



REJOICE!

The Monthly Publication of the

ANNUNCIATION GREEK ORTHODOX CHURCH

93 Locust St. Dover, NH 03820 · Tel: (603) 742-7667

Beloved in Christ,

Each year, the Orthodox Church dedicates the first fifteen days of August to our most blessed Mother of God, the *Panayia (the All-holy One)*. As we enter this holy season of fasting and spiritual preparation in a few short weeks, let us again this year remind ourselves of the importance of the Theotokos in the life of the Church, and in our own lives as well.

The importance of the Mother of God is demonstrated first and foremost, through her official title. The word *Theotokos* itself, offers us the correct understanding of God having become man through the Blessed Virgin. If we do not accept this belief, or the title, *Theotokos (God-bearer)*, then we cannot have a correct understanding of Christ. Since the Church has always taught that Christ is fully God and fully man, we therefore know that His incarnation was *fatherless*, since as God, He was conceived by the Holy Spirit. Likewise, we know that His human form came from the Virgin Mary herself, His earthly mother.

As we can see, the role of the Theotokos is *central* in salvation history. Many Church Fathers have made it clear that without the Theotokos there could be no salvation. It is important to emphasize though, that our Panayia accepted to bear Christ through her own *free will*. This great and awesome responsibility was not forced upon her. Through her “yes” to the Archangel Gabriel, the possibility of salvation became a reality for mankind.

On a personal level, the Mother of God has become our chief intermedi-

ary before the throne of Christ. She has the unique role of being His mother in the fullest sense of the word, as well as the most exemplary human being ever created. The Theotokos knows her Son more intimately than any other person, and therefore, she also knows His divine will for mankind. This is why it is so logical for us to turn to the Panayia every time we pray, and especially in times of great need.

We should make it a point to turn to the Theotokos, and to all the saints as well, as shining examples of the true life in Christ. As Christians we are called to be imitators of Christ through His saints. The holy Apostle Paul tells us, *Imitate me, just as I also imitate Christ. (1 Cor. 11:1)*. There is so much that we can learn from the life of the Theotokos, as well as from the lives of the saints. If we are serious about our own salvation, then we need to take serious steps toward that divine goal. The Panayia and the saints are our guides and fervent intercessors, so let us constantly seek their help and intercession.

If we have any doubts about the great love and concern that the Theotokos has toward mankind, we have only to contemplate the numerous miracles, apparitions, wonder-working icons, and many other unexplainable signs and wonders worked through her holy name. The Holy Tradition of our Orthodox Church has included her in divine worship from the earliest days, but most especially, after the 3rd Ecu-

menical Council of Ephesus, when her title and role in the Church were clarified and defended.

There is not one service of the Orthodox Church that

does not include reference to the blessed Mother of God. She is ever-present in the liturgical life of the Church because of Her role in salvation history, and in our own personal journey toward salvation.

I conclude with the following hymn taken from Saturday evening vespers in the third tone. In very few words, this hymn summarizes the major points that we have presented above.

Without seed you have conceived the Son of God from the divine Spirit, and by the will of the Father. He existed before the ages without a mother, and was born without a father for our sake. Since you gave birth to Him and nursed Him as an infant, do not cease interceding that our souls be delivered from dangers.

In the love of Christ and the Theotokos,

+Fr. Anthony



Annunciation Greek Orthodox Church

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Annunciation Young Adults.....	Cyprian Fresh
Bookstore.....	Cyprian Fresh
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Editorial Board: Fr. Anthony Evangelatos, Nancy Lipitaki

Please send submissions to: annunciationdover@gmail.com,
and state "Newsletter Submission" in the subject line.

FROM FR. ANTHONY

Reflections on the Holy Transfiguration

The following is taken from *The Year of Grace of the Lord*, by A Monk of the Eastern Church; St. Vladimir's Seminary Press, 1992.

The second great feast of the summer is the Transfiguration of Our Lord Jesus Christ, which is celebrated on August 6th... Let us now try to consider some aspects of the gospel account of the Transfiguration...

Jesus takes his three most intimate disciples with him. Sometimes God reveals Himself to sinners in an extraordinary way, but in general, the privilege of contemplating God, and of entering into the joy of the Transfiguration is reserved for those who have followed the Master long and faithfully. Jesus leads His disciples to a high mountain. Before attaining the light of the Transfiguration, the hard path of asceticism is necessary.

Jesus' normal appearance is changed. His face shines 'as the sun'. His clothes become 'white as the light'. It is in this that the Transfiguration consists. The Jesus that the disciples knew well and whose looks, in ordinary life, did not differ radically from those of other people, suddenly appears to them in a new and glorious form...

Next to Jesus appear Moses and Elijah. Moses represents the law. Elijah the prophets. Jesus is the fulfillment of all law and of all prophecy. He is the final completion of the whole of the Old Covenant; He is the fulness of all divine revelation.

Moses and Elijah speak with Jesus of His coming Passion. Usually, not enough attention is paid to this aspect of the Transfiguration. In Jesus' life, the glorious mysteries cannot be separated from the mysteries of suffering. It is when He is preparing to go to His Passion that He is transfigured. In our own life, we shall not enter into the joy of the Transfiguration unless we accept the Cross...

The bright cloud covers the heights of the mountain. From the midst of it a voice is heard to say: 'This is my beloved Son, in whom I am well pleased; hear ye Him'. The same words, or very nearly, had already been spoken by the same voice at Jesus' baptism. They give the scene of the Transfiguration its whole meaning. Why does Jesus' appearance change? Why is He clothed in light? This is not simply in order to provide the apostles with an impressive and comforting sight. It is to transmit outwardly the solemn testimony which the Father bears to His Son. And the Father Himself gives a practical conclusion to the vision: 'Hear ye Him'. Any out-of-the-ordinary grace is effectual only if it makes us more attentive and more obedient to the divine Word...

The mystery of the Transfiguration has yet another aspect which the scriptural texts for the feast do not indicate clearly, but which the liturgical chants underline. 'To show the transformation of human nature...at Thy Second and fearful Coming...Saviour, Thou didst transfigure Thyself...O Thou, who has sanctified the whole universe by Thy Light...'

Dormition Fast

As we well know, the first fourteen days of August comprise a period of prayer and fasting in honor of the Holy Theotokos, as spiritual preparation for the feast of her Holy Dormition on the 15th. This fast is a mini-version of Great Lent, so the guidelines are identical. Following, we offer the Church's guidelines for those who wish to follow the fast to the full extent, or as a starting point for those who are unable, and need to follow to a lesser extent.

- Strict fast from all animal products throughout, including fish* (shellfish is permitted daily throughout the fast)
- Fast from wine (all alcoholic beverages) and olive oil on weekdays (it's permissible to substitute vegetable/seed oil)
- Wine and olive oil permitted on Saturdays and Sundays*

*Fish, wine & olive oil are permitted on the feast of the Transfiguration, 8/6.

Let us honor the Holy Mother of God through our fasting, remembering her constant intercessions on our behalf. May we also make it a point to attend at least some of the beautiful and melodic *Paraklesis* services for our spiritual benefit.

FROM FR. ANTHONY

Confession Schedule for the Dormition Fast

As with all major fast periods of the liturgical year, our Orthodox Church guides its members to come to Holy Confession in preparation for the ensuing major feast. This obviously applies to the upcoming fast of the Dormition of the Theotokos, beginning 8/1 through 8/14. Please know that during the fast, I will be available to hear confessions as follows:

- after each Paraklesis service
- after Saturday evening Vespers (all year)
- during office hours by appointment (all year)

Spiritual Wisdom

The following is taken from the *Philokalia*, a collection of writings by spiritual masters of the Orthodox tradition.

On the Character of Men and on the Virtuous Life: A Work Attributed to St. Anthony the Great

The truly intelligent man pursues one sole objective: to obey and to conform to the God of all. With this single aim in view, he disciplines his soul, and whatever he may encounter in the course of his life, he gives thanks to God for the compass and depth of His providential ordering of all things. For it is absurd to be grateful to doctors who give us bitter and unpleasant medicines to cure our bodies, and yet to be ungrateful to God for what appears to us to be harsh, not grasping that all we encounter is for our benefit and in accordance with His providence. For knowledge of God and faith in Him is the salvation and perfection of the soul.

Those who aim to practice the life of virtue and holiness should not incur condemnation by pretending to a piety which they do not possess. But like painters and sculptors they should manifest their virtue and holiness through their works, and should shun all evil pleasures as snares.

A wealthy man of good family, who lacks inward discipline and all virtue in his way of life, is regarded by those with spiritual understanding as under an evil influence; likewise a man who happens to be poor or a slave, but is graced with discipline of soul and with virtue in his life, is regarded as blessed. And just as strangers traveling in a foreign country lose their way, so those who do not cultivate the life of virtue are led astray by their desires and get completely lost.

Those who seek to lead a life of holiness, enjoying the love of God, should free themselves from presumption and all empty and false self-esteem, and should try to correct their life and way of thinking. For an intellect that steadfastly enjoys the love of God is a way of ascent to Him.

PARISH NEWS AND EVENTS

Parish Chronicle

Funerals

6/30 - Dimitrios Xydias

Memorials

7/13 - Nick Morikis, 44 years

7/27 - Dimitrios Xydias, 40 days

May their memory be eternal!

Please note that any sacraments and funerals that will take place after 7/1, or memorials scheduled after 8/1, will be listed in the September issue.

Parish Prayer List

Please pray for our brothers and sisters:

Elizabeth, Deborah, Demetrios

In keeping with a common Church tradition, we will keep names on the parish prayer list for **40 days**. If you wish to offer names for prayer, please send those via e-mail to the church office at:

annunciationdover@gmail.com,
or call the office at 742-7667.

Please give first names only, and preferably full names, not nicknames.

Icon Decorations for August

- Icon of the Transfiguration - 8/6
- Icon of the Dormition of the Theotokos - 8/15

As always, icon decorations are at \$50 each. If you would like to sponsor either of these icon decorations, please e-mail or call the church office.

Fr. Anthony Away 7/15-7/23

During the time that Fr. Anthony will be away in July, please note the following regarding Sunday, 7/20:

- There are not many fill-in priests available to fill all Sunday absences of parish priests on vacation. Therefore, the Metropolis has given the blessing to have churches open for candle lighting and personal prayer, if there will be no liturgy. The e-bulletin for Sunday, 7/20 will announce the status accordingly.
- Fr. Dimitrios of St. Nicholas in Portsmouth will be in town during Fr. Anthony's absence. Therefore, our parishioners could attend liturgy at St. Nicholas on 7/20, if we won't have a visiting priest to celebrate liturgy here.

Piano Downstairs Available

For many years now, the piano on the stage of our hall has been sitting unused. With so many families with young children in our parish, it would be wonderful for the piano to find a new home! Since there may be more than one family interested, the best way to handle this is by contacting the church office by e-mail or phone. If we have multiple families interested, we will draw a name during an upcoming coffee hour.

IMPORTANT: Please note that the chosen family will have to make arrangements for the transport of the piano and bench to their home.

PARISH NEWS AND EVENTS

Blessing of New Icons

In the recent past, parishioners have left many newly purchased icons to be blessed. Space in our altar is limited, so please be mindful of the following:

- Due to limited space, icons to be blessed should be given to Fr. Anthony to keep vigil in the altar for a full cycle of services (Saturday Vespers through Sunday Liturgy), and retrieved the following Sunday after Liturgy.
- All icons should have a note attached with the owner's name, phone number, and date, so that we don't lose track of the owners of icons not retrieved timely.
- Parishioners who purchase icons as gifts, many times ask if they need to have them blessed prior to gifting them. Normally, the recipient of the gifted icon takes care of having it blessed upon receipt.

Donations

- \$83,170 has been gifted to our parish from the estate of the late John Pappas.

Coffee Hours for July & August

At the time of publication of this issue, following is the status of July and August coffee hours:

7/6 – Outreach Committee

7/20 – **no host**

7/13 – Evangelatos family

7/27 – Xydias family

8/3 – Evangelatos family

8/10 through 8/31 – **no hosts**

DOVER FRIENDLY SOUP KITCHEN

The Annunciation Church will be hosting the Soup Kitchen **on Tuesday, 7/29, from 4:00 – 6:00 pm**, at St. Thomas Episcopal Church down the street. As always, we are seeking volunteers to assist with the preparation and serving of the meals. It would be a blessing to have some of our teens and young adults get involved!

ANNUNCIATION YOUNG ADULTS

Happy Summer! Soon we will be returning to St Nektarios Monastery in New York for our fourth trip. The Annunciation Young Adults group is rapidly growing as we are still receiving many new inquirers, catechumens, and people moving into the area. Have a safe Fourth of July and a blessed summer!

2025 DOVER GREEK FESTIVAL



Hello All! We are two months away from Greek Festival 2025! The committee is hard at work in preparation of this year's festival and we wanted to give an update on upcoming volunteer opportunities!

For 2025, **our goal is to have 85 people volunteer for at least two 3-hour shifts over the course of the Festival weekend.**

This will significantly help our volunteer shortages that we have been seeing over the past few years. We encourage you to sign-up early to reserve your spots! Please email dovergreekfestvolunteers@gmail.com with your desired time slots.

Volunteering is extremely important to our event. Without our volunteers, there is no festival. This is probably the most stressful part that the festival committee faces every year. Please help and sign up early!

Our Festival Committee is always looking for new members! What better way is there to donate your *time* and your *talent* than to help us plan and prepare for the year's biggest event! **Our next Festival meeting is July 10th at 6:30pm in the church library.**

We are looking to fill the following role for our 2025 Greek Festival:

Purchasing Subcommittee

You will work alongside Paul Maskwa and Paul Karoutas (often referred to as "The Pauls") to ensure that our baking and cooking sessions have all the ingredients they need.

2025 DOVER GREEK FESTIVAL

Festival Cooking and Baking Schedule for 2025

Session	Host(s)	Date
Pastichio	Sharon Lampros	8/2/2025 at 7:30am (Meat Prep) and 9:30am (assembly) at Church
Kourambiethes	Sharon Lampros and Shauna Mitropoulos	8/16/2025 at 7:30 am (dough making) 9:30am (Cut and bake) at the Hellenic Center
Koulourakia	Casey Gemas	8/17/2025 at 1pm at the Hellenic Center
Pasta Flora	Althea Coussoule	8/25/2025 at 11 am (baking) and at 6pm (cut and cup) at the Hellenic Center
Halva	Althea Coussoule	8/27/2025 at 11am at the Hellenic Center
Spanakopita	Mitropoulos Family	8/23/2025 at 2 pm at the Hellenic Center
Baklava		

Please fill out the form below if you are interested in volunteering at this year's festival! Return form to the Office at Church.

Dover Greek Festival Volunteer Sign-Up

Name: _____

Phone Number: _____

Email Address: _____

I would like to volunteer my Time and Talent to help with Festival Preparations:

- ☐ Join Festival Committee ☐ Baking/Cooking Sessions
☐ The Children's Area ☐ Marketplace
☐ Cooking Demonstration ☐ Children's Greek Dance Group
☐ Marketing / The Ad Book ☐ Social Media
☐ Festival Setup ☐ Clean Up
☐ Other (please explain) ☐ Food Prep _____

I would like to volunteer my Time and Talent during the Festival Weekend:

- ☐ Food Line ☐ Cashier ☐ Gyro Station ☐ Taverna/Bar
☐ Raffle ☐ Pastry Line ☐ Marketplace ☐ Kitchen



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[AUGUST 29-30 2025]
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ALKISTIS NEWS



July 2025

Dear Parishioners,

The sun has finally decided to grace us with its presence—let's hope it sticks around and breaks the Saturday rain streak we've been dodging!

The Alkistis Ladies Association has had a wonderfully active month. Between brewing coffee and sharing laughs at our weekly coffee hours, organizing fun outings, and planning exciting upcoming events, we've been on the move—and loving every minute of it!

Dinner at Strafford Farms:

What a night! Our evening out at Strafford Farms was a delightful trip down memory lane—many of us hadn't been there in years. The buffet was a crowd-pleaser, and the chocolate cream pie? Let's just say not a single crumb was left behind. With 30 attendees, we laughed, reminisced, and quite literally shut the place down!

5K Walk-A-Thon – We Walked the Walk!

We've been stepping into summer with purpose! After months of planning, our 5K Walk-A-Thon has come and gone! Each year, we're thrilled to see more participants join us for fresh air, fellowship, and to support a meaningful cause. This year, proceeds will benefit both the Alkistis Scholarship Fund and Autism Speaks. We're so grateful for the enthusiasm and generosity of our walkers and sponsors. Stay tuned for a full report in the next issue of Rejoice!

Laity Awards at Gillette Stadium:

A few of us had the honor of attending the annual Laity Awards at Gillette Stadium, where we proudly celebrated our very own Pam Byers. The energy, the pride, and the joy were palpable. It was a night to remember—and luckily, we have the photos to prove it. Pam, we're so proud of you!

Save the Date – Our Annual Dinner Dance:

Mark your calendars! This year's Dinner Dance will be held on Saturday, November 1st, in celebration of OXI Day. We're already cooking up ideas for food, music, and festivities. It's going to be a night filled with dancing, delicious food, and community cheer.

As always, we thank you for your continued support and love. We feel truly blessed to be part of such a vibrant parish family.

Warm wishes and summer smiles,

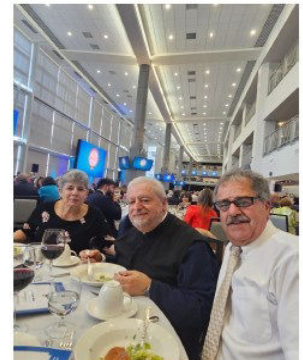
Vula Z. Lalas

Alkistis Ladies Association President

ALKISTIS NEWS



**Laity Award Winner
Pam Byers**



Strafford Farms Dinner



Save The Date

Saturday, November 1, 2025



Dinner Dance in Honor of

OXI DAY

Hosted by the

Alkistis Ladies Association

Join us for an evening of dancing, and celebration!

More details to follow.



July 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Please note that all Sunday & weekday Orthros & Divine Liturgies, are at 8:45 am & 10:00 am, respectively.</i></p>		1	2	3	4 Independence Day <i>office closed</i>	5 Great Vespers 6:00 pm
6 Orthros & Liturgy	7	8	9 Parish Council 6:00 pm	10	11	12 <u>No Vespers</u>
13 Orthros & Liturgy	14	15 <i>Fr. Anthony away through 7/23</i>	16	17	18	19 <u>No Vespers</u>
20 Orthros & Liturgy <i>(pending with visiting priest)</i>	21	22	23	24	25	26 Great Vespers 6:00 pm
27 Orthros & Liturgy	28	29 Soup Kitchen 4:00 - 6:00 pm St. Thomas Episcopal Church	30	31		



August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Please note that all Sunday & weekday Orthros & Divine Liturgies, are at 8:45 am & 10:00 am, respectively.</i>					1 Dormition Fast Begins Small Paraklesis 7:00 pm	2 Great Vespers 6:00 pm
3 Orthros & Liturgy	4 Small Paraklesis 7:00 pm	5 Great Vespers of the Transfiguration of Our Lord 7:00 pm	6 The Transfiguration Orthros & Lit. Small Paraklesis 7:00 pm	7 Great Paraklesis 7:00 pm	8 Small Paraklesis 7:00 pm	9 Great Vespers 6:00 pm
10 Orthros & Liturgy	11 Small Paraklesis 7:00 pm	12 Great Paraklesis 7:00 pm	13 Small Paraklesis 7:00 pm	14 Great Vespers of the Dormition <i>(time & location pending)</i>	15 The Dormition of the Theotokos Orthros & Liturgy <i>(time & location pending)</i>	16 Great Vespers 6:00 pm
17 Orthros & Liturgy	18	19	20	21	22	23 <u>No Vespers</u>
24 Orthros & Liturgy	25	26	27	28	29 Beheading of St. John Orthros & Lit. Greek Festival 4:00 pm to 9:00 pm	30 Greek Festival 11:00 am to 9:00 pm <u>No Vespers</u>
31 Orthros & Liturgy						

STEWARDSHIP & GENERAL DONATIONS

Dear Parishioners,

First of all, we want to thank you all for your generous support of our church over the years. Without you, none of this would be possible.

We are excited to announce the launch of our new online donation portal!

Donating online saves hundreds of hours of volunteer time compared to cash or check. When donating online, money is safely, securely, and automatically transferred to our church's bank account.

Please visit our donation portal at:

<https://annunciation.raiselysite.com/>

You can make one-time or recurring donations - no need to write checks! You can specify the intended purpose for the donation right in the online form.

We also ask our PayPal users to begin using the new donation form instead, because it is integrated with our new church management software, Aplos.

(If you continue to donate via check, cash, or PayPal, we will continue to be grateful for your generosity.)

Thank you so much for your help!

Connor Haywood, Treasurer

Nils Elde, Assistant Treasurer



2025 PARISH STEWARDS - *AS OF JUNE, 2025*

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 Delintsiotis, Claire
 Delintsiotis, Demetrios
 Demopoulos, Nickolis
 Demopoulos, Ted
 Demopoulos, Vasilike (Zeff)
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 Trudeau, Nancy
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 Weir, Anthony (Toby)
 Xydias, Panagiotis & Eleni
 Zisis, Elizabeth

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