

## **Wanted: New Blood Donors Like You!**

**Every two seconds, someone in the U.S. needs blood.**

**All healthy donors are urged to donate now; if you've had COVID-19 more than 10 days ago and your symptoms are resolving, you are eligible to donate. Whatever your COVID-19 vaccination status, you are ABSOLUTELY allowed to give blood or platelets.**

**The human body contains about 10 pints of blood and about 1 pint is given with a blood donation. The antibodies within a blood donation are rapidly replaced by the immune system and will not affect the donor's immune response to COVID-19 or variants.**

**COVID-19 continues to pose no known risk to patients receiving blood transfusions. There are no reported cases of transmission of this virus due to a blood transfusion. There is no inherent risk of getting coronavirus from the donation procedure itself.**

**Vitalant plays a crucial role with the safety of our donors. They continue to take important steps to support the health and well-being of everyone who supports their lifesaving mission.**

**Patients need someone like you, a person willing to take a mere hour out of their day to perform the ultimate good deed by donating blood. Join the St. Paraskevi Philoptochos' lifesaving community by scheduling your appointment today. Call or text Phyllis at 201-602-0632 or email at [pmagiros@verizon.net](mailto:pmagiros@verizon.net).**

**If you are unable to donate, you can advocate the need for blood donations and have the donor call or text Phyllis at 201-602-0632 or email at [pmagiros@verizon.net](mailto:pmagiros@verizon.net)**

**With Agape and Philia,**

**St. Paraskevi Philoptochos**