



**"FAITH. FAMILY. COMMUNITY."**

## HOLY TRINITY GREEK ORTHODOX CHURCH

Our Mission: "To proclaim and live the Orthodox Christian Faith  
in its fullness as faithful members of the Body of Christ."

Reverend Father John Touloumes, *Proistamenos*  
Reverend Father Radu Bordeianu, *Assistant Priest*



985 Providence Boulevard · Pittsburgh, PA 15237 · 412-366-8700 · Fax: 412-366-8710 · [www.HolyTrinityPgh.org](http://www.HolyTrinityPgh.org) · [office@HolyTrinityPgh.org](mailto:office@HolyTrinityPgh.org)

### WELCOME TO HOLY TRINITY CHURCH!

**WEEKLY BULLETIN - SUNDAY, MAY 22, 2022**

**Hours: Orthros 8:15 am / Divine Liturgy 9:30 am**

*Christ is Risen! Truly He is Risen!*

### TODAY'S SCRIPTURE READINGS

#### Epistle Reading

#### Acts of the Apostles 11:19-30

Ἐν ταῖς ἡμεραῖς ἐκεῖναις, διασπαρέντες οἱ Ἀπόστολοι ἀπὸ τῆς θλίψεως τῆς γενομένης ἐπὶ Στεφάνῳ διήλθον ἕως Φοινίκης καὶ Κύπρου καὶ Ἀντιοχείας, μηδεὶν λαλοῦντες τὸν λόγον εἰ μὴ μόνον Ἰουδαίους. Ἦσαν δὲ τινες ἐξ αὐτῶν ἄνδρες Κύπριοι καὶ Κυρηναῖοι, οἵτινες ἐλθόντες εἰς Ἀντιόχειαν ἐλάλουν καὶ πρὸς τοὺς Ἕλληνας, εὐαγγελιζόμενοι τὸν κύριον Ἰησοῦν. Καὶ ἦν χεὶρ κυρίου μετ' αὐτῶν, πολὺς τε ἀριθμὸς ὁ πιστεύσας ἐπέστρεψεν ἐπὶ τὸν κύριον. Ἠκούσθη δὲ ὁ λόγος εἰς τὰ ὅσα τῆς ἐκκλησίας τῆς οὔσης ἐν Ἱερουσαλὴμ περὶ αὐτῶν, καὶ ἐξαπέστειλαν Βαρναβᾶν ἕως Ἀντιοχείας· ὃς παραγενόμενος καὶ ἰδὼν τὴν χάριν [τὴν] τοῦ θεοῦ ἐχάρη καὶ παρεκάλει πάντας τῇ προθέσει τῇ καρδίας προσμένειν τῷ κυρίῳ, ὅτι ἦν ἀνὴρ ἀγαθὸς καὶ πλήρης πνεύματος ἁγίου καὶ πίστεως, καὶ προσετέθη ὄχλος ἱκανὸς τῷ κυρίῳ. Ἐξῆλθεν δὲ εἰς Ταρσὸν ἀναζητῆσαι Σαῦλον, καὶ εὐρὼν ἤγαγεν εἰς Ἀντιόχειαν. ἐγένετο δὲ αὐτοῖς καὶ ἐνιαυτὸν ὅλον συναχθῆναι ἐν τῇ ἐκκλησίᾳ καὶ διδάξαι ὄχλον ἱκανόν, χρηματίζειν τε πρῶτως ἐν Ἀντιοχείᾳ τοὺς μαθητὰς Χριστιανούς. Ἐν ταύταις δὲ ταῖς ἡμέραις κατήλθον ἀπὸ Ἱεροσολύμων προφῆται εἰς Ἀντιόχειαν· ἀναστὰς δὲ εἷς ἐξ αὐτῶν ὀνόματι Ἀγαβὸς ἐσήμανεν διὰ τοῦ πνεύματος λιμὸν μεγάλην μέλλειν ἔσεσθαι ἐφ' ὅλην τὴν οἰκουμένην· ἣτις ἐγένετο ἐπὶ Κλαυδίου. Τῶν δὲ μαθητῶν καθὼς εὐπορεῖτό τις ὥρισαν ἕκαστος αὐτῶν εἰς διακονίαν πέμψαι τοῖς κατοικοῦσιν ἐν τῇ Ἰουδαίᾳ ἀδελφοῖς· ὃ καὶ ἐποίησαν ἀποστείλαντες πρὸς τοὺς πρεσβυτέρους διὰ χειρὸς Βαρναβᾶ καὶ Σαύλου.

In those days, those apostles who were scattered because of the persecution that arose over Stephen traveled as far as Phoenicia and Cyprus and Antioch, speaking the word to none except Jews. But there were some of them, men of Cyprus and Cyrene, who on coming to Antioch spoke to the Greeks also, preaching the Lord Jesus. And the hand of the Lord was with them, and a great number that believed turned to the Lord. News of this came to the ears of the church in Jerusalem, and they sent Barnabas to Antioch. When he came and saw the grace of God, he was glad; and he exhorted them all to remain faithful to the Lord with steadfast purpose; for he was a good man, full of the Holy Spirit and of faith. And a large company was added to the Lord. So, Barnabas went to Tarsus to look for Saul; and when he had found him, he brought him to Antioch. For a whole year they met with the church and taught a large company of people; and in Antioch the disciples were for the first time called Christians. Now in these days prophets came down from Jerusalem to Antioch. And one of them named Agabos stood up and foretold by the Spirit that there would be a great famine over all the world; and this took place in the days of Claudius. And the disciples determined, everyone according to his ability, to send relief to the brethren who lived in Judea, and they did so, sending it to the elders by the hand of Barnabas and Saul.

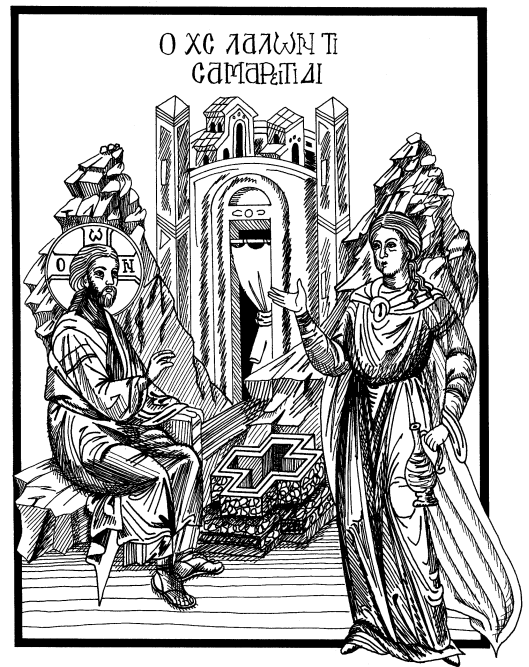
#### Gospel Reading - Sunday of the Samaritan Woman

#### John 4:5-42

Τῷ καιρῷ ἐκείνῳ, ἔρχεται ὁ Ἰησοῦς εἰς πόλιν τῆς Σαμαρείας λεγομένην Συχάρ, πλησίον τοῦ χωρίου ὃ ἔδωκεν Ἰακώβ Ἰωσήφ τῷ υἱῷ αὐτοῦ· ἦν δὲ ἐκεῖ πηγὴ τοῦ Ἰακώβ. Ὁ οὖν Ἰησοῦς κεκοπιακῶς ἐκ τῆς ὁδοπορίας ἐκαθέζετο οὕτως ἐπὶ τῇ πηγῇ· ὥρα ἦν ὥσπερ ἔκτι. Ἔρχεται γυνὴ ἐκ τῆς Σαμαρείας ἀντλήσαι ὕδωρ. λέγει αὐτῇ ὁ Ἰησοῦς· δός μοι πιεῖν. οἱ γὰρ μαθηταὶ αὐτοῦ ἀπεληλύθεισαν εἰς τὴν πόλιν ἵνα τροφὰς ἀγοράσωσι. λέγει οὖν αὐτῇ ἡ Σαμαρεῖτις· πῶς σὺ Ἰουδαῖος ὢν παρ' ἐμοῦ πιεῖν αἰτεῖς, οὔσης γυναικὸς Σαμαρεῖτιδος; οὐ γὰρ συγχρῶνται Ἰουδαῖοι Σαμαρεῖταις. ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῇ· εἰ ᾔδεις τὴν δωρεάν τοῦ Θεοῦ, καὶ τίς ἐστιν ὁ λέγων σοι, δός μοι πιεῖν, σὺ ἂν ᾔτησας αὐτόν, καὶ ἔδωκεν ἂν σοι ὕδωρ ζῶν. λέγει αὐτῇ ἡ γυνή· Κύριε, οὔτε ἀντλημα ἔχεις, καὶ τὸ φρέαρ ἐστὶ βαθύ· πόθεν οὖν ἔχεις τὸ

ὕδωρ τὸ ζῶν; μὴ σὺ μείζων εἶ τοῦ πατρὸς ἡμῶν Ἰακώβ, ὃς ἔδωκεν ἡμῖν τὸ φρέαρ, καὶ αὐτὸς ἐξ αὐτοῦ ἔπιε καὶ οἱ υἱοὶ αὐτοῦ καὶ τὰ θρέμματα αὐτοῦ; ἀπεκρίθη Ἰησοῦς καὶ εἶπεν αὐτῇ· πᾶς ὁ πίνων ἐκ τοῦ ὕδατος τούτου διψήσει πάλιν· ὃς δ' ἂν πῖνῃ ἐκ τοῦ ὕδατος οὗ ἐγὼ δώσω αὐτῷ, οὐ μὴ διψήσῃ εἰς τὸν αἰῶνα, ἀλλὰ τὸ ὕδωρ ὃ δώσω αὐτῷ, γενήσεται ἐν αὐτῷ πηγὴ ὕδατος ἀλλομένου εἰς ζωὴν αἰώνιον. λέγει πρὸς αὐτὸν ἡ γυνή· Κύριε, δός μοι τοῦτο τὸ ὕδωρ, ἵνα μὴ διψῶ μηδὲ ἔρχωμαι ἐνθάδε ἀντλεῖν. λέγει αὐτῇ ὁ Ἰησοῦς· ὕπαγε φώνησον τὸν ἄνδρα σου καὶ ἐλθέ ἐνθάδε. ἀπεκρίθη ἡ γυνὴ καὶ εἶπεν· οὐκ ἔχω ἄνδρα. λέγει αὐτῇ ὁ Ἰησοῦς· καλῶς εἶπας ὅτι ἄνδρα οὐκ ἔχω· πέντε γὰρ ἄνδρας ἔσχες, καὶ νῦν ὃν ἔχεις οὐκ ἔστι σου ἀνὴρ· τοῦτο ἀληθὲς εἶρηκας. λέγει αὐτῷ ἡ γυνή· Κύριε, θεωρῶ ὅτι προφήτης εἶ σύ. οἱ πατέρες ἡμῶν ἐν τῷ ὄρει τούτῳ προσεκύνησαν· καὶ ὑμεῖς λέγετε ὅτι ἐν Ἱεροσολύμοις ἐστὶν ὁ τόπος ὅπου δεῖ προσκυνεῖν. λέγει αὐτῇ ὁ Ἰησοῦς· γύναι, πιστεύσόν μοι ὅτι ἔρχεται ὥρα ὅτε οὔτε ἐν τῷ ὄρει τούτῳ οὔτε ἐν Ἱεροσολύμοις προσκυνήσετε τῷ πατρί. ὑμεῖς προσκυνεῖτε ὃ οὐκ οἴδατε, ἡμεῖς προσκυνοῦμεν ὃ οἴδαμεν· ὅτι ἡ σωτηρία ἐκ τῶν Ἰουδαίων ἐστίν. ἀλλ' ἔρχεται ὥρα, καὶ νῦν ἐστίν, ὅτε οἱ ἀληθινοὶ προσκυνηταὶ προσκυνήσουσι τῷ πατρί ἐν πνεύματι καὶ ἀληθείᾳ· καὶ γὰρ ὁ πατὴρ τοιούτους ζητεῖ τοὺς προσκυνοῦντας αὐτόν. πνεῦμα ὁ Θεός, καὶ τοὺς προσκυνοῦντας αὐτόν ἐν πνεύματι καὶ ἀληθείᾳ δεῖ προσκυνεῖν. λέγει αὐτῷ ἡ γυνή· οἶδα ὅτι Μεσσίας ἔρχεται ὁ λεγόμενος Χριστός· ὅταν ἔλθῃ ἐκεῖνος, ἀναγγελεῖ ἡμῖν πάντα. λέγει αὐτῇ ὁ Ἰησοῦς· ἐγὼ εἰμι ὁ λαλῶν σοι. καὶ ἐπὶ τούτῳ ἦλθον οἱ μαθηταὶ αὐτοῦ, καὶ ἐθαύμασαν ὅτι μετὰ γυναῖκός ἐλάλει· οὐδεὶς μὲντοι εἶπε, τί ζητεῖς ἢ τί λαλεῖς μετ' αὐτῆς; Ἀφῆκεν οὖν τὴν ὑδρίαν αὐτῆς ἡ γυνὴ καὶ ἀπῆλθεν εἰς τὴν πόλιν, καὶ λέγει τοῖς ἀνθρώποις· δεῦτε ἴδετε ἄνθρωπον ὃς εἶπέ μοι πάντα ὅσα ἐποίησα· μήτι οὗτός ἐστιν ὁ Χριστός; ἐξῆλθον οὖν ἐκ τῆς πόλεως καὶ ἤρχοντο πρὸς αὐτόν. Ἐν δὲ τῷ μεταξὺ ἡρώτων αὐτὸν οἱ μαθηταὶ λέγοντες· ῥάββί, φάγε. ὁ δὲ εἶπεν αὐτοῖς· ἐγὼ βρῶσιν ἔχω φαγεῖν, ἣν ὑμεῖς οὐκ οἴδατε. ἔλεγον οὖν οἱ μαθηταὶ πρὸς ἀλλήλους· μή τις ἤνεγκεν αὐτῷ φαγεῖν; λέγει αὐτοῖς ὁ Ἰησοῦς· ἐμὸν βρῶμά ἐστιν ἵνα ποιῶ τὸ θέλημα τοῦ πέμψαντός με καὶ τελειώσω αὐτοῦ τὸ ἔργον. οὐχ ὑμεῖς λέγετε ὅτι ἔτι τετράμηνός ἐστι καὶ ὁ θερισμὸς ἔρχεται; ἰδοὺ λέγω ὑμῖν, ἐπάρατε τοὺς ὀφθαλμοὺς ὑμῶν καὶ θεάσασθε τὰς χώρας, ὅτι λευκαὶ εἰσι πρὸς θερισμὸν ἤδη. καὶ ὁ θερίζων μισθὸν λαμβάνει καὶ συνάγει καρπὸν εἰς ζωὴν αἰώνιον, ἵνα καὶ ὁ σπείρων ὁμοῦ χαίρῃ καὶ ὁ θερίζων. ἐν γὰρ τούτῳ ὁ λόγος ἐστὶν ὁ ἀληθινός, ὅτι ἄλλος ἐστὶν ὁ σπείρων καὶ ἄλλος ὁ θερίζων. ἐγὼ ἀπέστειλα ὑμᾶς θερίζειν ὃ οὐχ ὑμεῖς κεκοπιάκατε· ἄλλοι κεκοπιάκασιν, καὶ ὑμεῖς εἰς τὸν κόπον αὐτῶν εἰσεληλύθατε. Ἐκ δὲ τῆς πόλεως ἐκεῖνης πολλοὶ ἐπίστευσαν εἰς αὐτόν τῶν Σαμαρειτῶν διὰ τὸν λόγον τῆς γυναικός, μαρτυρούσης ὅτι εἶπέ μοι πάντα ὅσα ἐποίησα. ὥς οὖν ἦλθον πρὸς αὐτόν οἱ Σαμαρεῖται, ἡρώτων αὐτόν μείναι παρ' αὐτοῖς· καὶ ἔμεινεν ἐκεῖ δύο ἡμέρας. καὶ πολλῶν πλείους ἐπίστευσαν διὰ τὸν λόγον αὐτοῦ, τῇ τε γυναικὶ ἔλεγον ὅτι οὐκέτι διὰ τὴν σὴν λαλίαν πιστεύομεν· αὐτοὶ γὰρ ἀκηκόαμεν, καὶ οἴδαμεν ὅτι οὗτός ἐστιν ἀληθῶς ὁ σωτὴρ τοῦ κόσμου ὁ Χριστός.

CHRIST SPEAKS WITH THE SAMARITAN WOMAN



At that time, Jesus came to a city of Samaria, called Sychar, near the field that Jacob gave to his son Joseph. Jacob's well was there, and so Jesus, wearied as he was with his journey, sat down beside the well. It was about the sixth hour. There came a woman of Samaria to draw water. Jesus said to her, "Give me a drink." For his disciples had gone away into the city to buy food. The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" For Jews have no dealings with Samaritans. Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you have nothing to draw with, and the well is deep; where do you get that living water? Are you greater than our father Jacob, who gave us the well, and drank from it himself, and his sons, and his cattle?" Jesus said to her, "Everyone who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, that I may not thirst, nor come here to draw." Jesus said to her, "Go, call your husband, and come here." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and he whom you now have is not your husband; this you said truly." The woman said to him, "Sir, I perceive that you are a prophet. Our fathers worshiped on this mountain; and you say that Jerusalem is the place where men ought to worship." Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth, for such the Father seeks to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that the Messiah is coming (he who is called Christ);

when he comes, he will show us all things." Jesus said to her, "I who speak to you am he." Just then his disciples came. They marveled that he was talking with a woman, but none said, "What do you wish?" or, "Why are you talking with her?" So the woman left her water jar, and went away into the city and said to the people, "Come, see a man who told me all that I ever did. Can this be the Christ?" They went out of the city and were coming to him. Meanwhile the disciples besought him, saying "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Has anyone brought him food?" Jesus said to them, "My food is to do the will of him who sent me, and to accomplish his work. Do you not say, 'There are yet four months, then comes the harvest'? I tell you, lift up your eyes, and see how the fields are already white for harvest. He who reaps receives wages, and gathers fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor; others have labored, and you have entered into their labor." Many Samaritans from that city believed in him because of the woman's testimony. "He told me all that I ever did." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of your words that we believe, for we have heard ourselves, and we know that this is indeed Christ the Savior of the world."

## SAINTS AND FEASTS COMMEMORATED TODAY

### - Sunday of the Samaritan Woman

One of the most ancient cities of the Promised Land was Shechem, also called Sikima, located at the foot of Mount Gerazim. There the Israelites had heard the blessings in the days of Moses and Jesus of Navi. Near to this town, Jacob, who had come from Mesopotamia in the nineteenth century before Christ, bought a piece of land where there was a well. This well, preserved even until the time of Christ, was known as Jacob's Well. Later, before he died in Egypt, he left that piece of land as a special inheritance to his son Joseph (Gen. 49:22). This town, before it was taken into possession by Samaria, was also the leading city of the kingdom of the ten tribes. In the time of the Romans it was called Neapolis, and at present Nablus. It was the first city in Canaan visited by the Patriarch Abraham. Here also, Jesus of Navi (Joshua) addressed the tribes of Israel for the last time. Almost three hundred years later, all Israel assembled there to make Roboam (Rehoboam) king. When our Lord Jesus Christ, then, came at midday to this city, which is also called Sychar (John 4:5), He was wearied from the journey and the heat, and He sat down at this well. After a little while the Samaritan woman mentioned in today's Gospel passage came to draw water. As she conversed at some length with the Lord and heard from Him secret things concerning herself, she believed in Him; through her many other Samaritans also believed. Concerning the Samaritans, we know the following: In the year 721 before Christ, Salmanasar (Shalmaneser), King of the Assyrians, took the ten tribes of the kingdom of Israel into captivity, and relocated all these people to Babylon and the land of the Medes. From there he gathered various nations and sent them to Samaria. These nations had been idolaters from before. Although they were later instructed in the Jewish faith and believed in the one God, they worshipped the idols also. Furthermore, they accepted only the Pentateuch of Moses, and rejected the other books of Holy Scripture. Nonetheless, they thought themselves to be descendants of Abraham and Jacob. Therefore, the pious Jews named these Judaizing and idolatrous peoples Samaritans, since they lived in Samaria, the former leading city of the Israelites, as well as in the other towns thereabout. The Jews rejected them as heathen and foreigners, and had no communion with them at all, as the Samaritan woman observed, "the Jews have no dealings with the Samaritans" (John 4:9). Therefore, the name Samaritan is used derisively many times in the Gospel narrations. After the Ascension of the Lord, and the descent of the Holy Spirit at Pentecost, the woman of Samaria was baptized by the holy Apostles and became a great preacher and Martyr of Christ; she was called Photini, and her feast is kept on February 26.



- St. Basiliscus the Martyr, Bishop of Comana  
- Sts. Demetrius and Paul, the Holy New Martyrs of Tripoli

- St. John-Vladimir, Ruler of Serbia

## APOLYTIKION AND KONTAKION HYMNS SUNG AT THE SMALL ENTRANCE

### Apolytikion of Great and Holy Pascha

**English:** Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. **Greek:** Χριστός ανέστη εκ νεκρών, θανάτω θάνατον πατήσας και τοις εν τοις μνήμασιν, ζών ηarisάμενος.

**Phoenetics:** Christós anésti ek nékron, thanáto thánaton patísas, ke tis en tis mnímasi zoín harisámenos. (Page 74)

### Resurrectional Apolytikion in the Fourth Tone

The joyful news of Your Resurrection was told to the women disciples of the Lord by the angel. Having thrown off the ancestral curse, and boasting, they told the Apostles: death has been vanquished. Christ our God is risen, granting to the world great mercy. (Page 53)

### Apolytikion of Mid-Pentecost in the Eighth Tone

At the middle of the feast, refresh my thirsty soul with the flowing waters of piety. For You cried out to all, O Savior, "Let him who thirsts come to me and drink." You, O Christ our God, are the Fountain of Life, glory to You.

### Apolytikion of Holy Trinity Church

**English:** Blessed are You, O Christ our God, Who has shown forth the fishermen to be most wise by sending down upon them the Holy Spirit. And through them, You drew the world into Your net. O merciful One, glory to You!

**Greek:** Ευλογητός ει Χριστέ, ο Θεός ήμων, ο πανσόφους τους αλιείς αναδείξας, καταπέμψας αυτοίς το Πνεύμα το άγιον, και δι' αυτών την οικουμένην σαηγεύσας, φιλάνθρωπε, δόξα σοι.

**Phoenetics:** Ev-lo-yi-tos i Hri-ste o The-os i-mon. O Pan-so-fous tous a-li-is a-na-di-xas ka-ta-pemp-sas af-tis to Pnev-ma to A-yi-on, ke di af-ton tin i-kou-men-in sa-i-nef-sas, fi-lan-thro-pe, do-xa si. (Page 75)

### Kontakion of Pascha

Though You descended into the grave, O Immortal One, yet You destroyed the power of Hades, and arose as victor, O Christ God, calling to the myrrh-bearing women "Rejoice," and giving peace to Your Apostles, O You Who grants resurrection to the fallen. (Page 74)

## PARISH NEWS AND EVENTS

### TODAY'S EVENTS AND ACTIVITIES

#### Church School Graduation Today

The Church School ministry will hold its graduation ceremony today following the Divine Liturgy. Students and staff are asked to attend and sit with their class during Liturgy. Following the service, the Church School will have a Graduation Celebration, a Picnic Lunch for all the students and Registration for the 2022/2023 school year. Part of registration is also an opportunity for anyone who would like to lend a hand with this ministry to volunteer your services and talents as well as host a Church School Snack Day. Thank you to all the families who have supported this ministry throughout the year and many special thanks to the dedicated offerings of love and talents made by the Church School staff. And remember, classes are over for the semester, but worship goes on, so...**SEE YOU ALL NEXT SUNDAY!!**

### UPCOMING EVENTS AND ANNOUNCEMENTS

#### Faith & Family Weekdays – Spring 2022

Faith and Family Weekdays is back, and there is something for everyone! Ready to learn more about the Bible, about your Faith, about navigating life's challenges as a Christian, a woman, or a man? It's all there. There is something for everyone! Watch the bulletin and check the online calendar at [HolyTrinityPgh.org/calendar](http://HolyTrinityPgh.org/calendar) for details and locations.



#### THIS WEEK:

- **Mon. May 23, 7:00pm: "Journey to Fullness"** – An overview of the Orthodox Christian Faith for newcomers interested in joining or life-long members yearning to deepen their understanding. Videos and Q&A discussion. This adult catechism series will continue on Mondays at 7:00pm through June 13. All are welcome.
- **Tues. May 24, 7:00pm: "St. Lydia Women's Fellowship"** – Our longest running study group, aimed at giving women the opportunity to share and grow together. This year based on the new book, "Seven Holy Women: Conversations with Saints and Friends".
- **Wed. May 25, 6:30pm Vespers/7:00pm: "Explore the Word" Bible Study** - Father Radu concludes this season's exploration of the Holy Bible, this time with a survey of the Old Testament. Bring your Bible & your questions! (This is the last session before summer break.)
- **Thur. May 26, 7:00am: "Prayer & Panera"** – Prayer and Christian fellowship for men. Meet at church promptly at 7:00am for a 15–20-minute morning prayer and scripture, then move up the hill to Panera for 45 minutes of coffee & conversation.



### **[May 31-July 23] Festival Cooking – IT’S BACK!**

IT'S NEVER TOO EARLY to get started on our FESTIVAL COOKING 2022! Please mark your calendars and plan to come and help on the following days. Bring the kids, bring your husbands, bring your wives, bring your friends! All are welcome...no experience necessary. Tons of light and heavy tasks for all. THANK YOU!

- Tuesday, May 31, 9:00am-9:00pm – Koulourakia
- Tuesday, June 7, 9:00am-9:00pm – Kourambiethes
- Tuesday, June 14, 9:00am-9:00pm – Finikia and Portokalopita
- Tuesday, June 21, 9:00am-9:00pm – Diples
- Tuesday, June 28, 9:00am-9:00pm – Souzoukakia
- Thursday, July 21, 11:00am-9:00pm – Moussaka
- Friday July 22, 9:00am-9:00pm – Moussaka
- Saturday, July 23, 9:00am-5:00pm – Moussaka



### **Upcoming Greek Dance Troupe Practice Schedule**

Please plan on having your children attend as many of the dance troupe practice sessions as possible. As a reminder, the groups are HOPE (5 years old through 2<sup>nd</sup> grade), JOY (3<sup>rd</sup> through 6<sup>th</sup> grade) and GOYA (7<sup>th</sup> through 12<sup>th</sup> grade). Any recent graduates can also attend if they would like to dance. All practices will be held at Holy Trinity Church. Please feel free to reach out with any questions to Eleni Dedousis (412-953-3699) or Victoria Andromalos-Dale (412-496-9128).

- Sunday, May 29: GOYA, during Coffee Hour
- Tuesday, May 31: HOPE 6:00-6:30pm / JOY 6:30-7:30pm
- Sunday, June 5: GOYA, during Coffee Hour
- Saturday, June 11: HOPE 3:00-3:30pm / JOY 3:30-4:30pm
- Sunday, June 19: HOPE & JOY, during Coffee Hour
- Sunday, June 26: ALL Groups, during Coffee Hour

### **[May 30] Memorial Day Service for Veterans**

Please gather in front of the Holy Trinity Cemetery War Memorial at 10:00am on Monday, May 30 as we hold a special ceremony to honor and remember our veterans. Please note that this service is to commemorate veterans; it is not a general memorial service for all the departed. That will be held according to Orthodox tradition on the Pentecost weekend Saturday of Souls (June 11 this year) with a Divine Liturgy and Memorial at the Saint George Chapel. Memory Eternal!

### **[June 6] Holy Trinity Golf Outing**

It's time once again for the annual Holy Trinity Golf Outing, to be held this year on Monday, June 6, at Diamond Run Golf Club located in Sewickley, PA. Registration includes a boxed Lunch, golf cart, 18 holes of golf, Outdoor Live Grille Dinner, the opportunity to win skill prizes, a putting competition and more! The Golf Outing registration form can be found at the Church Office information window or look for a copy in the May edition of the Herald. Email registration and player names to Dean Passodelis ([DPassodelis@jonespassodelis.com](mailto:DPassodelis@jonespassodelis.com)) by the May 29<sup>th</sup> deadline. Proceeds benefit Holy Trinity Church. Payable by check to "Holy Trinity Greek Orthodox Church". Everyone is welcomed to attend!



### **[June 6] Bereavement Support Ministry Meeting**

Please make plans to join us for our next Bereavement Support group gathering on Monday, June 6. The Holy Trinity Bereavement Support Ministry Team provides spiritual care to our parishioners and their extended family & friends in times of grief and loss of a loved one. Fellowship & Light Refreshments begin at 6:30pm followed by Group Support, Learning and Conversation from 7:00-8:00pm. All are welcome to participate in group sharing or observe through quiet time with others who care. To learn more about our Bereavement Support Ministry and/or our private support sessions, please contact Amy Armanious at [visitation@HolyTrinityPgh.org](mailto:visitation@HolyTrinityPgh.org).

### **Metropolis Summer Camp Registration is Open**

Metropolis Summer Camp registration is now open at [y2am.pittsburgh.goarch.org](http://y2am.pittsburgh.goarch.org). All active youth participants of Holy Trinity Church may register for camp using the code "HTPSC22" to receive \$350 off the registration fee. The code must be used at the time of registration. Be sure to register early, as sessions sell out quickly!

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| • Week 1 (grades 2-4): June 19 - June 25 | • Week 3 (grades 7-9): July 3 - July 9     |
| • Week 2 (grades 5-7): June 26 - July 2  | • Week 4 (grades 10-12): July 10 - July 16 |

### Sunday Hospitality Hour Sponsors Needed



Did you know that sponsoring the Hospitality Hour is not just for Memorials or Holy Trinity Ministry Groups? Individual parishioners are encouraged to sponsor the Hospitality Hour in honor of a loved one's Birthday, Anniversary, Graduation, Baptism, Chrismation or simply out of love for their parish family. Parishioners can also reach out and combine their efforts with other individuals or families! For additional information please contact Coordinator: Stacy Dickos (412-298-9409), Scheduler: Theanne Gagianas (724-986-4546) or by email at [hospitality@HolyTrinityPgh.org](mailto:hospitality@HolyTrinityPgh.org). Additional information is available on our website:

[www.HolyTrinityPgh.org/hospitality-hour](http://www.HolyTrinityPgh.org/hospitality-hour) or on the sign-up board located in the Gallery following Divine Liturgy today.

### 2022 Holy Trinity Stewardship Pledge Cards Now Due

The 2022 Holy Trinity Stewardship Pledge Cards have been distributed and all Holy Trinity Stewards should complete one immediately. If you have not yet received a 2022 pledge card or are new to Holy Trinity, additional pledge cards can be found at the Welcome Table located in the Narthex of the church. Our member-funded church needs each and every one of us, no matter the amount. And remember, a signed pledge card is required as part of maintaining your membership in good standing at Holy Trinity Church each year. We're grateful to all of you for your commitment. Questions? Contact Stewardship Chairman Mike Kritiotis or email [stewardship@HolyTrinityPgh.org](mailto:stewardship@HolyTrinityPgh.org).

### Holy Trinity Church Completion & Consecration Campaign: Have You Pledged?

Plans are now being developed to complete the necessary items so Holy Trinity Church can be consecrated by the end of 2023, as was approved by the General Assembly last November. The plans provide for completing all the items required for consecration including completing the remaining iconography in the Church and Narthex; installation of numerous items of handcrafted ecclesiastical wood furnishings, most notably a permanent iconostasis and required new Holy Altar table; Altar furnishings and other liturgically required items for the Consecration; and more appropriate seating to replace the temporary chairs in the Church. If you haven't done it already, please fill out the center section of the "ONE HOLY TRINITY" Pledge Card with your Church Completion and Consecration Campaign pledge amounts for 2022-2023.

### Welcome, Holy Trinity Guests!

We welcome all our guests to Holy Trinity Church today, whether as visitors from out of town, family members joining others here for worship today or even soon-to-be members here for the first time. No matter what the reason the Holy Spirit brought you here today, we welcome you with open arms and hearts filled with the love of Christ. Please help us welcome you by signing in at the hospitality table in the Narthex, where you will be presented with a yellow lapel Cross to help our Holy Trinity family know you're here. Please fill out an information card so we can contact you with any information you may need concerning life here at Holy Trinity Church. Following Liturgy, we invite you to join us for our Hospitality hour.

### About Receiving Holy Communion in the Orthodox Church

As an extension of our hospitality and outreach ministries, we welcome all who have come to worship with us today. Whether you are an Orthodox Christian, an inquirer to the faith or a first-time guest in an Orthodox Church, we are pleased to have you with us and thankful for the opportunity to share and bear witness to this ancient and timeless Faith. In accordance with the holy canons and traditions of the Church, please note that Holy Communion and the other Holy Mysteries (Sacraments) are received only by those who are baptized and chrismated (confirmed) Orthodox Christians who have properly prepared through prayer, fasting and confession. All others are invited receive the antidoron (blessed bread) and a blessing from the priest at the conclusion of the Divine Liturgy. The antidoron is not a sacramental offering but is blessing and a reflection of the agape (love) feast that followed worship in the ancient Christian Church. Please join our parish family for hospitality after the holy services and allow us to meet and welcome you. Interested in joining or learning more about the Orthodox Christian Faith? Please see one of our priests or complete a visitor's card today!

**How to receive:** Please remember the following helpful hints aimed at helping to preserve the solemnity and safety of the Holy Mystery. Anyone wearing lipstick should remove it before receiving. Be sure to offer your baptismal name to priest before receiving. Please take great care that the red cloth held by the acolytes (you should not hold it) is fully under your chin and please fully open your mouth so that none of the precious Body and Blood of Christ is accidentally spilled. Thank you for your cooperation, and may God have mercy on us all!

**Upcoming Memorials:** June 5: Vladimir Peregontsev (40 days), Nicholas Georgallis (1 year), Julia Welsh (16 years)

**Today's Hospitality Hour Hosts:** Karen and Mark Georgiadis in memory of her brother Dan Lorenz