

Philoptochos



American Heart Association.



Go Red Sunday February 9, 2025

**RED IS OUR COLOR.
READY TO ROCK YOURS?**

Our No. 1 killer, cardiovascular disease, unfairly targets women. We have been left out of research, testing, treatment and funding. Fortunately, women have an amazing resource – each other.

Women at every age, stage and season of life need our support, and that's why we Go Red.

TO BE SEEN.

TO BE COUNTED.

TO BE HEARD.

TO MAKE AN IMPACT.

**On Sunday, February 9th help raise awareness for women's heart health by inviting not only Philoptochos sisters, but the entire parish to wear red!
*#PhiloptochosGoRedSunday***

