



"FAITH. FAMILY. COMMUNITY."

HOLY TRINITY GREEK ORTHODOX CHURCH

Our Mission: "To proclaim and live the Orthodox Christian Faith in its fullness as faithful members of the Body of Christ."

Reverend Father John Touloumes, *Proistamenos*
Reverend Father Radu Bordeianu, *Assistant Priest*



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LENTEN SERVICES – THIS WEEK

TODAY, Sunday, Mar. 24 – 4:30 pm
Great Vespers of the Annunciation and Pan-Orthodox Sunday of Orthodoxy Celebration here at Holy Trinity Church. Celebrant and Homilist will be His Grace Bishop Andrei of Cleveland. A Lenten Reception and fellowship will follow.

- Monday, Mar. 25 – 8:30am (SG)
Orthros/9:30am Divine Liturgy: The Annunciation of the Theotokos

- Wednesday, Mar. 27 – 7:00pm Pre-Sanctified Liturgy at St. Alexander Nevsky Cathedral, 1600 Guyton Rd., Allison Park, PA

- Friday, Mar. 29 – 6:30 pm (SG): The Salutations to the Theotokos. The annual service of honoring the commemorating the greeting of the Archangel Gabriel to the Theotokos. Almost entirely sung. Come and seek the blessed intercessions of the Theotokos, who stands before her Son and our Lord on our behalf.

WELCOME TO HOLY TRINITY CHURCH!

WEEKLY BULLETIN – SUNDAY, MARCH 24, 2024
Hours: Orthros 8:15 am / Divine Liturgy 9:30 am

TODAY'S SCRIPTURE READINGS

Epistle Reading

St. Paul's Letter to the Hebrews 11:24-26, 32-40

Ἀδελφοί, πίστει Μωϋσῆς μέγας γενόμενος ἠρνήσατο λέγεσθαι υἱὸς θυγατρὸς Φαραῶ, μάλλον ἐλόμενος συγκακουχεῖσθαι τῷ λαῷ τοῦ θεοῦ ἢ πρόσκαιρον ἔχειν ἀμαρτίας ἀπόλαυσιν, μείζονα πλοῦτον ἠγησάμενος τῶν Αἰγύπτου θησαυρῶν τὸν ὄνειδισμὸν τοῦ Χριστοῦ, ἀπέβλεπεν γὰρ εἰς τὴν μισθαποδοσίαν. Καὶ τί ἔτι λέγω; ἐπιλείπει με γὰρ διηγουμένον ὁ χρόνος περὶ Γεδεών, Βαράκ, Σαμψών, Ἰεφθάε, Δαυὶδ τε καὶ Σαμουὴλ καὶ τῶν προφητῶν, οἱ διὰ πίστεως κατηγωνίσαντο βασιλείας, εἰργάσαντο δικαιοσύνην, ἐπέτυχον ἐπαγγελιῶν, ἔφραξαν στόματα λεόντων, ἔσβησαν δύναιμιν πυρός, ἔφυγον στόματα μαχαίρης, ἐδυναμώθησαν ἀπὸ ἀσθενείας, ἐγενήθησαν ἰσχυροὶ ἐν πολέμῳ, παρεμβολὰς ἐκλιναν ἀλλοτρίων· ἔλαβον γυναῖκες ἐξ ἀναστάσεως τοὺς νεκροὺς αὐτῶν· ἄλλοι δὲ ἐτυμπανίσθησαν, οὐ προσδεξάμενοι τὴν ἀπολύτρωσιν, ἵνα κρείττονος ἀναστάσεως τύχωσιν· ἕτεροι δὲ ἐμπαιγμῶν καὶ μαστίγων πείραν ἔλαβον, ἔτι δὲ δεσμῶν καὶ φυλακῆς· ἐλιθάσθησαν, ἐπρίσθησαν, ἐν φόνῳ μαχαίρης ἀπέθανον, περιήλθον ἐν μηλωταῖς, ἐν αἰγείοις δέρμασιν, ὑστερούμενοι, θλιβόμενοι, κακουχούμενοι, ὧν οὐκ ἦν ἄξιος ὁ κόσμος, ἐπὶ ἐρημίαις πλανώμενοι καὶ

ὄρεσιν καὶ σπηλαίοις καὶ ταῖς ὄπαῖς τῆς γῆς. Καὶ οὗτοι πάντες μαρτυρηθέντες διὰ τῆς πίστεως οὐκ ἔκομίσαντο τὴν ἐπαγγελίαν, τοῦ θεοῦ περὶ ἡμῶν κρείττον τι προβλεψαμένου, ἵνα μὴ χωρὶς ἡμῶν τελειωθῶσιν.

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

Gospel Reading – Sunday of Orthodoxy John 1:43-51

Τῷ καιρῷ ἐκεῖνῳ, ἠθέλησεν ὁ Ἰησοῦς ἐξελεῖν εἰς τὴν Γαλιλαίαν· καὶ εὕρισκε Φίλιππον καὶ λέγει αὐτῷ· ἀκολούθει μοι. ἦν δὲ ὁ Φίλιππος ἀπὸ Βηθσαιῶν, ἐκ τῆς πόλεως Ἀνδρέου καὶ Πέτρου. εὕρισκε Φίλιππος τὸν Ναθαναὴλ καὶ λέγει αὐτῷ· ὃν ἔγραψε Μωϋσῆς ἐν τῷ νόμῳ καὶ οἱ προφῆται, εὐρήκαμεν, Ἰησοῦν τὸν υἱὸν τοῦ Ἰωσήφ τὸν ἀπὸ Ναζαρέτ. καὶ εἶπεν αὐτῷ Ναθαναὴλ· ἐκ Ναζαρέτ δύναται τι ἀγαθὸν εἶναι; λέγει αὐτῷ Φίλιππος· ἔρχου καὶ ἴδε. εἶδεν ὁ Ἰησοῦς τὸν Ναθαναὴλ ἐρχόμενον πρὸς αὐτὸν καὶ λέγει περὶ αὐτοῦ· ἴδε ἀληθῶς Ἰσραηλίτης, ἐν ᾧ δόλος οὐκ ἔστι. λέγει αὐτῷ Ναθαναὴλ· πόθεν με γινώσκεις; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· πρὸ τοῦ σε Φίλιππον φωνῆσαι, ὄντα ὑπὸ τὴν συκῆν εἶδόν σε. ἀπεκρίθη

Ναθαναήλ καὶ λέγει αὐτῷ· ῥαββί, σὺ εἶ ὁ υἱὸς τοῦ Θεοῦ, σὺ εἶ ὁ βασιλεὺς τοῦ Ἰσραὴλ. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῷ· ὅτι εἶπόν σοι, εἶδόν σε ὑποκάτω τῆς συκῆς, πιστεύεις; μείζω τούτων ὄψει. καὶ λέγει αὐτῷ· ἀμήν ἀμήν λέγω ὑμῖν, ἀπ' ἄρτι ὄψεσθε τὸν οὐρανὸν ἀνεωγῶτα, καὶ τοὺς ἀγγέλους τοῦ Θεοῦ ἀναβαίνοντας καὶ καταβαίνοντας ἐπὶ τὸν υἱὸν τοῦ ἀνθρώπου.

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

SAINTS AND FEASTS COMMEMORATED TODAY

- Sunday of Orthodoxy

For more than one hundred years the Church of Christ was troubled by the persecution of the Iconoclasts of evil belief, beginning in the reign of Leo the Isaurian (717-741) and ending in the reign of Theophilus (829-842). After Theophilus's death his widow, the Empress Theodora, together with the Patriarch Methodius established Orthodoxy anew. This ever-memorable Queen venerated the icon of the Mother of God in the presence of the Patriarch Methodius and the other confessors and righteous men, and openly cried out these holy words: "If anyone does not offer relative worship to the holy icons, not adoring them as though they were gods, but venerating them out of love as images of the archetype, let him be anathema." Then with common prayer and fasting during the whole first week of the Forty-day Fast, she asked God's forgiveness for her husband. After this, on the first Sunday of the Fast, she and her son, Michael the Emperor, made a procession with all the clergy and people and restored the holy icons, and again adorned the Church of Christ with them. This is the holy deed that all we the Orthodox commemorate today, and we call this radiant and venerable day the Sunday of Orthodoxy, that is, the triumph of true doctrine over heresy.



- Forefeast of the Annunciation of the Theotokos
- Our Holy Father Theonas, Archbishop of Thessalonica

- Righteous Artemon, Bishop of Seleucia
- St. Zachariah, the Recluse

APOLYTIKION AND KONTAKION HYMNS SUNG AT THE SMALL ENTRANCE

Resurrectional Apolytikion in the First Tone (Page 52)

Though the tomb was sealed with a stone by the Jews and the soldiers guarded Your pure body, You arose, O Savior, on the third day, giving life to the world. Therefore, O Giver of Life, the heavenly powers praise You. Glory to Your resurrection, O Christ; glory to Your kingdom; glory to Your plan of redemption, O only loving God.

Apolytikion for the Sunday of Orthodoxy in the Second Tone (Page 72)

We venerate Your holy icon, loving Lord, asking You to pardon our transgressions, Christ our God. For You or Your own will were pleased in the flesh to ascend upon the Cross, so to deliver from the bondage to the enemy those whom You have fashioned. Therefore in thanksgiving we cry aloud to You. You filled all things with joy, our Savior, when You came to save the world.

Apolytikion of Holy Trinity Church (Page 75)

English: Blessed are You, O Christ our God, Who has shown forth the fishermen to be most wise by sending down upon them the Holy Spirit. And through them, You drew the world into Your net. O merciful One, glory to You!

Greek: Ευλογητός ει Χριστέ, ο Θεός ήμων, ο πανσόφους τους αλιεις αναδειξας, καταπέμψας αυτοις το Πνεύμα το άγιον, και δι' αυτών την οικουμένην σαγηνεύσας, φιλάνθρωπε, δόξα σοι.

Phoentics: Ev-lo-yi-tos i Hri-ste o The-os i-mon. O Pan-so-fous tous a-li-is a-na-di-xas ka-ta-pemp-sas af-tis to Pnev-ma to A-yi-on, ke di af-ton tin i-kou-men-in sa-i-nef-sas, fi-lan-thro-pe, do-xa si.

Kontakion of the Akathist to the Theotokos (Page 54)

English: O Champion General, I your City now ascribe to you / triumphant anthems as the tokens of my gratitude, / being rescued from the terrors, O Theotokos. / Inasmuch as you have power unassailable, / from all kinds of perils free me so that unto you / I may cry aloud: Rejoice O unwedded Bride.

Greek: Τη Υπερμάχῳ Στρατηγῶ τα νικητήρια / Ως λυτρωθείσα των δεινων ευχαριστήρια / Αναγράφω σοι η Πόλις σου, Θεοτόκε / Αλλ' ως έχουσα το κράτος απροσμάχητον / Εκ παντοίων με κινδύνων ελευθέρωσον / Ινα κράζω σοι, Χαίρε Νύμφη ανύμφευτε.

Phoenetics: Ti i-per-ma-a-ho stra-ti-go ta ni-ki-ti-ri-a, / os li-tro-thi-sa ton di-non ef-ha-ri-sti-ri-a, / a-na-gra-fo si i po-li sou The-o-to-ke. / Al-os e-hou-sa to kra-tos a-pros-ma-hi-ton, / ek pan-ti-on me kin-din-on e-lef-the-ro-son, / i-na kra-zo si: He-re nim-fi a-nim-fef-te.

PARISH NEWS AND EVENTS

TODAY'S EVENTS AND ACTIVITIES

Welcome Your Grace Bishop Andrei!

Today we have the special blessing of having with us as the celebrant for the first Sunday Divine Liturgy of Lent His Grace Bishop Andrei, Bishop of Cleveland and Vicar Bishop of the Romanian Orthodox Episcopate of America. His Grace will also be the speaker at this afternoon's Sunday of Orthodoxy Service.

About His Grace: Bishop Andrei was born in 1982 in the city of Făgăraș, Brașov, Romania into an Orthodox Christian family. The education received from his parents and his grandparents played a significant role in encouraging his love for God and the Church. At the age of 14, in September 1996, he began studies at the "Holy Brâncoveanu Martyrs" High School Theological Seminary in Făgăraș, Romania. However, just one year into his studies, in June 1997, his family decided to move and to begin a new life in the United States. He graduated from Dearborn High School in Dearborn, Michigan in June 2000 with highest distinctions. During his college years, he continued to be active in the parish, including teaching the Sunday School's high school class, and also expanded his involvement in the Episcopate. In September 2004, with the blessing of His Eminence Archbishop Nathaniel, he entered Holy Cross Greek Orthodox School of Theology in Brookline, Massachusetts to continue his theological studies that had been interrupted seven years prior. While at Holy Cross, in addition to educational studies and spiritual formation, he was appointed as Ecclesiarch of the Holy Cross Chapel, worked in the office of the Dean of Students as Events Coordinator and Student Liaison with the faculty, was elected Class President, and was actively involved in the organization of retreats, conferences and projects for helping the needy. Following the completion of studies at Holy Cross, he accepted, with the blessing of Archbishop Nathaniel, the position of Pastoral Assistant at Annunciation Greek Orthodox Cathedral in Atlanta, Georgia (serving in that capacity from March 2009 until June 2010), where he assisted the parish clergy in pastoral, liturgical and educational matters, especially with the youth. In June 2010, he was accepted into the Patristic Theology Doctorate program at the Pontifical Oriental Institute in Rome, Italy. He was ordained into the Holy Diaconate on September 29, 2012 at the hand of Archbishop Nathaniel at St. George Romanian Orthodox Cathedral in Detroit/Southfield, Michigan, and then into the Holy Priesthood by the same hierarch on December 23, 2012 at his home parish of Sts. Peter & Paul in Dearborn Heights, Michigan. At the proposal of Archbishop Nathaniel and the Episcopate Council, the Church Congress of The Romanian Orthodox Episcopate of America in Special Electoral Session elected Fr. Dan Hoarște as a candidate for the office of Auxiliary Bishop on August 31, 2019. On October 13, 2019, he received the monastic tonsure at the hand of Archbishop Nathaniel, under the mantia of Archimandrite Joseph (Morris), Superior of St. Gregory Palamas Greek Orthodox Monastery in Perrysville, Ohio, and was given the name Andrei, after the Holy Apostle Andrew the First-called and the Holy Hierarch Andrei (Șaguna), Metropolitan of Transylvania, both commemorated on November 30. Archimandrite Andrei was ordained into the Holy Episcopacy on Saturday, February 1, 2020, at St. George Romanian Orthodox Cathedral in Detroit/Southfield, Michigan.



Sunday of Orthodoxy Icon Procession

Church School students will once again participate in the annual Procession of the Holy Icons at the conclusion of the Divine Liturgy today. All students should bring an icon of their patron saint or other favorite icon to hold in the procession that day. Be sure to have the name of the student on the back of the icon to identify it.

Hospitality Hour

Hospitality Hour is being hosted by the Daskalakis and Chris & Chrysoula Balouris Families in Honor of Father George's Birthday and Presvytera Evangelia's Name Day. May God grant them many years!

GOYA Lenten Soup Sales

The GOYA is once again offering its very popular Lenten soup sales during the Sundays of Lent. Among the many good reasons to buy some to take home are that they are strict Lenten recipes, they provide fund-raising support for our GOYA ministry ... plus they taste great, and they are good for you! Please visit the Lenten Soup Sales table in Gallery during Hospitality Hour each week through April 28! Thank you for supporting our youth as you strive to maintain and grow your spiritual discipline of fasting during Lent!

Great Vespers of the Annunciation and Pan-Orthodox Sunday of Orthodoxy Celebration – Today!

The Orthodox Clergy Brotherhood of Greater Pittsburgh invites you to attend the Great Vespers of the Annunciation and Pan-Orthodox Sunday of Orthodoxy Celebration here at Holy Trinity Church TODAY beginning at 4:30pm. Celebrant and Homilist will be His Grace Bishop Andrei of Cleveland, the Romanian Episcopate of the Orthodox Church in America. Also featured will be the Pan-Orthodox Choir of Pittsburgh under the direction of Fr. Tom Soroka. Great Vespers will be followed by fellowship and Lenten refreshments. All parishioners are invited to attend!

UPCOMING EVENTS AND ANNOUNCEMENTS

- Upcoming Services** - Locations: (HT) Holy Trinity Church; (SG) St. George Chapel, 8941 Ringeisen Rd, Allison Park, PA
- **TODAY, Sun. Mar 24**, 4:30pm: Great Vespers of the Annunciation and Pan-Orthodox Sunday of Orthodoxy (HT)
 - **Mon. Mar 25**, 8:30am: Orthros/9:30am Divine Liturgy: The Annunciation of the Theotokos (SG)
 - **Wed. Mar 27**, 7:00pm: Pre-Sanctified Liturgy at **St. Alexander Nevsky Cathedral**, 1600 Guyton Rd, Allison Park, PA
 - **Fri. Mar 29**, 6:30pm: Service of Salutations to the Theotokos (SG)

BECOME WHAT YOU WERE MADE TO BE. THIS YEAR, EXPERIENCE

LENT WITH INTENT

INTEND TO PRAY, FAST, GROW, SERVE, ATTEND.

"What can I offer the Lord for all He has done for me? I will lift up the cup of salvation and call on the name of the Lord. I will keep my promises to the Lord in the presence of all His people." (Psalm 116.12-13)

2024 Lenten Theme: "Lent with Intent"

Each year we offer a theme for Lent which builds on our Orthodox Christian tradition in a way that helps us grow and connect with Christ in today's world. This year the theme is "Lent with Intent", taken from Psalm 116.12-13: "What can I offer the Lord for all he has done for me? I will lift up the cup of salvation and call on the name of the Lord. I will keep my promises to the Lord in the presence of all his People." During the Lenten journey you will hear lessons on the many opportunities the Church provides as we restore our relationship with God and His Holy Church, through which we find true peace in Him Who is our peace, Jesus Christ.

[Mar 25] Offices Closed for the Feast of the Annunciation

Please note that the offices of the Archdiocese, Metropolis and Holy Trinity Church will be closed for the Feast of the Annunciation, Monday, March 25.

Festival Cooking – IT'S BACK!

IT'S NEVER TOO EARLY to get started on our FESTIVAL COOKING 2024! Please mark your calendars and plan to come and help on the following days. Bring the kids, bring your husbands, bring your wives, bring your friends! All are welcome...no experience necessary. Tons of light and heavy tasks for all. THANK YOU!

- THIS Saturday, March 30, 9:00am-6:00pm - Koulourakia
- See the flyer in the March Herald for the rest of the upcoming dates.

[Mar 31] Holy Trinity Cemetery Notice – Deadline for Removing Christmas Decorations

Whoever wishes to save Christmas wreaths or decorations at their family memorial stones are asked to remove them before Sunday, March 31st to get ready for spring grass cutting. Decorations left behind will be discarded. The Cemetery Committee thanks you for your understanding.

[Apr 7] Godparent/Godchild Sunday & Philoptochos Annual Lenten Luncheon - Save the Date!

Holy Trinity Church will celebrate its annual "Godparent/Godchild" Sunday on April 7 this year. In previous years we had asked our Church School students to invite their Godparents to attend, but this year we are asking everyone to do so. To assist with that, **there are invitations with envelopes available in the Narthex and at the church office window. Please take one, sign and address it and send it to the one who sponsored you for your Baptism or Chrismation and ask them to join you for this special celebration.** If they already entered the joy of eternal life, they will be with us spiritually, so celebrate for them here!

Holy Trinity Dance Troupe – Thank You!

The Holy Trinity Dance Troupe would like to thank the community for all their donations at our pancake breakfast. We appreciate the donations so much and will be able to purchase additional costumes to use while performing at our Festival.

Lenten and Holy Week Schedules of Services

The March edition of *The Herald* contained a complete schedule of services for Lent. A Holy Week schedule will be included in the April issue. Please post them in a conspicuous place in your home. Make a family plan and circle the services you can attend and place them on your schedule and on your phone and computer calendars! As the hymn from the Book of Psalms tells us during the Great Compline service, "God is with us."

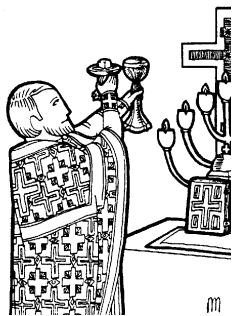
Lenten Hospitality Hours

Please keep in mind that throughout Lent our Hospitality Hours following the Divine Liturgy will observe Orthodox Lenten fasting practices. Any families or ministries hosting a Memorial or Ministry Hospitality Hour and any families providing the Church School snacks are asked to take care that non-meat and non-dairy items are provided. The Hospitality Hour and Church School ministries can provide suggestions if needed. Thank you for helping our community grow in the proper and helpful Orthodox spiritual practice and discipline.

Lenten Resources Available on the Internet

Looking for educational or inspirational information and resources for Lent? Try one of the best religious sites on the Internet: The Greek Orthodox Archdiocese of America. To visit the general site, go to <https://www.goarch.org/lent>

Welcome to the Sundays of Lent and the Divine Liturgy of Saint Basil



During the Sundays of Lent, the Orthodox Church changes from using the Divine Liturgy of Saint John Chrysostom to the Divine Liturgy of Saint Basil. Why do we do that and what are the differences? To most outward appearances, the Divine Liturgy of Saint Basil differs very little from the Liturgy of St. John Chrysostom, and those wishing to follow the service in the Divine Liturgy book may use the regular book to do so. The primary difference is in the prayers said by the priest in the later part of the service and the hymn "All of Creation" ("Epi Si Heri") which replaces the usual "It Is Worthy" ("Axion Estin") after the Consecration of the Holy Gifts. Why the change? In general, the prayers of St. Basil are more penitential, and therefore lend themselves to the Church's liturgical preparation for important holy days; hence, their use during Great Lent and on the eves of Nativity and Theophany. During this service, as the priest offers the prayers, there may be times

when the choir completes its hymn, and the priest is still offering the prayer. During this season of increased prayer and spiritual attention, please use those times to follow along with the prayers with your own heart and immerse yourself in this beautiful worship experience. Rather than "wait for" the priest to finish the prayers, join him in the prayer of your own heart! The large green Holy Trinity Divine Liturgy books indicate where the changes in those prayers are, and you may follow them to develop a greater understanding and appreciation of their beauty and meaning. A blessed Lent to all!

Local Outreach #1 – Help NHCO With Personal Care Collection

Personal hygiene items are a necessity and can be an expense that many low-income families cannot afford. Since Supplemental Nutrition Assistance Program (SNAP) benefits cannot be used to purchase personal care items, North Hills Community Outreach collects these items and gives them to families and individuals who use their food pantries. The current drive runs through April 4th. It's a perfect way to offer a meaningful gift to a neighbor in need. You can order items from their Amazon Wishlist:

https://www.amazon.com/hz/wishlist/lz/3L30SER2JSP2T?ref=wl_share and have them sent directly to the NHCO office at 1975 Ferguson Road, Allison Park, PA 15101. Donations can also be dropped off at any of NHCO's three offices Monday–Friday, 9am–4pm. The Allison Park location also accepts donations the first Saturday of every month between 9am–noon. Another option is to bring your items to Holy Trinity and place them in the collection bin located in the Gallery. We are collecting new full-size items including shampoo, conditioner, disposable razors, shaving cream, toothbrushes, toothpaste, dental floss, lip balm, body lotion, deodorant, shower gel & bars of soap. Thank you!



**TOGETHER
WE CAN MAKE A
DIFFERENCE**



Local Outreach #2 - More Dates Now Available to "Feed the Homeless" at Pleasant Valley Shelter

Our neighbors at Pleasant Valley informed us that our help is still needed to provide and serve dinner to the men who count on this ministry, located on the North Side near our old church, for a hot meal. With a small bit of your time and treasures, you can feed 30+ homeless people. Several dates are available, both weekday and weekend evenings throughout the year. Meals can be dropped off curbside or - better yet – you could stay and personally serve on site. You will not forget this rewarding experience, and those you help will not forget you! There are several easy ways to sign up: go to <https://ncm.corsizio.com> to register directly for a date that fits your schedule; or see Mike Kritiotis today, call 412-518-0588, or email outreach@HolyTrinityPgh.org. Detailed instructions are found on the website or can be emailed.

"Greece By Faith" 2024 Pilgrimage – Early Access Registration has ended, but spots are still available!

The Holy Trinity Pilgrimage Ministry is pleased to offer its 2024 Pilgrimage: "Greece by Faith", September 23 through October 4, 2024. Spots are still available for parishioners, and registration is now open to those outside the parish. To request a reservation form, see Father John **today** or send an email to pilgrimage@HolyTrinityPgh.org. Full payment is due June 21, 2024. For more details visit: holytrinitypgh.org/2024-greece.

Holy Trinity AOA (Active Older Adults) – Paint Party Rescheduled and Other Events Update

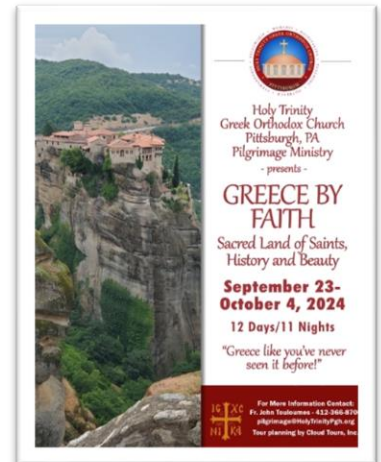
A flyer for the new "Active Older Adults" (AOA) ministry at Holy Trinity Church was included in the March edition of the Holy Trinity Herald, but please note the following changes:

- The "Paint Party" originally set for March 14 has been rescheduled for Thursday, May 23.
- The Erie bus trip to see the solar eclipse has been canceled.
- The Frick Pittsburgh Museum event originally set for May 8 will be rescheduled for June or later.
- The Flight 93 Memorial trip will be rescheduled for a later date.

Now, as for the "Paint Party," - Adults 60 years old and older: Come unleash your inner artist and enjoy a glass of wine and appetizers while socializing with your old and newly acquainted friends on Thursday, May 23 beginning at 1:00pm in the Gallery. Take home your masterpiece to display on your wall. The cost is \$36.00 per person. To reserve your spot, please email your reservation to AOA@HolyTrinityPgh.org or see or call Tasy at 724-612-9145.

2024 "Stewardship Independence Mountain" – Have You Joined the Climb? We Need You!

Holy Trinity Church and all its ministries are made possible through the generous donations and support of our stewards, who offer their time, talents, and treasures throughout the year. The 2024 Stewardship Pledge Cards have been mailed out. If you have not yet received a printed pledge card, you may pick one up in the Narthex or call the office at (412-366-8700) to request one to be sent by mail. You also have the option of making your 2024 Stewardship Pledge **ONLINE** through our new Realm system. It's so easy! Just visit our website at HolyTrinityPgh.org/pledge or click the "2024 Stewardship Pledge" icon on the front page. Remember, every Holy Trinity member who pledges or donates already has a Realm account, and that makes pledging, giving, and reporting so much easier! You can even access your giving statement any time from your account without waiting for it to be mailed or emailed. Not sure how to access your account? Just visit HolyTrinityPgh.org/give and click "Sign In." Use your email address and password to login. Don't know



your password? Simply click "Forgot password" and a link will be emailed to you to create or re-create one. **And remember, 2024 is the year we ask everyone to make a "Stewardship Independence Pledge" as we together climb Holy Trinity's "Stewardship Independence Mountain" to fully support our church with internal funding and your love.**

It's Lent - Time for Confession

Holy Confession is one of the foundations of Orthodox Christian spiritual life and should be practiced on a regular basis. Often times fast periods such as Lent offer us an added motivation to examine our soul and realize it's time to "clean things up" as we accept the gracious offer of Jesus Christ, who commissioned His Holy Apostles when He appeared to them after the Resurrection, "If you forgive the sins of any, they are forgiven them" (John 20.22). To schedule a confession, please see Father John, Father Radu or call the Church office. If you would like to have it before Pascha, it must be done prior to Holy Week due to the liturgical and pastoral schedule of that week.

Welcome, Holy Trinity Guests!

We welcome all our guests to Holy Trinity Church today, whether as visitors from out of town, family members joining others here for worship today or even soon-to-be members here for the first time. No matter what the reason the Holy Spirit brought you here today, we welcome you with open arms and hearts filled with the love of Christ. Please help us welcome you by signing in at the hospitality table in the Narthex, where you will be presented with a yellow lapel Cross to help us know that you're here. Please fill out an information card so we can contact you with any information you may need concerning life here at Holy Trinity Church. Following Liturgy, we invite you to join us for our Hospitality hour.

About Receiving Holy Communion in the Orthodox Church

We welcome all who have come to worship with us today. Whether you are an Orthodox Christian, an inquirer to the faith or a first-time guest in an Orthodox Church, we are pleased to have you with us and thankful for the opportunity to share and bear witness to this ancient and timeless Faith. **In accordance with the holy canons and traditions of the Church, please note that Holy Communion and the other Holy Mysteries (Sacraments) are received only by those who are baptized and chrismated (confirmed) Orthodox Christians who have properly prepared** through prayer, fasting and confession. All others are invited receive the antidoron (blessed bread) and a blessing from the priest at the conclusion of the Divine Liturgy. Please also join our parish family for Hospitality Hour and allow us to meet and welcome you. Interested in joining or learning more about the Orthodox Christian Faith? Please see one of our priests or complete a visitor's card today! **How to receive:** Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyone wearing lipstick should remove it before receiving. Be sure to offer your baptismal name to priest before receiving. Please take great care that the red cloth held by the acolytes (you should not hold it) is fully under your chin, then use the centuries-old practice of receiving: please fully open your mouth, then gently close your lips to make sure the Holy Gifts are securely in your mouth and so that none of the holy and precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation, and may God have mercy on us all!



Upcoming Memorials: April 14: Demetria Frankos (20 years), Stefanos Karavolos (25 years); April 21: Father Sarantos Serviou (1 year), Presvytera Nancy Athanasia Serviou (3 years), Georgiann Bounos (1 year), Stefanos Bounos (15 years), Anna Genous (1 year), Agapios Kritiotis (2 years) & Maria Kritiotis (5 years)

Upcoming Lenten and Paschal Dates

Wondering about Lenten and Paschal dates? Here's a helpful guide to some of the important events coming up. Mark them on your calendar!

- TODAY - Sunday of Orthodoxy: Mar. 24
- Godparent Sunday/Philoptochos Lenten Luncheon: Apr. 7
- Saturday of Lazarus/Palm Cross/Candle prep: Apr. 27
- Palm Sunday: Apr. 28
- Holy Week: Apr. 29-May 4
- Holy Friday (schedule off work & school): May 3
- **The Great and Holy Pascha: May 5**





Holy Trinity Greek Orthodox Church – Pittsburgh, PA 2024 Schedule of Lenten Services



Lenten Theme: Lent With Intent

“I will lift up the cup of salvation and call upon the name of the Lord.

I will keep my promises to the Lord in the presence of all his people.” (Psalm 116.13-14)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Mar 17 8:15am Orthros 9:30am Liturgy 6:30pm First Service of Lent: Forgiveness Vespers (SG)	Mar 18 PURE MONDAY: FIRST DAY OF LENT 6:30pm Great Compline Service (SG)	Mar 19	Mar 20 6:30pm Liturgy of the Pre-sanctified Gifts/Lenten Dinner and Faith & Family Weekdays Lenten Presentation (HT)	Mar 21	Mar 22 6:30pm Service of Salutations to the Theotokos (SG)	Mar 23 8:30am Orthros 9:30am Liturgy Saturday of the Souls (SG)
Mar 24 8:15am Orthros 9:30am Liturgy 4:30pm Pan-Orthodox Vespers (Hosted by Holy Trinity)	Mar 25 8:13am Orthros 9:30am Divine Liturgy of the Annunciation (SG)	Mar 26	Mar 27 North Hills Pan-Orthodox Worship: 7:00pm Liturgy of the Pre-sanctified Gifts/Lenten Dinner at St. Alexander Nevsky Cathedral	Mar 28	Mar 29 6:30pm Service of Salutations to the Theotokos (SG)	Mar 30
Mar 31 8:15am Orthros 9:30am Liturgy	Apr 1 6:30pm Great Compline Service (SG)	Apr 2	Apr 3 North Hills Pan-Orthodox Worship: 6:30pm Liturgy of the Pre-sanctified Gifts/Lenten Dinner at Holy Trinity	Apr 4	Apr 5 6:30pm Service of Salutations to the Theotokos (SG)	Apr 6
Apr 7 8:15am Orthros 9:30am Liturgy Godparent Sunday & Philoptochos Lenten Luncheon	Apr 8 6:30pm Great Compline Service (SG)	Apr 9	Apr 10 North Hills Pan-Orthodox Worship: 6:00pm Liturgy of the Pre-sanctified Gifts/Lenten Dinner at St. John the Baptist Church, 2201 Duncan Ave.	Apr 11	Apr 12 6:30pm Service of Salutations to the Theotokos (SG)	Apr 13
Apr 14 8:15am Orthros 9:30am Liturgy	Apr 15 6:30pm Great Compline Service (SG)	Apr 16	Apr 17 6:30pm Liturgy of the Pre-sanctified Gifts/Lenten Dinner and Faith & Family Weekdays Lenten Presentation (HT)	Apr 18	Apr 19 6:30pm Service of the Akathist Hymn to the Theotokos (SG)	Apr 20
Apr 21 8:15am Orthros 9:30am Liturgy	Apr 22 6:30pm Great Compline Service (SG)	Apr 23	Apr 24 6:30pm Liturgy of the Pre-sanctified Gifts/Lenten Dinner and Faith & Family Weekdays Lenten Presentation (HT)	Apr 25	Apr 26	Apr 27 8:30am Orthros 9:30am Liturgy: Saturday of Lazarus (HT) Lenten Breakfast, Palm Crosses & Confession

Holy Week is April 28-May 4. PASCHA IS MAY 5. Schedule of Holy Week Services will be mailed separately. LOCATIONS: “HT” = Holy Trinity Church, 985 Providence Blvd.; “SG” = St. George Chapel, 8941 Ringeisen Rd. All Lenten and Holy Week services are broadcast online at HolyTrinityPgh.org/live for those unable to attend.