

## The Spiritual Life Ministry Invites You to Join Us as We Pray the Psalter Together this Nativity Fast!



It's almost that time again! Beginning on November 15th through December 24<sup>th</sup>, join your brothers and sisters in Christ as we once again unite to pray the Psalms together throughout the Nativity Fast. All you need is a Bible and a little bit of time to set aside each day.

The prayer group also offers the opportunity for us to pray for one another, for our parish, and for any special intentions any of us may have.

**[Sign-up Here for Our  
Annunciation Psalter Group](#)**

**[Learn How It Works Here](#)**

*Resources for praying the Psalter, available through the Resource Center or online:*

[The Psalter According to the Seventy \(Greek-English\)](#). This beautiful hardcover edition contains the translation of the Psalms used in our liturgical services.

[The Psalter \("pocket" size\)](#). Just the right size to take with you wherever you go.

[Christ in the Psalms](#). In two-page meditations on each of the psalms, Fr. Patrick Henry Reardon takes readers on an enlightening pilgrimage through the prayerbook of the Church.

[Songs of Praise: A Psalter Devotional for Orthodox Women](#). Along with the Psalter, this book offers reflections on the Psalms and pages for journaling.

[Orthodox Study Bible](#). The complete Bible with commentary.

“Bind yourselves to your brethren. Those bound together in love bear everything with ease.... If now you want to make the bond double, your brother must also be bound together with you. He wants us to be bound together with one another, not only to be at peace, not only to be friends, but to be all one, a single soul. Beautiful is this bond. With this bond we bind ourselves together both to one another and to God. This is not a chain that bruises. It does not cramp the hands. It leaves them free, gives them ample room and greater courage.”

St. John Chrysostom

Homily on Ephesians 9.4.1-3

May it be blessed!