύναμιν, ὅτι νεκροὺς
ἀνιστᾷ, καὶ θάνατον κατήργησε· διὰ τοῦτο
προσκυνοῦμεν, τὴν ταφὴν σου καὶ τὴν ἔγερσιν.

Resurrectional Stichera.

Mode pl. 4.

*To fulfill among them the written
judgment: this glory have all His holy ones.*

[SAAS]

Lord, even though You were standing at
The Pavement * and Pontius Pilate was judging
You, * still You were seated with the Father
* on the throne, from which You never left. *
And when You rose from the dead * as God,
in Your benevolence, * You freed the world
from the devil's bondage, * as our Savior most
compassionate. [GOASD]

Mode pl. 4.

*Praise God in His saints; praise Him in
the firmament of His power.* [SAAS]

Lord, even though You were buried as a
mortal * in a sepulcher by Jewish men, * yet a
guard of soldiers was watching * over You as
though a sleeping king. * As the treasure house
of life, * they made it secure with a seal. * But
You rose, and You have granted * our souls
incorruptibility. [GOASD]

Mode pl. 4.

*Praise Him for His mighty acts; praise
Him according to the abundance of His
greatness.* [SAAS]

Lord, You have given us Your Cross as a
weapon * against the devil, our enemy. * He is
gripped with fear and he trembles, * for he cannot
bear to see its might, * because it raises the dead;
* it neutralized the power of death. * Therefore
we worship You and honor * Your burial and
resurrection. [GOASD]

Ἦχος πλ. δ'.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Ὁ Ἄγγελός σου Κύριε, ὁ τὴν ἀνάστασιν κηρύξας, τοὺς μὲν φύλακας ἐφόβησε, τὰ δὲ γυναῖκα ἐφώνησε λέγων· Τί ζητεῖτε τὸν ζῶντα μετὰ τῶν νεκρῶν; ἀνέστη Θεός ὢν, καὶ τῇ οἰκουμένη ζωὴν ἐδωρήσατο.

Στιχηρά. Τῆς Ὁσίας.

Τοῦ Τριωδίου ---

Ἦχος πλ. β'. Ὁλην ἀποθέμενοι.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Σὲ μὲν διεκώλυε, τῆς τῶν σεπτῶν ἐποπτείας, μολυσμῶν τῶν πρότερον, τὸ ἐπισυρόμενον μαντήριον, ἡ δὲ σὴ αἴσθησις, καὶ τῶν σοὶ θεόφρον, πεπραγμένων ἡ συνείδησις, τὴν πρὸς τὰ κρεῖττονα, σοὶ ἐπιστροφὴν ἐνειργάσατο· εἰκόνι γὰρ προσβλέψασα, τῆς εὐλογημένης Θεόπαιδος, πάντων καταγνοῦσα, πταισμάτων σου πανεύφημε τῶν πρίν, ἐν παρρησίᾳ τὸ τίμιον, Ξύλον προσεκύνησας.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Σὲ μὲν διεκώλυε, τῆς τῶν σεπτῶν ἐποπτείας, μολυσμῶν τῶν πρότερον, τὸ ἐπισυρόμενον μαντήριον, ἡ δὲ σὴ αἴσθησις, καὶ τῶν σοὶ θεόφρον, πεπραγμένων ἡ συνείδησις, τὴν πρὸς τὰ κρεῖττονα, σοὶ ἐπιστροφὴν ἐνειργάσατο· εἰκόνι γὰρ προσβλέψασα, τῆς εὐλογημένης Θεόπαιδος, πάντων καταγνοῦσα, πταισμάτων

Mode pl. 4.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Your Angel, who announced Your resurrection, * on the one hand frightened * the soldiers guarding Your tomb, O Lord, * on the other hand he said to the women, * “Why do you seek the living among the dead? * As God, He has risen, * and He has granted life to the entire world.” [GOASD]

Stichera. For the Devout Woman.

From Triodion ---

Mode pl. 2. When the saints deposited.

Ὁλην ἀποθέμενοι.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Your prolonged polluted state * with all your prior defilements * like a wall prevented you * from beholding the august holy sites of Christ. * Then your mind went to God, * when a prick of conscience * and awareness of what you had done * had their effect on you, * to a higher lifestyle converting you. * For gazing at the icon of * ever-blessed Mary the Maid of God, * you condemned your every * transgression in the past, all-lauded one, * and then with confidence you adored * the all-precious Cross of Christ. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Your prolonged polluted state * with all your prior defilements * like a wall prevented you * from beholding the august holy sites of Christ. * Then your mind went to God, * when a prick of conscience * and awareness of what you had done * had their effect on you, * to a higher lifestyle converting you. * For gazing at the icon of * ever-

σου πανεύφημε τῶν πρὶν, ἐν παρρήσίᾳ τὸ τίμιον,
 Ξύλον προσεκύνησας.

Στίχ. Ὑπομένων υπέμεινα τὸν Κύριον, καὶ
 προσέσχε μοι, καὶ εἰσήκουσε τῆς δεήσεώς μου.

Τόπους προσκυνήσασα, περιχαρῶς τοὺς
 ἁγίους, ἀρετῆς ἐφόδιον, σωτηριωδέστατον ἔνθεν
 εἵληφας, καὶ φαιδρῶς ἔδραμες, τὴν καλὴν πορείαν,
 καὶ τὸ ρεῖθρον ἐκπεράσασα, τὸ Ἰορδάνειον, τὸ τοῦ
 Βαπτιστοῦ ἐνδιαίτημα, προθύμως κατεσκηνώσας,
 καὶ τὴν τῶν παθῶν ἀγριότητα διὰ πολιτείας,
 ἡμέρωσας λεπτύνασα σαρκός, δι' ἐγκρατείας
 ἀείμνηστε, Μῆτερ τὰ οἰδήματα.

Στίχ. Καὶ ἔστησεν ἐπὶ πέτραις τοὺς πόδας
 μου καὶ κατηύθυνε τὰ διαβήματά μου.

Ἐρημον οἰκήσασα, τῶν σῶν παθῶν τὰς
 εἰκόνας, εὐσεβῶς ἀπειλήσας, τὸ θεοειδέστατον
 ἐξεκόνισμα, ἐν ψυχῇ γράψασα, ἀρετῶν ιδέαις, καὶ
 τοσοῦτον υπερέλαμψας, ὥς καὶ τοῖς ὕδασι, κούφως
 ἐπιβαίνειν τοῖς ἵχνεσι, καὶ γῆθεν υπεραίρεσθαι, ἐν
 ταῖς πρὸς Θεόν σου ἐντεύξεσι, καὶ νῦν παρρήσίᾳ,
 πανένδοξε Μαρία τῷ Χριστῷ, παρισταμένη
 δυσώπησον, ὑπὲρ τῶν ψυχῶν ἡμῶν.

Δόξα. **Τοῦ Τριωδίου.**

Τοῦ Τριωδίου - - -

Ἦχος α'.

Οὐκ ἔστιν ἡ Βασιλεία τοῦ Θεοῦ βρῶσις
 καὶ πόσις ἀλλὰ δικαιοσύνη καὶ ἄσκησις, σὺν
 ἁγιασμῷ· ὅθεν οὐδὲ πλούσιοι εἰσελεύσονται

blessed Mary the Maid of God, * you condemned
 your every * transgression in the past, all-lauded
 one, * and then with confidence you adored * the
 all-precious Cross of Christ. [SD]

Verse: *I waited patiently for the Lord,
 and He heeded me; and He heard my
 supplication.* [SAAS]

After you had worshiped in * the Holy Lands
 with rejoicing, * therein also you received * the
 salvific means for your * road to excellence. *
 And you ran earnestly * the fine way of virtue.
 * Having crossed the Jordan River's stream, *
 unhesitatingly * you began your residence in the
 place * where John the Baptist lived before. *
 And by your ascetical way of life * you subdued
 the passions' * ferociousness with confidence, O
 Saint, * and carnal throbbings you minimized, *
 Mother ever-memorable. [SD]

Verse: *And He established my feet on a
 rock and kept straight my steps.* [SAAS]

Dwelling in the wilderness, * you blotted out
 every image * of the passions from your soul, *
 having in their place instead * printed on your soul
 * the sublime Godlike form * of the holy virtues.
 * And you shone forth to such an extent * that you
 were able to * fly across the waters, O blessed one,
 * and levitate above the ground * when you raised
 your hands up to God in prayer. * Now, O blessed
 Mother * all-glorious Saint Mary, as you stand *
 before the Master with confidence, * importunately
 pray for us. [SD]

Glory. **From the Triodion.**

From Triodion - - -

Mode 1.

The Kingdom of God is not food and drink,
 but righteousness and ascetic practice and holiness;
 therefore rich men will never enter it, but only

ἐν αὐτῇ, ἀλλ' ὅσοι τοὺς θησαυροὺς αὐτῶν ἐν
χερσὶ πενήτων ἀποτίθενται. Ταῦτα καὶ Δαυὶδ ὁ
Προφήτης διδάσκει λέγων· Δίκαιος ἀνὴρ ὁ ἐλεῶν
ὅλην τὴν ἡμέραν, ὁ κατατρυφῶν τοῦ Κυρίου καὶ
τῷ φωτὶ περιπατῶν ὃς οὐ μὴ προσκόψῃ, ταῦτα
δὲ πάντα, πρὸς νοουθεσίαν ἡμῶν γέγραπται ὅπως
νηστεύοντες, χρηστότητα ποιήσωμεν, καὶ δώῃ
ἡμῖν Κύριος ἀντὶ τῶν ἐπιγείων τὰ ἐπουράνια.

Τῆς Ὀκτωήχου - - -

Καὶ νῦν. **Θεοτοκίον.**

Ἵπερευλογημένη ὑπάρχεις, Θεοτόκε
Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος,
ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται,
ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ
θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν·
διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ
Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ὁ λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν
ὕψιστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνῃ, ἐν ἀνθρώποις
εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε,
προσκυνοῦμέν σε, δοξολογοῦμέν σε,
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ
κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας
τοῦ κόσμου.

those who place their treasures into the hands
of the needy. This is what David the Prophet
teaches when he says, “Righteous is the man, who
is merciful day in and out, who delights in the
Lord. He walks in the light; he will not stumble.”
All of this was written for our edification, that,
while fasting, we do acts of kindness; and the Lord
will give us, instead of earthly gifts, the things of
heaven. [SD]

From Octoechos - - -

Both now. **Theotokion.**

You are supremely blessed, O Virgin
Theotokos. For through Him who from you
became incarnate, Hades has been captured, and
Adam has been called back; the curse has been
killed, and Eve has been freed; death has been put
to death, and we have been brought back to life.
Therefore we extol Him and cry out, “O Christ
our God, You are blessed, for so was Your good
pleasure. Glory to You!” [GOASD]

Stand for the Great Doxology.

Great Doxology

Glory be to You who showed the light. Glory
in the highest to God. His peace is on earth, His
good pleasure in mankind. [SD]

We praise You, we bless You, we worship
You, we glorify You, we give thanks to You
for Your great glory.

Lord King, heavenly God, Father, Ruler
over all; Lord, only-begotten Son, Jesus Christ;
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the
Father, who take away the sin of the world,
have mercy on us, You who take away the sins
of the world.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος
ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν
αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά
σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδασόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδασόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδασόν με τὰ
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ
καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἵασαι
τὴν ψυχὴν μου, ὅτι ἡμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδασόν με τοῦ
ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου
ὁψόμεθα φῶς.

Accept our supplication, You who sit at
the right hand of the Father, and have mercy on
us.

For You alone are holy, You alone are
Lord, Jesus Christ, to the glory of God the
Father. Amen.

Every day I will bless You, and Your
name will I praise to eternity, and to the ages
of ages.

Vouchsafe, O Lord, this day, that we be
kept without sin.

Blessed are You, O Lord, the God of our
fathers, and praised and glorified is Your name
to the ages. Amen.

Let Your mercy be on us, O Lord, as we
have set our hope on You.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Lord, You have been our refuge from
generation to generation. I said: Lord, have
mercy on me. Heal my soul, for I have sinned
against You.

Lord, I have fled to You. Teach me to do
Your will, for You are my God.

For with You is the fountain of life; in
Your light we shall see light.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.

ᾠδὴ δ΄. (ἢ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νῆκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]