

# REJOICE!

The Monthly Publication of the

## **ANNUNCIATION GREEK ORTHODOX CHURCH**

93 Locust St. Dover, NH 03820 · Tel: (603) 742-7667

Web: www.annunciationdover.org E-mail for church office: annunciationdover@gmail.com

Beloved in Christ,

In our holy Orthodox Church we have many titles for the Theotokos, all of which seek to describe her unique role as the Mother of God, her intercessory power with Christ, as well as her relationship to mankind. One title that could also be ascribed to her is, First of All God's Stewards. I say this because if we were to contemplate her role in general, we would see how she truly fulfills the role of God's chief steward in the most exemplary way. We on earth should therefore see her as our prime example in the execution of our own stewardship role in creation, and in God's holy Church.

In order to understand the Theoto-kos' stewardship role fully, we must clearly define the word *steward* in terms of the Church's understanding. A steward is one who is in charge of what God has given him, i.e. a *custodian* or *manager*. In the life of the Holy Theotokos, she obviously became the earthly steward of what God gave to her, and through her, to all mankind – His only- begotten Son. She became the steward of Life Himself, since she carried the Creator in her womb, and then raised Him as her own son.

During the earthly life of Christ, His holy Mother continued her stewardship role by being a faithful follower of her son through the end of His earthly existence. The tradition of the Church tells us that the loving Mother of the *God-Man*, kept vigil with Him at the Cross and ministered at His burial. She lovingly accepted the beloved Disciple John as a son, as instructed by the Lord Himself from the Cross. We are told that she ministered to all His Disciples after His Resurrection, see-

ing herself as a steward of those who were an extension of her son. Holy Tradition also teaches that she was with them in the upper room, when the Holy Spirit descended upon them on the day of Pentecost.

After her own dormition and assumption into heaven, she continues to be a faithful steward of her son's inheritance – the human race. Being the Mother of God, by extension she is also the Mother of all mankind, since we were given life by her son and our God. In this role, she continuously cares for, and protects all of us who call upon her in fervent prayer, constantly interceding before the throne of God on our behalf. Countless miracles occur throughout the Orthodox world as the Theotokos comes to our aid in times of illness, and in all types of danger. Thus, we clearly see how our *Panayia* continues to be God's greatest steward.

Now, let us look at ourselves in terms of our own stewardship role in creation. How do we manage the life that God has given us? Are we thankful every day through prayer for being alive and enjoying good health? Do we seek to care for those around us as needed, since we are all children of the same God? Do we respect and care for the environment as stewards of the world that God created for us?

As stewards of His holy Church, do we seek to give back to God from the gifts He has given us? Our time, talent, and treasure are all aspects of the gift of life which we enjoy each day. Since God always comes first in our lives, it is only logical and appropriate that we consider His holy Church on earth as the center of our life. After all, this is what stewardship is all about – lovingly taking care of, and giving back to God



what He lovingly provides to us. We can only understand this when we have deep faith and trust in God.

When the Archangel Gabriel announced to the Theotokos that the Son of God would be conceived in her womb, she did not run away in fear, or said, "let me think about it." Due to her own faith and trust in God, she was immediately decisive, ignoring any of the possible consequences by her acceptance of the heavenly message. Her response was based on spirituality and not worldliness. Let us take from her holy example and be guided *spiritually* in everything we do. May we all be blessed and made worthy to hear the following words from our Lord when we leave this world: Well done good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your Lord. (Mt 25:21).

In Christ's love,

+Fr. Anthony

#### Annunciation Greek Orthodox Church

Proistamenos: Rev. Fr. Anthony Evangelatos

Office Hours: Tuesday - Friday, 10:00 am - 3:00 pm Office Telephone: (603) 742-7667

Fr. Anthony's Email: franthony@annunciationdover.org

Emergency Contact: (401) 662-5259

#### Office Administrator: Nancy Lipitaki

Office Hours: Monday, Wednesday, Thursday, Friday, 9:00 am - 2:00 pm Office Email: annunciationdover@gmail.com; Website: www.annunciationdover.org

#### Parish Council Ministry Team

President: Kulin Krishnan Vice President: Kimon Lalas Secretary: Shana Mitropoulos **Treasurer:** Anthi Delintsiotis Assistant Treasurer: Heidi Atkinson

Members: Michael Frudakis, Cyprian Fresh, Lea Maheras, Robin Schumaker

#### **Parish Ministries and Services Contacts**

vulaz55@gmail.com kulin.krishnan@unh.edu Alkistis Ladies Society Vula Lalas Kulin Krishnan Altar Servers Annunciation Young Adults Cyprian Fresh hydnfresh@yahoo.com

Bookstore Cyprian Fresh Cemetery (open)

Jack & Kiersten McAfee Chanters Fr. Anthony Church School Director raisingnarnians@gmail.com Jessica Quigley

Festival Committee greekfestivaldover@gmail.com

Rebecca MacNamee Robert Mitropoulos

Flowers Deborah Sousane (603) 742-2691 **GOYA** Claire Atkinson claireeleniatkinson.@gmail.com Kulin Krishnan kulin.krishnan@unh.edu

macheraslea@gmail.com (603) 969-7376 (603) 923-1349 (603) 833-7553 Lea Macheras Hellenic Center Rentals Paul Karoutas Kali Parea George & Althea Coussoule

Maintenance Coordinator Peter Lampesis II Sharon Lampros Outreach Committee (603) 742-0611;

lamprosfamily@comcast.net Parish Council President Kulin Krishnan kulin.krishnan@unh.edu Parish Youth Safety Administrator George Coussoule (603) 923-1349

Anthi Delintsiotis, Christine Elios, Paraskevi Stamelos Prosphoron Bakers (603) 978-2922 Scholarship Committee Casey Gemas Soup Kitchen Coordinators Stewardship Committee Robin & Judy Schumaker rob\_the\_np@yahoo.com Steven Poole mywebbusiness6180@gmail.com Technology Team Jameson Savage (office)

church office Dexter Tarbox (website) church office

#### **Affiliated Organizations**

Daughters of Penelope Cathy Blougouras cmbloug@yahoo.com

> Editorial Board: Fr. Anthony Evangelatos, Nancy Lipitaki Please send submissions to: annunciationdover@gmail.com, and state "Newsletter Submission" in the subject line.

#### FROM FR. ANTHONY

#### **Regarding the Theotokos**

The following is taken from *Orthodox Dogmatic Theology*, by Fr. Michael Pomazansky, St. Herman of Alaska Brotherhood, 1994.

Two dogmas concerning the Mother of God are bound up, in closest fashion, with the dogma of God the Word's becoming man. They are: a) Her Ever-virginity, and b) Her name of Theotokos...

#### The Ever-Virginity of the Mother of God

The birth of the Lord Jesus Christ from a Virgin is testified to directly and deliberately by two Evangelists, Matthew and Luke. This dogma was entered into the Symbol of Faith of the First Ecumenical Council, where we read: 'Who for the sake of us men and for our salvation came down from heaven and was incarnate by the Holy Spirit and the Virgin Mary and became man.' The Ever virginity of the Mother of God is testified by Her own words, handed down in the Gospel, where she expressed awareness of the immeasurable majesty and height of Her chosen-ness: 'My soul doth magnify the Lord...For behold, from henceforth all generations shall call me blessed...For He that is mighty hath done to me great things; and holy is His Name (Luke 1:46-49).'

#### The Most Holy Virgin Mary is Theotokos

With the dogma of the Son of God's becoming man is closely bound up the naming of the Most Holy Virgin Mary as "Theotokos" (Birth-giver of God). By this name the Church confirms its faith that God the Word became Man truly, and not merely in appearance; a faith that, in the Person of the Lord Jesus Christ, God was joined to Man from the very instant of His conception in the womb of the Virgin Mary, and that He, being perfect Man, is also perfect God.

#### **Dormition Fast**

As we well know, the first fourteen days of August comprise a period of prayer and fasting in honor of the Holy Theotokos, as spiritual preparation for the feast of her Holy Dormition on the 15th. This fast is a mini-version of Great Lent, so the guidelines are identical. Following, we offer the Church's guidelines for those who wish to follow the fast to the full extent, or as a starting point for those who are unable, and need to follow to a lesser extent.

- Strict fast from all animal products throughout, including fish\* (shellfish is permitted daily throughout the fast)
- Fast from wine (all alcoholic beverages) and olive oil on weekdays (it's permissible to substitute vegetable/ seed oil)
- Wine and olive oil permitted on Saturdays and Sundays\*

\*Fish, wine & olive oil are permitted on the feast of the Transfiguration, 8/6.

Let us honor the Holy Mother of God through our fasting, remembering her constant intercessions on our behalf. May we also make it a point to attend the beautiful and melodic *Paraklesis* services for our spiritual benefit.

#### FROM FR. ANTHONY

#### From the Holy Fathers

The following is taken from the *Philokalia*, a collection of writings by spiritual masters of the Orthodox tradition.

#### On the Character of Men and on the Virtuous Life: A Work Attributed to St. Anthony the Great

The truly intelligent man pursues one sole objective: to obey and to conform to the God of all. With this single aim in view, he disciplines his soul, and whatever he may encounter in the course of his life, he gives thanks to God for the compass and depth of His providential ordering of all things. For it is absurd to be grateful to doctors who give us bitter and unpleasant medicines to cure our bodies, and yet to be ungrateful to God for what appears to us to be harsh, not grasping that all we encounter is for our benefit and in accordance with His providence. For knowledge of God and faith in Him is the salvation and perfection of the soul.

Those who aim to practice the life of virtue and holiness should not incur condemnation by pretending to a piety which they do not possess. But like painters and sculptors they should manifest their virtue and holiness through their works, and should shun all evil pleasures as snares.

A wealthy man of good family, who lacks inward discipline and all virtue in his way of life, is regarded by those with spiritual understanding as under an evil influence; likewise a man who happens to be poor or a slave, but is graced with discipline of soul and with virtue in his life, is regarded as blessed. And just as strangers traveling in a foreign country lose their way, so those who do not cultivate the life of virtue are led astray by their desires and get completely lost.

Those who seek to lead a life of holiness, enjoying the love of God, should free themselves from presumption and all empty and false self-esteem, and should try to correct their life and way of thinking. For an intellect that steadfastly enjoys the love of God is a way of ascent to Him.

#### **Confession Schedule for Dormition Fast**

As with all major fast periods of the liturgical year, our Orthodox Church guides its members to come to Holy Confession in preparation for the ensuing major feast. This obviously applies to the upcoming fast of the Dormition of the Theotokos, beginning 8/1 through 8/14. Please know that during the fast, I will be available to hear confessions as follows:

- after each Paraklesis service
- after Saturday evening Vespers (all year)
- during office hours by appointment (all year)

#### PARISH NEWS AND EVENTS

#### **Parish Chronicle**

#### **Baptism**

5/19 – *Vesna*, daughter of Nils and Anna Elde, was baptized at St. Petka Serbian Orthodox Church in Longwood, Florida.

#### **Chrismations**

5/12 – Nils Elde, who took the name *Nikolaos*. Sponsor, Nikola Blagojevic

6/9 – Michael Brackett, who took the name *Michael*. Sponsor, Hayden (Cyprian) Fresh.

#### **Wedding**

5/23 – Nils and Anna Elde had their marriage blessed through the Orthodox rite of marriage, at St. Petka Serbian Orthodox Church in Longwood, Florida.

#### **Parish Prayer List**

Please pray for our brothers and sisters: Elizabeth, Deborah, Jim, Mona, Anthony

In keeping with a common Church tradition, we will keep names on the parish prayer list for **40 days**. If you wish to offer names for prayer, please send those via e-mail to the church office at:

annunciationdover@gmail.com, or call the office at 742-7667.

Please give first names only, and preferably full names, not nicknames.

#### **Donations**

Voula Stamelos – Decoration of icons of the Holy Ascension, 6/13, and Holy Pentecost, 6/23.

#### **Important Information While Fr. Anthony is Away**

Fr. Anthony will be away twice during July: from 7/1 through 7/5 at the Clergy-Laity Congress in San Diego, and then from 7/10 through 7/26 on vacation. Please note the following regarding his time away.

- There are not many fill-in priests available to fill all Sunday absences of parish priests on vacation. Therefore, the Metropolis has given the blessing to have churches open for candle lighting and personal prayer, if there will be no liturgy. Each week's e-bulletin will announce the status accordingly.
- Fr. Dimitrios of St. Nicholas in Portsmouth will be in town during Fr. Anthony's absence. Therefore, our parishioners could attend liturgy at St. Nicholas on either or both Sundays, when there might not be liturgy here. Fr. Dimitrios will also have liturgy for the feast of St. Paraskevi on Friday, 7/26.
- For any emergencies during Fr. Anthony's absence, his voicemail recording will direct you accordingly, as well as the church office if you call during office hours.

Thanks for everyone's anticipated understanding and patience during the month of July!

#### PARISH NEWS AND EVENTS

#### **Coffee Hours for July & August**

At the time of publication of this issue, we have no one hosting a coffee hour in July, and only one host listed in August. Hopefully, we can have others sign up for the summer months. As mentioned in the parish news and events section, there is a possibility of no liturgy on one or both Sundays when Fr. Anthony is away. The church office will inform you accordingly, if you choose a Sunday to host that might not have liturgy, and obviously, no coffee hour as well.

As a reminder regarding coffee hour hosting, we wish to share the following which appeared in the March, 2024 issue of the *Rejoice*.

#### Helpful Suggestions for Coffee Hour Hosting

In order to avoid over-purchasing and waste, allow us to suggest some helpful information when hosting coffee hours.

- The Sunday prior to hosting, take inventory of what is in the cupboards and refrigerator. Many times, there will an abundant amount of coffee, juices, as well as half & half and non-dairy creamer. You could always call Nancy during her office hours, to have a quick look before you shop.
- When shopping, there is no need to purchase large containers of half & half and non-dairy creamer. That way, they won't sit past their safe consumption date. Please note that we consistently check for expired food items in the refrigerator and discard them accordingly.
- <u>During fast periods</u>, please do not purchase any meat, dairy, or egg products. If needed, only purchase non-dairy, powdered or liquid creamer. Parishes should consistently follow fasting guidelines. Please remember that you are hosting a *parish event*. We don't want to scandalize any of our fellow parishioners, nor any visitors.

#### **Special Request to Our Families During Coffee Hour**

We very much appreciate all our families, for their assistance in keeping the nursery room in good order after Liturgy. We would like to make a similar request regarding the younger grades' church school classroom, as well.

The Church School staff encourages our children to use the classroom for the younger grades (the one closest to the restrooms) during coffee hour, so that they can entertain themselves with their friends. With two and one-half months to go before church school resumes, we all have to chip in to keep the classroom picked up and in good order.

As coffee hour winds down, please make it a point to check the room for things that need to be put back into their place, and to wipe up any spills on the tables and floor. We greatly appreciate everyone's anticipated assistance!

#### A MESSAGE FROM THE PRESIDENT

Dear Parishioners,

I hope you're all enjoying the start of summer. We have some exciting updates to share!

First off, a huge congratulations to Hope Frudakis for receiving the Metropolis Laity Award. Her dedication to our parish is truly commendable, and this recognition is well-deserved.

The festival committee has been meeting regularly, and we are gearing up for our upcoming festival. Workshops will begin in August, and we look forward to everyone's participation and support. This event is a major highlight for our parish, and your involvement is crucial to its success. Let's come together and make this year's festival the best one yet!

Thank you all for your continued support and involvement. Let's keep the momentum going throughout the summer!

Best regards,

Kulin Krishnan Parish Council President

#### **ANNUNCIATION YOUNG ADULTS**

The young adults would like to congratulate our friends, Melqui and Emily Pires, on their wedding at the end of June! We are also now frequently visiting St Demetrius Orthodox Monastery in Framingham, Massachusetts, and loving every visit.

In June, we had a fantastic Orthodoxy on Tap session with Father Costin Popescu, who gave a fascinating talk on the intersection of science and religion. His insights were thought-provoking, and fostered a great discussion among us. May you all have a blessed summer.

#### STEWARDSHIP COMMITTEE

Hi everyone!

This year, I will be serving our community as chairman of the stewardship committee.

What is stewardship? Stewardship is the faithful management of the good things God has given us. This includes our time, our talents, and our resources. The Lord has given us everything, including this beautiful church, and it is our privilege to manage these wonderful gifts for the glory of God, and the good of others.

In the coming year, your Stewardship team along with Father Anthony, will be sharing rewarding opportunities to join the joyful journey of Stewardship.

If you are interested in joining the stewardship team, we would love to hear from you. If you are able to commit to a brief monthly meeting and willing to share some light, enjoyable work, please contact me in person, or email me at: mywebbusiness6180@gmail.com

Sincerely,

Steve Poole

#### **ALKISTIS NEWS**

Dear Parishioners,

The Alkistis Ladies Association of the Annunciation Greek Orthodox Church have had a busy month.



We recently celebrated our Chanters, Jack & Kiersten McAfee, at their surprise baby shower on June 2nd, 2024. They were genuinely SURPRISED as Father had requested their presence after coffee hour to chant for a parishioner's Baptism. Little did they know, the downstairs hall was decorated not for a reception following the Baptism, but for their own celebration. Congratulations once again to Jack & Kiersten, and we extend our best wishes for the upcoming birth of your baby boy, Evangelos. Please enjoy some of the photos below.









On May 30th, we enjoyed a delightful evening at our Sip n' Paint night. Each participant created a masterpiece, and we look forward to hosting this event again later in the fall.



On June 17th, Alkistis will be hosting the "Welcome to Summer" dinner at Newick's. We are excited to announce that we currently have 55 attendees. We anticipate a delightful evening filled with laughter and Kali Parea! More details will be available in our next Rejoice newsletter.

CONGRATULATIONS to our very own Hope Frudakis for being recognized at the 2024 Ministry Awards as Parishioner of the Year for the Annunciation Greek Orthodox Church. It was an amazing evening and a very well deserving recipient!

June 29, 2024 - 5K WALK-A-THON: In support of Alkistis & 68 Hours of Hunger, we'll be hosting a 5K FUN Walk-a-Thon. If you're interested in walking or sponsoring a walker, please let us know. There is a signup sheet for Walkers and Sponsors in the Narthex. Please see the flyer below:



**SUMMER PROJECT:** As part of our summer project, we're compiling recipes for a **LENTEN COOKBOOK** to be available during our Festival over Labor Day weekend. Please consider contributing a **Lenten recipe** by emailing me @ vulaz55@gmail.com or Althea Coussoule at altheardh@hotmail.com, or by dropping your recipe off at the Church Office.

FALL EVENT: We are planning a Dinner / Dance for early November. More information will follow.

**REMINDER**: Our next meeting will be held on **June 23, 2024**, in the library following coffee hour. We will then take a hiatus for July and August and plan on meeting in September. In the meantime, please email your Lenten Recipes to me at your earliest opportunity.

Warm regards,

Vula Lalas Alkistis Ladies Association President



# ALKISTIS NEWS



#### **O**UTREACH



SAVE THE DATE!

Again this year, *Outreach* and *Kali Parea* will be co-sponsoring an International Food Tasting on Saturday, October 5<sup>th</sup>, 2024 at 6:00 pm in the Fr. Arthur Athans Fellowship Hall. Following are some preliminary details:

- We are seeking individuals, families, or teams to host a table for a specific country.
- Host(s) will thematically decorate their table, and provide a sampling of an appetizer, entrée, and dessert from that country (plan on two large family servings).
- Paper goods, utensils, water, and coffee will be provided. Attendees are welcome to bring other beverages of their choice.
- Attendance is open to our parishioners and their friends. An attendance sign-up sheet will be available in the Narthex in September.
- In lieu of buying tickets, donations to Outreach would be greatly appreciated.

We are beginning our search for "IFT" cooks from now. Please consider hosting a table and broadening our food palate. You may let Althea or George Coussoule, or Sharon Lampros know as soon as possible, the preferred country you would like to represent (France and Italy have already been taken).

To host a table/country, please contact: Althea Coussoule at 603-498-5179, George Coussoule at 603-923-1349, or Sharon Lampros at 603-767-9718.



# LABOR DAY WEEKEND August 30-31 2024

FRIDAY 4PM-10PM, SATURDAY 11AM-10PM

# Free Parking · Free Admission

AUTHENTIC GREEK FOOD • HOMEMADE PASTRIES • GREEK TAVERNA LIVE MUSIC FRIDAY & SATURDAY NIGHT FEATURING OPA! ENTERTAINMENT

# The Hellenic Center

219 LONG HILL RD • DOVER NH

WWW.DOVERGREEKFESTIVAL.COM



Dear Seacoast Businesses,

Thank you!

The Dover Annunciation Greek Orthodox Church is excited to continue with our annual DOVER GREEK FESTIVAL and it is shaping up to be an incredible success so far! This Labor Day Weekend – Friday August 30th, from 4:00pm - 10:00pm and Saturday August 31st, from 11:00am to 10:00pm.

Our Annual Greek Festival is one of the largest in New England with an annual attendance of over 4,000 people and features delicious homemade Greek food and pastries from family recipes.

The Dover Greek Festival is our major fundraiser of the year and we hope we can count on your support. In the past you've helped support our festival by placing an advertisement in our Dover Greek Festival Program book which is made available to our attendees. We hope we can count on your support again this year.

If you would like to help our fundraising efforts, please fill out the form below and mail to us by August 2nd.

Thank you in advance for your consideration and support!

If you have any questions, please do not hesitate to contact me at (207) - 206 - 2581 or by email at GreekFestivalDover@gmail.com.

Robert Eagle-Mitropoulos Dover Greek Festival Committee	
Business Name:	
Address:	
Contact Person :	
Phone: ()	-
E-Mail:	
Last year's ad was:	

#### Sponsoring possibilities in the booklet will be as follows:

Selection Ad Size (Page) Approximate Dimensions Cost

Full Page 4.75 x 7.75 \$300.00 Half Page 4.75 x 3.75 \$200.00 Quarter Page 2.25 x 3.75 \$100.00 Eighth Page 2.25 x 1.75 \$50.00

Suggested Ads: Business Advertisements, Best Wishes, Congratulations, In Memory of, etc. All advertisements will be printed in black and white.

Please mail this form along with your advertisement and a check in the appropriate amount to:
Annunciation Greek Orthodox Church. 93 Locust Street Dover, NH 03820
Email: GreekFestivalDover@gmail.com

Please make checks payable to: Annunciation Greek Orthodox Church. Advertisements and logos may be emailed to Greek-FestivalDover@gmail.com with the subject line "2024 Ad Book"

Dear Parishioner,

The Dover Annunciation Greek Orthodox Church is excited to continue with our annual DOVER GREEK FESTIVAL and it is shaping up to be an incredible success so far! This Labor Day Weekend – Friday August 30th, from 4:00pm - 10:00pm and Saturday August 31st, from 11:00am to 10:00pm.

Our Annual Greek Festival is one of the largest in New England with an annual attendance of over 4,000 people and features delicious homemade Greek food and pastries from family recipes.

The Dover Greek Festival is our major fundraiser of the year and we hope we can count on your support. In the past you've helped support our festival by placing an advertisement in our Dover Greek Festival Program book which is made available to our attendees. We hope we can count on your support again this year.

If you would like to help our fundraising efforts, please fill out the form below and **mail to us by August 2nd.** Thank you in advance for your consideration and support!

If you have any questions, please do not hesitate to contact me at (207) - 206 - 2581 or by email at GreekFestivalDover@gmail.com.

Thank you!

Robert Eagle-Mitropoulos
Dover Greek Festival Committee

Business Name or Name:

Address:

Contact Person:

Phone: (\_\_\_\_)

E-Mail:

Last year's ad was:

#### Sponsoring possibilities in the booklet will be as follows:

Selection Ad Size (Page) Approximate Dimensions Cost

Full Page 4.75 x 7.75 \$300.00 Half Page 4.75 x 3.75 \$200.00 Quarter Page 2.25 x 3.75 \$100.00 Eighth Page 2.25 x 1.75 \$50.00

Suggested Ads: Business Advertisements, Best Wishes, Congratulations, In Memory of, etc. All advertisements will be printed in black and white.

Please mail this form along with your advertisement and a check in the appropriate amount to:
Annunciation Greek Orthodox Church. 93 Locust Street Dover, NH 03820
Email: GreekFestivalDover@gmail.com

Please make checks payable to: Annunciation Greek Orthodox Church. Advertisements and logos may be emailed to GreekFestivalDover@gmail.com with the subject line "2024 Ad Book"

#### Hello All,

Festival planning is well underway and the festival committee is excited to announce upcoming volunteer opportunities! Below are all the festival preparation events that require volunteers to participate in. If you have any questions regarding any of the sessions, please reach out to the festival committee at greekfestivaldover@gmail.com.

#### Hope to see many faces at all of these events!



#### **Pastitsio**

Saturday, Aug. 3rd, at 9 am, sponsored by the Lampros family at Church



#### <u>Koulourakia</u>

Sunday, Aug 11th, at 1 pm, sponsored by the Gemas family at the Hellenic Center



#### Spanakopita & Baklava

Saturday, Aug. 24th, at 2 pm, sponsored by the Mitropoulos family at the Hellenic Center



Pasta Flora

Tuesday, Aug. 27th, at 2pm sponsored by Althea Coussoule at the Hellenic Center



#### Stuffed Peppers, Veggie Prep, and Table & Chairs Set-up

Wednesday, Aug. 28th, at 4pm at the Hellenic Center



#### Halva

Wednesday, Aug. 28th, at 9 am, sponsored by Althea Coussoule at the Hellenic Center



Chicken Prep

Thursday, Aug. 29th, at 4 pm at the Hellenic Center

#### Seeking Help for Making Pastitsio - Saturday, August 3, 2024, at CHURCH

We need to make around 22 trays of pastitsio for our upcoming Greek Festival. Below is a rough schedule for making the pastitsio for those who have already volunteered to help, and including areas where we still need assistance.

- 7:30 am to 9 am: Meat prep
- 8:30 am to 11:30 am: Beat eggs/make bechamel (need at least 4 people-directions provided)
- 9 am to 11:30 am: Pasta cooking/pasta prep
- 9:30 am until noonish: Assemble trays
- 9:00 am to noonish: Dishwasher

We are also in need of electric mixers and large mixing bowls so please consider bringing yours with you if you volunteer.

A sign-up sheet will be posted in the Father Athans Hall, OR you can call or text Sharon Lampros at 603-767-9718, if you are able to help.

#### Seeking Help for Making Kourambiethes – Wednesday, August 14th, at the HELLENIC CENTER

Below is a rough schedule for making the kourambiethes (we need lots of help). The schedule includes how you will be able to help; and please know that signing up for even an hour will be a big help.

- 9:00 am to 10:30/11 am: Cut out and place cookies on cooking pan (need 10-15 people)
- 9:30 am until done: Start baking cookies (need 1 oven monitor/tray assist in & out of oven helper)
- 10 am Place cookies on racks, cool and sugar cookies (need at least 3 people)
- 11 am to 12 pm: Continue placing cookies on racks, cool and sugar cookies (need at least 6 people)
- 12:30 pm/1 pm until done (estimate ~ 3/4 pm): Box cooled cookies (need 6 people)
- Start to finish: need dishwashers (1 or 2 at a time, especially near the end of the day)

We are also in need of cooling racks, so please consider bringing yours with you if you volunteer.

A sign-up sheet will be posted in the Father Athans Hall, OR you can call or text Sharon Lampros at 603-767-9718, or Shana Mitropoulos at 603-841-8178 if you are able to help.

## **OUR PARISH MINISTRY AWARD RECIPIENT**

Our Parish Ministry Award recipient,
Hope Frudakis, along with His Eminence
Metropolitan Methodios to her right, and
His Eminence, former Archbishop of America,
Demetrios
to her left.





# July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Please note that all Sun- day & week- day Orthros & Liturgies, are at 8:45 am, & 10:00 am.	1	2	3	4 Independence Day office closed	5	6 Great Vespers 6:00 pm		
7 Orthros & Liturgy	8	9	10 Festival Meeting 6:30 pm	11	12	13 No Vespers		
			F	r. Anthony aw	ay through 7/2	<b>16</b>		
14 Orthros & Liturgy (pending)	15	16	17	18	19	20 No Vespers		
		F	r. Anthony awa	ay				
21 Orthros & Liturgy (pending)	22	23	24	25	26	27 Great Vespers 6:00 pm		
Fr. Anthony away								
28 Orthros & Liturgy	29	30 Soup Kitchen 4:00 pm	31					



# August 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please note that all Sun- day & week- day Orthros & Liturgies, are at 8:45 am, & 10:00 am.			Dormition Fast begins 8/1 through 8/14. Please see bulletin entry for guidelines.	Dormition Fast Begins Small Paraklesis 7:00 pm	2 Great Paraklesis 7:00 pm	3 Great Vespers 6:00 pm
4 Orthros & Liturgy	5 Great Vespers of theTrans- figuration of Our Savior 7:00 pm	6 The Transfiguration Orthros & Lit. Great Paraklesis 7:00 pm	7 Small Paraklesis 7:00 pm	8 Great Paraklesis 7:00 pm	9 Small Paraklesis 7:00 pm	10 Great Vespers 6:00 pm
11 Orthros & Liturgy	12 Small Paraklesis 7:00 pm	13 Great Paraklesis 7:00 pm	14 Great Vespers of the Dormition of the Theotokos 7:00 pm	The Dormition of the Theotokos IN SOMERS-WORTH  Orthros-8:15 am, Div. Liturgy-9:30 am	16	17 Great Vespers 6:00 pm
18 Orthros & Liturgy	19	20	21	22	23	24 Great Vespers 6:00 pm
25 Orthros & Liturgy	26	27	28	29 Beheading of St. John the Forerunner Orthros & Lit. (pending) strict fast	Greek Festival 4:00-10:00 pm	31 Greek Festival 11:00 am- 10:00 pm No Vespers

### 2024 CONFIDENTIAL STEWARDSHIP PLEDGE

#### **How Can I Pay My Pledge?**

#### There are many convenient ways to pay your stewardship including:

- Online bill payment through your bank
- Check by mail
- Online through PayPal
- Cash

#### We highly recommend paying through your online bank bill payment service:

Payments can be made on a recurring monthly or quarterly basis, or in one complete payment.

- It is the easiest method to use (write "stewardship" in the memo line)
- It allows you to budget your stewardship payments to your preference
- It maintains a record for you and it affords you complete control
- Plus, there are NO FEES!
- You may also use your online bank service to make an extra donation

#### If paying by check:

Please payable to: "Annunciation Greek Orthodox Church", write stewardship on the memo line, and mail to:

93 Locust St, Dover, NH 03820

Attn: Stewardship

#### If paying by PayPal:

PayPal accepts credit and debit card payments. If you have a personal PayPal account, payments can be linked directly to your bank account to make a credit/debit card payment through PayPal, a 2.9% fee applies, (that we ask you to please cover, above your actual donation, in order to help the church defray that cost)

- To use PayPal go to: www.annunciationdover.org
- Click on to the "Donations" link and follow the prompts.

#### **2024 Parish Stewards -** as of June 2024

#### THESE FAMILIES HAVE RETURNED THEIR NEW STEWARDSHIP FORMS PLEASE DO NOT FORGET TO SUBMIT YOUR NEW 2024 STEWARDSHIP FORM

Evangelatos, Rev. Anthony & Presvytera Themmi Amankwah, Nana & Katherine Anestis, Peter & Lydia Anestis, John "Peter" Athans, Rev. Arthur &

Presvytera Keta Atkinson, Shawn & Heidi Bessas, Kostas & Nafsika Bonnias, Thomas & Georgia Boudreau, David & Elene

Brackett, Michael

Byers, William & Pamela Canney, Mark & Sarah

Caviris, Charlie

Catsoulis-O'Brien, Karen Charos, Evangelos & Maryann Chrysafidis, Constantine

Clairmont, Richard

Coussoule, George & Althea

Danie, Kyle & Kiki Delintsiotis, Anthi Delitsiotis, Claire

Delintsiotis, Demetrios

Delintsiotis, Vasilios & Barbara

Demopoulos, Vasilike (Zeff)

Demopoulos, Alaina

Demopoulos, John & Anita Demopoulos, George

Elde, Nils & Anna Faskianos, Maria Frangos, Dennis

Frangos, James & Peggy

Fresh, Cyprian Frudakis, Hope Frudakis, Michael Gemas, Mark & Lorie

Gemas, Nicholas & Margaret Gurney, Charles & Sarah

Hannan, Robert & Hannan

Haywood, Connor Hintz, Derek & Alysha Hoogeveen, Les & Barbara Kageleiry, Greg

Karoutas, Paul & Eleni

Kastrisios, Christos & Nancy

Koromilas, Johnnie Kostis, Georgette

Kostis, Dennis & Betsy Kostis, John & Stacey Kostis, George & Katie Kostis, Nick & Lacey Koutroubas, Paul Kottaridis, Kathy

Labanaris, Nicholas & Fotine

Lalas, Kimon & Vula

Lalas, Yannis

Krishnan, Kulin

Lampesis, Peter & Rea Lampros, Sharon & John Lark, James & Margaret Lazarus, George & Sandy Lirette, Adam & Lilly Maher, Georgeanna Maskwa, Paul & Paula Mc Mahon, Jo Anne

Melitus, James & Kathleen Mitropoulos, Nicholas & Shana Mitropoulos, Robert & Ryan Eagle

Morris Bea & Rob Howard

Moutevelis, Niki Murphy, Ed & Ahn

O'Hearne, James & Rosanne

Oschman, Nora

Panasis, Charles & Paula

Passas, Costance

Polychronopoulos, Zoe Polychronopoulos, George

Poole, Emily

Primes, Stephen & Lisa Quigley, Joss & Jessica

Rallis. Ekaterini

Richards, Brian & Jennifer

Rouman, James

Savage, Jeffery & Evelyn Schumaker, Robin & Judy Scontras, Panagiota

Skaltsis, Diana

Sousane, James & Deborah

Stamelos, Paraskevi

St. Peter, Michael & Demetra

Strangas, James & Mary

Strangas, William Strangas, Peter

Thomas, George & Denise

Trudeau, Nancy

Tsougranis, Ted & Irene Vatistas, John & Cathy Venetos, Jim & Nanine

Verespe, Anthony & Christine Vomvoris, William & Cynthia

Weir, Anthony (Toby) Xydias, Panagiotis & Eleni

Zisis, Elizabeth

If you do not see your name, perhaps you have not filled out your 2024 Stewardship form!

#### **BULLETIN SPONSORSHIPS**



#### Paul J. Kageleiry

Financial Services Professional\*



#### New York Life Insurance Company

Licensed Agent 750 Central Avenue, Suite D Dover, NH 03820-3434 Tel. 603 742 7008 pkageleiry@ft.newyorklife.com





**Flowers** & Centerpieces Deb Sousane 603-742-2691

24 Littleworth Road





21 Commerce Way Barrington NH 03825 toytechllc@gmail.com

Shawn Atkinson 603-664-5990

#### **Central Barber Shop**

421 Central Avenue Dover, NH 03820 603-742-8503

Nick Mitropoulos and George Frangos Family

## **Become a SPONSOR!**

Email annunciationdover@gmail.com Or Call: 603-742-7667