"FAITH, FAMILY, COMMUNITY,"



HOLY TRINITY GREEK ORTHODOX CHURCH

Our Mission: "To proclaim and live the Orthodox Christian Faith in its fullness as faithful members of the Body of Christ."

> Reverend Father John Touloumes, Proistamenos Reverend Father Radu Bordeianu, Assistant Priest



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IT'S 2023! WELCOME TO OUR CENTENNIAL CELEBRATION



WELCOME TO HOLY TRINITY CHURCH!

WEEKLY BULLETIN – SUNDAY, OCTOBER 1, 2023

Hours: Orthros 8:15 am / Divine Liturgy 9:30 am

TODAY'S SCRIPTURE READINGS

Epistle Reading St. Paul's Second Letter to the Corinthians 6:16-18; 7:1

Άδελφοί, ὑμεῖς ἐστε ναὸς Θεοῦ ζῶντος, καθὼς εἶπεν ὁ θεὸς ὅτι Ἐνοικήσω ἐν αὐτοῖς, καὶ ἐμπεριπατήσω· καὶ ἔσομαι αὐτῶν θεός, καὶ αὐτοὶ ἔσονταί μοι λαός. Διὸ, Ἐξέλθετε ἐκ μέσου αὐτῶν καὶ ἀφορίσθητε, λέγει κύριος, καὶ ἀκαθάρτου μὴ ἄπτεσθε· κάγὼ εἰσδέξομαι ὑμᾶς, καὶ ἔσομαι ὑμῖν εἰς πατέρα, καὶ ὑμεῖς ἔσεσθέ μοι εἰς υἱοὺς καὶ θυγατέρας, λέγει κὑριος παντοκράτωρ. Ταύτας οὖν ἔχοντες τὰς ἐπαγγελίας, ἀγαπητοί, καθαρίσωμεν ἑαυτοὺς ἀπὸ παντὸς μολυσμοῦ σαρκὸς καὶ πνεύματος, ἐπιτελοῦντες ἀγιωσύνην ἐν φόβω θεοῦ.

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

Gospel Reading – Second Sunday of Luke Luke 6:31-36

Εἶπεν ὁ Κύριος καθὼς θέλετε ἴνα ποιῶσιν ὑμῖν οἱ ἄνθρωποι, ποιεῖτε αὐτοῖς ὁμοίως. καὶ εἰ ἀγαπᾶτε τοὺς ἀγαπῶντας ὑμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἁμαρτωλοὶ τοὺς ἀγαπῶντας αὐτοὺς ἀγαπῶσι. καὶ ἐὰν ἀγαθοποιῆτε τοὺς ἀγαθοποιοῦντας ύμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἀμαρτωλοὶ τὸ αὐτὸ ποιοῦσι. καὶ ἐὰν δανείζητε παρ' ὧν ἐλπίζετε ἀπολαβεῖν, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ ἀμαρτωλοῖς δανείζουσιν ἵνα ἀπολάβωσι τὰ ἴσα. πλὴν ἀγαπᾶτε τοὺς ἐχθροὺς ὑμῶν καὶ άγαθοποιεῖτε καὶ δανείζετε μηδὲν ἀπελπίζοντες, καὶ ἔσται ὁ μισθὸς ὑμῶν πολύς, καὶ ἔσεσθε υἱοὶ ὑψίστου, ὅτι αὐτὸς χρηστός έστιν έπὶ τοὺς ἀχαρίστους καὶ πονηρούς. Γίνεσθε οὖν οἰκτίρμονες, καθὼς καὶ ὁ πατὴρ ὑμῶν οἰκτίρμων έστί.

The Lord said, "As you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

SAINTS AND FEASTS COMMEMORATED TODAY

- Second Sunday of Luke
- The Holy Apostle Ananias, one of the 70
- St. Romanos the Melodist

- The Holy Protection of the Theotokos
- St. John Koukouzelis the Hymnographer of Mount Athos

APOLYTIKION AND KONTAKION HYMNS SUNG AT THE SMALL ENTRANCE

Resurrectional Apolytikion in the Eighth Tone (Page 54)

From on high You descended, O merciful One, and accepted the three-day burial to free us from our passions. Glory to You, O Lord, our life and resurrection.

Apolytikion for the Holy Apostle Ananias, one of the 70, in the Third Tone

O holy Apostle Ananias, make intercession to our merciful God, that He grant our souls forgiveness of offenses.

Apolytikion for St. Romanos the Melodist in the Eighth Tone

In you, O Father, is preserved undistorted what was made in the image of God; for taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Romanos, your spirit rejoices with the angels.

Apolytikion of Holy Trinity Church (Page 75)

English: Blessed are You, O Christ our God, Who has shown forth the fishermen to be most wise by sending down upon them the Holy Spirit. And through them, You drew the world into Your net. O merciful One, glory to You!

Greek: Ευλογητός ει Χριστέ, ο Θεός ήμων, ο πανσόφους τους αλιείς αναδείξας, καταπέμψας αυτοίς το Πνεύμα το άγιον, και δι΄ αυτών την οικουμένην σαγηνεύσας, φιλάνθρωπε, δόξα σοι.

Phoenetics: Ev-lo-yi-tos i Hri-ste o The-os i-mon. O Pan-so-fous tous a-li-is a-na-di-xas ka-ta-pemp-sas af-tis to Pnevma to A-yi-on, ke di af-ton tin i-kou-men-in sa-i-nef-sas, fi-lan-thro-pe, do-xa si.

Kontakion of the Theotokos (Page 54)

A protection of Christians unshameable, Intercessor to our Holy Maker, unwavering; reject not the prayerful cries of those who are in sin. Instead, come to us for you are good; your loving help bring unto us who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

PARISH NEWS AND EVENTS

TODAY'S EVENTS AND ACTIVITIES

National Church Music Sunday/Hospitality Hour Hosted by the Holy Trinity Choir

Today we honor those women and men who have heard and responded to the Lord's invitation to be church musicians: that is, Chanters and Choir members. As church musicians, they are essential to our worship services. To the glory of God, the Holy Trinity, they commit themselves to learning the hymns of our Orthodox faith, understanding the sequence of our liturgical worship, and actively offering their prayers in song to enhance the beauty of our worship. Today's Hospitality Hour is hosted by the Holy Trinity Choir. Please be sure to express your thanks to them today.

GOYA Meeting Today

GOYA will hold a meeting in the Conference Room today following Church School class. All teens (grades 7-12) are invited to attend and participate in GOYA activities.

UPCOMING EVENTS AND ANNOUNCEMENTS

Faith & Family Weekdays - Fall 2023

Faith and Family Weekdays is back, and there are many ways for each of to grow in the knowledge and practice of our faith. Ready to learn more about the Bible, about the Orthodox Church, about navigating life's challenges as a Christian, a

woman, or a man? It's all there. There's a lot more to church than Sundays, and here is where to find it. Watch the bulletin and check the online calendar at HolyTrinityPgh.org/calendar for details.

THIS WEEK:

• Wed. Oct 4, 6:30pm Vespers/7:00pm: "Explore the Word" - Father Radu leads us through his new book, "Icon of the Kingdom of God." Drawing on a rich knowledge of scripture, the Church fathers, and theologians, learn what the Church is and what it means to us. Remaining Fall dates are Oct 4, 18, 25; Nov 15, 29; Dec 6, 13.



• **Thu. Oct 5: 7:00am: "Prayer & Panera"** – Prayer and Christian fellowship for men. Meet at church promptly at 7:00am for a 15–20-minute morning prayer and scripture, then move up the hill to Panera for 45 minutes of coffee & conversation.

[Oct 8] Ordination to the Holy Diaconate - Matthew Palamara - RSVP for Luncheon Today!

Your presence and prayers are humbly requested as His Eminence Metropolitan Savas of Pittsburgh ordains Matthew Palamara to the Holy Diaconate, next Sunday October 8, 2023. 8:00am Orthros, 9:30am Hierarchical Divine Liturgy and Ordination, here at Holy Trinity Church with a luncheon hosted by the community to follow. All are invited. **RSVP is requested for the Luncheon at HolyTrinityPgh.org/events no later than this Wednesday, Oct 4.**

[Today - Oct 17] North Hills Community Outreach Coat Shop

For over 36 years, North Hills Community Outreach (NHCO) has addressed the needs of people in crisis, hardship, and poverty in northern Allegheny County. NHCO is currently collecting and distributing new coats to children ages infant to 18-years-old. New hats, scarves and gloves are also being accepted. Gift cards to purchase coats are also greatly appreciated. Donations can be dropped off at any of the three offices (1975 Ferguson Rd in Allison Park, Millvale Community Center and 939 California Ave in Bellevue), or you can order from their Amazon Wish list (also found at www.nhco.org/sharing-project-donations) and have the coats shipped directly to NHCO. Adult sizes are most needed.

[Oct 22] Holy Trinity's 10th Annual Flu Shot Clinic

Holy Trinity Church will host its 10th Annual Flu Shot Clinic in the Grand Room following Divine Liturgy on Sunday, October 22. Certified immunizing pharmacists from Rite Aid will be here to offer Flu Shots from 11:15am until 1:30pm for adults



and children 9 years of age and older. Also available, will be the new RSV (Respiratory Syncytial Virus) Vaccine for adults who are 60 years of age and older. RSV is a common cause of lower respiratory tract disease in older adults. Please be sure to bring your insurance card listing your ID# as there is \$0.00 Copay with most insurance plans.

[Oct 22] GOYA Centennial Gala Dance Practice

The GOYA dance troupe will be performing at the Centennial event on Sunday November 5th. They will have 3 practices prior to the event. If you are performing, please attend as many practices as possible. The schedule is below. Please reach out to Victoria or Eleni with any questions. Sunday, October 22 – during Hospitality Hour; Wednesday, October 25 – 6:00-6:45pm; Sunday, October 29 – during Hospitality Hour.

Centennial Ornament – Place Your Order Soon – Pre-Order Discount Deadline is TODAY

Our Ladies Philoptochos is offering a special Centennial Ornament to honor 100 Years of Holy Trinity Church! This limited-edition collector's item measures 2 1/2 inches and is made of cast metal. This will be a wonderful gift for the holidays! Pre-order now to receive the discounted pricing of \$20.00 per ornament. **All orders must be pre-paid and received by TODAY, Sunday, October 1, 2023.**

[Nov 3-5] Consecration/Centennial Weekend – Make your reservations today!

This historic weekend is coming up on us quickly! **Please make your reservations for the Saturday afternoon Consecration Luncheon and the Sunday evening Centennial Gala today!** Tickets and Centennial commemorative items are now available at HolyTrinityPgh.org/centennial. **Reserve your tickets today!**

Church School Class Dismissal Times

A message from our Church School Staff to all parents: Please assist us in offering our children the time to fully participate in their lessons each Sunday by allowing them to remain in class until the end of the session. **IMPORTANT: PRE-SCHOOL THRU 6th GRADE CLASSES ANY TIME AFTER 11:15am; GRADES 7-12 CONCLUDE AT 11:30am.** Parents of Pre-School students may pick up their children on the upper-level Education Center by using the Education

Center stairs in the Gallery near the Bookstore. Parents of all other students are asked to wait for their children downstairs in the Gallery or Grand Room during Hospitality Hour. Church School snacks are now located in the first-floor hall outside the Fireside Room. Thank you for your cooperation and support.

NOW AVAILABLE: Centennial Marble Icons - Take a Piece of Holy Trinity History to your Home!



Bring the history and faith of Holy Trinity Church into your home with this beautiful marble Holy Trinity icon! These beautiful icons are now available while they last. And there's something very special about them. To commemorate Holy Trinity's history, the gold plate on the back of the icon explains why. The Greek marble upon which this Holy Icon is mounted has been cut from the stone used in the Holy Altar Table, Chanter's Stand, Pangari and Candle Box at Holy Trinity Church's former location on Pittsburgh's North Side, 1960-2011. It is offered as a testimony of the faith and history of the Holy Trinity community. The Holy Trinity Icon is in the traditional "Hospitality of Abraham" style (Genesis 18) and was created by the sisters of the Nativity of the Theotokos Monastery in Saxonburg. "Glory to God for all things!" Available in the Gallery during

Hospitality Hour or on our online store, HolyTrinityPgh.org/store. \$60 each or buy more than one for a discount! Buy 2, save \$10. Buy 3, save \$20. Buy 4 or more, save \$10 each!

Visitation Ministry Needs Your help - Yarn needed for Christmas Gift Making

The Visitation Ministry is collecting yarn (newly purchased or unused; all colors & textures). Please place the yarn in a bag and give it to Amy Armanious during Hospitality Hour. For questions, feel free to email visitation@holytrinitypgh.org. Thank you as we prepare Christmas gifts for our homebound parishioners and extended family members.

Visitation Ministry - Please submit information of those needing visits

Our Visitation Ministry team sends cards and small gifts of love to our homebound parishioners. To add a loved one's name to our list, please contact Amy Armanious at visitation@holytrinitypgh.org

Outreach Ministry: Time to Volunteer your Family or Group for the 2024 Bag Lunch Ministry

2024 is just around the corner! We have already begun to fill dates for this outreach, through the "Neighborhood Resilience Project", with the goal of preparing and delivering 140 lunch bags to our less fortunate neighbors every Saturday of the year. This ministry includes various local parishes, and we're hoping that with Holy Trinity Church parishioners' participation, this goal will be achieved soon. Due to our HT coordinator's absence for a few weeks, if your family or group is interested in booking a date of your choosing early, please contact Cindy Heddaeus of Holy Cross GOC, who handles the master schedule, with your requested date. She can be reached at cahmy3son@comcast.net or by text at 412-849-3033. (Note that the first Saturday of each month, among other dates through the year, have been taken.) Thank you for your continued enthusiastic support for this worthy cause to help the poor and hungry in our region.

Our Church, Our Stewardship - Have You Submitted Your 2023 Pledge Yet?

If you have not yet turned in your pledge card for 2023, it is not too late! Pledge cards can be found in the Narthex, or through the church office, or you may complete your pledge online through our new Realm system at HolyTrinityPqh.org/stewardship. If you have questions, contact George Mellis; or email stewardship@holytrinitypqh.org.

About Receiving Holy Communion in the Orthodox Church

We welcome all who have come to worship with us today. Whether you are an Orthodox Christian, an inquirer to the faith or a first-time guest in an Orthodox Church, we are pleased to have you with us and thankful for the opportunity to share and bear witness to this ancient and timeless Faith. In accordance with the holy canons and traditions of the Church, please note that Holy Communion and the other Holy Mysteries (Sacraments) are received only by those who are baptized and chrismated (confirmed) Orthodox Christians who have properly prepared through prayer, fasting and confession. All others are invited receive the antidoron (blessed bread) and a blessing from the priest at the conclusion of the Divine Liturgy. Please also join our parish family for Hospitality Hour and allow us to meet and welcome you. Interested in joining or learning more about the Orthodox Christian Faith? Please see one of our priests or complete a visitor's card today! **How to receive:** Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyone wearing lipstick should remove it before receiving. Be sure to offer your baptismal name to priest before receiving. Please take great care that the red cloth held by the acolytes (you should not hold it) is fully <u>under your chin</u>, then use the centuries-old practice of receiving: please fully open your mouth, then gently close your lips to make sure the Holy Gifts are securely in your mouth and so that none of the holy and precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation, and may God have mercy on us all!



BY THE GRACE OF GOD
AND IN ACCORDANCE WITH THE APOSTOLIC TRADITION
OF THE LAYING ON OF HANDS

HIS EMINENCE

Metropolitan Savas Of Pittsburgh

WILL ORDAIN TO THE HOLY DIACONATE

THE SERVANT OF GOD

Matthew Palamara

OCTOBER

SUNDAY

08

2023

8:00 AM Orthros 9:30 AM Hierarchical Divine Liturgy & Ordination

HOLY TRINITY GREEK ORTHODOX CHURCH 985 Providence Blvd, Pittsburgh, PA 15237

Your presence and prayers are humbly requested.

LUNCHEON TO FOLLOW

RSVP HolyTrinityPgh.org/events by October 4

Faith & Family Weekdays

Grow Your Knowledge and Practice of the Faith!



Journey of Marriage 1st Tuesday, 7:00pm

Marriage seminar aimed at preparing couples for their wedding. Based on the "Journey of Marriage" course by Dr. Philip Mamalakis. Conducted as group sessions with couples to share and grow together. Oct. 10 (this date only at 7:30pm), Nov. 7, Dec. 5, Jan. 2, Feb. 6, Mar. 5, Apr. 2, May 7.



Explore the Word Wednesdays, 6:30pm

Father Radu leads us through his new book, "Icon of the Kingdom of God," Drawing on a rich knowledge of scripture, the Church fathers, and theologians, learn what the Church is and means to us. Fall dates: Sep. 20, 27; Oct. 4, 18, 25; Nov. 15, 29, Dec, 6, 13.



Monthly Paraclesis Service

Second Tuesday, 6:30pm

Join in hymns and prayer, to honor the Theotokos, Saint Nektarios and Saint Paisios of Athos at our beautiful Saint George Chapel. Pray for those in need. Renew your spirit in peace and prayer. Sep. 12, Oct. 10, Nov. 14, Dec. 12, Jan. 9, Feb. 13, Mar. 12...

Dates TBD

Liturgical Cooking Class

Did you know that the Prosforo (bread

for the Divine Liturgy), Kollyva (memo-

rial wheat), Artoclasia (for the Blessing

of the Loaves) are not bought from a

store but made by parishioners? You

Watch for dates of these free classes!

can learn how to make them, too!





Journey to Fullness Mondays (6-week series), 7:00pm

An overview of the Orthodox Chrisitan Faith for newcomers interested in joining or life-long members yearning to deepen their understanding. Format: Videos and Q&A/discussion. Sep. 18, 25; Oct 9, 16, 23; Nov. 13. Repeats May 13, 20; June 3, 10, 17, 24..



Prayer & Panera

1st & 3rd Thursday, 7:00am

Prayer and Christian fellowship for men. Meets at church promptly at 7:00 a.m. for a 15-20 minute morning prayer and scripture, then moves up the hill to Panera for 45 minutes of coffee & conversation. Sep. 21; Oct 5, 19; Nov. 16; Dec. 7, 21 & more.

rthodox Christian life happens every day, not just Sunday! Faith and Family Weekdays offers many ways during the week to grow in our faith and share in the community life of the Church. Ready to learn more about the Bible, about your Faith, about navigating life's challenges as a Christian, a women or a man? It's all there.

Newly engaged? Prepare for Christian marriage at the Journey of Marriage sessions. Share the journey and grow together with other couples. Spend quiet time in prayer and fellowship time over coffee at the Saint Nikodemos "Prayer and Panera" Men's Prayer Fellowship. Learn more about Orthodox faith, history, and worship on the Journey to Fullness. There are lots of other opportunities to learn about the Faith, the Bible, marriage and Christian living. Watch the bulletin and check the online calendar at HolyTrinityPgh.org/calendar for details and locations.

AND SAVE THE DATE FOR THIS **ANNUAL OUTREACH EVENT:** CHRISTMAS CAROLING AT THE SISTERS OF DIVINE PROVIDENCE! **WEDNESDAY, DECEMBER 20**

The entire community—adults and youth alike—are invited to this special evening of Christian holiday outreach to our neighbors at the Sisters of Divine Providence on Wed. Dec. 20. Meet at Holy Trinity at 6:30pm. then head over to bring Christmas blessings and cheer to these faithful sisters!

INFORMATION | RESERVATIONS | MERCHANDISE

FIND IT ALL AT HOLYTRINITYPGH.ORG/CENTENNIAL



HOLY TRINITY GREEK ORTHODOX CHURCH



START HERE

The Holy Trinity website
Centennial page is the central
information page that can
take you where you need to
go for everything related to the
Centennial and Consecration



WEEKEND DETAILS

The Consecration and
Centennial Flyer contains the
schedule for the entire
weekend. Found in the Herald,
Bulletin and on the Centennial
website.



1923 · CENTENNIAL · 2023

GALA TICKETS

Available on Realm and in the Gallery following Liturgy



LUNCHEON TICKETS

Available on Realm and in the Gallery following Liturgy

100 YEARS
Holy Trinity
Consecration
Luncheon
Saturday, November 4, 2023 12:00 pm - 3:00 pm
Church 965 Providence Blvd Pittsburgh, PA 15237-5951
Join us after the Consecration of our Church in the Grand Room for a catered luncheon and fellowship.
SOCIAES
OTHER DETAILS Registrants can bring a number of guests
Enter your email to get started.
1
Bigfin Registration

SPONSORSHIPS & MERCHANDISE

Gala sponsorships, Philoptochos Ornament and more coming to HolyTrinityPgh.org/store



MORE QUESTIONS? EMAIL CENTENNIAL@HOLYTRINITYPGH.ORG OR CALL 412-366-8700



Holy Trinity Consecration Weekend

Consecration Vespers: Friday, Nov. 3rd

7PM - Consecration Vespers and Placing of the Holy Relics on the Altar

Consecration Liturgy & Luncheon: Sat. Nov. 4th .

8AM - Orthros

9AM - Consecration Divine Liturgy and Procession with the Holy Relics His Eminence Metropolitan Savas presiding

12PM - Celebration Luncheon in the Holy Trinity Grand Room Adults: \$25 Children under 12: \$15

The Holy Trinity Centennial Gala

at the Omni William Penn Hotel Sunday, November 5th, 5pm

Adults: \$150 Teens (12 to 18): \$100 Seniors: \$100 Children under 12: \$50

Ticket prices include: appetizers, dinner, dancing, and the famous Pittsburgh Cookie Table. Entertainment by the **George Karas Band** featuring Toronto-based clarinetist **Peter Bexis** and the **Holy Trinity Jazz Band**.

Gala Sponsorship Levels:

Bronze: \$100-\$249

Silver: \$250-\$499 (receives Commemorative Marble Icon) **Gold:** \$500-\$1499 (receives Commemorative Marble Icon

and 1/8 page ad in the Centennial Album)

Centennial: \$1500-\$2499 (receives Commemorative Marble

Icon and 1/2 page ad in the Centennial Album)

Platinum: \$2500 and above (receives two Commemorative Marble

Icons and full page ad in the Centennial Album)

CONSECRATION LUNCHEON TICKETS, GALA TICKETS & SPONSORSHIPS AND COMMEMORATIVE MERCHANDISE ARE ALL AVAILABLE ONLINE AT

HOLYTRINITYPGH.ORG/CENTENNIAL

AND AT HOSPITALITY HOUR FOLLOWING SUNDAY LITURGY
GET YOURS TODAY!

QUESTIONS: EMAIL CENTENNIAL@HOLYTRINITYPGH.ORG