

Elpida's Annual



LENTEN RETREAT!

Join us for a fun, hands-on Lenten Retreat designed for children in grades K-8! Saturday, March 1st at the Annunciation Cathedral. This interactive event will feature creative stations that focus on important themes of Lent, such as prayer, service, and caring for God's creation

REGISTER
BELOW



\$50 PER
CHILD

Stations include:

- **Baking Lazarakia** - Learn about the story of Lazarus, and bake delicious treats.
- **Painting Birdhouses** - Discover how we can care for God's creation while creating colorful birdhouses to take home.
- **Crafting Wax Candles** - Explore the teachings of St. Gregory Palamas and create your own candles as a reminder of faith and prayer.
- **Making Prayer Ropes (Komboskini)** - Make your own prayer rope and learn about the power of the Jesus Prayer.
- **Service Project: Blanket-Making** - Practice almsgiving by creating blankets for the San Francisco Fire Department to help those in need.

PARENT WORKSHOP
SCREENING OF "A RACE TO
NOWHERE"



More Information

www.annunciation.org/ministries/elpida



1PM-5PM

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MARCH

ANNUNCIATION
CATHEDRAL

245 VALENCIA STREET
SAN FRANCISCO