
DIGITAL CHANT STAND
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

The Service of Matins
for Sunday, March 10, 2024

Octoechos - Grave Mode
on Sunday Morning
Eothion 7

Triodion - Meatfare Sunday
on Sunday Morning at Matins

Menaion - March 10
Katavasias of Triodion Sunday 3

Texts in Greek and English

Links to Matins Ordinary

Bilingual

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

English

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/en/bk.matinsordinary.normal.pdf

Sources

[**GOASD**] Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. [**AC**] Anthony Cook. [**GKD**] George K. Duvall. [**KW**] Kallistos Ware. [**RB**] Richard Barrett. [**SD**] Fr. Seraphim Dedes.
[**TC**] Thomas Carroll. [**VPA**] Virgil Peter Andronache. [**GOA**] Greek Orthodox Archdiocese of America. [**HC**] Holy Cross Orthodox Press. [**OCA**] Orthodox Church in America.

NKJV Scripture taken from the New King James Version™. Copyright © 1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

RSV Revised Standard Version of the Bible, copyright © 1946, 1952, and 1971 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

SAAS Scripture taken from the St. Athanasius Academy Septuagint™. Copyright © 2008 by St. Athanasius Academy of Orthodox Theology. Used by permission. All rights reserved.

Disclaimer

The translation, rubrics, Greek and English texts are for the purposes of worship only and are subject to change without notice at the discretion of the Greek Orthodox Archdiocese of America.

All rights reserved. The materials contained within this booklet remain the property of all contributing translators. It is published solely for the purpose of providing a source of worship materials to the parishes of the Orthodox Church and may be copied and otherwise reproduced as needed by the parish toward this end; however, it may not be reprinted, reproduced, transmitted, stored in a retrieval system, or translated into any language in any form by any means – electronic, mechanical, recording, or otherwise – for the purpose of sale without the express written permission of the Greek Orthodox Archdiocese of America.

GOA DCS Website

<https://dcs.goarch.org>

Email

dcsinfo@goarch.org

Fonts

Font copyright (c) 2010 Google Corporation with Reserved Font Arimo, Tinos and Cousine.

Copyright (c) 2012 Red Hat, Inc. with Reserved Font Name Liberation. This Font Software is licensed under the SIL Open Font License, Version 1.1.

This document was produced using the AGES Liturgical Workbench.

Βιβλία - Πηγαι

Ὀκτώηχος - ᾠχος βαρύς.

Τῆ Κυριακῆ Πρωῖ

Τριώδιον

Κυριακῆ τῆς Ἀποκρέω

ΟΡΘΟΣ

ΧΟΡΟΣ

ᾠχος βαρύς.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α΄. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Στίχ. β΄. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ΄. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὀκτωήχου - - -

Ἀπολυτικίον Ἀναστάσιμον.

ᾠχος βαρύς.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον·
ἠνέωξας τῷ ληστῆ τὸν Παράδεισον· τῶν
Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς
σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι
ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ
μέγα ἔλεος.

Δόξα. **Τὸ αὐτό.**

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον·
ἠνέωξας τῷ ληστῆ τὸν Παράδεισον· τῶν
Μυροφόρων τὸν θρῆνον μετέβαλες, καὶ τοῖς
σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι
ἀνέστης Χριστέ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ
μέγα ἔλεος.

Books - Sources

Octoechos - Grave Mode.

On Sunday Morning

Triodion

Meatfare Sunday

MATINS

CHOIR

Grave Mode.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His holy name.

Verse 2: All the nations surrounded me,
but in the name of the Lord I defended myself
against them.

Verse 3: And this came about from the
Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Grave Mode.

You destroyed death by Your Cross, You
opened Paradise to the Robber. You turned the
Myrrh-bearing Women's lament into joy, and
You commanded Your Apostles to preach that
You rose, O Christ God, granting the world the
great mercy. [GOASD]

Glory. **Repeat.**

You destroyed death by Your Cross, You
opened Paradise to the Robber. You turned the
Myrrh-bearing Women's lament into joy, and
You commanded Your Apostles to preach that
You rose, O Christ God, granting the world the
great mercy. [GOASD]

Καὶ νῦν. **Θεοτοκίον.**

Τῆς Ὀκτωήχου ---

Ἦχος βαρύς.

Ὡς τῆς ἡμῶν ἀναστάσεως θησαύρισμα,
τοὺς ἐπὶ σοὶ πεποιθότας Πανύμνητε, ἐκ
λάκκου καὶ βυθοῦ πταισμάτων ἀνάγαγε· σὺ
γὰρ τοὺς ὑπευθύνους τῇ ἀμαρτία, ἔσωσας
τεκοῦσα τὴν σωτηριάν, ἢ πρὸ τόκου παρθένος,
καὶ ἐν τόκῳ παρθένος, καὶ μετὰ τόκον πάλιν
οὔσα παρθένος.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

(*Κύριε, ἐλέησον.*)

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(*Σοί, Κύριε.*)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ
βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς
καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(*Ἀμήν.*)

ΧΟΡΟΣ

Κάθισμα Α΄.

Τῆς Ὀκτωήχου ---

Ἦχος βαρύς.

Ἡ ζωὴ ἐν τῷ τάφῳ ἀνέκειτο, καὶ σφραγίς
ἐν τῷ λίθῳ ἐπέκειτο· ὡς βασιλέα ὑπνοῦντα,
στρατιῶται ἐφύλαττον Χριστόν, καὶ Ἄγγελοι

Both now. **Theotokion.**

From Octoechos ---

Grave Mode.

All-lauded Lady, our resurrection's
treasure house, we put our trust in you and
pray you bring us up out of the pit and deep
sea of our offences. For you saved us who
were liable for sin when you gave birth to our
salvation, as a virgin before childbirth, and a
virgin during childbirth, and after childbirth a
virgin still. [GOASD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(*Lord, have mercy.*)

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

(*To You, O Lord.*)

For Yours is the dominion, and Yours
is the kingdom and the power and the glory,
of the Father and of the Son and of the Holy
Spirit, now and forever and to the ages of ages.

(*Amen.*)

CHOIR

Kathisma I.

From Octoechos ---

Grave Mode.

Life was placed in the sepulcher, and a
seal was placed on the stone. The soldiers
were guarding Christ like a sleeping king. The

ἐδόξαζον, ὡς Θεὸν ἀθάνατον· γυναῖκες δὲ ἐκραύγαζον· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Δόξα.

Τῇ τριημέρῳ ταφῇ σου σκυλεύσας τὸν θάνατον, καὶ φθαρέντα τὸν ἄνθρωπον, τῇ ζωηφόρῳ ἐγέρσει σου, ἀναστήσας Χριστὲ ὁ Θεός, ὡς φιλόανθρωπος· δόξα σοι.

Καὶ νῦν. **Θεοτοκίον.**

Τὸν σταυρωθέντα ὑπὲρ ἡμῶν, καὶ ἀναστάντα Χριστὸν τὸν Θεόν, καὶ καθελόντα τοῦ θανάτου τὸ κράτος, ἀπαύστως ἰκέτευε, Θεοτόκε Παρθένε, ἵνα σώσῃ τὰς ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου ---

Κάθισμα Β΄.
Ἦχος βαρὺς.

Ἐσφραγισμένου τοῦ μνήματος, ἡ ζωὴ ἐκ τάφου ἀνέτειλας Χριστὲ ὁ Θεός· καὶ τῶν θυρῶν κεκλεισμένων, τοῖς Μαθηταῖς ἐπέστης, ἡ πάντων ἀνάστασις· Πνεῦμα εὐθὲς δι' αὐτῶν ἐγκαινίζων ἡμῖν, κατὰ τὸ μέγα σου ἔλεος.

Δόξα.

Ἐπὶ τὸ μνήμα ἔδραμον γυναῖκες, μετὰ δακρῶν μύρα φέρουσαι, καὶ στρατιωτῶν φυλασσόντων σε, τὸν τῶν ὄλων Βασιλέα, ἔλεγον πρὸς ἑαυτάς· Τίς ἀποκυλίσει ἡμῖν τὸν λίθον; καὶ φωνῆς Ἀσωμάτων ἤκουον λεγούσης. Ἀνέστη ὁ μεγάλῃς βουλῆς Ἄγγελος, πατήσας τὸν θάνατον. Παντοδύναμη Κύριε, δόξα σοι.

Angels glorified Him as their immortal God. And the women cried aloud, “The Lord has risen, and He has granted to the world the great mercy.” [GOASD]

Glory.

While You were buried for three days, You devastated death. You brought life to humanity, which had been destroyed; and when You rose, You resurrected it, O Christ God, as the benevolent Savior. Glory to You!

[GOASD]

Both now. **Theotokion.**

Christ God was crucified for us; He destroyed the power of death; and He rose from the dead. O Virgin Theotokos, we pray you unceasingly implore Him to save our souls. [GOASD]

From Octoechos ---

Kathisma II.
Grave Mode.

The tomb being sealed, You rose from the sepulcher, O Christ God, the Life. And the doors being shut, You came to the disciples, O resurrection of all. Through them You renew a right spirit within us, according to Your great mercy. [GOASD]

Glory.

In tears, the women ran to the tomb, bringing ointments. And they were saying to one another, “Who will roll away the stone for us?” For You, the King of all, were guarded by soldiers. Then they heard the angelic voice addressing them, “The Angel of great Counsel has trampled death, and He has risen!” O almighty Lord, glory to You! [GOASD]

Καὶ νῦν. **Θεοτοκίον.**

Χαῖρε κεχαριτωμένη Θεοτόκε Παρθένε,
λιμὴν καὶ προστασία τοῦ γένους τῶν
ἀνθρώπων· ἐκ σοῦ γὰρ ἐσαρκώθη ὁ
Λυτρωτὴς τοῦ κόσμου· μόνη γὰρ ὑπάρχεις
Μήτηρ καὶ Παρθένος· ἀεὶ εὐλογημένη, καὶ
δεδοξασμένη, πρέσβευε Χριστῷ τῷ Θεῷ,
εἰρήνην δωρήσασθαι, πάσῃ τῇ οἰκουμένῃ.

Εὐλογητάρια Ἀναστάσιμα.

ᾠχος πλ. α΄.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρῶν
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ
Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ
τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας
ἐλευθερώσαντα.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὧ
Μαθήτρια κερνάτε; ὁ ἀστράπτων ἐν τῷ τάφῳ
Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις·
Ἴδετε ὑμεῖς τὸν τάφον καὶ ἦσθητε· ὁ Σωτήρ
γὰρ ἐξανέστη τοῦ μνήματος.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Λίαν πρωί, Μυροφόροι ἔδραμον, πρὸς
τὸ μνήμα σου θρηνολογοῦσαι· ἀλλ' ἐπέστη,
πρὸς αὐτάς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ
καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν
δέ, Ἀποστόλοις εἶπατε.

Both now. **Theotokion.**

Rejoice, Maiden full of grace, O Virgin
Theotokos; You are the haven and protection
of the human race. From you the Redeemer
of the world became incarnate, and only you
are both a mother and a virgin. O Lady, ever
blessed and glorified, we pray you intercede
with Christ God, to grant peace to the whole
world. [GOASD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they all
marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and from
Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

“Why do you mingle the ointments with
your tears full of pity, O women disciples?”
Thus the Angel who was shining in the tomb
cried to the myrrh-bearing women. “See for
yourselves the empty tomb and understand,
that the Savior has risen from the sepulcher.”

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-
bearing women were hastening to Your tomb
lamenting. But the Angel appeared to them and
uttered, “The time for lamentation has ended;

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων ἔλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ ἐνηχοῦντο. Ἄγγελου τρανώς, πρὸς αὐτὰς φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ, κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ, ἀντὶ λύπης παρέσχες, ρέυσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς καὶ ἄνθρωπος.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ')

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,

weep no more. Go announce the Resurrection to the Apostles.”

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, “Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher.”

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord.

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the

Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι ἡλόγηταί σου τὸ ὄνομα καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Ὑπακοή. Ἦχος βαρύς.

Ὁ ἡμετέραν μορφήν ἀναλαβὼν, καὶ ὑπομείνας Σταυρὸν σωματικῶς, σῶσόν με τῇ ἀναστάσει σου, Χριστέ ὁ Θεός, ὡς φιλόανθρωπος.

ΧΟΡΟΣ

Οἱ Ἀναβαθμοί.

Ἀντίφωνον Α΄. Ἦχος βαρύς.

Τὴν αἰχμαλωσίαν Σιών, ἐκ πλάνης ἐπιστρέψας, κάμῃ Σωτὴρ ζώωσον, ἐξαίρων δουλοπαθείας.

Ἐν τῷ νότῳ ὁ σπείρων θλίψεις, νηστείας μετὰ δακρύων, οὗτος χαρᾶς δρέψεται, δράγματα ἀειζωοτροφίας.

Δόξα· καὶ νῦν.

Ἄγιω Πνεύματι, πηγὴ τῶν θείων θεσαυρισμάτων, ἐξ οἷ σοφία, σύνεσις, φόβος· αὐτῷ αἴνεσις, δόξα, τιμὴ, καὶ κράτος.

Ἀντίφωνον Β΄.

Ἐὰν μὴ Κύριος οἰκοδομήσῃ οἶκον τὸν τῆς ψυχῆς, μάτην κοπιῶμεν· πλὴν γὰρ αὐτοῦ, οὐ πρᾶξις, οὐ λόγος τελεῖται.

Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos ---

Hypakoe. Grave Mode.

O Christ God, who took our form and bodily endured the Cross, save me by Your resurrection, O benevolent Lord. [GOASD]

CHOIR

Anavathmoi.

First Antiphon. Grave Mode.

You returned the captives of Zion from their wandering. As for me, enliven me, and free me from captivity to passions. [GOASD]

In the south those who sow afflictions with tears and with fasting will reap the sheaves of joy, the staff of life everlasting. [GOASD]

Glory. Both now.

In the Holy Spirit is the source of divine treasures. From Him is wisdom, understanding, and fear. To Him praise is due, glory, honor and dominion. [GOASD]

Second Antiphon.

Unless the Lord builds the house of the soul, we labor in vain; for without Him no action or word is accomplished. [GOASD]

Τοῦ καρποῦ τῆς γαστροῦ, οἱ Ἅγιοι
πνευματοκινήτως, ἀναβλαστοῦσι, πατρῶα
δόγματα υἰοθεσίας.

Δόξα· καὶ νῦν.

Ἄγιω Πνεύματι, τὰ σύμπαντα τὸ εἶναι ἔχει·
πρὸ πάντων γὰρ Θεός, τῶν ὅλων κυριότης,
φῶς ἀπρόσιτον, ζωὴ τῶν πάντων.

Ἀντίφωνον Γ΄.

Οἱ φοβούμενοι τὸν Κύριον, ὁδοὺς ζωῆς
εὐρόντες, νῦν καὶ ἀεὶ μακαριοῦνται, δόξη
ἀκηράτῳ.

Κύκλω τῆς τραπέζης σου, ὡς στελέχη
βλέπων τὰ ἔκγονά σου, χαῖρε εὐφραίνου,
προσάγων ταῦτα, τῷ Χριστῷ ποιμενάρχα.

Δόξα· καὶ νῦν.

Ἄγιω Πνεύματι, βυθὸς χαρισμάτων,
πλοῦτος δόξης, κριμάτων βάθος μέγα·
ὁμόδοξον Πατρὶ καὶ Υἱῷ, λατρευτὸν γάρ.

Προκείμενον.

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω
ἡ χεὶρ σου, μὴ ἐπιλάβῃ τῶν πενήτων σου εἰς
τέλος. (δίς)

Στίχ. Ἐξομολογήσομαί σοι, Κύριε, ἐν ὅλη
καρδίᾳ μου.

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω
ἡ χεὶρ σου, μὴ ἐπιλάβῃ τῶν πενήτων σου εἰς
τέλος.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

Moved by the Spirit, the saints produce the
Father's dogmas about the sonship of the fruit
of the womb. [GOASD]

Glory. Both now.

In the Holy Spirit, the universe has its
existence. For He is God before all, universal
lordship, unapproachable light, and the life of
all. [GOASD]

Third Antiphon.

Those who fear the Lord and find the
ways of life, both now and ever will be called
blessed, for having immortal glory. [GOASD]

As you see your offspring like olive trees
around your table, rejoice and be glad, chief
shepherd, as you bring them to Christ. [GOASD]

Glory. Both now.

In the Holy Spirit is an ocean of divine
gifts, a wealth of glory, a great depth of
judgments; He is identical in glory to the
Father and the Son, and therefore to be
worshiped. [GOASD]

Prokeimenon.

Arise, O Lord my God, let Your hand be
lifted high, and do not forget Your poor to the
end. (2)

Verse: *I will give thanks to You, O Lord,
with my whole heart.*

Arise, O Lord my God, let Your hand be
lifted high, and do not forget Your poor to the
end. [SAAS]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Σὺ γὰρ εἶ ὁ βασιλεὺς τῆς εἰρήνης καὶ
σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου - - -

Κοντάκιον Ἀναστάσιμον.

Οὐκέτι τὸ κράτος τοῦ θανάτου, ἰσχύσει
κατέχειν τοὺς βροτούς· Χριστὸς γὰρ κατῆλθε
συντρίβων, καὶ λύων τὰς δυνάμεις αὐτοῦ·
δεσμεῖται ὁ ἄδης, Προφήται συμφώνως
ἀγάλλονται· Ἐπέστη, λέγοντες, Σωτὴρ τοῖς ἐν
σκότει· ἐξέρχασθε οἱ πιστοὶ εἰς τὴν ἀνάστασιν.

Ὁ Οἶκος.

Ἔτρεμε κάτωθεν τὰ καταχθόνια σήμερον,
ὁ ἄδης καὶ ὁ θάνατος τὸν Ἕνα τῆς Τριάδος·
ἡ γῆ ἐκλονεῖτο, πυλωροὶ δὲ ἄδου ἰδόντες σε
ἔπηξαν· ἡ κτίσις δὲ πᾶσα σὺν τοῖς Προφήταις
χαίρουσα ψάλλει σοι, ἐπινίκιον ᾠδὴν τῷ
λυτρωτῇ ἡμῶν Θεῷ, τῷ καταλύσαντι νῦν
θανάτου τὴν δύναμιν. Ἀλαλάξωμεν καὶ
βοήσωμεν τῷ Ἀδάμ, καὶ τοῖς ἐξ Ἀδάμ· Εὐλον

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

(To You, O Lord.)

For You are the King of peace and the
savior of our souls, and to You we offer up
glory, to the Father and the Son and the Holy
Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Resurrectional Kontakion.

No longer will the power of death be able
to detain human beings. For Christ went down
and crushed it and destroyed all its forces.
Hades is shackled, and the Prophets in unison
rejoice and proclaim, “The Savior has come to
those in darkness. Come out now, believers, to
the resurrection!” [GOASD]

Oikos.

The netherworld below was trembling
today, Hades and death, before One of the
Trinity. Earth shook, and when they saw You,
the doorkeepers of Hades quaked. Now all
creation, along with the Prophets, rejoices
and sings You an ode of triumph, O God our
redeemer, who now destroyed the force of
death. And let us shout aloud to Adam and his

τοῦτον εἰσήγαγεν· ἐξέρχεσθε οἱ πιστοὶ εἰς τὴν ἀνάστασιν.

Τοῦ Τριωδίου - - -

Κοντάκιον.

Ἦχος α΄.

Ὅταν ἔλθῃς ὁ Θεός, ἐπὶ γῆς μετὰ δόξης, καὶ τρέμωσι τὰ σύμπαντα, ποταμὸς δὲ τοῦ πυρὸς πρὸ τοῦ Βήματος ἔλκη, καὶ βίβλοι ἀνοίγωνται, καὶ τὰ κρυπτὰ δημοσιεύονται, τότε ρῦσαί με, ἐκ τοῦ πυρὸς τοῦ ἀσβέστου, καὶ ἀξίωσον, ἐκ δεξιῶν σου μὲ στήναι, Κριτὰ δικαιοσύνη.

Ὁ Οἶκος.

Τὸ φοβερὸν σου κριτήριον ἐνθυμούμενος, υπεράγαθε Κύριε, καὶ τὴν ἡμέραν τῆς κρίσεως, φρίττω καὶ πτοοῦμαι ὑπὸ τῆς συνειδήσεως τῆς ἐμῆς ἐλεγχόμενος, ὅταν μέλλῃς καθέζεσθαι ἐπὶ τοῦ θρόνου σου, καὶ ποιεῖν τὴν ἐξέτασιν, τότε ἀρνεῖσθαι τὰς ἀμαρτίας οὐδεὶς ἐξισχύσει, ἀληθείας ἐλεγχούσης, καὶ δειλίας κατεχούσης, μέγα μὲν ἠχήσει τότε, πῦρ τὸ τῆς γεέννης· ἀμαρτωλοὶ δὲ βρῦξουσι. Διό με ἐλέησον πρὸ τέλους, καὶ φεῖσαί μου, Κριτὰ δικαιοσύνη.

Ὁ λαὸς ἴσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

Συναξάριον

Τοῦ Μηναίου.

Τῇ Ι΄ τοῦ αὐτοῦ μηνός, μνήμη τοῦ Ἁγίου Μάρτυρος Κοδράτου, τοῦ ἐν Κορίνθῳ, καὶ τῶν σὺν αὐτῷ, Ἀνέκτου, Παύλου, Διονυσίου, Κυπριανοῦ, καὶ Κρήσκεντος.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῆς Ὁσίας Μητρὸς ἡμῶν Ἀναστασίας τῆς Πατρικίας.

descendants, “A tree brought him in. Come out now, believers, to the resurrection!” ^[GOASD]

From Triodion - - -

Kontakion.

Mode 1.

When You come down to the earth, O God, in Your glory, all things will cower tremulous, and a river of fire will draw before Your Judgment Seat; the books shall be opened up, and public knowledge will things hidden be. Rescue me, then, I pray, from unquenchable fire, and count me worthy to stand at Your right hand, O You, the most righteous Judge. ^[GKD]

Oikos.

Considering well Your fearsome judgment, exceedingly good Lord, and the Judgment Day, I shudder and am frightened at the accusations of my conscience. When You are seated on Your throne and conduct the examination, no one can deny their sins, accused by the truth and possessed by terror. Great will be the sound of the Gehenna fire, then, and the gnashing of sinners. Therefore, have mercy on me before the end, and pity me, O You, the most righteous Judge. ^[GKD]

Stand for the reading of the Synaxarion.

Synaxarion

From the Menaion.

On March 10, we commemorate the holy Martyr Quadratus of Corinth, and those with him, Anektos, Paul, Dionysius, Cyprian, and Crescens.

On this day we also commemorate our devout mother Anastasia the Patrician.

Τῆ αὐτῆ ἡμέρα, ὁ Ἅγιος Μαρκιανός,
ξύλοις θλασθεῖς, τελειοῦται.

Ὁ Ἅγιος Νεομάρτυς Μιχαὴλ ὁ
Μαυρουδῆς, ὁ ἐν Θεσσαλονίκη μαρτυρήσας ἐν
ἔτει αὐμδ' (1544), πυρὶ τελειοῦται.

Τοῦ Τριωδίου.

Τῆ αὐτῆ ἡμέρα, τῆς δευτέρας καὶ
ἀδεκάστου Παρουσίας τοῦ Κυρίου ἡμῶν
Ἰησοῦ Χριστοῦ μνεῖαν ποιούμεθα.

Στίχοι

Ὅτε κρίνων γῆν, ὁ Κριτὴς πάντων κάθη.
Τῆς, Δεῦτε, φωνῆς ἄξιον κἀμὲ κρίνεις.

Τῆ ἀφάτῳ φιλανθρωπία σου, Χριστέ
ὁ Θεός, τῆς εὐκταίας σου φωνῆς ἡμᾶς
καταξίωσον, καὶ τοῖς ἐκ δεξιῶν σου
συναρίθμησον, καὶ ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

**Καταβασία τῆς Κυριακῆς τῆς Ἀπόκρεω
Ὡδὴ α'. ᾠχος πλ. β'.**

Βοηθὸς καὶ σκεπαστὴς ἐγένετό μοι εἰς
σωτηρίαν, οὗτός μου Θεός, καὶ δοξάσω αὐτόν,
Θεὸς τοῦ Πατρός μου καὶ ὑψώσω αὐτόν·
ἐνδόξως γὰρ δεδόξασται.

Ὡδὴ γ'.

Στερέωσον, Κύριε, ἐπὶ τὴν πέτραν τῶν
ἐντολῶν σου, σαλευθεῖσαν τὴν καρδίαν μου,
ὅτι μόνος Ἅγιος ὑπάρχεις καὶ Κύριος.

Ὡδὴ δ'.

Ἀκήκοεν ὁ Προφήτης, τὴν ἔλευσίν σου
Κύριε, καὶ ἐφοβήθη, ὅτι μέλλεις ἐκ Παρθένου
τίκτεσθαι, καὶ ἀνθρώποις δείκνυσθαι, καὶ
ἔλεγεν· Ἀκήκοα τὴν ἀκοήν σου καὶ ἐφοβήθην,
δόξα τῆ δυνάμει σου Κύριε.

On this day Saint Marcian was bludgeoned
to death.

The holy Neomartyr Michael Mavroudis,
who witnessed in Thessaloniki in the year
1544, died by fire.

From the Triodion.

On this day, we also remember the second
and impartial coming of our Lord Jesus Christ.

Verses

When You the Judge will sit in judgment,
May You judge me worthy of the "Come" invitation.

In Your ineffable benevolence, O Christ
our God, make us worthy to hear Your
auspicious voice, number us among those at
Your right hand, and have mercy on us. Amen.

CHOIR

**Katavasia of Triodion Sunday 3
Ode i. Mode pl. 2.**

He became for me a helper and a shelterer
for salvation. * He is my God, and I will
glorify Him, * the God of my father, and Him
will I exalt, * for He is greatly glorified. ^[SD]

Ode iii.

Establish upon the rock of Your
commandments my heart, O Master, * sorely
shaken as it is, O Lord. * Only You are holy,
and again only You are Lord. ^[SD]

Ode iv.

On hearing about Your advent, * O Lord,
the Prophet Habakkuk of old was frightened:
* that You purposed from a Virgin to be born
* and appear to humankind. And thus he said:
* O Lord, I have heard Your report and I am

Ὠδὴ ε΄.

Ἐκ νυκτὸς ὀρθρίζοντα Φιλάνθρωπε,
φώτισον δέομαι, καὶ ὀδήγησον κάμέ, ἐν τοῖς
προστάγμασί σου, καὶ δίδαξον με ποιεῖν, ἀεὶ τὸ
θέλημά σου.

Ὠδὴ ς΄.

Ἐβόησα, ἐν ὅλῃ καρδίᾳ μου, πρὸς τὸν
οἰκτίρμονα Θεόν, καὶ ἐπήκουσέ μου, ἐξ Ἄδου
κατωτάτου, καὶ ἀνήγαγεν, ἐκ φθορᾶς τὴν ζωὴν
μου.

Ὠδὴ ζ΄.

Ἠμάρτομεν, ἠνομήσαμεν, ἠδικήσαμεν
ἐνώπιόν σου, οὐδὲ συνετηρήσαμεν, οὐδὲ
ἐποιήσαμεν, καθὼς ἐνετείλω ἡμῖν, ἀλλὰ μὴ
παραδώῃς ἡμᾶς εἰς τέλος, ὁ τῶν Πατέρων
Θεός.

Ὠδὴ η΄.

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.*

Ὅν Στρατιαὶ οὐρανῶν δοξάζουσι καὶ
φρίττει τὰ Χερουβείμ καὶ τὰ Σεραφείμ,
πᾶσα πνοὴ καὶ κτίσις ὑμνεῖτε, εὐλογεῖτε, καὶ
ὑπερυψοῦτε εἰς πάντας τοὺς αἰῶνας.

Ὁ λαὸς ἴσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

frightened. * Glory to Your strength, O Lord
my God. ^[SD]

Ode v.

Early in the morning when I rise from
night, * give me Your light, I pray, * and direct
me in the way of Your divine commandments,
* and teach me always to do Your will, O
gracious Master. ^[SD]

Ode vi.

I cried aloud and shouted with all my
heart * unto the tender-loving God, * and He
heard my voice from the lowest depths of
Hades, * and He raised my life from the pit of
corruption. ^[SD]

Ode vii.

We sinned, O Lord, and we broke Your
law, * we behaved unrighteously before You, *
and neither have we kept Your word, nor acted
according to the way You commanded for us.
* Yet, O God of the fathers, we pray, do not
utterly deliver us up. ^[SD]

Ode viii.

*We praise and we bless and we worship
the Lord.*

Him whom the hosts of the heavens
glorify, * at whom quake the Cherubim and
the Seraphim, * every breath and creation,
* extol Him now and bless Him, * and exalt
supremely, unto all the ages. ^[SD]

Stand for the Gospel reading.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

ΙΕΡΕΥΣ

Ὅτι ἅγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰῶνων.

ΧΟΡΟΣ

Ἀμήν.

Ἦχος β΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὅρθοί. Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ἰωάννην ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Ἐωθινὸν Ἐωθινὸν Ζ΄
Ἰωάννην Κ΄ 1-10

Τῇ μιᾷ τῶν Σαββάτων Μαρία ἡ Μαγδαληνὴ ἔρχεται πρῶτ' σκοτίας ἔτι οὔσης,

PRIEST

For You, our God, are holy, and You rest among the holy ones, and to You we offer up glory, to the Father and to the Son and to the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the holy Gospel according to John.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST (from the altar table)

Eothinon Eothinon 7
John. 20:1-10

On the first day of the week, Mary Magdalene came to the tomb early, while it

εἰς τὸ μνημεῖον· καὶ βλέπει τὸν λίθον ἠρμένον ἐκ τοῦ μνημείου. Τρέχει οὖν, καὶ ἔρχεται πρὸς Σίμωνα Πέτρον, καὶ πρὸς τὸν ἄλλον μαθητὴν, ὃν ἐφίλει ὁ Ἰησοῦς, καὶ λέγει αὐτοῖς· Ἦραν τὸν Κύριον ἐκ τοῦ μνημείου, καὶ οὐκ οἶδαμεν ποῦ ἔθηκαν αὐτόν. Ἐξῆλθεν οὖν ὁ Πέτρος καὶ ὁ ἄλλος μαθητής, καὶ ἤρχοντο εἰς τὸ μνημεῖον. Ἔτρεχον δὲ οἱ δύο ὁμοῦ· καὶ ὁ ἄλλος μαθητής προέδραμε τάχιον τοῦ Πέτρου, καὶ ἦλθε πρῶτος εἰς τὸ μνημεῖον, καὶ παρακύψας, βλέπει κείμενα τὰ ὀθόνια· οὐ μέντοι εἰσῆλθεν. Ἐρχεται οὖν Σίμων Πέτρος ἀκολουθῶν αὐτῷ, καὶ εἰσῆλθεν εἰς τὸ μνημεῖον, καὶ θεωρεῖ τὰ ὀθόνια κείμενα· καὶ τὸ σουδάριον, ὃ ἦν ἐπὶ τῆς κεφαλῆς αὐτοῦ, οὐ μετὰ τῶν ὀθονίων κείμενον, ἀλλὰ χωρὶς ἐντετυλιγμένον εἰς ἓνα τόπον. Τότε οὖν εἰσῆλθε καὶ ὁ ἄλλος μαθητής ὁ ἐλθὼν πρῶτος εἰς τὸ μνημεῖον, καὶ εἶδε, καὶ ἐπίστευσεν. Οὐδέπω γὰρ ᾔδεισαν τὴν Γραφήν, ὅτι δεῖ αὐτὸν ἐκ νεκρῶν ἀναστῆναι. Ἀπῆλθον οὖν πάλιν πρὸς ἑαυτοὺς οἱ μαθηταί.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν

was still dark, and saw that the stone had been taken away from the tomb. So she ran, and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, “They have taken the Lord out of the tomb, and we do not know where they have laid Him.” Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying and the napkin, which had been on His head, not lying with the linen cloths, but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not know the scripture, that He must rise from the dead. Then the disciples went back to their homes. [RSV]

(Glory to You, O Lord, glory to You.)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His

ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

ΧΟΡΟΣ

Ψαλμὸς Ν' (50).

ᾠδὴ β'. (ἡ τῆς ἐβδομάδος.)

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλύνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἀμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἀμαρτία μου ἐνώπιόν μου ἔστι διαπαντός.

Σοὶ μόνῳ ἤμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἀμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας· τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι· πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἀμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός,
καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις
μου.

Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου σου,
καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ’
ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου
σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα
μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον·
καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ
Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν
Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου
μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Ἰδιόμελα τοῦ Τριωδίου.

Δόξα. ᾠχος πλ. δ’.

Τῆς μετανοίας ἀνοιζόν μοι πύλας
Ζωοδότα· ὀρθρίζει γὰρ τὸ πνεῦμά μου, πρὸς

Create in me a clean heart, O God, and
renew a right spirit within me.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

A sacrifice to God is a broken spirit,
a broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Idiomela from the Triodion.

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O
Giver of Life, for early in the morning my

ναὸν τὸν ἅγιόν σου, ναὸν φέρον τοῦ σώματος, ὅλον ἐσπιλωμένον· ἀλλ' ὡς οἰκτίρμων κάθαρον, εὐσπλαγχνῶ σου ἐλέει.

Καὶ νῦν. **Ὁ αὐτός.**

Τῆς σωτηρίας εὐθυνόν μοι τρίβους, Θεοτόκε· αἰσχροῖς γὰρ κατεῤῥύπωσα, τὴν ψυχὴν ἀμαρτίας, ὡς ῥαθύμως τὸν βίον μου, ὅλον ἐκδαπανήσας, ταῖς σαῖς πρεσβείαις ῥῦσαί με, πάσης ἀκαθαρσίας.

Ἰδιόμελον. ᾠχος πλ. β'.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Τὰ πλήθη τῶν πεπραγμένων μοι δεινῶν, ἐννοῶν ὁ τάλας, τρέμω τὴν φοβερὰν ἡμέραν τῆς κρίσεως· ἀλλὰ θαρρῶν εἰς τὸ ἔλεος τῆς εὐσπλαγχνίας σου, ὡς ὁ Δαυὶδ βοῶ σοι· Ἐλέησόν με ὁ Θεός, κατὰ τὸ μέγα σου ἔλεος.

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς· ὕψωσον κέρας χριστιανῶν ὀρθοδόξων καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια· πρεσβείαις τῆς παναχράντου δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων δυνάμεων ἀσωμάτων, ἰκεσίαις τοῦ τιμίου ἐνδόξου προφήτου προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων ἀποστόλων, τῶν ἐν ἁγίοις πατέρων ἡμῶν μεγάλων ἱεραρχῶν καὶ οἰκουμενικῶν

spirit hastens to Your holy temple, bringing the temple of my body all defiled. But as one compassionate, cleanse me, I pray, by Your loving-kindness and mercy. ^[SD]

Both now. **Same Mode.**

Guide me in the paths of salvation, O Theotokos, for I have befouled my soul with shameful sins and I heedlessly squandered all of my life's resources. By your intercession deliver me from every uncleanness. ^[SD]

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.*

When I ponder in my wretchedness on the many terrible things that I have done, I tremble for that fearful day, the Day of Judgment. But trusting in the mercy of Your compassion, like David I cry to You, "Have mercy on me, O God, according to Your great mercy." ^[SD]

PRIEST

O God, save Your people and bless Your inheritance. Look upon Your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us Your rich mercies, through the intercessions of our most pure Lady, the Theotokos and ever virgin Mary, the power of the precious and life-giving Cross, the protection of the honorable, heavenly, bodiless powers, the supplications of the honorable, glorious prophet and forerunner John the Baptist, the holy, glorious, and praiseworthy apostles, our fathers among the saints, the great hierarchs and ecumenical

διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν· τῶν ἁγίων ἐνδόξων μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας ἐνδόξου μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ Θεοφόρων Πατέρων ἡμῶν· **(τοῦ Ἁγίου τοῦ Ναοῦ)**· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακείμ καὶ Ἄννης, καὶ πάντων σου τῶν ἁγίων. Ἰκετεύομέν σε, μόνε πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Ὁ λαὸς ἵσταται διὰ τὴν Θ' ᾠδὴν.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

teachers Basil the Great, Gregory the Theologian, and John Chrysostom; Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria, Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious, great martyrs George the victorious, Demetrios the Myrobletes, Theodore Teron, and Theodore Stratelates; Menas the wonderworker; Charalambos and Eleutherios, the Hieromartyrs; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; our venerable and God-bearing fathers; **(local patron saint)**; holy and righteous ancestors of God Joachim and Anna; and all Your saints; We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love for humankind of Your only-begotten Son, with whom You are blessed, together with Your all-holy, good and life-creating Spirit, now and forever and to the ages of ages.

(Amen.)

Stand for the singing of Ode ix.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

ΧΟΡΟΣ

Ὁδὴ θ´.

Μεγαλυνάριον. ᾠχος πλ. β´.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπεινῶσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός,
καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ
εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν

CHOIR

Ode ix.

The Magnificat. Mode pl. 2.

Verse: *My soul magnifies the Lord, and
my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [SD]

Verse: *For He has regarded the
lowly state of His maidservant; for behold,
henceforth all generations will call me blessed.*
[NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [SD]

Verse: *For He who is mighty has done
great things for me, and holy is His name.
And His mercy is on those who fear Him from
generation to generation.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [SD]

Verse: *He has shown strength with
His arm; He has scattered the proud in the
imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the

ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὑψώσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

ᾠδὴ θ'. Καταβασία. ᾠχος πλ. β'.

Ἀσπόρου συλλήψεως, ὁ τόκος ἀνερμήνευτος, Μητρὸς ἀνάνδρου, ἄσπορος ἡ κύησις. Θεοῦ γὰρ ἡ γέννησις καινοποιεῖ τὰς φύσεις· διὸ σε πᾶσαι αἱ γενεαί, ὡς Θεόνυμφον Μητέρα, ὀρθοδόξως μεγαλύνομεν.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode ix. Katavasia. Mode pl. 2.

The birth is ineffable, conceived without the seed of man; the unwed Mother's * childbirth was free of all corruption. The birth of God * makes new again the natures. * And thus, in Orthodox manner all * generations magnify you as the Mother and the Bride of God. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ
Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἦχος β΄.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ
προσκυβεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου ---

Ἐξαποστειλάριον.

Τὸ Ζ΄ Ἐωθινόν.

Ἦχος β΄. Τοῖς Μαθηταῖς συνέλθωμεν.

Ὅτι ἦσαν τὸν Κύριον, τῆς Μαρίας
εἰπούσης, ἐπὶ τὸν τάφον ἔδραμον, Σίμων
Πέτρος, καὶ ἄλλος, μύστης Χριστοῦ, ὃν
ἠγάπα· ἔτρεχον δὲ οἱ δύο, καὶ εὔρον τὰ ὀθόνια,
ἔνδον κείμενα μόνα, καὶ κεφαλῆς, ἦν δὲ τὸ
σουδάριον χωρὶς τούτων· διὸ πάλιν ἠσύχασαν,
τὸν Χριστὸν ἕως εἶδον.

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

(To You, O Lord.)

For all the powers of heaven praise You,
and to You we offer up glory, to the Father and
the Son and the Holy Spirit, now and forever
and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the
footstool of His feet.

For He is holy.

From Octoechos ---

Exaposteilarion.

Eothinon 7.

Mode 2. Let us in faith.

Τοῖς Μαθηταῖς συνέλθωμεν.

When Mary Magdalene had said * that the
Lord had been taken, * Simon Peter and also
Christ's * other beloved disciple * both ran
to the tomb together. * Inside they found the
napkin, * which had been on the Savior's head,
* not with the linen cloths that were lying there
* by themselves, but rolled up and in its own
place. * So until Christ appeared to them, *
they went back home and rested. [GOASD]

Ἐξαποστειλάριον. Τοῦ Τριωδίου.

Τοῦ Τριωδίου ---

Ἦχος β΄. *Τοῖς Μαθηταῖς συνέλθωμεν.*

Τὴν φοβερὰν τῆς κρίσεως, καὶ ἀρρήτου σου δόξης, ἡμέραν ἐνθυμουμένος, φρίττω, Κύριε ὄλωσ, καὶ τρέμων φόβῳ κραυγάζω, ἐπὶ γῆς ὅταν ἔλθῃς, κρῖναι, Χριστέ, τὰ σύμπαντα, ὁ Θεὸς μετὰ δόξης, τότε οἰκτρόν, ἀπὸ πάσης ρῦσαί με τιμωρίας, ἐκ δεξιῶν σου, Δέσποτα, ἀξιώσας με στήναι.

Ἄτερον.

Τοῦ Τριωδίου ---

Ἦχος β΄. *Γυναῖκες ἀκουτίσθητε.*

Ἴδου ἡμέρα ἔρχεται, Κυρίου παντοκράτορος, καὶ τίς ὑποίσει τὸν φόβον, τῆς Παρουσίας ἐκείνου· ἡμέρα γὰρ θυμοῦ ἐστὶ, καὶ κλίβανος καιόμενος, ἐν ἧ Κριτῆς καθέζεται, καὶ κατ' ἀξίαν ἐκάστῳ τῶν πράξεων ἀπονέμων.

Θεοτοκίον.

Ἦχος β΄. *Γυναῖκες ἀκουτίσθητε.*

Τὴν ὥραν τῆς ἐτάσεως, καὶ τῆς φρικτῆς ἐλεύσεως, τοῦ φιλανθρώπου Δεσπότη, κατανοῶν ὄλωσ τρέμω, καὶ σκυθρωπάζων κράζω σοι· Κριτά μου δικαιοτάτε, καὶ μόνε πολυέλεε, μετανοοῦντά με δέξαι, τῆς Θεοτόκου πρεσβείαις.

Exaposteilarion. From the Triodion.

From Triodion ---

Mode 2. *Let us in faith.*

Τοῖς Μαθηταῖς συνέλθωμεν.

Bringing to mind the imminent * fearful day of the judgment,* Lord, and of Your ineffable * glory, I shudder wholly,* and trembling fearfully cry out: * O Christ when You again come * on earth to judge the universe,* O my God, in Your glory, I pray You free * miserable me then from all perdition,* and count me worthy thus to stand * at Your right hand, O Master. [SD]

Another.

From Triodion ---

Mode 2. *O Women, hearken.*

Γυναῖκες ἀκουτίσθητε.

Behold, the great and fearful day of God almighty is at hand. * And who will endure the fear of * His imminent Second Coming? * For it will be a day of wrath, the burning furnace will be there, * the Judge will sit upon His throne,* and unto each He will render * according to their own actions. [SD]

Theotokion.

Mode 2. *O Women, hearken.*

Γυναῖκες ἀκουτίσθητε.

When I reflect upon the hour of Your return and frightening * interrogation and judgment, * I shudder and shake all over. * Dejected I cry out to You, my Judge most just yet merciful: * Benevolent Lord, as I am * repenting, I pray accept me, * at Your Mother's intercessions. [GOASD]

Οἱ Αἶνοι. Ἦχος βαρύς.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιόν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετα καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ἦμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶν ἐγγίζοντι αὐτῷ.

Ἄσατε τῷ Κυρίῳ ᾄσμα καινόν, ἢ αἶνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Lauds. Grave Mode.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Αίνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῶ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῶ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Τῆς Ὀκτωήχου - - -

Στιχηρὰ Ἀναστάσιμα.

ᾠχος βαρὺς.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὐτῇ ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ἀνέστη Χριστὸς ἐκ νεκρῶν, λύσας θανάτου τὰ δεσμά· εὐαγγελίζου γῆ χαρὰν μεγάλην· αἰνεῖτε οὐρανοὶ Θεοῦ τὴν δόξαν.

ᾠχος βαρὺς.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν ἅγιον Κύριον, Ἰησοῦν τὸν μόνον ἀναμάρτητον.

ᾠχος βαρὺς.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Χριστοῦ τὴν ἀνάστασιν, προσκυνοῦντες οὐ παύομεθα· αὐτὸς γὰρ ἡμᾶς ἔσωσεν, ἐκ τῶν

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

From Octoechos - - -

Resurrectional Stichera.

Grave Mode.

To fulfill among them the written judgment: this glory have all His holy ones.

[SAAS]

Christ has risen from the dead, having loosed the bonds of death. O earth, proclaim the good news of great joy! You heavens, praise the glory of God! [GOASD]

Grave Mode.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Having beheld the resurrection of Christ, let us worship the holy Lord, Jesus, the only sinless One. [GOASD]

Grave Mode.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

We never cease to honor the resurrection of Christ; for it was He who saved us from our

ἀνομιῶν ἡμῶν· ἅγιος Κύριος Ἰησοῦς, ὁ δείξας τὴν ἀνάστασιν.

Ἦχος βαρύς.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Τί ἀνταποδώσωμεν τῷ Κυρίῳ, περὶ πάντων ὧν ἀνταπέδωκεν ἡμῖν; δι' ἡμᾶς Θεὸς ἐν ἀνθρώποις· διὰ τὴν καταφθαρεῖσαν φύσιν, ὁ Λόγος σὰρξ ἐγένετο, καὶ ἐσκήνωσεν ἐν ἡμῖν· πρὸς τοὺς ἀχαρίστους ὁ εὐεργέτης· πρὸς τοὺς αἰχμαλώτους ὁ ἐλευθερωτής· πρὸς τοὺς ἐν σκότει καθημένους, ὁ Ἥλιος τῆς δικαιοσύνης· ἐπὶ τὸν Σταυρόν ὁ ἀπαθής, ἐπὶ τὸν ἄδην τὸ φῶς· ἐπὶ τὸν θάνατον ἡ ζωή· ἡ ἀνάστασις διὰ τοὺς πεσόντας· πρὸς ὃν βοήσωμεν· Ὁ Θεὸς ἡμῶν δόξα σοι.

Ἦχος βαρύς.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὄργάνῳ.

Πύλας Ἄδου συνέτριψας Κύριε, καὶ θανάτου τὸ κράτος κατήργησας, τῇ κραταιᾷ δυνάμει σου· καὶ συνήγειρας νεκρούς, τοὺς ἀπ' αἰῶνος ἐν σκότει καθεύδοντας, τῇ θείᾳ καὶ ἐνδόξῳ ἀναστάσει σου, ὡς Βασιλεὺς τοῦ παντός, καὶ Θεὸς παντοδύναμος.

Τοῦ Τριωδίου.

Τοῦ Τριωδίου - - -

Ἰδιόμελον. Ἦχος πλ. β'.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Ἐννοῶ τὴν ἡμέραν ἐκείνην καὶ τὴν ὥραν, ὅταν μέλλωμεν πάντες, γυμνοὶ καὶ ὡς

transgressions. Holy is the Lord, Jesus, who showed us resurrection. [GOASD]

Grave Mode.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

What shall we give back to the Lord for all He rendered to us? For us, God lived among men. For human nature that was damaged, the Logos became flesh and dwelt among us. To the ungrateful He is the Benefactor; to the captives, the Liberator; to those who sat in darkness, the Sun of Righteousness. He who is dispassionate suffered on the cross; He who is the Light shone in Hades; He who is the Life trampled death. For the fallen He is the resurrection. Let us cry aloud to Him, "Glory to You our God!" [GOASD]

Grave Mode.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

You shattered the gates of Hades, and You ended the power of death, by Your mighty power, O Lord. Then You rose, and by Your divine and glorious resurrection, You also raised the dead, who slept in darkness from when time began, O King of the universe and almighty God. [GOASD]

From the Triodion.

From Triodion - - -

Idiomelon. Mode pl. 2.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

I ponder that day and hour, when we all, naked and as convicts, will appear before the

κατάκριτοι, τῷ ἀδεκάστῳ Κριτῇ παρίστασθαι· τότε σάλπιγξ ἠχήσει μέγα, καὶ τὰ θεμέλια τῆς γῆς σεισθήσονται, καὶ οἱ νεκροὶ ἐκ τῶν μνημάτων ἐξαναστήσονται, καὶ ἡλικία μία πάντες γενήσονται, καὶ πάντων τὰ κρυπτὰ φανερὰ παρίστανται ἐνώπιόν σου, καὶ κόψονται, καὶ κλαύσονται, καὶ εἰς τὸ πῦρ τὸ ἐξώτερον ἀπελεύσονται, οἱ μηδέποτε μετανοήσαντες, καὶ ἐν χαρᾷ καὶ ἀγαλλιάσει, ὁ τῶν Δικαίων κλῆρος, εἰσελεύσεται εἰς παστάδα οὐράνιον.

Ἰδιόμελον. ᾠχος πλ. β΄.

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὑψωθήτω ἡ χεὶρ σου, μὴ ἐπιλάθῃ τῶν πενήτων σου εἰς τέλος.

Ὡ ποία ὥρα τότε, καὶ ἡμέρα φοβερὰ, ὅταν καθίσῃ ὁ Κριτῆς ἐπὶ θρόνου φοβεροῦ! βίβλοι ἀνοίγονται, καὶ πράξεις ἐλέγχονται, καὶ τὰ κρυπτὰ τοῦ σκοτους δημοσιεύονται, Ἄγγελοι περιτρέχουσιν, ἐπισυνάγοντες πάντα τὰ ἔθνη. Δεῦτε ἀκούσατε βασιλεῖς καὶ ἄρχοντες, δοῦλοι καὶ ἐλεύθεροι, ἀμαρτωλοὶ καὶ δίκαιοι, πλούσιοι καὶ πένητες, ὅτι ἔρχεται Κριτῆς, ὁ μέλλων κρῖναι πᾶσαν τὴν οἰκουμένην, καὶ τίς ὑποστήσεται ἀπὸ προσώπου αὐτοῦ, ὅταν Ἄγγελοι παρίστανται, ἐλέγχοντες τὰς πράξεις, τὰς διανοίας, τὰς ἐνθυμήσεις, τὰ ἐν νυκτὶ καὶ ἐν ἡμέρᾳ; ὦ ποία ὥρα τότε! Ἄλλὰ πρὸ τοῦ φθάσαι τὸ τέλος, σπούδασον κρᾶζουσα, ψυχὴ· ὁ Θεός, ἐπίστρεψον, σῶσόν με, ὡς μόνος εὐσπλαγχνος.

Judge we cannot bribe. Then a great trumpet will sound and the foundations of the earth will be shaken, and the dead will be raised from the graves, and all will become of one stature. And all that which is hidden will be presented overtly before You, and they shall mourn and wail who have never repented, and they shall depart into the outer fire. And with joy and exaltation will the lot of the righteous enter into the heavenly chamber. [GKD]

Idiomelon. Mode pl. 2.

Arise, O Lord my God, let Your hand be lifted high, and do not forget Your poor to the end. [SAAS]

O what an hour and fearful day shall that be, when the Judge shall sit upon His fearsome throne! Books will be opened, deeds will be checked, and the hidden works of darkness will be made public. Angels speed about, gathering all the nations. Come, hearken, kings and rulers, slaves and freemen, sinners and righteous, rich men and paupers, He is coming who is about to judge the whole world; and who shall bear His countenance, when angels are at hand to accuse your acts, your thoughts, your desires, be they of day or night? O what an hour that shall be! But before the end arrives, O soul, make haste to cry, “O God, convert me, save me as You alone are compassionate.” [GKD]

Ἰδιόμελον. Ἦχος πλ. δ'.

Ἐξομολογήσομαί σοι, Κύριε, ἐν ὅλῃ καρδίᾳ μου, διηγῆσομαι πάντα τὰ θαυμάσιά σου.

Δανιὴλ ὁ Προφήτης, ἀνὴρ ἐπιθυμιῶν γενόμενος, τὸ ἐξουσιαστικὸν Θεοῦ θεωρήσας, οὕτως ἐβόα· Κριτήριον ἐκάθισε, καὶ βίβλοι ἠνεώχθησαν. Βλέπε, ψυχὴ μου, νηστεύεις; τὸν πλησίον σου μὴ ἀθέτει. βρωμάτων ἀπέχη; τὸν ἀδελφόν σου μὴ κατακρίνης, μὴ τῷ πυρὶ παραπεμπομένη, κατακαῆς ὡσεὶ κηρός, ἀλλ' ἀνεμποδίστως εἰσάξῃ σε Χριστός, εἰς τὴν βασιλείαν αὐτοῦ.

Δόξα. **Τοῦ Τριωδίου.**

Τοῦ Τριωδίου ---

Ἦχος α'.

Προκαθάρωμεν ἑαυτούς, ἀδελφοί, τῇ βασιλίδι τῶν ἀρετῶν· ἰδοὺ γὰρ παραγένονε, πλοῦτον ἡμῖν ἀγαθῶν κομίζουσα, τῶν παθῶν κατευνάζει τὰ οἰδήματα, καὶ τῷ Δεσπότη καταλλάττει τοὺς παίσαντας· διὸ μετ' εὐφροσύνης ταύτην ὑποδεξώμεθα, βοῶντες Χριστῷ τῷ Θεῷ, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, ἀκατακρίτους ἡμᾶς διαφύλαξον, δοξολογοῦντάς σε τὸν μόνον ἀναμάρτητον.

Τῆς Ὀκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἐπευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἄδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Idiomelon. Mode pl. 4.

I will give thanks to You, O Lord, with my whole heart; I will tell of all Your wondrous things. [SAAS]

Daniel the prophet, a man of goodly desires, considered God's authority, and cried out thus and said, "The Judgment Seat was set up and books were opened." Look, my soul, are you fasting? Do not neglect your neighbor! Are you abstaining from food? Do not condemn your brother, lest you be sent to the fire that will burn you up as wax. But unimpeded, let Christ lead you into His kingdom. [GKD]

Glory. **From the Triodion.**

From Triodion ---

Mode 1.

Let us first cleanse ourselves, O brethren, by the queen of virtues, for behold, she is here, providing us with a wealth of blessings! She suppresses our swelling passions, and reconciles offenders with the Master. Therefore, let us welcome her with a cheerful heart, crying out to Christ our God, "You who rose from the dead, keep us uncondemned as we glorify You, the only sinless One." [GKD]

From Octoechos ---

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate, Hades has been captured, and Adam has been called back; the curse has been killed, and Eve has been freed; death has been put to death, and we have been brought back to life. Therefore we extol Him and cry

Ὁ λαὸς ἴσταται διὰ τὴν Μ. Δοξολογίαν.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν
ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις
εὐδοκία.

Ἕμνοῦμέν σε, εὐλογοῦμέν σε,
προσκυνοῦμέν σε, δοξολογοῦμέν σε,
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἄμνος τοῦ Θεοῦ, ὁ
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ
κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας
τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος
ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν
αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων
ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά
σου εἰς τοὺς αἰῶνας. Ἀμήν.

out, “O Christ our God, You are blessed, for so
was Your good pleasure. Glory to You!” ^[GOASD]

Stand for the Great Doxology.

Great Doxology

Glory be to You who showed the light.
Glory in the highest to God. His peace is on
earth, His good pleasure in mankind. ^[SD]

We praise You, we bless You, we worship
You, we glorify You, we give thanks to You
for Your great glory.

Lord King, heavenly God, Father, Ruler
over all; Lord, only-begotten Son, Jesus Christ;
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the
Father, who take away the sin of the world,
have mercy on us, You who take away the sins
of the world.

Accept our supplication, You who sit at
the right hand of the Father, and have mercy on
us.

For You alone are holy, You alone are
Lord, Jesus Christ, to the glory of God the
Father. Amen.

Every day I will bless You, and Your
name will I praise to eternity, and to the ages
of ages.

Vouchsafe, O Lord, this day, that we be
kept without sin.

Blessed are You, O Lord, the God of our
fathers, and praised and glorified is Your name
to the ages. Amen.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ
καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασα
τὴν ψυχὴν μου, ὅτι ἤμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με τοῦ
ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου
ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί
σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος
Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον
Ἀναστάσιμον.*

Let Your mercy be on us, O Lord, as we
have set our hope on You.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Blessed are You, O Lord. Teach me Your
statutes.

Lord, You have been our refuge from
generation to generation. I said: Lord, have
mercy on me. Heal my soul, for I have sinned
against You.

Lord, I have fled to You. Teach me to do
Your will, for You are my God.

For with You is the fountain of life; in
Your light we shall see light.

Continue Your mercy to those who know
You.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us. (3)

Glory to the Father and the Son and the
Holy Spirit.

Both now and ever and to the ages of ages.
Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal,
have mercy on us.

*After the Doxology, sing the following Resurrectional
Troparion.*

Ἦχος δ'. (ἡ τῆς εβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν.
Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ
τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν
θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα
ἔλεος.

ἢ κατὰ τὴν παλαιωτέραν τάξιν·

Ἦχος πλ. δ'. (ἡ τῆς εβδομάδος.)

Ἀναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ
διάρρηξας τοῦ Ἄδου, ἔλυσας τὸ κατάκριμα,
τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων
τοῦ ἐχθροῦ ῥυσάμενος, ἐμφανίσας σεαυτὸν
τοῖς, Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς
ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην
παρέσχες τῇ οἰκουμένῃ, μόνη πολυέλεε.

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the
world. Let us sing to Him who resurrected
from the tomb and is the Author of our life.
For, destroying death by death, He gave us the
victory and the great mercy. [SD]

Or, according to the older practice:

Mode pl. 4. (or the Mode of the week)

When You rose from the sepulcher and
broke the bonds of Hades, You repealed the
sentence of death, O Lord, and delivered all
from the snares of the enemy. And when You
showed yourself to Your Apostles, You sent
them out to preach, and through them You
granted peace to the whole world, O only very
merciful One. [SD]