

# Family Connections

Transfiguration of Our Lord and Savior Jesus Christ  
II Peter 1:10-19 and Matthew 17:1-9



*Jesus Christ was transfigured on the Mount, not taking upon Himself something new nor being changed into something new, nor something which formerly He did not possess. Rather, it was to show His disciples that which He already was, opening their eyes and bringing them from blindness to sight.*  
—St. Gregory of Palamas

## EXPLORE TOGETHER:

It Doesn't End Today—As the Church commemorates the Transfiguration of our

Lord and Savior Jesus Christ today, there also

follows an 'afterfeast' (the period where the theme of the feast continues liturgically). Remember to include the hymns associated with the Transfiguration in your family prayer time until August 13. Visit [goarch.org/transfiguration](http://goarch.org/transfiguration) to learn the hymns and more about the feast.

Grow Your Garden—It is traditional for grapes—or other types of vegetation—to be blessed at the Transfiguration. This signifies the transformation of all creation as blossomed 'fruit' when the Kingdom of God is ultimately accomplished. To mark the occasion, consider planting something as a family as a reminder of God's blessings.

**Before church next week, read the scripture passages for the  
10th Sunday of Matthew  
I Corinthians 4:9-16 and Matthew 17:14-23**

**FOR MORE INFORMATION FOR COUPLES AND FAMILIES, VISIT:**



Center for Family Care of the Greek Orthodox Archdiocese of America  
[www.family.goarch.org](http://www.family.goarch.org)