



STROKE SUPPORT GROUP

Stroke affects the whole person, mind, body and spirit. It is helpful to talk with others experiencing similar issues. Come gather together to learn and network with others.

Stroke survivors and caregivers are welcome to attend.

**Meetings will be held the
first Monday of each month at 12:45**

Estuary Council of Seniors

220 Main St, Old Saybrook, CT 06475

April 4, 2016

May 2, 2016

June 6, 2016

Call 860-388-1611 ext 204

with questions

*A Collaboration
between Visiting
Nurses of the
Lower Valley and
the
Estuary Council
on
Seniors.*

