

# GREEK ELDER CARE NETWORK™



**Support. Care. Connect.**

At Greek Elder Care Network™, we understand that being a caregiver can often feel overwhelming and isolating. We offer support, services, and resources for the elderly, caregivers, and their families in the Greek American Community.

## CONNECT WITH US & LEARN MORE ABOUT

- Our Supportive Facebook Group
- Greek Family Meal Plan Service
- Our Network Partners
- Virtual Informational Sessions
- Caregivers Support Group
- Bereavement Support Group
- Parkinson's Support Group
- Walking Club
- Book Club
- Community Calendar of Events

Join Our Network. We Can't Wait to Meet You!

**GreekElderCareNetwork.com**

