



Introducing Visiting Nurses of the Lower Valley's Faith Community Nurse Program

The practice of faith community nursing builds on the roots of health, healing and wholeness of mind, body, and spirit of many faith traditions. Faith community nurses serve in a variety of faiths including Christian, Jewish, Muslim and others around the world. Promotion of health and healing and wholeness is the focus of the Faith Community Nurse (FCN) activities.

- The FCN is a **Health Counselor**, and **Health Educator** who offers individual or group support and education about healthcare needs, lifestyle changes, and the relationship faith and wellness.
- The FCN **Connects** people with community resources to improve home safety.
- The FCN is a **Health Advocate**, available to talk with a physician, or healthcare system.
- The FCN **Trains Volunteers** and **Facilitates Support Groups**.
- The FCN may consult with clients during **Home Visits or church office hours** to talk about health concerns.



Deborah Ringen MSN, RN-BC Faith Community Nurse is available to Shoreline religious communities and community groups for health counseling, education programs, advocacy, Spiritual care, caregiver support and integration of faith and health. Home visits may also be scheduled.

Visiting Nurses of the Lower Valley is the only home health agency in this area to offer this program. We understand the importance of the relationship between faith and health and partner with people of all faiths to improve the health of our community.

One way the Faith Community Nurse can help is by assisting with advance care planning conversations. **National Healthcare Decisions day is April 16th**. Have you completed your Advance healthcare directive yet? Are you finding it difficult to start the conversation with your loved ones? **Call Deborah at 860-767-0186 to schedule an appointment.**

