



September 2022

Dear Sisters & Brothers in Christ,

As a new Ecclesiastical Year begins, we are pleased to announce our Annual St. Spyridon Anthousa Philoptochos Chapter **Munchies, Mimosas & More** event in the Hall following Divine Liturgy on **Sunday, October 2nd**. This wonderful tradition provides an opportunity to learn about innovative and important events planned for the year as we carry on our chapter's good works in keeping with Philoptochos' primary mission of helping the poor, the hungry, and those in need.

Membership is based upon the calendar year - it's not too late to renew or become a new member for the balance of 2022 in our beloved and dynamic Anthousa "Friends of the Poor" Chapter founded more than 85 years ago. Membership dues are a Donation - there is no minimum requirement. For each member, our chapter contributes \$15 to the Metropolis and \$15 to the National Philoptochos to support initiatives at those levels. Donations of more than \$30 stay within our chapter enabling us to support local ministries and charities including:

Helping Hands Ministry (Financial support to those in critical need)
Homebound & Hospital Visitations
St. Spyridon College Connection
Kids 'N Cancer
Monarch School (Educates young students in San Diego impacted by homelessness)
San Diego Rescue Mission
Holiday Baskets for Our Community Homebound
Angels Christmas Party benefitting Kids 'N Cancer
God's Extended Hand & St. Paul's on Fifth Avenue Feed the Homeless
Hellenic College/Holy Cross Adopt-A-Student
Annual Vasilopita Cutting benefitting St. Basil Academy
Military Sunday benefitting YMCA Armed Services
Project Mexico

We welcome your participation in Philoptochos - Ladies and Gentlemen of all ages - no matter how much time you may be able to commit. Our work will provide you with many gratifying opportunities to serve your St. Spyridon Family, your Community, and your Church.

In Christ's Name,

Anthousa Philoptochos Chapter Board of Directors 2021-2023