
DIGITAL CHANT STAND
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

The Service of Matins
for Sunday, January 28, 2024

Octoechos - Mode 1
on Sunday Morning
Eothinon 1

Menaion - January 28
Memory of St. Ephrem the Syrian
Katavasias of the Meeting

Texts in Greek and English

Links to Matins Ordinary

Bilingual

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

English

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/en/bk.matinsordinary.normal.pdf

Sources

[**GOASD**] Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. [**AC**] Anthony Cook. [**GKD**] George K. Duvall. [**KW**] Kallistos Ware. [**RB**] Richard Barrett. [**SD**] Fr. Seraphim Dedes.
[**TC**] Thomas Carroll. [**VPA**] Virgil Peter Andronache. [**GOA**] Greek Orthodox Archdiocese of America. [**HC**] Holy Cross Orthodox Press. [**OCA**] Orthodox Church in America.

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Βιβλία - Πηγαι

Ὁκτώηχος - ᾠχος α΄.

Τῆ Κυριακῆ Πρωῆ

Μηναῖον - ΤΗ ΚΗ΄ ΙΑΝΟΥΑΡΙΟΥ

Μνήμη τοῦ Ὁσίου Ἐφραίμ τοῦ Σύρου

ΟΡΘΟΣ

ΧΟΡΟΣ

ᾠχος α΄.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α΄. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Στίχ. β΄. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ΄. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτωήχου - - -

Ἀπολυτίκιον Ἀναστάσιμον.

ᾠχος α΄. Αὐτόμελον.

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν
Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων
τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος
Σωτήρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ
τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι
Ζωοδότα· Δόξα τῆ ἀναστάσει σου Χριστέ,
δόξα τῆ βασιλείᾳ σου, δόξα τῆ οἰκονομίᾳ σου,
μόνε Φιλάνθρωπε.

Books - Sources

Octoechos - Mode 1.

On Sunday Morning

Menaion - January 28

Memory of St. Ephrem the Syrian

MATINS

CHOIR

Mode 1.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His holy name.

Verse 2: All the nations surrounded me,
but in the name of the Lord I defended myself
against them.

Verse 3: And this came about from the
Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode 1. Automelon.

Τοῦ λίθου σφραγισθέντος.

The stone having been sealed by the
Pharisees and chief priests, * and Your all-
immaculate body being guarded by soldiers,
* You rose on the third day, O Lord and
Savior, granting life unto the world. * Then
the powers of the heavens cried out to You, O
Giver of Life, and shouted, * “Glory to Your
resurrection, O Christ! * Glory to Your eternal
rule! * Glory to Your plan for saving us, only
benevolent God!” [GOASD]

Δόξα. **Τοῦ Ἁγίου.**

ᾠχος πλ. δ'.

Ταῖς τῶν δακρύων σου ῥοαῖς, τῆς ἐρήμου τὸ ἄγονον ἐγεώρησας, καὶ τοῖς ἐκ βάθους στεναγμοῖς, εἰς ἑκατὸν τοὺς πόνους ἐκαρποφόρησας, καὶ γέγονας φωστὴρ τῆ οἰκουμένη, λάμπων τοῖς θαύμασιν, Ἐφραίμ πατὴρ ἡμῶν ὅσιε, πρέσβευε Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

Καὶ νῦν. **Θεοτοκίον.**

Τῆς Ὀκτωήχου ---

ᾠχος πλ. δ'.

Ὁ δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ σταύρωσιν ὑπομείνας Ἀγαθέ, ὁ θανάτῳ τὸν θάνατον σκυλεύσας, καὶ ἔγερσιν δείξας ὡς Θεός, μὴ παρίδης οὐς ἔπλασας τῆ χειρὶ σου· δεῖξον τὴν φιλανθρωπίαν σου Ἐλεῆμον· δέξαι τὴν τεκοῦσάν σε Θεοτόκον, πρεσβεύουσαν ὑπὲρ ἡμῶν, καὶ σῶσον Σωτὴρ ἡμῶν, λαὸν ἀπεγνωσμένον.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(*Κύριε, ἐλέησον.*)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

(*Κύριε, ἐλέησον.*)

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

Glory. **For the Saint.**

Mode pl. 4.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O Ephrem, our devout father. Intercede with Christ our God, for the salvation of our souls.

[SD]

Both now. **Theotokion.**

From Octoechos ---

Mode pl. 4.

You were born of a Virgin, and You endured crucifixion for us, O good Lord. By Your death You divested death of spoils, and You displayed resurrection, as God. Please do not despise us, the work of Your hand. Demonstrate Your loving kindness, O merciful Master. Defer to Your Mother, the Theotokos, when she intercedes on our behalf, and save us, Your people in despair, O Savior. [GOASD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(*Lord, have mercy.*)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(*Lord, have mercy.*)

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(Σοί, Κύριε.)

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κάθισμα Α΄.

Τῆς Ὀκτωήχου ---

ᾠχος α΄. Αὐτόμελον.

Τὸν τάφον σου Σωτήρ, στρατιῶται τηροῦντες, νεκροὶ τῆ ἀστραπῆ, τοῦ ὀφθέντος Ἀγγέλου, ἐγένοντο κηρύττοντος, γυναιξὶ τὴν ἀνάστασιν. Σὲ δοξάζομεν, τὸν τῆς φθορᾶς καθαιρέτην, σοὶ προσπίπτομεν, τῷ ἀναστάντι ἐκ τάφου, καὶ μόνῳ Θεῷ ἡμῶν.

Δόξα.

ᾠχος α΄. Τὸν τάφον σου Σωτήρ.

Σταυρῷ προσηλωθεὶς, ἐκουσίως Οἰκτίρμον, ἐν μνήματι τεθείς, ὡς θνητὸς Ζωοδότα, τὸ κράτος συνέτριψας, Δυνατὲ τῷ θανάτῳ σου. Σὲ γὰρ ἔφριξαν, οἱ πυλωροὶ οἱ τοῦ ᾄδου· σὺ συνήγειρας, τοὺς ἀπ' αἰῶνος θανόντας, ὡς μόνος φιλόανθρωπος.

Καὶ νῦν. **Θεοτοκίον.**

ᾠχος α΄. Τοῦ λίθου σφραγισθέντος.

Τοῦ Γαβριὴλ φθεγξαμένου σοι Παρθένε τὸ Χαῖρε, σὺν τῇ φωνῇ ἐσαρκουῦτο ὁ τῶν ὄλων Δεσπότης, ἐν σοὶ τῇ ἁγία κιβωτῷ, ὡς ἔφη ὁ δίκαιος Δαυΐδ. Ἐδείχθης πλατυτέρα τῶν

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

From Octoechos ---

Mode 1. Automelon.

The soldiers who were guarding Your tomb became like dead men, * O Savior, when Your Angel appeared there like lightning * and said to the women that You had risen, as You had said. * We now worship You, our only God, and extol You, * for You conquered death and dissolution, O Master, * and rose from the sepulcher. [GOASD]

Glory.

Mode 1. The soldiers.

Τὸν τάφον σου Σωτήρ.

O merciful Lord, nailed to the Cross of Your own will, * O Giver of Life, laid in a tomb as a mortal, * by death You destroyed the power of death, as the Mighty One. * For the doorkeepers of Hades quaked when they saw You. * With yourself You raised those who were long dead, O Savior * supremely benevolent. [GOASD]

Both now. **Theotokion.**

Mode 1. The stone having been sealed.

Τοῦ λίθου σφραγισθέντος.

When Gabriel had said to you, "Rejoice!" blessed Virgin, * and you had voiced your assent, the Lord of all became incarnate * in you, who became the holy Ark, * as righteous

οὐρανῶν, βαστάσασα τὸν Κτίστην σου. Δόξα τῷ ἐνοικήσαντι ἐν σοί· δόξα τῷ προελθόντι ἐκ σοῦ· δόξα τῷ ἐλευθερώσαντι ἡμᾶς, διὰ τοῦ τόκου σου.

Τῆς Ὀκτωήχου ---

Κάθισμα Β΄.

ᾠχος α΄. *Τοῦ λίθου σφραγισθέντος.*

Γυναῖκες πρὸς τὸ μνήμα, παρεγένοντο ὄρθρια, καὶ ἀγγελικὴν ὄπτασίαν θεασάμεναι ἔτρεμον· ὁ τάφος ἐξήστραπτε ζωὴν, τὸ θαῦμα κατέπληττεν αὐτάς· διὰ τοῦτο ἀπελθοῦσαι, τοῖς Μαθηταῖς ἐκήρυττον τὴν ἔγερσιν. Τὸν ἄδην ἐσκύλευσε Χριστός, ὡς μόνος κραταῖος καὶ δυνατός, καὶ φθαρέντας συνήγειρε πάντας, τὸν τῆς κατακρίσεως φόβον, λύσας δυνάμει σταυροῦ.

Δόξα.

ᾠχος α΄. *Τοῦ λίθου σφραγισθέντος.*

Ἐν τῷ Σταυρῷ προσηλωθεὶς, ἡ ζωὴ τῶν ἀπάντων, καὶ ἐν νεκροῖς λογισθεὶς, ὁ ἀθάνατος Κύριος, ἀνέστης τριήμερος Σωτήρ, καὶ ἠγειρας Ἀδὰμ ἐκ τῆς φθορᾶς. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα. Δόξα τοῖς σοῖς παθήμασι Χριστέ· δόξα τῇ ἀναστάσει σου· δόξα τῇ συγκαταβάσει σου, μόνε Φιλάνθρωπε.

King David said of old. * You carried your Creator, and thus your womb was wider than the heavens. * Glory to Him who dwelt inside of you! * Glory to Him who came forth from You! * Glory to Him who through your childbirth has set us free! [GOASD]

From Octoechos ---

Kathisma II.

Mode 1. *The stone having been sealed.*

Τοῦ λίθου σφραγισθέντος.

The women were at the tomb early in the morning. * When they saw a vision of angels, trembling came upon them. * The sepulcher was radiating life, and the dazzling marvel astonished them. * They departed and ran to proclaim the resurrection to the Disciples. * “Christ, the only strong and mighty Lord, * has divested Hades of its spoils. * He has freed the dead from fear of condemnation * by the power of the Cross and raised them all with himself.” [GOASD]

Glory.

Mode 1. *The stone having been sealed.*

Τοῦ λίθου σφραγισθέντος.

O Life of all, You were nailed to the Cross. * Immortal Lord, You were counted among the dead. * You rose on the third day, O Savior, and resurrected Adam from decay. * Then the powers of the heavens cried out to You, O Giver of Life, and shouted, * “Glory to Your sufferings, O Christ! * Glory to Your resurrection! * Glory to Your condescension, only benevolent God!” [GOASD]

Καὶ νῦν. **Θεοτοκίον.**

ᾠχος α΄. Τὸν τάφον σου Σωτήρ.

Μαρία τὸ σεπτόν, τοῦ Δεσπότου δοχεῖον,
ἀνάστησον ἡμᾶς, πεπτωκότας εἰς χάος, δεινῆς
ἀπογνώσεως, καὶ πταισμάτων καὶ θλίψεων.
Σὺ γὰρ πέφυκας, ἀμαρτωλῶν σωτηρία, καὶ
βοήθεια, καὶ κραταιὰ προστασία, καὶ σώζεις
τοὺς δούλους σου.

Εὐλογητάρια Ἀναστάσιμα.

ᾠχος πλ. α΄.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρῶν
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ
Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ
τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας
ἐλευθερώσαντα.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὧ
Μαθήτριάι κερνάτε; ὁ ἀστράπτων ἐν τῷ τάφῳ
Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις·
Ἴδετε ὑμεῖς τὸν τάφον καὶ ἦσθητε· ὁ Σωτήρ
γὰρ ἐξανέστη τοῦ μνήματος.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Λίαν πρώϊ, Μυροφόροι ἔδραμον, πρὸς
τὸ μνήμά σου θρηνολογοῦσαι· ἀλλ' ἐπέστη,
πρὸς αὐτάς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ

Both now. **Theotokion.**

Mode 1. *The soldiers.*

Τὸν τάφον σου Σωτήρ.

O Mary, whose august body hosted
the Master, * we pray you raise us up, for
we are sunk in the darkness * of dreadful
despondency, of transgressions and suffering.
* Lady, you indeed are the salvation of sinners.
* You give help to us; you are our mighty
protection; * and you save us your servants.

[GOASD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they all
marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and from
Hades liberated everyone. [SD]

*Blessed are You, O Lord, teach me Your
statutes.*

“Why do you mingle the ointments with
your tears full of pity, O women disciples?”
Thus the Angel who was shining in the tomb
cried to the myrrh-bearing women. “See for
yourselves the empty tomb and understand,
that the Savior has risen from the sepulcher.”

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-
bearing women were hastening to Your tomb
lamenting. But the Angel appeared to them and

καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν
δέ, Ἀποστόλοις εἶπατε.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.*

Μυροφόροι γυναῖκες, μετὰ μύρων
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ
ἐνηχοῦντο. Ἄγγελου τρανώς, πρὸς αὐτὰς
φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα
λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου
Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν
Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ,
κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε,
τὸν Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ,
ἀντὶ λύπης παρέσχες, ρέυσαντα ζωῆς, ἴθυνε
πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς καὶ
ἄνθρωπος.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα
σοι, ὁ Θεός. (ἐκ γ')

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

(Κύριε, ἐλέησον.)

uttered, “The time for lamentation has ended;
weep no more. Go announce the Resurrection
to the Apostles.”

*Blessed are You, O Lord, teach me Your
statutes.*

When the myrrh-bearing women had come
with their spices to Your sepulcher, O Savior,
they heard the voice of an Angel clearly
speaking to them, “Why do you account
among the dead the One who lives? For as
God, He has risen from the sepulcher.”

Glory.

We bow down in worship to the Father
and His Son and the Holy Spirit, the Holy
Trinity, one in essence; and we cry aloud with
the Seraphim: Holy, Holy, Holy are You, O
Lord.

Both now.

Giving birth to the Giver of life, O Virgin,
you delivered Adam from sin, and to Eve you
have rendered joy in place of sorrow. He who
from you became incarnate, God and man, has
directed to life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι ἡλόγηταί σου τὸ ὄνομα, καὶ
δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ
καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Ὑπακοή. ᾠδὴς α΄.

Ἡ τοῦ ληστοῦ μετάνοια, τὸν Παράδεισον
ἐσύλησεν, ὁ δὲ θρῆνος τῶν Μυροφόρων τὴν
χαρὰν ἐμήνυσεν· ὅτι ἀνέστης Χριστὲ ὁ Θεός,
παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

ΧΟΡΟΣ

Οἱ Αναβαθμοί.

Ἀντίφωνον Α΄. ᾠδὴς α΄.

Ἐν τῷ θλίβεσθαί με, εἰσάκουσόν μου τῶν
ὀδυνῶν, Κύριε σοὶ κράζω.

Τοῖς ἐρημικοῖς, ἄπαστος ὁ θεῖος πόθος
ἐγγίνεται, κόσμου οὐσι τοῦ ματαίου ἐκτός.

Δόξα· καὶ νῦν.

Ἄγιῳ Πνεύματι, τιμὴ καὶ δόξα, ὡσπερ
Πατρί, πρέπει ἅμα καὶ Υἱῷ· διὰ τοῦτο ἄσωμεν
τῇ τριαδικῇ μονοκρατορίᾳ.

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

(To You, O Lord.)

For blessed is Your name, and glorified
is Your kingdom, of the Father and the Son
and the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

READER

From Octoechos ---

Hypakoe. Mode 1.

The robber's repentance steals Paradise.
The Myrrh-bearers' mourning reveals the
joy, for You had risen, O Christ our God, and
granted to the world the great mercy. [GOASD]

CHOIR

Anavathmoi.

First Antiphon. Mode 1.

In my affliction, I cry out to You, O Lord.
Hear me in my grief. [GOASD]

The longing for God is unceasing in those
who dwell in the desert, outside of the futile
world as they are. [GOASD]

Glory. Both now.

To the Holy Spirit, as to the Father and the
Son, belong the honor and the glory. Therefore
let us sing a hymn to the Trinity, the one and
only Ruler. [GOASD]

Ἀντίφωνον Β΄.

Εἰς τὰ ὄρη τῶν σῶν, ὑψώσάς με νόμων,
ἀρεταῖς ἐκλάμπρυνον, ὁ Θεός, ἵνα ὑμνῶ σε.

Δεξιᾷ σου χειρὶ λαβὼν σὺ Λόγε, φύλαξόν
με, φρούρησον, μὴ πῦρ με φλέξει τῆς
ἀμαρτίας.

Δόξα· καὶ νῦν.

Ἁγίῳ Πνεύματι, πᾶσα ἡ κτίσις
καινουργεῖται, παλινδρομοῦσα εἰς τὸ πρῶτον·
ἰσοσθενές γάρ ἐστι Πατρὶ καὶ Λόγῳ.

Ἀντίφωνον Γ΄.

Ἐπὶ τοῖς εἰρηκόσι μοι· Ὁδεύσωμεν εἰς τὰς
αὐλάς τοῦ Κυρίου· εὐφράνθη μου τὸ πνεῦμα,
συγχαίρει ἡ καρδιά.

Ἐπὶ οἶκον Δαυΐδ, φόβος μέγας· ἐκεῖ γὰρ
θρόνων ἐκτεθέντων, κριθήσονται, ἅπασαι αἱ
φυλαὶ τῆς γῆς καὶ γλῶσσαι.

Δόξα· καὶ νῦν.

Ἁγίῳ Πνεύματι, τιμὴν προσκύνησιν, δόξαν
καὶ κράτος, ὡς Πατρὶ τε ἄξιον, καὶ τῷ Υἱῷ
δεῖ προσφέρειν· Μονὰς γάρ ἐστιν ἡ Τριάς τῆ
φύσει, ἀλλ’ οὐ προσώποις.

Προκείμενον.

Νῦν ἀναστήσομαι, λέγει Κύριος· Θήσομαι
ἐν σωτηρίῳ, παρρησιάσομαι ἐν αὐτῷ. (δίς)

Second Antiphon.

Having lifted me up to the mountains of
Your laws, brighten me with virtues, O God,
that I may praise You. [GOASD]

With Your right hand embracing me, O
Logos, keep me safe and shelter me, so that the
fire of sin not burn me. [GOASD]

Glory. Both now.

By the Holy Spirit all creation is renewed,
and thus returns to its first state. For He is
equal in power to the Father and the Logos.

[GOASD]

Third Antiphon.

When they said to me, “Let us go into the
courts of the Lord,” my spirit was glad and my
heart rejoiced also. [GOASD]

Over the house of David there is great fear;
for when thrones are set there, all the tribes and
tongues of the earth will be judged. [GOASD]

Glory. Both now.

To the Holy Spirit the honor, worship,
glory, and dominion that befit the Father and
the Son should also be ascribed, for the Trinity
is one in nature but not in persons. [GOASD]

Prokeimenon.

“Now I will arise,” says the Lord; “I will
establish them in salvation; I will declare it
boldly.” (2)

Στίχ. Τὰ λόγια Κυρίου λόγια ἀγνά,
ἀργύριον πεπυρωμένον, δοκίμιον τῆ γῆ
κεκαθαρισμένον ἑπταπλασίως.

Νῦν ἀναστήσομαι, λέγει Κύριος· Θήσομαι
ἐν σωτηρίῳ, παρῆρησιάσομαι ἐν αὐτῷ.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Σὺ γὰρ εἶ ὁ βασιλεὺς τῆς εἰρήνης καὶ
σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ
ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας
τῶν αἰώνων.

(Ἀμήν.)

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου - - -

Κοντάκιον Ἀναστάσιμον.

Ἐξανέστης ὡς Θεός, ἐκ τοῦ τάφου ἐν
δόξῃ, καὶ κόσμον συνανέστησας, καὶ ἡ φύσις
τῶν βροτῶν, ὡς Θεόν σε ἀνύμνησε, καὶ
θάνατος ἠφάνισται, καὶ ὁ Ἄδὰμ χορεύει,
Δέσποτα, καὶ ἡ Εὐὰ νῦν ἐκ τῶν δεσμῶν

Verse: *The words of the Lord are pure
words, like silver fired in a furnace of earth,
purified seven times.*

“Now I will arise,” says the Lord; “I will
establish them in salvation; I will declare it
boldly.” [SAAS]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

(To You, O Lord.)

For You are the King of peace and the
savior of our souls, and to You we offer up
glory, to the Father and the Son and the Holy
Spirit, now and forever and to the ages of ages.

(Amen.)

READER

From Octoechos - - -

Resurrectional Kontakion.

You rose from the tomb in glory as God,
and You raised the world along with You. The
human race extolled You as God, as death was
obliterated, O Master. Now Adam dances, and
Eve rejoices, freed from the bonds, and cries

λυτρουμένη, χαίρει κράζουσα· Σὺ εἶ ὁ πᾶσι
παρέχων, Χριστέ τὴν ἀνάστασιν.

Ὁ Οἶκος.

Τὸν ἀναστάντα τριήμερον ἀνυμνήσωμεν,
ὡς Θεὸν παντοδύναμον, καὶ πύλας τοῦ ᾗδου
συντρίψαντα, καὶ τοὺς ἀπ' αἰῶνος ἐκ τάφου
ἐγειράντα, Μυροφόροις ὀφθέντα καθὼς
ἠυδόκησε, πρῶταις ταύταις τό, Χαίρετε,
φήσας· καὶ Ἀποστόλοις χαρὰν μηνύων, ὡς
μόνος ζωοδότης. Ὅθεν πίστει αἱ γυναῖκες,
Μαθηταῖς σύμβολα νίκης εὐαγγελίζονται,
καὶ ᾄδης στενάζει, καὶ θάνατος ὀδύρεται, καὶ
κόσμος ἀγάλλεται, καὶ πάντες συχαίρουσι· Σὺ
γὰρ παρέσχες πᾶσι Χριστέ, τὴν ἀνάστασιν.

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

Συναξάριον

Τοῦ Μηναίου.

Τῆς ΚΗ' τοῦ αὐτοῦ μηνός, μνήμη τοῦ
Ὁσίου Πατρὸς ἡμῶν Ἐφραὶμ τοῦ Σύρου.

Τῆς αὐτῆς ἡμέρας, μνήμη τοῦ Ὁσίου Πατρὸς
ἡμῶν Παλλαδίου.

Τῆς αὐτῆς ἡμέρας, μνήμη τοῦ Ὁσίου Πατρὸς
ἡμῶν Ἰακώβου τοῦ Ἀσκητοῦ.

Τῆς αὐτῆς ἡμέρας, αἱ Ἅγιοι δύο Μάρτυρες,
μήτηρ καὶ θυγάτηρ, ξίφει τελειοῦνται.

Τῆς αὐτῆς ἡμέρας, ἡ Ἅγια Μάρτυς Χάρις,
τοὺς πόδας ἐκκοπεῖσα, τελειοῦται.

Ταῖς τῶν Ἁγίων σου πρεσβείαις, ὁ Θεὸς
ἐλεήσον ἡμᾶς. Ἀμήν.

out, “O Christ, You have granted resurrection
to all!” [GOASD]

Oikos.

Let us extol, as omnipotent God, the One
who rose on the third day; for He smashed
the gates of Hades, and He raised from their
graves the dead from all time. As He wished
He was seen by the Myrrh-bearing Women,
to whom first He exclaimed, “Rejoice!” thus
saying declaring to His Apostles the joy, as
the only Giver of Life. Then the women in
good faith bring good news of the proof of the
victory to the Disciples. But Hades groans, and
Death laments. The world exults, and everyone
celebrates, O Christ, for You have granted
resurrection to all! [GOASD]

Stand for the reading of the Synaxarion.

Synaxarion

From the Menaion.

On January 28 we commemorate our
devout father Ephraim the Syrian.

On this day we also commemorate our
devout father Palladios.

On this day we also commemorate our
devout father Iakovos the ascetic.

On this day two martyrs, a mother and
daughter, died by the sword.

On this day the holy martyr Grace died
when her feet were cut off.

By the intercessions of Your Saints, O
God, have mercy on us. Amen.

ΧΟΡΟΣ

**Καταβασία τῆς Ὑπαπαντῆς
Ὦδὴ α΄. Ἦχος γ΄.**

Χέρσον ἀβυσσοτόκον πέδον ἥλιος,
ἐπεπόλευσε ποτέ· ὡσεὶ τεῖχος γὰρ ἐπάγη,
ἐκατέρωθεν ὕδωρ, λαῶ πεζοποντοποροῦντι,
καὶ θεαρέστως μέλποντι· Ἄσωμεν τῷ Κυρίῳ·
ἐνδόξως γὰρ δεδόξασται.

Ὦδὴ γ΄.

Τὸ στερέωμα, τῶν ἐπὶ σοὶ πεποιθότων,
στερέωσον Κύριε τὴν Ἐκκλησίαν, ἣν ἐκτήσω
τῷ τιμίῳ σου αἵματι.

Ὦδὴ δ΄.

Ἐκάλυψεν οὐρανούς, ἡ ἀρετὴ σου
Χριστέ· τῆς κιβωτοῦ γὰρ προελθὼν, τοῦ
ἀγιασμάτος σου, τῆς ἀφθόρου Μητρός, ἐν
τῷ ναῷ τῆς δόξης σου, ὠφθης ὡς βρέφος
ἀγκαλοφορούμενος· καὶ ἐπληρώθη τὰ πάντα,
τῆς σῆς αἰνέσεως.

Ὦδὴ ε΄.

Ὡς εἶδεν Ἡσαΐας συμβολικῶς ἐν
θρόνῳ ἐπηρμένῳ Θεόν, ὑπ’ Ἀγγέλων δόξης
δορυφορούμενον, ὦ τάλας! ἐβόα, ἐγὼ· πρὸ γὰρ
εἶδον σωματούμενον Θεόν, φωτὸς ἀνεσπέρου,
καὶ εἰρήνης δεσπόζοντα.

Ὦδὴ ς΄.

Ἐβόησέ σοι, ἰδὼν ὁ Πρέσβυς, τοῖς
ὀφθαλμοῖς τὸ σωτήριον, ὃ λαοῖς ἐπέστη· Ἐκ
Θεοῦ Χριστέ σὺ Θεός μου.

CHOIR

**Katavasia of the Meeting
Ode i. Mode 3.**

Sunlight once hovered over the abyssal
plain that was rendered dry of old. * For the
water like a wall on either side became solid, *
and people walked across on dry land and sang
an ode, pleasing to God, * “Sing to the Lord,
who triumphed; for He is greatly glorified.” ^[SD]

Ode iii.

As the firm support of those who hope in
You firmly, * O Lord and our Savior, support
us, Your holy * Church You purchased * with
Your most precious blood, O Christ. ^[SD]

Ode iv.

The heavens were covered by Your virtue,
O Christ. * For coming forth from the Ark of
Your holiness, Your Mother who sustained
no corruption, * You appeared today in Your
glorious Temple, as an infant held in arms. *
And the entire creation was filled with Your
praise. ^[SD]

Ode v.

Isaiah had a mystical vision of God *
sitting on a throne lifted up, * and around Him
stood the glorious Seraphim. * The Prophet
cried out, “Woe is me! * With my eyes I have
foreseen incarnate God; * and He is the Master
of never-setting light and peace.” ^[SD]

Ode vi.

To You, the Elder cried out, on seeing
* with his own eyes the salvation that You
prepared for all people, * “God from God are
You, Christ my Savior.” ^[SD]

Ὦδὴ ζ΄.

Σὲ τὸν ἐν πυρὶ δροσίσαντα, Παῖδας
θεολογήσαντας, καὶ Παρθένω ἀκηράτῳ
ἐνοικήσαντα, Θεὸν Λόγον ὑμνοῦμεν, εὐσεβῶς
μελωδοῦντες· Εὐλογητὸς ὁ Θεός, ὁ τῶν
Πατέρων ἡμῶν.

Ὦδὴ η΄.

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.*

Ἀστέκτῳ πυρὶ ἐνωθέντες, οἱ θεοσεβείας
προεστῶτες Νεανίαί, τῇ φλογὶ δὲ μὴ
λωβηθέντες, θεῖον ὕμνον ἔμελλον· Εὐλογεῖτε
πάντα τὰ ἔργα τὸν Κύριον, καὶ ὑπερυψοῦτε, εἰς
πάντας τοὺς αἰῶνας.

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι ἅγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις
ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ἦχος β΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

Ode vii.

Servants in the furnace spoke of God. *
You bedewed them, O God the Logos; * and
You dwelt in the womb of the immaculate,
holy Virgin. We praise You * and sing to You
devoutly: * Blessed are You, O Lord, the God
of our fathers. [SD]

Ode viii.

*We praise and we bless and we worship
the Lord.*

Unharméd were the young men, who
were champions * of belief in God, when they
were thrown into the furnace * and they faced
unbearable fire; and they sang a hymn to God:
* “All you works of the Lord, bless the Lord,
* and exalt Him beyond measure unto all the
ages.” [SD]

Stand for the Gospel reading.

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For You, our God, are holy, and You rest
among the holy ones, and to You we offer up
glory, to the Father and to the Son and to the
Holy Spirit, now and forever and to the ages of
ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the
Lord. (2) Let everything that breathes praise
the Lord. [SAAS]

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ματθαῖον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Ἐωθινὸν Α'
Ματθαῖον ΚΗ' 16-20

Τῷ καιρῷ ἐκείνῳ, οἱ ἕνδεκα μαθηταὶ ἐπορεύθησαν εἰς τὴν Γαλιλαίαν, εἰς τὸ ὄρος, οὗ ἐτάξατο αὐτοῖς ὁ Ἰησοῦς. Καὶ ἰδόντες αὐτόν, προσεκύνησαν αὐτῷ· οἱ δὲ ἐδίστασαν. Καὶ προσελθὼν ὁ Ἰησοῦς, ἐλάλησεν αὐτοῖς, λέγων· Ἐδόθη μοι πᾶσα ἐξουσία ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς. Πορευθέντες οὖν, μαθητεύσατε πάντα τὰ ἔθνη, βαπτίζοντες αὐτοὺς εἰς τὸ ὄνομα τοῦ Πατρὸς, καὶ τοῦ Υἱοῦ, καὶ τοῦ Ἁγίου Πνεύματος· διδάσκοντες αὐτοὺς τηρεῖν πάντα ὅσα ἐνετειλάμην ὑμῖν. Καὶ ἰδοὺ, ἐγὼ μεθ' ὑμῶν εἰμι πάσας τὰς ἡμέρας, ἕως τῆς συντελείας τοῦ αἰῶνος. Ἀμήν.

(Δόξα σοι, Κύριε, δόξα σοι.)

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the holy Gospel according to Matthew.

DEACON

Let us be attentive.

(Glory to You, O Lord, glory to You.)

PRIEST (from the altar table)

Eothinon 1
Matthew. 28:16-20

At that time, the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. And when they saw Him they worshiped Him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to Me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age. Amen." ^[RSV]

(Glory to You, O Lord, glory to You.)

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι,
προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν,
τὸν μόνον ἀναμάρτητον. Τὸν Σταυρὸν σου,
Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου
ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ
γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ
οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε
πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ
Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ
τοῦ Σταυροῦ χαρὰ ἐν ὄλῳ τῷ κόσμῳ. Διὰ
παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν
ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι’
ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

ΧΟΡΟΣ

Ψαλμὸς Ν´ (50).

ᾠδὴ β´. (ἡ τῆς ἐβδομάδος.)

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός
σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου
ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου
καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ
ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον, καὶ τὸ πονηρὸν
ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῆς ἐν
τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί
σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν
ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

READER

Having beheld the Resurrection of Christ,
let us worship the holy Lord Jesus, the only
sinless one. Your Cross, O Christ, we venerate,
and Your holy Resurrection we praise and
glorify. For You are our God; apart from You
we know no other; we call upon Your name.
Come, all faithful, let us venerate the holy
Resurrection of Christ; for behold, through
the Cross, joy has come to the whole world.
Ever blessing the Lord, let us praise His
Resurrection; for having endured the Cross for
us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression.

Wash me thoroughly from my lawlessness
and cleanse me from my sin.

For I know my lawlessness, and my sin is
always before me.

Against You only have I sinned and done
evil in Your sight; that You may be justified
in Your words, and overcome when You are
judged.

For behold, I was conceived in
transgressions, and in sins my mother bore me.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας· τὰ ἄδηλα
καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι·
πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην·
ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν
ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου
ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός,
καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις
μου.

Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου,
καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ’
ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου
σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς
σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα
μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Behold, You love truth; You showed
me the unknown and secret things of Your
wisdom.

You shall sprinkle me with hyssop, and I
will be cleansed; You shall wash me, and I will
be made whiter than snow.

You shall make me hear joy and gladness;
my bones that were humbled shall greatly
rejoice.

Turn Your face from my sins, and blot out
all my transgressions.

Create in me a clean heart, O God, and
renew a right spirit within me.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,
the God of my salvation, and my tongue shall
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my
mouth will declare Your praise.

For if You desired sacrifice, I would give
it; You will not be pleased with whole burnt
offerings.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον·
καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ
Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν
Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου
μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις, Ἐλεῆμον,
ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα
ἔλεός σου, καὶ κατὰ τὸ πλήθος τῶν οἰκτιρμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς
προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωὴν, καὶ
μέγα ἔλεος.

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·
ὑψωσον κέρας χριστιανῶν ὀρθοδόξων
καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου
τὰ πλούσια· πρεσβείαις τῆς παναχράντου
Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου
Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ
Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων

A sacrifice to God is a broken spirit,
a broken and humbled heart God will not
despise.

Do good, O Lord, in Your good pleasure
to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice
of righteousness, with offerings and whole
burnt offerings.

Then shall they offer young bulls on Your
altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord
of mercy, blot out my many offenses. [SD]

Both now.

At the intercession of the Theotokos, O
Lord of mercy, blot out my many offenses. [SD]

Verse: *Have mercy on me, O God,
according to Your great mercy; and according
to the abundance of Your compassion, blot out
my transgression.*

Jesus, having risen from the grave as He
foretold, has granted us eternal life and great
mercy. [SD]

PRIEST

O God, save Your people and bless
Your inheritance. Look upon Your world
with mercy and compassion. Raise the
Orthodox Christians in glory, and send
down upon us Your rich mercies, through
the intercessions of our most pure Lady,
the Theotokos and ever virgin Mary, the
power of the precious and life-giving Cross,
the protection of the honorable, heavenly,

Δυνάμεων ἄσωμάτων, ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν· τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ἰωακεὶμ καὶ Ἄννης, καὶ τοῦ Ὁσίου Πατρὸς ἡμῶν Ἐφραίμ τοῦ Σύρου, οὗ καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ πάντων σου τῶν Ἁγίων. Ἰκετεύομέν σε, μόνη πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

bodiless powers, the supplications of the honorable, glorious prophet and forerunner John the Baptist, the holy, glorious, and praiseworthy apostles, our fathers among the saints, the great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian, and John Chrysostom; Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria, Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious, great martyrs George the victorious, Demetrios the Myrobletes, Theodore Teron, and Theodore Stratelates; Menas the wonderworker; Charalambos and Eleutherios, the Hieromartyrs; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; our venerable and God-bearing fathers; (local patron saint); holy and righteous ancestors of God Joachim and Anna; our devout and God-bearing father Ephrem the Syrian, whose memory we observe; and all Your saints; We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love for humankind of Your only-begotten Son, with whom You are blessed, together with Your all-holy, good and life-creating Spirit, now and forever and to the ages of ages.

(Amen.)

Ὁ λαὸς ἴσταται διὰ τὴν Θ' Ὡδήν.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

Ὡδή θ'.

Μεγαλυνάριον. Ἦχος γ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνωμεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνωμεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνωμεν.

Stand for the singing of Ode ix.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

The Magnificat. Mode 3.

Verse: *My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.*

[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Στίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοία καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Ὡδὴ θ'. Καταβασία. Ἦχος γ'.

Θεοτόκε ἡ ἐλπίς, πάντων τῶν Χριστιανῶν,
σκέπε φρούρει φύλαττε, τοὺς ἐλπίζοντας εἰς σέ.

Ἐν νόμῳ σκιᾶ καὶ γράμματι, τύπον
κατίδωμεν οἱ πιστοί· πᾶν ἄρσεν τὸ τὴν μήτραν
διανοίγον, ἅγιον Θεῷ· διὸ πρωτότοκον Λόγον,

Verse: *He has shown strength with
His arm; He has scattered the proud in the
imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [SD]

Verse: *He has put down the mighty from
their thrones, and exalted the lowly. He has
filled the hungry with good things, and the rich
He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [SD]

Verse: *He has helped His servant Israel,
in remembrance of His mercy, as He spoke
to our fathers, to Abraham and to his seed
forever.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [SD]

Ode ix. Katavasia. Mode 3.

*Theotokos, as the hope of us Christians,
one and all, * guard and shelter and protect
those who put their hope in you.*

In the shadow and the letter of the Law,
* we the faithful perceive the decree: *
Consecrate to God every male, the first-born
opening the womb. * Now the unoriginate

Πατρός ἀνάρχου Υἱόν, πρωτοτοκούμενον
Μητρί, ἀπειράνδρω μεγαλύνομεν.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ
Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

ᾠχος β΄.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ἐψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ
προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου - - -

Ἐξαποστειλάριον.

Τὸ Α΄ Ἐωθινόν.

ᾠχος β΄. Αὐτόμελον.

Τοῖς Μαθηταῖς συνέλθωμεν, ἐν ὄρει
Γαλιλαίας, πίστει Χριστὸν θεάσασθαι, λέγοντα

Father's first-born Logos and Son * is also
first-born of a virgin Mother, and we magnify
Him. [SD]

PRIEST

Again and again, in peace, let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

(Lord, have mercy.)

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

(To You, O Lord.)

For all the powers of heaven praise You,
and to You we offer up glory, to the Father and
the Son and the Holy Spirit, now and forever
and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the
footstool of His feet.

For He is holy.

From Octoechos - - -

Exaposteilarion.

Eothinon 1.

Mode 2. Automelon.

Τοῖς Μαθηταῖς συνέλθωμεν.

Let us in faith now join the Lord's *
disciples on the mountain * in Galilee, and we

ἐξουσίαν, λαβεῖν τῶν ἄνω καὶ κάτω· μάθωμεν
πῶς διδάσκει, βαπτίζειν εἰς τὸ ὄνομα, τοῦ
Πατρὸς, ἔθνη πάντα, καὶ τοῦ Υἱοῦ, καὶ Ἁγίου
Πνεύματος, καὶ συνεῖναι, τοῖς μύσταις ὡς
ὑπέσχετο, ἕως τῆς συντελείας.

Τοῦ Ἁγίου.

Τοῦ Μηναίου ---

ᾠδὴ γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Ὡς ποταμὸς ὑπάρχεις, ρεῖθρα χρυσόρρυτα
βρύων, καὶ τοὺς λαοὺς διεγείρων, τῆς
μετανοίας πρὸς τρίβον, Χριστὸν ἰκέτευε
Πάτερ, Ἐφραὶμ σωθῆναι τὸν κόσμον.

Θεοτοκίον.

ᾠδὴ γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Ἐλπίς τῶν ἀπηλπισμένων, καταφυγὴ
Χριστιανῶν, πανύμνητε Θεοτόκε, τῶν
θλιβομένων ἡ χαρά, ἐκ πάσης θλίψεως ῥῦσαι,
τοὺς ἀναξίους σου δούλους.

Οἱ Αἴνοι. ᾠδὴ α΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε
τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν
τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ
πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτόν πάντα τὰ
ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτόν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ
ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

shall see * Christ saying He was given * all
authority, both on high * and below. We shall
hear Him * teach how to baptize nations all,
* in the name of the Father and of the Son *
and the Holy Spirit, and say He always * is
with believers to the close * of the age, as He
promised. [GOASD]

For the Saint.

From Menaion ---

Mode 3. *Having embellished heaven.*

Ὁ οὐρανὸν τοῖς ἄστροις.

You are to us like a river * flowing
with streams that are golden, * and rousing
all Christian peoples * to take the path of
repentance. * O Father Ephrem, implore Christ
* and pray for the world's salvation. [SD]

Theotokion.

Mode 3. *Having embellished heaven.*

You are the hope of the hopeless, * you
are the refuge for Christians, * O all-lauded
Theotokos, * you are the joy of the oppressed.
* Deliver us your unworthy * servants from
every affliction. [SD]

Lauds. Mode 1.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars
and light.

Praise Him, you heavens of heavens, and you waters
above the heavens. Let them praise the Lord's name.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιόν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιῶντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετὰ καὶ πετεινὰ περωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ἦμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι αὐτῷ.

Ἄσατε τῷ Κυρίῳ ῥῆσμα καινόν, ἢ αἶνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πρᾶεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

For He spoke, and they were made; He commanded, and they were created.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

Τῆς Ὀκτωήχου ---

Στιχηρὰ Ἀναστάσιμα.**Ἦχος α΄.**

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἐγγραπτον·
δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Ἐμνοῦμέν σου Χριστέ, τὸ σωτήριον
πάθος, καὶ δοξάζομέν σου τὴν ἀνάστασιν.

Ἦχος α΄.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἀγίοις αὐτοῦ,
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως
αὐτοῦ.

Ὁ Σταυρὸν ὑπομείνας, καὶ τὸν θάνατον
καταργήσας, καὶ ἀναστὰς ἐκ τῶν νεκρῶν,
εἰρήνευσον ἡμῶν τὴν ζωὴν Κύριε, ὡς μόνος
παντοδύναμος.

Ἦχος α΄.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ,
αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης
αὐτοῦ.

Ὁ τὸν ἄδην σκυλεύσας, καὶ τὸν ἄνθρωπον
ἀναστήσας, τῇ ἀναστάσει σου Χριστέ,
ἀξίωσον ἡμᾶς ἐν καθαρᾷ καρδίᾳ, ὑμνεῖν καὶ
δοξάζειν σε.

Ἦχος α΄.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε
αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Τὴν θεοπρεπῆ σου συγκατάβασιν
δοξάζοντες, ὑμνοῦμέν σε Χριστέ· ἐτέχθης
ἐκ Παρθένου, καὶ ἀχώριστος ὑπῆρχες τῷ
Πατρί· ἔπαθες ὡς ἄνθρωπος, καὶ ἐκουσίως
ὑπέμεινας Σταυρὸν· ἀνέστης ἐκ τοῦ τάφου,
ὡς ἐκ παστάδος προελθὼν, ἵνα σώσης τὸν
κόσμον· Κύριε δόξα σοι.

From Octoechos ---

Resurrectional Stichera.**Mode 1.**

*To fulfill among them the written
judgment: this glory have all His holy ones.*

[SAAS]

We extol Your saving Passion, O Christ,
and we glorify Your resurrection. [GOASD]

Mode 1.

*Praise God in His saints; praise Him in
the firmament of His power.* [SAAS]

You endured crucifixion, and You
abolished death, and You rose from the dead.
We pray You grant us a peaceful life, O Lord,
as the only Almighty One. [GOASD]

Mode 1.

*Praise Him for His mighty acts; praise
Him according to the abundance of His
greatness.* [SAAS]

You plundered Hades, and You raised
humanity, by Your resurrection, O Christ. We
pray You grant us to extol You and glorify
You with a pure heart. [GOASD]

Mode 1.

*Praise Him with the sound of trumpet;
praise Him with the harp and lyre.* [SAAS]

We glorify Your divine condescension,
and we extol You, O Christ. From the Virgin
You were born, and from the Father You
remained inseparable. As a man You suffered
and voluntarily endured the Cross. As one
emerging from a bridal chamber, You rose

Στιχηρά. Τοῦ Ἁγίου.

Τοῦ Μηναιού ---

Ἐκ τοῦ Ἑσπερινοῦ.

Ἦχος α΄. *Τῶν οὐρανίων ταγμάτων.*

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Τοῦ Παραδείσου τὰ κάλλη κατοπτρισάμενος, καὶ δαψιλῶς τρυφήσας, ἀκηράτους λειμῶνας, ἐξήνθησας τῷ κόσμῳ, γνῶσιν Θεοῦ· ἧς μετέχοντες Ὅσιε, πνευματικῇ διαθέσει τῇ τῶν ψυχῶν, ἀναθάλλομεν ἐν πνεύματι.

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Τοῦ Παραδείσου τὰ κάλλη κατοπτρισάμενος, καὶ δαψιλῶς τρυφήσας, ἀκηράτους λειμῶνας, ἐξήνθησας τῷ κόσμῳ, γνῶσιν Θεοῦ· ἧς μετέχοντες Ὅσιε, πνευματικῇ διαθέσει τῇ τῶν ψυχῶν, ἀναθάλλομεν ἐν πνεύματι.

Στίχ. *Μακάριος ἀνὴρ ὁ φοβούμενος τὸν Κύριον, ἐν ταῖς ἐντολαῖς αὐτοῦ θελήσει σφόδρα.*

Τὴν τοῦ Κριτοῦ παρουσίαν ἱστορησάμενος, τοῖς τῶν δακρύων ρεῖθροις, τῶν ψυχῶν τὰς λαμπάδας, ἀνάπτειν ἐκδιδάσκει, πᾶσι βοῶν, τοῦ Νυμφίου τὴν ἔλευσιν· Περιβαλώμεθα πάντες στολὴν λαμπράν, ὑπαντῆσαι τῷ Νυμφίῳ Χριστῷ.

from the sepulcher, in order to save the world. Glory to You, O Lord! [GOASD]

Stichera. For the Saint.

From Menaion ---

From Vespers.

Mode 1. *For all the powers of heaven.*

Τῶν οὐρανίων ταγμάτων.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

When you had seen Paradise's beauty reflected in you * and had delighted richly in its unspoiled meadows, * you blossomed for the world the knowledge of God. * And as we now partake of it, * our souls are growing in spirituality, * in the Spirit, O devout Ephrem.

[SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

When you had seen Paradise's beauty reflected in you * and had delighted richly in its unspoiled meadows, * you blossomed for the world the knowledge of God. * And as we now partake of it, * our souls are growing in spirituality, * in the Spirit, O devout Ephrem.

[SD]

Verse: *Blessed is the man who fears the Lord; he will delight exceedingly in His commandments.* [SAAS]

You have depicted the Coming * of Christ the Judge of all, * and thus you teach all people * that they ought by the shedding * of tears to light their souls' lamps, and you proclaim * that the Bridegroom will surely come: "So let us all now put on a bright

Στίχ. Τίμιος ἐναντίον Κυρίου ὁ θάνατος τοῦ ὁσίου αὐτοῦ.

Τῆ ἐγκρατεία τὸ σῶμα περιφραζάμενος, τὰς τῶν παθῶν κινήσεις, ἀπενέκρωσας Πάτερ, εὐχαῖς καὶ ἀγρυπνίαις· ὅθεν ἐν σοί, ἢ τοῦ Πνεύματος δύναμις, ἐπισκιάσασα ἔδειξε νοητόν, σὲ φωστήρα καὶ παγκόσμιον.

Τῆς Ὀκτωήχου ---

Δόξα. **Ῥηχος α΄.**
Τὸ Α΄ Ἐωθινόν.

Εἰς τὸ ὄρος τοῖς Μαθηταῖς ἐπειγομένοις, διὰ τὴν χαμόθεν ἔπαρσιν, ἐπέστη ὁ Κύριος· καὶ προσκυνήσαντες αὐτόν, καὶ τὴν δοθεῖσαν ἐξουσίαν, πανταχοῦ διδασκόμενοι, εἰς τὴν ὑπὸ οὐρανὸν ἐξαπεστέλλοντο, κηρῦσαι τὴν ἐκ νεκρῶν ἀνάστασιν, καὶ τὴν εἰς οὐρανοὺς ἀποκατάστασιν· οἷς καὶ συνδιαγωνίζεσθαι, ὁ ἀψευδὴς ἐπηγγείλατο, Χριστὸς ὁ Θεός, καὶ Σωτὴρ τῶν ψυχῶν ἡμῶν.

Καὶ νῦν. **Θεοτοκίον.**

Ἐπευλογημένη ὑπάρχεις, Θεοτόκε Παρθένη· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἄδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλόγητός Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ὁ λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

splendid robe, * so that we can meet the Bridegroom Christ.” [SD]

Verse: *Precious in the sight of the Lord is the death of His holy one.* [SAAS]

You put restraints on your body * through self-control, O Saint, * and mortified the movements * of the passions, O Father, * by many prayers and vigils. Therefore the might * of the Spirit came over you, * and it exhibited you, O Ephrem, to be * a noetic star for all the world. [SD]

From Octoechos ---

Glory. **Mode 1.**
Eothinon 1.

The disciples hastened to the mountain, for the Lord’s ascension from the earth; and when they saw Him they worshiped Him. He told them about the universal authority He was given, and then He sent them out to all the earth under heaven, to preach the resurrection from the dead and the return to heaven. And He, who never lies, promised to be with them forever. He is Christ our God and the Savior of our souls. [GOASD]

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate, Hades has been captured, and Adam has been called back; the curse has been killed, and Eve has been freed; death has been put to death, and we have been brought back to life. Therefore we extol Him and cry out, “O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!” [GOASD]

Stand for the Great Doxology.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ἕμνουμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρός, ὁ αἴρων τὴν ἀμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἀμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. ^[SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχὴν μου, ὅτι ἡμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.

Ἦχος δ'. (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life.

θάνατον, τὸ νῆκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα
ἔλεος.

For, destroying death by death, He gave us the
victory and the great mercy. ^[SD]