
DIGITAL CHANT STAND
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

The Service of Matins
for Sunday, April 21, 2024

Octoechos - Mode pl. 1
on Sunday Morning
Eothion 2

Triodion - Fifth Sunday of Lent
Fifth Sunday of Lent: St. Mary of Egypt
on Sunday Morning at Matins

Menaion - April 21
Katavasias of Theotokos

Texts in Greek and English

Links to Matins Ordinary

Bilingual

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/gr-en/bk.matinsordinary.normal.pdf

English

dcs.goarch.org/goa/dcs/p/b/matinsordinary/normal/en/bk.matinsordinary.normal.pdf

Sources

[**GOASD**] Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. [**AC**] Anthony Cook. [**GKD**] George K. Duvall. [**KW**] Kallistos Ware. [**RB**] Richard Barrett. [**SD**] Fr. Seraphim Dedes.
[**TC**] Thomas Carroll. [**VPA**] Virgil Peter Andronache. [**GOA**] Greek Orthodox Archdiocese of America. [**HC**] Holy Cross Orthodox Press. [**OCA**] Orthodox Church in America.

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Βιβλία - Πηγαί

Ὀκτώηχος - ᾠχος πλ. α΄.

Τῆ Κυριακῆ Πρωΐ

Τριώδιον

Κυριακῆ Ε΄ τῶν Νηστειῶν - Τῆ Κυριακῆ Πρωΐ

Κυριακῆ Ε΄ τῶν Νηστειῶν τῆς Ὁσίας Μαρίας τῆς Αἰγυπτίας

ΟΡΘΡΟΣ

ΧΟΡΟΣ

ᾠχος πλ. α΄.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

Στίχ. α΄. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Στίχ. β΄. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

Στίχ. γ΄. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὀκτωήχου - - -

Ἀπολυτίκιον Ἀναστάσιμον.

ᾠχος πλ. α΄. Αὐτόμελον.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ
Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς
σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ
προσκυνησωμεν· ὅτι ἠδόκησε σαρκί,
ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον
ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεῶτας, ἐν τῇ
ἐνδόξῳ ἀναστάσει αὐτοῦ.

Τοῦ Τριωδίου - - -

Δόξα. **Τῆς Ὁσίας.**

ᾠχος πλ. δ΄.

Ἐν σοὶ Μῆτερ ἀκριβῶς διεσώθη τὸ
κατ' εἰκόνα· λαβοῦσα γὰρ τὸν σταυρόν,

Books - Sources

Octoechos - Mode pl. 1.

On Sunday Morning

Triodion

Fifth Sunday of Lent - On Sunday Morning

Fifth Sunday of Lent: St. Mary of Egypt

MATINS

CHOIR

Mode pl. 1.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call
upon His holy name.

Verse 2: All the nations surrounded me,
but in the name of the Lord I defended myself
against them.

Verse 3: And this came about from the
Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode pl. 1. Automelon.

Τὸν συνάναρχον Λόγον.

As the Father and Spirit are unoriginate,
* so the Word, who was born from the Virgin
for us. * Let us praise Him, O believers, and
let us worship Him. * For our salvation He was
pleased * to be crucified in the flesh, * and to
undergo death, * and to resurrect the dead, by
His glorious resurrection. [GOASD]

From Triodion - - -

Glory. **For the Devout Woman.**

Mode pl. 4.

In you, O Mother, is preserved undistorted
what was made in the image of God; for

ἠκολούθησας τῷ Χριστῷ, καὶ πράττουσα ἐδίδασκες ὑπερορᾶν μὲν σαρκὸς παρέρχεται γάρ, ἐπιμελεῖσθαι δὲ ψυχῆς, πράγματος ἀθανάτου· διὸ καὶ μετὰ Ἀγγέλων συναγάλλεται Ὁσία Μαρία τὸ πνεῦμά σου.

Καὶ νῦν. **Θεοτοκίον.**

Τῆς Ὀκτωήχου ---

ᾠχος πλ. δ'.

Ὁ δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ σταύρωσιν ὑπομείνας Ἀγαθέ, ὁ θανάτῳ τὸν θάνατον σκυλεύσας, καὶ ἔγερσιν δείξας ὡς Θεός, μὴ παρίδης οὖς ἔπλασας τῇ χειρὶ σου· δεῖξον τὴν φιλανθρωπίαν σου Ἐλεῆμον· δέξαι τὴν τεκοῦσάν σε Θεοτόκον, πρεσβεύουσαν ὑπὲρ ἡμῶν, καὶ σῶσον Σωτὴρ ἡμῶν, λαὸν ἀπεγνωσμένον.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

taking up the cross, you followed Christ and by example taught, that we should overlook the flesh, since it passes away, and instead look after the soul, since it is immortal. And therefore, O devout Mary, your spirit rejoices with the angels. ^[SD]

Both now. **Theotokion.**

From Octoechos ---

Mode pl. 4.

You were born of a Virgin, and You endured crucifixion for us, O good Lord. By Your death You divested death of spoils, and You displayed resurrection, as God. Please do not despise us, the work of Your hand. Demonstrate Your loving kindness, O merciful Master. Defer to Your Mother, the Theotokos, when she intercedes on our behalf, and save us, Your people in despair, O Savior. ^[GOASD]

PRIEST

Again and again in peace let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΧΟΡΟΣ

Κάθισμα Α΄.

Τῆς Ὀκτωήχου ---

ᾠχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Τὸν Σταυρὸν τοῦ Κυρίου ἐγκωμιάσωμεν, τὴν ταφὴν τὴν ἁγίαν ὕμνοις τιμήσωμεν, καὶ τὴν ἀνάστασιν αὐτοῦ ὑπερδοξάσωμεν· ὅτι συνήγειρε νεκρούς, ἐκ τῶν μνημάτων ὡς Θεός, σκυλεύσας κράτος θανάτου, καὶ ἰσχὺν διαβόλου, καὶ τοῖς ἐν ἄδη φῶς ἀνέτειλε.

Δόξα.

Κύριε, νεκρὸς προσηγορεύθης, ὁ νεκρώσας τὸν θάνατον· ἐν μνήματι ἐτέθης, ὁ κενώσας τὰ μνήματα· ἄνω στρατιῶται τὸν τάφον ἐφύλαττον, κάτω τοὺς ἀπ' αἰῶνος νεκρούς ἐξανέστησας. Παντοδύναμε καὶ ἀκατάληπτε, Κύριε δόξα σοι.

Καὶ νῦν. **Θεοτοκίον.**

ᾠχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Χαῖρε πύλη Κυρίου ἡ ἀδιόδευτος· Χαῖρε τεῖχος καὶ σκέπη τῶν προστρεχόντων εἰς σέ· Χαῖρε ἀχείμαστε λιμὴν, καὶ ἀπειρόγαμε· ἡ τεκοῦσα ἐν σαρκὶ τὸν ποιητὴν σου καὶ

CHOIR

To You, O Lord.

PRIEST

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

CHOIR

Kathisma I.

From Octoechos ---

Mode pl. 1. *As the Father and Spirit.*

Τὸν συνάναρχον Λόγον.

Let us honor the Cross of the Lord with solemn praise. * Let us sing hymns extolling His holy burial. * Let us highly glorify His resurrection from the dead. * For, being God, He raised the dead from the graves with himself. * He shined light on those in Hades, annihilating the power of death and the devil's might. [GOASD]

Glory.

Lord, You who deadened death were described as being dead. You who emptied tombs had been buried in a tomb. Above, soldiers guarded the sepulcher; below, You resurrected the dead of all ages. Lord almighty and incomprehensible, glory to You! [GOASD]

Both now. **Theotokion.**

Mode pl. 1. *As the Father and Spirit.*

Τὸν συνάναρχον Λόγον.

Hail, gate of the Lord, through which no man has passed! * Wall and shelter of all who rely on you, rejoice! * Port and haven undisturbed by any tempest, rejoice! * You

Θεόν, πρεσβεύουσα μὴ ἐλλείπης, ὑπὲρ τῶν ἀνυμνούντων, καὶ προσκυνούντων τὸν τόκον σου.

Τῆς Ὀκτωήχου ---

Κάθισμα Β΄.

ᾠχος πλ. α΄.

Κύριε, μετὰ τὴν τριήμερόν σου ἀνάστασιν, καὶ τὴν τῶν Ἀποστόλων προσκύνησιν, ὁ Πέτρος ἐβόα σοι· Γυναῖκες ἀπετόλμησαν, κἀγὼ ἐδειλίασα· Ληστής ἐθεολόγησε, κἀγὼ ἠρνησάμην σε· ἄρα καλέσεις με τοῦ λοιποῦ μαθητήν; ἢ πάλιν δείξεις με ἀλιέα βυθοῦ; ἀλλὰ μετανοοῦντά με δέξαι, ὁ Θεὸς καὶ σῶσόν με.

Δόξα.

Κύριε, ἐν μέσῳ σε προσήλωσαν, οἱ παράνομοι τῶν καταδίκων, καὶ λόγῃ τὴν πλευράν σου ἐξεκέντησαν, ὧ Ἐλεῆμον· ταφήν δὲ κατεδέξω, ὁ λύσας ἄδου τὰς πύλας, καὶ ἀνέστης τριήμερος· ἔδραμον γυναῖκες ἰδεῖν σε, καὶ ἀπήγγειλαν Ἀποστόλοις τὴν ἔγερσιν. Ὑπερυψούμενε Σωτήρ, ὃν ὕμνοῦσιν Ἄγγελοι, εὐλογημένε Κύριε δόξα σοι.

Καὶ νῦν. **Θεοτοκίον.**

ᾠχος πλ. α΄. *Τὸν συνάναρχον Λόγον.*

Ἀπειρόγαμε νύμφη θεογεννήτρια, ἡ τῆς Εὐσας τὴν λύπην χαροποιήσασα, ἀνυμνοῦμεν οἱ πιστοὶ καὶ προσκυνοῦμέν σε, ὅτι ἀνήγαγες ἡμᾶς ἐκ τῆς ἀρχαίας ἀρᾶς· καὶ νῦν δυσώπει ἀπαύστως, πανύμνητε Παναγία, εἰς τὸ σωθῆναι ἡμᾶς.

gave birth to your Creator and God in the flesh, * ever remaining a virgin. * Never cease interceding for us who worship and extol your Son. [GOASD]

From Octoechos ---

Kathisma II.

Mode pl. 1.

After You had risen on the third day, O Lord, and the Apostles had worshiped You, Peter said to You, “The women were courageous, but I was afraid. The robber stated Your divinity, but I denied knowing You. Will You ever call me Your disciple again, or will you send me back to be a fisher of the sea? I pray You to receive me in repentance, O God, and save me.” [GOASD]

Glory.

The villains had You crucified between the convicts. And they pierced Your side with a spear, O merciful Master. You accepted burial. You destroyed the gates of Hades, and You rose on the third day. The Women ran to see You, and they announced Your resurrection to the Apostles. Supremely exalted Savior, whom the Angels extol, O blessed Lord, glory to You! [GOASD]

Both now. **Theotokion.**

Mode pl. 1. *As the Father and Spirit.*

Τὸν συνάναρχον Λόγον.

Bride unwedded and Mother of God, you are the one * who turned Eve’s pain and sorrow into exultant joy. * We the faithful sing your praises and we honor you; * for you have lifted us up from the ancient curse. * All-lauded, all-holy Virgin, * never cease

Εὐλογητάρια Ἀναστάσιμα.

Ἦχος πλ. α΄.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὀρῶν
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ
Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ
τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας
ἐλευθερώσαντα.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ᾧ
Μαθήτριάι κινῶνται; ὁ ἀστράπτων ἐν τῷ τάφῳ
Ἄγγελος, προσεφθέγγετο ταῖς Μυροφόροις·
Ἴδετε ὑμεῖς τὸν τάφον καὶ ἦσθητε· ὁ Σωτήρ
γὰρ ἐξανέστη τοῦ μνήματος.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Λίαν πρωΐ, Μυροφόροι ἔδραμον, πρὸς
τὸ μνήμά σου θρηνολογοῦσαι· ἀλλ’ ἐπέστη,
πρὸς αὐτάς ὁ Ἄγγελος, καὶ εἶπε· θρήνου ὁ
καιρὸς πέπαυται, μὴ κλαίετε, τὴν Ἀνάστασιν
δέ, Ἀποστόλοις εἶπατε.

Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ
ἐνηχοῦντο. Ἄγγελου τρανῶς, πρὸς αὐτάς

interceding with your Son and God to save our
souls. ^[GOASD]

Resurrectional Evlogetaria.

Mode pl. 1.

*Blessed are You, O Lord, teach me Your
statutes.*

When the hosts of the Angels saw how
You were accounted among the dead, they all
marveled. You, O Savior, are the One who
destroyed the might of death; and when You
arose You raised Adam with yourself and from
Hades liberated everyone. ^[SD]

*Blessed are You, O Lord, teach me Your
statutes.*

“Why do you mingle the ointments with
your tears full of pity, O women disciples?”
Thus the Angel who was shining in the tomb
cried to the myrrh-bearing women. “See for
yourselves the empty tomb and understand,
that the Savior has risen from the sepulcher.”

*Blessed are You, O Lord, teach me Your
statutes.*

Very early in the morning, the myrrh-
bearing women were hastening to Your tomb
lamenting. But the Angel appeared to them and
uttered, “The time for lamentation has ended;
weep no more. Go announce the Resurrection
to the Apostles.”

*Blessed are You, O Lord, teach me Your
statutes.*

When the myrrh-bearing women had come
with their spices to Your sepulcher, O Savior,
they heard the voice of an Angel clearly

φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζῶντα
λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου
Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν
Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ,
κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε,
τὸν Ἀδὰμ ἀμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ,
ἀντὶ λύπης παρέσχες, ρεύσαντα ζωῆς, ἴθυνε
πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθεὶς Θεὸς καὶ
ἄνθρωπος.

Ἀλληλούϊα. Ἀλληλούϊα. Ἀλληλούϊα. Δόξα
σοι, ὁ Θεός. (3)

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

speaking to them, “Why do you account
among the dead the One who lives? For as
God, He has risen from the sepulcher.”

Glory.

We bow down in worship to the Father
and His Son and the Holy Spirit, the Holy
Trinity, one in essence; and we cry aloud with
the Seraphim: Holy, Holy, Holy are You, O
Lord.

Both now.

Giving birth to the Giver of life, O Virgin,
you delivered Adam from sin, and to Eve you
have rendered joy in place of sorrow. He who
from you became incarnate, God and man, has
directed to life him who fell from it.

Alleluia. Alleluia. Alleluia. Glory to You,
O God. (3)

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι ηὐλόγηταί σου τὸ ὄνομα καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Ὑπακοή. ᾠχος πλ. α΄.

Ἀγγελικῆ ὁράσει τὸν νοῦν ἐκθαμβούμεναι, καὶ θεϊκῆ ἐγέρσει τὴν ψυχὴν φωτιζόμεναι, αἱ Μυροφόροι τοῖς Ἀποστόλοις εὐηγγελίζοντο· Ἀναγγείλατε ἐν τοῖς ἔθνεσι, τὴν ἀνάστασιν τοῦ Κυρίου, συνεργοῦντος τοῖς θαύμασι, καὶ παρέχοντος ἡμῖν τὸ μέγα ἔλεος.

ΧΟΡΟΣ

Οἱ Ἀναβαθμοί.

Ἀντίφωνον Α΄. ᾠχος πλ. α΄.

Ἐν τῷ θλίβεσθαί με δαυϊτικῶς, ἄδω σοι Σωτήρ μου· Ῥῦσαί μου τὴν ψυχὴν ἐκ γλώσσης δολίας.

Τοῖς ἐρημικοῖς, ζωὴ μακαρία ἐστὶ, θεϊκῶ ἔρωτι πτερουμένοις.

Δόξα· καὶ νῦν.

Ἄγιω Πνεύματι, περικρατεῖται πάντα τὰ ὀρατά τε, σὺν τοῖς ἀόρατοις· αὐτοκρατὲς γὰρ ὄν, τῆς Τριάδος ἓν ἐστὶν ἀψεύστως.

CHOIR

To You, O Lord.

PRIEST

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

READER

From Octoechos ---

Hypakoe. Mode pl. 1.

Mentally amazed by the angelic apparition, inwardly illumined by the divine resurrection, the Myrrh-bearing Women brought good tidings to the Apostles. “Proclaim the resurrection of the Lord among the Gentiles, as He works with you by signs and miracles, and He grants to us the great mercy.” [GOASD]

CHOIR

Anavathmoi.

Antiphon 1. Mode pl. 1.

In my affliction, like David, I sing to You, my Savior. Deliver my soul from a deceitful tongue. [GOASD]

Blessed is the life of those who dwell in the desert, as they mount up with wings of the intense love of God. [GOASD]

Glory. Both now.

By the Holy Spirit are all things maintained, both seen and unseen; for He is inseparably one of the Trinity with full authority. [GOASD]

Ἀντίφωνον Β΄.

Εἰς τὰ ὄρη ψυχὴ ἀρθῶμεν· δεῦρο ἐκεῖσε,
ὄθεν βοήθεια ἔκει.

Δεξιὰ σου χεὶρ κἀμέ, Χριστέ ἱπταμένη,
σκαιωρίας πάσης περιφυλαξάτω.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, θεολογοῦντες φῶμεν· Σὺ
εἶ Θεός, ζωὴ, ἔρωσ, φῶς, νοῦς, σὺ χρηστότης,
σὺ βασιλεύεις εἰς τοὺς αἰῶνας.

Ἀντίφωνον Γ΄.

Ἐπὶ τοῖς εἰρηκόσι μοι· Εἰς τὰς αὐλάς
προσβῶμεν Κυρίου· χαρᾶς πολλῆς πλησθεῖς,
εὐχὰς ἀναπέμπω.

Ἐπὶ οἶκον Δαυΐδ, τὰ φοβερὰ
τελεσιουργεῖται· πῦρ γὰρ ἐκεῖ φλέγον, ἅπαντα
αἰσχρὸν νοῦν.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ζωαρχικὴ ἀξία, ἐξ οὗ πᾶν
ζῶον ἐμψυχοῦται, ὡς ἐν Πατρὶ, ἅμα τε καὶ
Λόγῳ.

Προκείμενον.

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὅτι σὺ
βασιλεύεις εἰς τοὺς αἰῶνας. (δίς)

Στίχ. Ἐξομολογήσομαί σοι, Κύριε, ἐν ὅλῃ
καρδίᾳ μου.

Ἀνάστηθι, Κύριε ὁ Θεός μου, ὅτι σὺ
βασιλεύεις εἰς τοὺς αἰῶνας.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

Antiphon 2.

O my soul, let us be lifted to the
mountains. Come to the One, from whom help
comes. [GOASD]

O Christ, let Your soaring right hand keep
me from every kind of mischief. [GOASD]

Glory. Both now.

To the Holy Spirit we say, theologizing,
“You are God, life and intense love, light
and mind. You are goodness, and You reign
forever.” [GOASD]

Antiphon 3.

When they say to me, “Let us go into the
courts of the Lord,” I am filled with great joy,
and I send up my prayers. [GOASD]

Over the house of David fearful things will
be accomplished; a fire will be there, burning
every shameful thought. [GOASD]

Glory. Both now.

In the Holy Spirit, as in the Father and
the Logos, is the principle of life; and by Him
every living being is animated. [GOASD]

Prokeimenon.

Arise, O Lord my God, for You reign unto
the ages. (2)

Verse: *I will give thanks to You, O Lord,
with my whole heart.*

Arise, O Lord my God, for You reign unto
the ages. [SAAS]

PRIEST

Again and again in peace let us pray to the
Lord.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Σὺ γὰρ εἶ ὁ βασιλεὺς τῆς εἰρήνης καὶ σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὀκτωήχου ---

Κοντάκιον Ἀναστάσιμον.

Πρὸς τὸν ἄδην Σωτὴρ μου συγκαταβέβηκας, καὶ τὰς πύλας συντρίψας ὡς παντοδύναμος, τοὺς θανόντας ὡς κτίστης συνεξανέστησας, καὶ θανάτου τὸ κέντρον Χριστὲ συνέτριψας, καὶ Ἄδὰμ τῆς κατάρας ἐρρύσω Φιλάνθρωπε· διὸ πάντες σοὶ κράζομεν· Σῶσον ἡμᾶς Κύριε.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

CHOIR

To You, O Lord.

PRIEST

For You are the King of peace and the savior of our souls, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

READER

From Octoechos ---

Resurrectional Kontakion.

O my Savior, You descended into the netherworld, and You shattered its gates, for You are almighty God. O Creator, with yourself You raised the dead of all time, and You utterly destroyed the sting of death, O Christ. O benevolent Master, You freed Adam from the ancient curse. Therefore we all cry to You: Save us, O Lord. ^[GOASD]

Ὁ Οἶκος.

Ἀκούσασαι αἱ γυναῖκες τοῦ Ἀγγέλου τὰ ῥήματα, ἀπεβάλοντο τὸν θρήνον, προσχαρεῖς γενόμεναι, καὶ σύντρομοι τὴν ἀνάστασιν ἔβλεπον, καὶ ἰδοὺ Χριστὸς προσήγγισεν αὐταῖς, λέγων τό· Χαίρετε, θαρσεῖτε, ἐγὼ τὸν κόσμον νενίκηκα, καὶ τοὺς δεσμίους ἐρρύσάμην· σπουδάσατε οὖν πρὸς τοὺς Μαθητάς, ἀπαγγέλλουσαι αὐτοῖς, ὅτι προάγω ὑμᾶς, ἐν τῇ χώρᾳ Γαλιλαίᾳ τοῦ κηρῦξαι· διὸ πάντες σοι κράζομεν· Σῶσον ἡμᾶς Κύριε.

Κοντάκιον.

Τοῦ Τριωδίου - - -

Ἦχος γ΄. Ἡ Παρθένος σήμερον.

Ἡ πορνείαις πρότερον, μεμεστωμένη παντοίαις Χριστοῦ Νύμφη σήμερον τῇ μετανοίᾳ ἐδείχθης, Ἀγγέλων, τὴν πολιτείαν ἐπιποθοῦσα, δαίμονας Σταυροῦ τῷ ὄπλῳ καταπατοῦσα· διὰ τοῦτο βασιλείας ἐφάνης νύμφη Μαρία ἐνδοξε.

Ὁ Οἶκος.

Τὴν ἀμνάδα Χριστοῦ καὶ θυγατέρα, ἄσμασιν εὐφημοῦμέν σε νῦν, Μαρία παναοίδιμε τὴν τῶν Αἰγυπτίων ἀναφανεῖσαν θρέμμα τὴν πλάνην δὲ τούτων πᾶσαν φυγοῦσαν, καὶ καλῶς προσενεχθεῖσαν τῇ Ἐκκλησίᾳ βλάστημα τίμιον δι' ἐγκρατείας καὶ δεήσεως, ἀσκήσασαν ὑπὲρ μέτρον τῆς ἀνθρωπίνης φύσεως· διὸ καὶ ὑψώθης ἐν Χριστῷ, διὰ βίου καὶ πράξεως, Βασιλείας Οὐρανοῦ φανεῖσα νύμφη Μαρία πάνσεμνε.

Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

Oikos.

When the women heard the Angel's words, they put away their grief; and they rejoiced with trembling as they saw the resurrection. And behold, Christ came to them and said, "Rejoice! Take courage! I have overcome the world and have rescued the prisoners. Go quickly now to the Disciples and tell them that I am going before them to proclaim it in the region of Galilee." Therefore we all cry to You: Save us, O Lord. [GOASD]

Kontakion.

From Triodion - - -

Mode 3. *On this day.*

You were once completely full of fornication of all kinds. But today you show yourself a Bride of Christ through repentance. Longingly you imitated the Angels' lifestyle. With the Cross, being your weapon, you trampled demons. Therefore, glorious Saint Mary, you have appeared as a bride of heaven's realm. [SD]

Oikos.

Ewe of Christ and daughter, now in song we praise you, O Mary most renowned. Accounted the Egyptians' nursling, but yet fleeing all their error, you were altogether offered as a seedling precious to the Church. With self-control and supplication, you practiced asceticism beyond the measure of human nature. Therefore you were exalted in Christ, through way of life and practice. Glorious Saint Mary, you have appeared as a bride of heaven's realm. [SD]

Stand for the reading of the Synaxarion.

Συναξάριον

Τοῦ Μηναίου.

Τῆς ΚΑ΄ τοῦ αὐτοῦ μηνός, μνήμη τοῦ Ἁγίου Ἱερομάρτυρος Ἰανουαρίου Ἐπισκόπου, Προκούλου, Σώσσου καὶ Φαύστου διακόνων, Δισιδερίου ἀναγώστου, Εὐτυχίου καὶ Ἀκουτίωνος.

Τῆς αὐτῆς ἡμέρας, μνήμη τῆς Ἁγίας Μάρτυρος Ἀλεξάνδρας τῆς βασιλίσσης.

Τῆς αὐτῆς ἡμέρας, μνήμη τῶν Ἁγίων Μαρτύρων Ἀπολλῶ, Ἰσαακίου, καὶ Κοδράτου, λιμῶ καὶ ξίφει τελειωθέντων.

Τῆς αὐτῆς ἡμέρας, μνήμη τοῦ ἐν Ἁγίοις Πατρὸς ἡμῶν Μαξιμιανοῦ Πατριάρχου Κων/ πόλεως.

Τῆς αὐτῆς ἡμέρας, μνήμη τοῦ Ὁσίου Πατρὸς ἡμῶν Αναστασίου τοῦ Σιναΐτου.

Τοῦ Τριωδίου.

Τῆς αὐτῆς ἡμέρας, Κυριακῆ πέμπτη τῶν Νηστειῶν, διετάχθημεν μνήμην ποιῆσθαι τῆς Ὁσίας Μητρὸς ἡμῶν Μαρίας τῆς Αἰγυπτίας.

Στίχοι

Ἀπῆρε πνεῦμα, σὰρξ ἀπερῦρη πάλαι.
Τὸν ὄστινον, γῆ, κρύπτε νεκρὸν Μαρίας.

Ταῖς αὐτῆς πρεσβείαις, ὁ Θεὸς ἐλέησον, καὶ σῶσον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

Καταβασία τῆς Θεοτόκου

Ὡδὴ α΄. ᾠχὸς δ΄.

Ἀνοιξω τὸ στόμα μου, καὶ πληρωθήσεται Πνεύματος, καὶ λόγον ἐρεύξομαι, τῆ Βασιλίδι Μητρί, καὶ ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ ἄσω γηθόμενος, ταύτης τὰ θαύματα.

Synaxarion

From the Menaion.

On April 21 we commemorate the holy Hieromartyr and bishop Januarius; the deacons Proculus, Sosius, and Faustus; the reader Desiderius; and Euty chius and Acutius.

On this day we also commemorate the holy Martyr Alexandra the Queen.

On this day we also commemorate the holy Martyrs Apollo, Isaakios, and Quadratus, who died by hunger and the sword.

On this day we also commemorate our father among the saints Maximian, Patriarch of Constantinople.

On this day we also commemorate our devout father Anastasios of Sinai.

From the Triodion.

On this day, the fifth Sunday of Lent, we have been enjoined to observe the memory of our devout Mother Mary of Egypt.

Verses

Her spirt is gone, the flesh long discarded.
O earth, now hide the dead bones of Mary.

By her intercessions, O God, have mercy on us and save us. Amen.

CHOIR

Katavasia of Theotokos

Ode i. Mode 4.

I open my mouth and pray the Spirit fill it, like David said, * to pour out a good word to the Queen and Mother of God. * I will celebrate * her feast with joy and gladness *

Ὦδὴ γ´.

Τοὺς σοὺς ὕμνολόγους Θεοτόκε, ὡς ζῶσα καὶ ἄφθονος πηγὴ, θίασον συγκροτήσαντας πνευματικόν, στερέωσον· καὶ ἐν τῇ θείᾳ δόξῃ σου, στεφάνων δόξης ἀξιώσον.

Ὦδὴ δ´.

Τὴν ἀνεξιχνίαστον θείαν βουλήν, τῆς ἐκ τῆς Παρθένου σαρκώσεως, σοῦ τοῦ Ὑψίστου, ὁ Προφήτης, Ἀββακούμ, κατανοῶν ἐκραύγαζε· Δόξα τῇ δυνάμει σου Κύριε.

Ὦδὴ ε´.

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ δόξῃ σου· σὺ γὰρ ἀπειρόγαμε Παρθένε, ἔσχεσ ἐν μήτρᾳ, τὸν ἐπὶ πάντων Θεόν, καὶ τέτοκας ἄχρονον Υἱόν, πᾶσι τοῖς ὕμνοῦσί σε, σωτηρίαν βραβεύοντα.

Ὦδὴ ς´.

Τὴν θείαν ταύτην καὶ πάντιμον, τελοῦντες ἑορτὴν οἱ θεόφρονες, τῆς Θεομήτορος, δεῦτε τὰς χεῖρας κροτήσωμεν, τὸν ἐξ αὐτῆς τεχθέντα Θεὸν δοξάζοντες.

Ὦδὴ ζ´.

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες, παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλήν, ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον. Ὑπερύμνητε, ὁ τῶν Πατέρων Κύριος, καὶ Θεὸς εὐλογητὸς εἶ.

and sing to her merrily, lauding her miracles.

[GOASD]

Ode iii.

Establish your servants who extol you,
* O Mother of God, for they have formed
* a spiritual choir for you * the living and
abundant fount; * and graciously in your
divine glory give glorious crowns to them.

[GOASD]

Ode iv.

When the Prophet Habakkuk heard the
divine * and incomprehensible counsel of
Your Incarnation * from the Virgin, O Most
High, * considering, he cried aloud: * Glory to
Your strength, O Lord my God. [GOASD]

Ode v.

Amazed was the universe by your divine
magnificence. * You who were perpetually
virgin * carried the heavenly God of all in your
womb * and gave birth to the eternal Son, *
who awards salvation to all who sing hymns of
praise to you. [GOASD]

Ode vi.

O godly-minded believers, come * and
celebrate this sacred and venerable feast and
thus extol * the Theotokos, and clap our hands,
* and glorify our God who was truly born of
her. [GOASD]

Ode vii.

Godly-minded three * did not adore
created things in the Creator's stead; * rather,
disdaining the threat * of fire, they trampled
it, and joyfully they sang: * "O supremely

Ὡδή η΄.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ τόκος τῆς
Θεοτόκου διεσώσατο, τότε μὲν τυπούμενος,
νῦν δὲ ἐνεργούμενος, τὴν οἰκουμένην ἅπασαν,
ἀγείρει ψάλλουσιν. Τὸν Κύριον ὑμνεῖτε τὰ
ἔργα, καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

Ὁ λαὸς ἴσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ὅτι ἅγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις
ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ἦχος β΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιοθῆναι ἡμᾶς τῆς
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν
Θεὸν ἡμῶν ἱκετεύσωμεν.

praised * and most exalted Lord and God * of
the fathers, You are blessed.” [GOASD]

Ode viii.

*We praise and we bless and we worship
the Lord.*

Guiltless were those Servants in the
furnace. * The Son of the Theotokos went and
rescued them. * He who was prefigured then,
* having been incarnate now, * is gathering
the whole wide world into His Church to sing:
* “O all you works of the Lord, to all ages *
sing praises to the Lord and exalt Him beyond
measure.” [GOASD]

Stand for the Gospel reading.

DEACON

Let us pray to the Lord.

CHOIR

Lord, have mercy.

PRIEST

For You, our God, are holy, and You rest
among the holy ones, and to You we offer up
glory, to the Father and the Son and the Holy
Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the
Lord. (2) Let everything that breathes praise
the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we
may be made worthy to hear the holy Gospel.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (3)

ΔΙΑΚΟΝΟΣ

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου
Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

ΧΟΡΟΣ

Καὶ τῷ πνεύματί σου.

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ
ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν.

ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Ἐωθινὸν Β'
Μᾶρκον ις' 1-8

Διαγενομένου τοῦ σαββάτου Μαρία ἡ
Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ἰακώβου καὶ
Σαλώμη ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι
ἀλείψωσιν αὐτόν. καὶ λίαν πρωτὶ τῆς μιᾶς
σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον,
ἀνατείλαντος τοῦ ἡλίου. καὶ ἔλεγον πρὸς
ἑαυτάς· τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ
τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι
θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος· ἦν
γὰρ μέγας σφόδρα. καὶ εἰσελθοῦσαι εἰς τὸ
μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς
δεξιῶις, περιβεβλημένον στολὴν λευκὴν,
καὶ ἐξεθαμβήθησαν. ὁ δὲ λέγει αὐταῖς· μὴ
ἐκθαμβεῖσθε· Ἰησοῦν ζητεῖτε τὸν Ναζαρητὸν
τὸν ἐσταυρωμένον· ἠγέρθη, οὐκ ἔστιν ὧδε·
ἶδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. ἀλλ' ὑπάγετε

CHOIR

Lord, have mercy. (3)

DEACON

Wisdom. Arise. Let us hear the holy
Gospel.

PRIEST

Peace be with all.

CHOIR

And with your spirit.

PRIEST

The reading is from the holy Gospel
according to Mark.

DEACON

Let us be attentive.

CHOIR

Glory to You, O Lord, glory to You.

PRIEST (from the altar table)

Eothinon 2
Mark. 16:1-8

When the Sabbath was past, Mary
Magdalene, and Mary the mother of James and
Salome, bought spices, so that they might go
and anoint Jesus. And very early on the first
day of the week they went to the tomb when
the sun had risen. And they were saying to one
another, "Who will roll away the stone for us
from the door of the tomb?" And looking up,
they saw that the stone was rolled back – it was
very large. And entering the tomb, they saw
a young man sitting on the right side, dressed
in a white robe; and they were amazed. And
he said to them, "Do not be amazed; you seek
Jesus of Nazareth, who was crucified. He has
risen, He is not here; see the place where they
laid Him. But go, tell His disciples and Peter

εἶπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν· ἐκεῖ αὐτὸν ὄψεσθε, καθὼς εἶπεν ὑμῖν. καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου· εἶχε δὲ αὐτὰς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.

ΧΟΡΟΣ

Δόξα σοι, Κύριε, δόξα σοι.

ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἀγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὄλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρόν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

ΧΟΡΟΣ

Ψαλμὸς Ν' (50).

ᾠδὴ β'. (ἡ τῆς ἐβδομάδος.)

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἀμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἀμαρτία μου ἐνώπιόν μου ἔστι διαπαντός.

that He is going before you to Galilee; there you will see Him, as He told you.” And they went out and fled from the tomb, for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid. [RSV]

CHOIR

Glorify to You, O Lord, glory to You.

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

CHOIR

Psalm 50 (51).

Mode 2. (or the Mode of the week)

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Σοὶ μόνῳ ἤμαρτον, καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα· ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἀμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας· τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι· πλυνεῖς με καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην· ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἀμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

Μὴ ἀπορρίψης με ἀπὸ τοῦ προσώπου σου, καὶ τὸ Πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλῃς ἀπ' ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῶ στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον· καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τεῖχη Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Ἰδιόμελα τοῦ Τριωδίου.

Δόξα. ᾠχος πλ. δ'.

Τῆς μετανοίας ἀνοιζόν μοι πύλας Ζωοδότα· ὀρθρίζει γὰρ τὸ πνεῦμά μου, πρὸς ναὸν τὸν ἅγιόν σου, ναὸν φέρον τοῦ σώματος, ὅλον ἐσπιλωμένον· ἀλλ' ὡς οἰκτίρμων κάθαρον, εὐσπλάγχυν σου ἐλέει.

Καὶ νῦν. **Ὁ αὐτός.**

Τῆς σωτηρίας εὐθυνόν μοι τρίβους, Θεοτόκε· αἰσχροῖς γὰρ κατεῤῥύπωσα, τὴν ψυχὴν ἀμαρτίαις, ὡς ραθύμως τὸν βίον μου, ὅλον ἐκδαπάνησας, ταῖς σαῖς πρεσβείαις ῥῥυσαί με, πάσης ἀκαθαρσίας.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Idiomela from the Triodion.

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O Giver of Life, for early in the morning my spirit hastens to Your holy temple, bringing the temple of my body all defiled. But as one compassionate, cleanse me, I pray, by Your loving-kindness and mercy. [SD]

Both now. **Same Mode.**

Guide me in the paths of salvation, O Theotokos, for I have befouled my soul with shameful sins and I heedlessly squandered all of my life's resources. By your intercession deliver me from every uncleanness. [SD]

Ἰδιόμελον. Ἦχος πλ. β΄.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Τὰ πλήθη τῶν πεπραγμένων μοι δεινῶν, ἐννοῶν ὁ τάλας, τρέμω τὴν φοβερὰν ἡμέραν τῆς κρίσεως· ἀλλὰ θαρρῶν εἰς τὸ ἔλεος τῆς εὐσπλαχνίας σου, ὡς ὁ Δαυὶδ βοῶ σοι· Ἐλέησόν με ὁ Θεός, κατὰ τὸ μέγα σου ἔλεος.

ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς· ὕψωσον κέρας χριστιανῶν ὀρθοδόξων καὶ κατὰπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ πλούσια·

πρεσβείαις τῆς παναχράντου δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων δυνάμεων ἀσωμάτων, ἱκεσίαις τοῦ τιμίου ἐνδόξου προφήτου προδρόμου καὶ βαπτιστοῦ Ἰωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων ἀποστόλων, τῶν ἐν ἁγίοις πατέρων ἡμῶν μεγάλων ἱεραρχῶν καὶ οἰκουμενικῶν διδασκάλων Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Ἀθανασίου καὶ Κυρίλλου, Ἰωάννου τοῦ Ἐλεήμονος πατριαρχῶν Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος ἐπισκόπου Τριμυθοῦντος, καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν τῶν ἁγίων ἐνδόξων μεγαλομαρτύρων Γεωργίου τοῦ τροπαιοφόρου, Δημητρίου τοῦ μυροβλήτου, Θεοδώρου τοῦ ψήρωνος, Θεοδώρου τοῦ στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν ἱερομαρτύρων

Idiomelon. Mode pl. 2.

Verse: *Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.*

When I ponder in my wretchedness on the many terrible things that I have done, I tremble for that fearful day, the Day of Judgment. But trusting in the mercy of Your compassion, like David I cry to You, “Have mercy on me, O God, according to Your great mercy.” ^[SD]

PRIEST

O God, save Your people and bless Your inheritance. Look upon Your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us Your rich mercies:

through the intercessions of our all-immaculate Lady Theotokos and ever-virgin Mary, by the power of the precious and life-giving Cross, the protection of the honorable, heavenly, bodiless powers, the supplications of the honorable, glorious prophet and forerunner John the Baptist, the holy, glorious, and praiseworthy apostles, our fathers among the saints, the great hierarchs and ecumenical teachers Basil the Great, Gregory the Theologian, and John Chrysostom; Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria, Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonderworkers; the holy, glorious, great martyrs George the triumphant, Demetrios the myrrh-streamer, Theodore the soldier, and Theodore the general; Menas the wonderworker; Charalambos and Eleutherios, the hieromartyrs; the holy, glorious, and victorious martyrs; the glorious great Martyr

Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἁγίας ἐνδόξου μεγαλομάρτυρος καὶ πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας, Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ θεοφόρων πατέρων ἡμῶν· (τοῦ ἁγίου τοῦ ναοῦ)· τῶν ἁγίων καὶ δικαίων θεοπατόρων Ἰωακείμ καὶ Ἄννης, τῆς Ὁσίας Μητρὸς ἡμῶν Μαρίας τῆς Αἰγυπτίας, ἧς καὶ τὴν μνήμην ἐπιτελοῦμεν, καὶ πάντων σου τῶν ἁγίων·

ἰκετεύομέν σε, μόνη πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ εὐλογητὸς εἶ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ὁ λαὸς ἵσταται διὰ τὴν Θ' ᾠδὴν.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

ΧΟΡΟΣ

ᾠδὴ θ'.

Μεγαλυνάριον. ᾠχος δ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν

and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; our venerable and God-bearing fathers; (local patron saint); holy and righteous ancestors of God Joachim and Anna; our devout Mother Mary of Egypt, whose memory we celebrate, and all Your saints:

We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love for humankind of Your only-begotten Son, with whom You are blessed, and Your all-holy, good and life-creating Spirit, now and ever and to the ages of ages.

CHOIR

Amen.

Stand for the singing of Ode ix.

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

CHOIR

Ode ix.

The Magnificat. Mode 4.

Verse: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to

ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπεινῶσιν τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἔνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἔνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἔνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.*

[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *For He who is mighty has done great things for me, and holy is His name. And His mercy is on those who fear Him from generation to generation.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Verse: *He has shown strength with His arm; He has scattered the proud in the imagination of their hearts.* [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [GOASD]

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὑψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρωσ, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφεείμ, τὴν
ἀδιαφθόρωσ, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως
Θεοτόκον, σὲ μεγαλύνομεν.

Ὡδὴ θ'. Καταβασία. Ἦχος δ'.

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι
λαμπαδουχούμενος, πανηγυριζέτω δέ,
ἀύλων Νόων φύσις γεραίρουσα, τὰ ἱερὰ
θαυμάσια τῆς Θεομήτορος, καὶ βοάτω·
Χαίροις παμμακάριστε, Θεοτόκε Ἄγνη
ἀειπάρθενε.

ΙΕΡΕΥΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

Verse: *He has put down the mighty from
their thrones, and exalted the lowly. He has
filled the hungry with good things, and the rich
He has sent away empty.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [GOASD]

Verse: *He has helped His servant Israel,
in remembrance of His mercy, as He spoke
to our fathers, to Abraham and to his seed
forever.* [NKJV]

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth to
God the Word, and are truly Theotokos. You
do we magnify. [GOASD]

Ode ix. Katavasia. Mode 4.

All you born on earth, * with festival
lamps in hand, in spirit leap for joy; * and
all you the heavenly angelic orders, join in
and celebrate; * and honoring the sacred
wonders of the Mother of God, * sing the
joyful salutation, “O rejoice, * Theotokos, all-
blest, ever-virgin pure!” [GOASD]

PRIEST

Again and again in peace let us pray to the
Lord.

CHOIR

Lord, have mercy.

PRIEST

Help us, save us, have mercy on us, and
protect us, O God, by Your grace.

ΧΟΡΟΣ

Κύριε, ἐλέησον.

ΙΕΡΕΥΣ

Τῆς παναγίας, ἀχράντου,
ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν,
Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ
πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς
καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν
Χριστῷ τῷ Θεῷ παραθώμεθα.

ΧΟΡΟΣ

Σοί, Κύριε.

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ
Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν
καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

ΧΟΡΟΣ

Ἦχος β΄.

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ
προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου - - -

Ἐξαποστειλάριον.

Τὸ Β΄ Ἐωθινόν.

Ἦχος β΄. *Τοῖς Μαθηταῖς συνέλθωμεν.*

Τὸν λίθον θεωρήσασαι, ἀποκεκυλισμένον,
αἱ Μυροφόροι ἔχαιρον· εἶδον γὰρ νεανίσκον,
καθήμενον ἐν τῷ τάφῳ· καὶ αὐτὸς ταύταις
ἔφη· Ἴδου Χριστὸς ἐγήγερται, εἶπατε σὺν τῷ
Πέτρῳ τοῖς Μαθηταῖς· Ἐν τῷ ὄρει φθάσατε
Γαλιλαίας· ἐκεῖ ὑμῖν ὀφθήσεται, ὡς προεῖπε
τοῖς φίλοις.

CHOIR

Lord, have mercy.

PRIEST

Remembering our all-holy, immaculate,
most blessed, and glorious Lady, the
Theotokos and ever-virgin Mary, with all
the saints, let us commend ourselves and one
another and our whole life to Christ our God.

CHOIR

To You, O Lord.

PRIEST

For all the powers of heaven praise You,
and to You they offer up glory, to the Father
and the Son and the Holy Spirit, now and ever
and to the ages of ages.

CHOIR

Amen.

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the
footstool of His feet.

For He is holy.

From Octoechos - - -

Exapostelarian.

Eothinon 2.

Mode 2. *Let us in faith.*

Τοῖς Μαθηταῖς συνέλθωμεν.

The Myrrh-bearers were filled with joy, *
seeing the very large stone * had been rolled
back. And entering * the tomb, they saw a
young man * who was sitting on the right side.
* And he addressed them, saying, * “Christ has
risen from the dead! * Go, tell Peter and the
disciples, and say, * ‘You will meet in Galilee

Τῆς Ὁσίας.

Ἐξαποστειλάριον. Τοῦ Τριωδίου.

Τοῦ Τριωδίου ---

ᾠχος γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Ἐπόδειγμα μετανοίας, σὲ ἔχοντες πανοσία
Μαρία Χριστὸν δυσώπει, ἐν τῷ καιρῷ τῆς
Νηστείας, τοῦτο ἡμῖν δωρηθῆναι, ὅπως ἐν
πίστει καὶ πόθῳ, σὲ ἄσμασιν εὐφημῶμεν.

Θεοτοκίον.

ᾠχος γ΄. Ὁ οὐρανὸν τοῖς ἄστροις.

Ὁ γλυκασμὸς τῶν Ἀγγέλων, τῶν
θλιβομένων ἢ χαρά, Χριστιανῶν ἢ προστάτις,
Παρθένε Μήτηρ Κυρίου, ἀντιλαβοῦ μου καὶ
ῥῦσαι, τῶν αἰωνίων βασάνων.

Οἱ Αἴνοι. ᾠχος πλ. α΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε
τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν
τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ
πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτόν πάντα τὰ
ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτόν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ
ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ὅτι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ
ἐκτίσθησαν.

Ἔστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ
αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

on the mountain, * and there He will appear to
you, * His friends, as He had told you.” [GOASD]

For the Devout Woman.

Exaposteilarion. From the Triodion.

From Triodion ---

Mode 3. *Having embellished heaven.*

Ὁ οὐρανὸν τοῖς ἄστροις.

We have you as an example * of true
repentance, O devout Mary. * To Christ pray
intently * that in this season of the Fast * we
be granted to praise you * in songs with faith
and longing. [SD]

Theotokion.

Mode 3. *Having embellished heaven.*

Ὁ οὐρανὸν τοῖς ἄστροις.

O sweetness of the Angels, * O joy of
those in affliction, * and the protectress of
Christians, * O Virgin Mother of the Lord,
* come to my aid and redeem me * from the
eternal torments. [SD]

Lauds. Mode pl. 1.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. [SAAS]

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars
and light.

Praise Him, you heavens of heavens, and you waters
above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded,
and they were created.

He established them forever and unto ages of ages; He
set forth His ordinance, and it shall not pass away.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιόν, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὄρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἔρπετά καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρων· αἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ἡ ἐξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ὑμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραὴλ, λαῶ ἐγγίζοντι αὐτῷ.

Ἔσατε τῷ Κυρίῳ ἕσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὁσίων.

Εὐφρανθήτω Ἰσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιών ἀγαλλιᾶσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ὅτι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πρᾶεῖς ἐν σωτηρίᾳ.

Καυχῆσονται ὅσοι ἐν δόξῃ καὶ ἀγαλλιᾶσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμούς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

Τῆς Ὀκτωήχου ---

Στιχηρὰ Ἀναστάσιμα.

ᾠχος πλ. α΄.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἐγγραπτον·
δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Κύριε, ἐσφραγισμένου τοῦ τάφου ὑπὸ
τῶν παρανόμων, προῆλθες ἐκ τοῦ μνήματος,
καθὼς ἐτέχθης ἐκ τῆς Θεοτόκου· οὐκ ἔγνωσαν
πῶς ἐσαρκώθης, οἱ ἀσώματοί σου Ἄγγελοι·
οὐκ ἤσθοντο πότε ἀνέστης, οἱ φυλάσσοντές
σε στρατιῶται· ἀμφοτέρα γὰρ ἐσφράγισται
τοῖς ἐρευνῶσι· πεφανέρωται δὲ τὰ θαύματα,
τοῖς προσκυνοῦσιν ἐν πίστει τὸ μυστήριον· ὁ
ἀνυμνοῦσιν, ἀπόδος ἡμῖν ἀγαλλίασιν, καὶ τὸ
μέγα ἔλεος.

ᾠχος πλ. α΄.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ,
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως
αὐτοῦ.

Κύριε, τοὺς μοχλοὺς τοὺς αἰωνίους
συντρίψας, καὶ δεσμὰ διαρρήξας, τοῦ
μνήματος ἀνέστης, καταλιπὼν σου τὰ ἐντάφια,
εἰς μαρτύριον τῆς ἀληθοῦς, τριημέρου ταφῆς
σου· καὶ προῆγες ἐν τῇ Γαλιλαίᾳ, ὁ ἐν σπηλαίῳ
τηρούμενος. Μέγα σου τὸ ἔλεος, ἀκατάληπτε
Σωτήρ! Ἐλέησον ἡμᾶς.

From Octoechos ---

Resurrectional Stichera.

Mode pl. 1.

*To fulfill among them the written
judgment: this glory have all His holy ones.*

[SAAS]

The sepulcher was firmly sealed by
villains, O Lord. But You came forth from
the tomb, much like You were born from the
Theotokos. Your bodiless Angels did not
know how You became incarnate, and the
soldiers who were guarding You did not notice
when You rose. Both of these miracles were
confirmed to the prophets who inquired and
revealed to them, who by faith revered the
mystery. Which we now extol; and we pray
You restore to us the joy and the great mercy.

[GOASD]

Mode pl. 1.

*Praise God in His saints; praise Him in
the firmament of His power.* [SAAS]

When You had crushed the age-old bars
and broken the chains to pieces, You rose from
the tomb, O Lord. And You left the grave
clothes behind, as evidence that You were truly
buried for three days. And You proceeded to
Galilee, You who had been held in custody
in a rock-hewn tomb. Great is Your mercy,
incomprehensible Savior! Have mercy on us.

[GOASD]

Ἦχος πλ. α'.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ,
αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης
αὐτοῦ.

Κύριε, αἱ γυναῖκες ἔδραμον ἐπὶ τὸ
μνήμα, τοῦ ἰδεῖν σε τὸν Χριστόν, τὸν δι'
ἡμᾶς παθόντα· καὶ προσελθοῦσαι, εὔρον
ἄγγελον ἐπὶ τὸν λίθον καθήμενον, τῷ φόβῳ
κυλισθέντα, καὶ πρὸς αὐτὰς ἐβόησε λέγων·
Ἀνέστη ὁ Κύριος· εἶπατε τοῖς μαθηταῖς, ὅτι
ἀνέστη ἐκ νεκρῶν, ὁ σῶζων τὰς ψυχὰς ἡμῶν.

Ἦχος πλ. α'.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε
αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρα.

Κύριε, ὡσπερ ἐξῆλθες ἐσφραγισμένου
τοῦ τάφου, οὕτως εἰσῆλθες καὶ τῶν θυρῶν
κεκλεισμένων, πρὸς τοὺς Μαθητάς σου,
δεικνύων αὐτοῖς τὰ τοῦ σώματος πάθη, ἅπερ
κατεδέξω Σωτὴρ μακροθυμήσας. Ὡς ἐκ
σπέρματος Δαυΐδ, μώλωπας ὑπήνεγκας, ὡς
Υἱὸς δὲ τοῦ Θεοῦ, κόσμον ἠλευθέρωσας.
Μέγα σου τὸ ἔλεος, ἀκατάληπτε Σωτήρ!
Ἐλέησον ἡμᾶς.

Στιχηρά. Τῆς Ὁσίας.

Τοῦ Τριωδίου - - -

Ἦχος πλ. β'. Ὅλην ἀποθέμενοι.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε
αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Σὲ μὲν διεκώλυε, τῆς τῶν σεπτῶν
ἐποπτείας, μολυσμῶν τῶν πρότερον, τὸ
ἐπισυρόμενον μιαντήριον, ἡ δὲ σὴ αἴσθησις,
καὶ τῶν σοὶ θεόφρον, πεπραγμένων ἡ
συνείδησις, τὴν πρὸς τὰ κρείττονα, σοὶ

Mode pl. 1.

*Praise Him for His mighty acts; praise
Him according to the abundance of His
greatness.* [SAAS]

The women ran to the tomb, O Lord, to
see You, the Christ, who had suffered for us.
When they came, they found an Angel sitting
on the stone, which he had fearsomely rolled
back. And he said to the women, “The Lord
has risen! Go tell His disciples, ‘The Savior of
our souls has risen from the dead!’” [GOASD]

Mode pl. 1.

*Praise Him with the sound of trumpet;
praise Him with the harp and lyre.* [SAAS]

O Lord, just like You exited the sepulcher,
although it was sealed, so You entered where
Your disciples were, the doors being shut.
You showed them the injuries You suffered
on Your body, which You accepted and bore
with long-suffering, O Savior. As the progeny
of David, You endured the wounds; as the Son
of God, You freed the world. Great is Your
mercy, incomprehensible Savior! Have mercy
on us. [GOASD]

Stichera. For the Devout Woman.

From Triodion - - -

Mode pl. 2. *When the saints deposited.*

Ὅλην ἀποθέμενοι.

*Praise Him with timbrel and dance; praise
Him with strings and flute.* [SAAS]

Your prolonged polluted state * with all
your prior defilements * like a wall prevented
you * from beholding the august holy sites
of Christ. * Then your mind went to God, *
when a prick of conscience * and awareness of

ἐπιστροφὴν ἐνεργάσατο· εἰκόνι γὰρ
προσβλέψασα, τῆς εὐλογημένης Θεόπαιδος,
πάντων καταγνοῦσα, πταισμάτων σου
πανεύφημε τῶν πρὶν, ἐν παρρησίᾳ τὸ τίμιον,
Ἐύλον προσεκύνησας.

*Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε
αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ
αἰνεσάτω τὸν Κύριον.*

Σὲ μὲν διεκώλυε, τῆς τῶν σεπτῶν
ἐποπτείας, μολυσμῶν τῶν πρότερον, τὸ
ἐπισυρόμενον μιαντήριο, ἡ δὲ σὴ αἴσθησις,
καὶ τῶν σοὶ θεόφρον, πεπραγμένων ἡ
συνείδησις, τὴν πρὸς τὰ κρείττονα, σοὶ
ἐπιστροφὴν ἐνεργάσατο· εἰκόνι γὰρ
προσβλέψασα, τῆς εὐλογημένης Θεόπαιδος,
πάντων καταγνοῦσα, πταισμάτων σου
πανεύφημε τῶν πρὶν, ἐν παρρησίᾳ τὸ τίμιον,
Ἐύλον προσεκύνησας.

Στίχ. Ὑπομένων ὑπέμεινα τὸν Κύριον, καὶ
προσέσχε μοι, καὶ εἰσήκουσε τῆς δεήσεώς μου.

Τόπους προσκυνήσασα, περιχαρῶς τοὺς
ἀγίους, ἀρετῆς ἐφόδιον, σωτηριωδέστατον
ἔνθεν εἴληφας, καὶ φαιδρῶς ἔδραμες, τὴν
καλὴν πορείαν, καὶ τὸ ρεῖθρον ἐκπεράσασα,
τὸ Ἰορδάνειον, τὸ τοῦ Βαπτιστοῦ ἐνδιαίτημα,
προθύμως κατεσκήνωσας, καὶ τὴν τῶν
παθῶν ἀγριότητα· διὰ πολιτείας, ἡμέρωσας
λεπτύνασα σαρκός, δι' ἐγκρατείας ἀείμνηστε,
Μῆτερ τὰ οἰδήματα.

what you had done * had their effect on you,
* to a higher lifestyle converting you. * For
gazing at the icon of * ever-blessed Mary the
Maid of God, * you condemned your every
* transgression in the past, all-lauded one, *
and then with confidence you adored * the all-
precious Cross of Christ. [SD]

*Praise Him with resounding cymbals;
praise Him with triumphant cymbals; let
everything that breathes praise the Lord. [SAAS]*

Your prolonged polluted state * with all
your prior defilements * like a wall prevented
you * from beholding the august holy sites
of Christ. * Then your mind went to God, *
when a prick of conscience * and awareness of
what you had done * had their effect on you,
* to a higher lifestyle converting you. * For
gazing at the icon of * ever-blessed Mary the
Maid of God, * you condemned your every
* transgression in the past, all-lauded one, *
and then with confidence you adored * the all-
precious Cross of Christ. [SD]

Verse: *I waited patiently for the Lord,
and He heeded me; and He heard my
supplication. [SAAS]*

After you had worshiped in * the Holy
Lands with rejoicing, * therein also you
received * the salvific means for your * road
to excellence. * And you ran earnestly * the
fine way of virtue. * Having crossed the Jordan
River's stream, * unhesitatingly * you began
your residence in the place * where John the
Baptist lived before. * And by your ascetical
way of life * you subdued the passions' *

Στίχ. Καὶ ἔστησεν ἐπὶ πέτραν τοὺς πόδας μου καὶ κατηύθυνε τὰ διαβήματά μου.

Ἐρημον οἰκήσασα, τῶν σῶν παθῶν τὰς εἰκόνας, εὐσεβῶς ἀπειλήψας, τὸ θεοειδέστατον ἐξεικόνισμα, ἐν ψυχῇ γράψασα, ἀρετῶν ιδέαις, καὶ τοσοῦτον ὑπερέλαμψας, ὡς καὶ τοῖς ὕδασι, κούφως ἐπιβαίνειν τοῖς ἴχνεσι, καὶ γῆθεν ὑπεραίρεσθαι, ἐν ταῖς πρὸς Θεόν σου ἐντεύξεσι, καὶ νῦν παρρήσιᾳ, πανένδοξε Μαρία τῷ Χριστῷ, παρισταμένη δυσώπησον, ὑπὲρ τῶν ψυχῶν ἡμῶν.

Δόξα. **Τοῦ Τριωδίου.**

Τοῦ Τριωδίου - - -

Ἦχος α΄.

Οὐκ ἔστιν ἡ Βασιλεία τοῦ Θεοῦ βρωσικαὶ καὶ πόσις ἀλλὰ δικαιοσύνη καὶ ἄσκησις, σὺν ἁγιασμῷ· ὅθεν οὐδὲ πλούσιοι εἰσελεύσονται ἐν αὐτῇ, ἀλλ' ὅσοι τοὺς θησαυροὺς αὐτῶν ἐν χερσὶ πενήτων ἀποτίθενται. Ταῦτα καὶ Δαυὶδ ὁ Προφήτης διδάσκει λέγων· Δίκαιος ἀνὴρ ὁ ἐλεῶν ὅλην τὴν ἡμέραν, ὁ κατατροφῶν τοῦ Κυρίου καὶ τῷ φωτὶ περιπατῶν ὃς οὐ μὴ προσκόψῃ, ταῦτα δὲ πάντα, πρὸς νοουθεσίαν ἡμῶν γέγραπται ὅπως νηστεύοντες, χρηστότητα ποιήσωμεν, καὶ δῶη ἡμῖν Κύριος ἀντὶ τῶν ἐπιγείων τὰ ἐπουράνια.

ferociousness with confidence, O Saint, * and carnal throbings you minimized, * Mother ever-memorable. [SD]

Verse: *And He established my feet on a rock and kept straight my steps.* [SAAS]

Dwelling in the wilderness, * you blotted out every image * of the passions from your soul, * having in their place instead * printed on your soul * the sublime Godlike form * of the holy virtues. * And you shone forth to such an extent * that you were able to * fly across the waters, O blessed one, * and levitate above the ground * when you raised your hands up to God in prayer. * Now, O blessed Mother * all-glorious Saint Mary, as you stand * before the Master with confidence, * importunely pray for us. [SD]

Glory. **From the Triodion.**

From Triodion - - -

Mode 1.

The Kingdom of God is not food and drink, but righteousness and ascetic practice and holiness; therefore rich men will never enter it, but only those who place their treasures into the hands of the needy. This is what David the Prophet teaches when he says, “Righteous is the man, who is merciful day in and out, who delights in the Lord. He walks in the light; he will not stumble.” All of this was written for our edification, that, while fasting, we do acts of kindness; and the Lord will give us, instead of earthly gifts, the things of heaven. [SD]

Τῆς Ὀκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἐπευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἄδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ὁ λαὸς ἴσταται διὰ τὴν Μ. Δοξολογίαν.

Ἡ Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

Ἐμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ ὁ μόνος Ἅγιος, σὺ εἶ ὁ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρὸς. Ἀμήν.

From Octoechos ---

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate, Hades has been captured, and Adam has been called back; the curse has been killed, and Eve has been freed; death has been put to death, and we have been brought back to life. Therefore we extol Him and cry out, "O Christ our God, You are blessed, for so was Your good pleasure. Glory to You!" [GOASD]

Stand for the Great Doxology.

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (3)

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἴσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.

Ἦχος δ'. (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

ἢ κατὰ τὴν παλαιωτέραν τάξιν·

Ἦχος πλ. δ'. (ἡ τῆς ἐβδομάδος.)

Ἀναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ διαρρήξας τοῦ Ἄδου, ἔλυσας τὸ κατάκριμα, τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων τοῦ ἐχθροῦ ῥυσάμενος, ἐφανίσας σεαυτὸν τοῖς Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην παρέσχες τῇ οἰκουμένῃ, μόνε πολυέλεε.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

Mode 4. (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]

Or, according to the older practice:

Mode pl. 4. (or the Mode of the week)

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. [SD]