

Go Red!



*National Wear Red for Heart Health Day!
Celebrate with your Philoptochos
Nausica Chapter on
Sunday, February 12, 2023.*

Take a stand against heart disease in women.

Philoptochos will pass a tray to support The American Heart Association on Sunday, Feb 12.

*Donate to promote healthy habits that improve our odds of a longer, healthier life. Don't forget to show your spirit on Feb 12 by rocking some **RED** on National Wear Red Day!*