## DIGITAL CHANT STAND

OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

# The Service of Matins

for Sunday, September 18, 2022

Octoechos - Mode pl. 1 on Sunday Morning Eothinon 3

Menaion - September 14 Sunday after the Feast Katavasias of the Cross

**Texts in Greek and English** 

## **Links to Matins Ordinary**

#### **Bilingual**

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#### Sources

[ GOASD ] Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. [ AC ] Anthony Cook. [ GKD ] George K. Duvall. [ KW ] Kallistos Ware. [ RB ] Richard Barrett. [ SD ] Fr. Seraphim Dedes.

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#### Βιβλία - Πηγαί

'Οκτώηχος - <sup>'</sup>Ήχος πλ. α'.

Τῆ Κυριακῆ Πρωΐ

Μηναῖον - ΤΗ ΙΔ΄ ΣΕΠΤΕΜΒΡΙΟΥ

Κυριακή μετά την Έορτήν

#### ΟΡΘΡΟΣ

#### ΧΟΡΟΣ

## Ήχος πλ. α'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν. Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι Κυρίου.

**Στίχ. α΄.** Έξομολογεῖσθε τῷ Κυρίῳ καὶ ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

**Στίχ. β΄.** Πάντα τὰ ἔθνη ἐκύκλωσάν με, καὶ τῷ ὀνόματι Κυρίου ἠμυνάμην αὐτούς.

**Στίχ. γ΄.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ ἔστι θαυμαστὴ ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὀκτωήχου - - -

**Άπολυτίκιον Άναστάσιμον.** 
<sup>3</sup>**Ηχος πλ. α΄.** Αὐτόμελον.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ηὐδόκησε σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεῶτας, ἐν τῷ ἐνδόξῳ ἀναστάσει αὐτοῦ.

#### Δόξα. Τὸ αὐτό.

Τὸν συνάναρχον Λόγον Πατρὶ καὶ Πνεύματι, τὸν ἐκ Παρθένου τεχθέντα εἰς σωτηρίαν ἡμῶν, ἀνυμνήσωμεν πιστοὶ καὶ προσκυνήσωμεν, ὅτι ηὐδόκησε σαρκί,

#### **Books - Sources**

Octoechos - Mode pl. 1.

On Sunday Morning

**Menaion - September 14** 

Sunday after the Feast

#### **MATINS**

#### **CHOIR**

## Mode pl. 1.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

**Verse 1:** *Give thanks to the Lord and call upon His holy name.* 

**Verse 2:** All the nations surrounded me, but in the name of the Lord I defended myself against them.

**Verse 3:** And this came about from the Lord, and it is wonderful in our eyes.

From Octoechos - - -

Resurrectional Apolytikion.

Mode pl. 1. Automelon.

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection.

## Glory. Repeat.

Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For ἀνελθεῖν ἐν τῷ Σταυρῷ, καὶ θάνατον ὑπομεῖναι, καὶ ἐγεῖραι τοὺς τεθνεῶτας, ἐν τῆ ἐνδόξῳ ἀναστάσει αὐτοῦ.

Καὶ νῦν.

## Απολυτίκιον. Τοῦ Σταυροῦ.

Τοῦ Μηναίου - -

Ήχος α'.

Σῶσον, Κύριε, τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου, νίκας τοῖς βασιλεῦσι κατὰ βαρβάρων δωρούμενος, καὶ τὸ σὸν φυλάττων διὰ τοῦ Σταυροῦ σου πολίτευμα.

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, έλέησον. )

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

( Κύριε, έλέησον. )

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἀγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

Ότι σὸν τὸ κράτος καὶ σοῦ ἐστιν ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα, τοῦ Πατρὸς καὶ τοῦ Υἰοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Άμήν. )

in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection. [SD]

Both now.

## Apolytikion. For the Cross.

From Menaion - -

Mode 1.

Save, O Lord, Your people and bless Your inheritance, granting victory to the faithful over the enemy, and by Your Cross protecting Your commonwealth. [GOA]

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### ΧΟΡΟΣ

#### Κάθισμα Α΄.

Τῆς Ὀκτωήχου - - -

ΫΗχος πλ. α΄. Τὸν συνάναρχον Λόγον.

Τὸν Σταυρὸν τοῦ Κυρίου ἐγκωμιάσωμεν, τὴν ταφὴν τὴν ἁγίαν ὕμνοις τιμήσωμεν, καὶ τὴν Ἀνάστασιν αὐτοῦ ὑπερδοξάσωμεν, ὅτι συνήγειρε νεκρούς, ἐκ τῶν μνημάτων ὡς Θεός, σκυλεύσας κράτος θανάτου, καὶ ἰσχὺν διαβόλου, καὶ τοῖς ἐν ἄδῃ φῶς ἀνέτειλε.

#### Δόξα.

Κύριε, νεκρὸς προσηγορεύθης, ὁ νεκρώσας τὸν θάνατον, ἐν μνήματι ἐτέθης, ὁ κενώσας τὰ μνήματα, ἄνω στρατιῶται τὸν τάφον ἐφύλαττον, κάτω τοὺς ἀπ' αἰῶνος νεκροὺς ἐξανέστησας, Παντοδύναμε καὶ ἀκατάληπτε, Κύριε δόξα σοι.

Τοῦ Μηναίου - - -

Καὶ νῦν. Τῆς Έορτῆς.

Ήχος α΄. Τοῦ λίθου σφραγισθέντος.

Τοῦ Σταυροῦ σου τὸ ξύλον προσκυνοῦμεν Φιλάνθρωπε, ὅτι ἐν αὐτῷ προσηλώθης ἡ ζωὴ τῶν ἀπάντων· Παράδεισον ἠνέῳξας Σωτήρ, τῷ πίστει προσελθόντι σοι Ληστῆ· καὶ τρυφῆς κατηξιώθη, ὁμολογῶν σοι, Μνήσθητί μου Κύριε. Δέξαι ὥσπερ ἐκεῖνον καὶ ἡμᾶς, κραυγάζοντας· Ἡμάρτομεν, πάντες τῆ εὐσπλαγχνία σου, μὴ ὑπερίδης ἡμᾶς.

Τῆς Ὀκτωήχου - - -

Κάθισμα Β'. Ήχος πλ. α'.

Κύριε, μετὰ τὴν τριήμερόν σου Άνάστασιν, καὶ τὴν τῶν Ἀποστόλων

#### **CHOIR**

#### Kathisma I.

From Octoechos - - -

**Mode pl. 1.** *Let us worship the Word.* 

Let us honor the Cross of the Lord with solemn praise, \* and His holy entombment extol with sacred hymns, \* and His Rising from the dead supremely glorify; \* for He despoiled the realm of death and the devil's might, for He is God; \* then He resurrected \* the dead from the graves together, \* and made the light to dawn on those in hell. [SD]

## Glory.

Whereas You, O Lord, were labeled dead, yet in fact You put death to death. And You, the very emptier of graves, were yourself interred. Soldiers overhead were guarding the sepulcher, even as You below resurrected the dead of all ages. Lord almighty and incomprehensible, glory to You.

From Menaion - - -

Both now. For the Feast.

**Mode 1.** The stone had been secured.

We venerate the wood of Your Cross,
O humane One, \* for You, the Life of all,
were nailed to it. \* O Savior, You opened
Paradise to the Robber who approached You
with faith. \* He was counted worthy of delight,
confessing You, Remember me, O Lord. \*
Accept us as You accepted him, \* for we
now cry, We all have sinned \* against Your
compassion. Do not abandon us. [SD]

From Octoechos - - -

Kathisma II. Mode pl. 1.

After You had risen on the third day, O Lord, and after the Apostles had worshiped

προσκύνησιν, ὁ Πέτρος ἐβόα σοι· Γυναῖκες ἀπετόλμησαν, κἀγὰ ἐδειλίασα. Ληστὴς ἐθεολόγησε, κἀγὰ ἠρνησάμην σε, ἆρα καλέσεις με τοῦ λοιποῦ μαθητήν, ἢ πάλιν δείξεις με ἀλιέα βυθοῦ; ἀλλὰ μετανοοῦντά με δέξαι, ὁ Θεὸς καὶ σῶσόν με.

#### Δόξα.

Κύριε, ἐν μέσῳ σε προσήλωσαν, οἱ παράνομοι τῶν καταδίκων, καὶ λόγχῃ τὴν πλευράν σου ἐξεκέντησαν, ὧ Ἐλεῆμον, ταφὴν δὲ κατεδέξω, ὁ λύσας ἄδου τὰς πύλας, καὶ ἀνέστης τριήμερος, ἔδραμον Γυναῖκες ἰδεῖν σε, καὶ ἀπήγγειλαν Ἀποστόλοις τὴν Ἔγερσιν. Ὑπερυψούμενε Σωτήρ, ὃν ὑμνοῦσιν Ἅγγελοι, εὐλογημένε Κύριε δόξα σοι.

Τοῦ Μηναίου - - -

# Καὶ νῦν. **Τῆς Ἑορτῆς.** <sup>7</sup>**Ηχος πλ. β**′.

Μόνον ἐπάγη τὸ ξύλον, Χριστὲ τοῦ Σταυροῦ σου, τὰ θεμέλια ἐσαλεύθησαν, τοῦ θανάτου Κύριε· ὃν γὰρ κατέπιε πόθῳ ὁ ἄδης, ἀπέλυσε τρόμῳ· Ἐδειξας ἡμῖν τὸ σωτήριόν σου Ἅγιε, καὶ δοξολογοῦμέν σε Υἱὲ Θεοῦ, ἐλέησον ἡμᾶς.

# Εὐλογητάρια Άναστάσιμα. <sup>3</sup>Ηχος πλ. α΄.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τῶν Ἁγγέλων ὁ δῆμος, κατεπλάγη ὁρῶν σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου δὲ Σωτήρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν ἑαυτῷ

You, Peter cried out to You, "Women stood courageously, but I acted cowardly. The Robber stated Your divinity, but I disavowed You. Will You ever call me Your disciple anymore, or will You again appoint me as a fisher of the deep? I pray You to receive me in repentance, O God, and save me." [SD]

#### Glory.

The violators of the Law had You crucified amid the convicts. Furthermore, they pierced Your side with a lance, O Lord of mercy. You accepted burial, You destroyed the gates of Hades, and on the third day You resurrected. The Women ran to see You, and they announced the resurrection to the Apostles. Supremely exalted Savior, whom the Angels extol, O blessed Lord, glory to You.

From Menaion - - -

# Both now. **For the Feast. Mode pl. 2.**

The wood of Your Cross was merely planted, O Christ, and the foundations of death were shaken, O Lord. Hades had swallowed You eagerly, but with trembling it disgorged You. You have shown us Your salvation, O Holy One, and we glorify You, Son of God. Have mercy on us. [SD]

# Resurrectional Evlogetaria. Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἅδου πάντας ἐλευθερώσαντα.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν, ὧ Μαθήτριαι κιρνᾶτε; ὁ ἀστράπτων ἐν τῷ τάφῷ Ἅγγελος, προσεφθέγγετο ταῖς Μυροφόροις Ἰδετε ὑμεῖς τὸν τάφον καὶ ἤσθητε· ὁ Σωτὴρ γὰρ ἐξανέστη τοῦ μνήματος.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Λίαν πρωΐ, Μυροφόροι ἔδραμον, πρὸς τὸ μνῆμά σου θρηνολογοῦσαι· ἀλλ' ἐπέστη, πρὸς αὐτὰς ὁ Ἅγγελος, καὶ εἶπε· θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν ఉνάστασιν δέ, Ἀποστόλοις εἴπατε.

Εύλογητὸς εἶ, Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Μυροφόροι γυναῖκες, μετὰ μύρων ἐλθοῦσαι, πρὸς τὸ μνῆμά σου, Σῶτερ ἐνηχοῦντο. Ἁγγέλου τρανῶς, πρὸς αὐτὰς φθεγγομένου· Τί μετὰ νεκρῶν, τὸν ζώντα λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ μνήματος.

#### Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου Υἰόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν Τριάδα, ἐν μιᾳ τῇ οὐσίᾳ, σὺν τοῖς Σεραφείμ, κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἶ, Κύριε.

arose You raised Adam with yourself and from Hades liberated everyone. [5D]

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher."

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrhbearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher."

## Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε, τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῷ Εὕα, ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθείς Θεὸς καὶ ἄνθρωπος.

Άλληλούϊα. Άλληλούϊα. Άλληλούϊα. Δόξα σοι, ὁ Θεός. (ἐκ γ΄)

## ΙΕΡΕΥΣ

"Ετι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, ἐλέησον. )

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῇ χάριτι.

( Κύριε, έλέησον. )

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

Ότι ηὐλόγηταί σου τὸ ὄνομα, καὶ δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Άμήν. )

#### ΑΝΑΓΝΩΣΤΗΣ

Τῆς Ὁκτωήχου - - -

Ύπακοή. Ήχος πλ. α΄.

Άγγελικῆ ὁράσει τὸν νοῦν ἐκθαμβούμεναι, καὶ θεϊκῆ Ἐγέρσει τὴν ψυχὴν φωτιζόμεναι, αἱ Μυροφόροι τοῖς Ἀποστόλοις εὐηγγελίζοντο. Άναγγείλατε ἐν τοῖς ἔθνεσι, τὴν Ἀνάστασιν

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it.

Alleluia. Alleluia. Glory to You, O God. (3)

## **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( To You, O Lord. )

For blessed is Your name, and glorified is Your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **READER**

From Octoechos -

## Hypakoe. Mode pl. 1.

Mentally amazed by the angelic apparition, inwardly illumined by the divine resurrection, the ointment-bearing women brought good tidings to the Apostles. "Proclaim the resurrection of the Lord among the Gentiles,

τοῦ Κυρίου, συνεργοῦντος τοῖς θαύμασι, καὶ παρέχοντος ἡμῖν τὸ μέγα ἔλεος.

#### ΧΟΡΟΣ

## Οἱ Ἀναβαθμοί. Ἀντίφωνον Α΄. Ἦχος πλ. α΄.

Έν τῷ θλίβεσθαί με Δαυϊτικῶς, ἄδω σοι Σωτήρ μου. Ῥῦσαί μου τὴν ψυχὴν ἐκ γλώσσης δολίας.

Τοῖς ἐρημικοῖς ζωὴ μακαρία ἐστί, θεϊκῷ ἔρωτι πτερουμένοις.

## Δόξα· καὶ νῦν.

Άγίω Πνεύματι, περικρατεῖται πάντα τὰ ὁρατά τε σὺν τοῖς ἀοράτοις· αὐτοκρατὲς γὰρ ὅν, τῆς Τριάδος ἕν ἐστιν ἀψεύστως.

## Άντίφωνον Β΄.

Είς τὰ ὄρη ψυχὴ ἀρθῶμεν, δεῦρο ἐκεῖσε· ὅθεν βοήθεια ἥκει.

Δεξιά σου χεὶρ κἀμέ, Χριστὲ ἱπταμένη, σκαιωρίας πάσης περιφυλαξάτω.

Δόξα· καὶ νῦν.

Άγίω Πνεύματι, θεολογοῦντες φῶμεν· Σὺ εἶ Θεός, ζωή, ἔρως, φῶς, νοῦς, σὺ χρηστότης, σὺ βασιλεύεις εἰς τοὺς αἰῶνας.

## Άντίφωνον Γ΄.

'Επὶ τοῖς εἰρηκόσι μοι· Εἰς τὰς αὐλὰς προσβῶμεν Κυρίου, χαρᾶς πολλῆς πλησθεὶς εὐχὰς ἀναπέμπω.

'Επὶ οἶκον Δαυΐδ, τὰ φοβερὰ τελεσιουργεῖται· πῦρ γὰρ ἐκεῖ φλέγον, ἄπαντα αἰσχρὸν νοῦν.

as He works with you by means of miracles, granting us His great mercy." [5D]

#### **CHOIR**

# Anavathmoi. Antiphon I. Mode pl. 1.

When I am afflicted, I sing to You, like David, O my Savior. Deliver my soul from a crafty tongue. [SD]

Blessed is the life of those who dwell in the desert, winged as they are by divine eros.

Glory. Both now.

By the Holy Spirit are all things maintained, both seen and unseen; for, being autocratic, He is one of the Trinity, truly.

## Antiphon II.

O my soul, let us rise into the mountains; come, let us go there whence help comes. [SD]

Let Your soaring right hand protect me, O Christ, from treachery on every side. [SD]

Glory. Both now.

To the Holy Spirit we say, theologizing, "You are God, life, eros, light, nous; You are goodness; You reign to the ages." [SD]

## **Antiphon III.**

Because they said to me, "Let us go to the courts of the Lord," I am filled with great joy, and I send up my petitions.

On the house of David are the fearsome things to be fully accomplished; for therein will be fire, burning every shameful thought.

[SD]

Δόξα· καὶ νῦν.

Άγίω Πνεύματι, ζωαρχικὴ ἀξία, ἐξ οὖ πᾶν ζῶον ἐμψυχοῦται, ὡς ἐν Πατρί, ἄμα τε καὶ Λόγω.

## Προκείμενον.

Άνάστηθι, Κύριε ὁ Θεός μου, ὅτι σὺ βασιλεύεις εἰς τοὺς αἰῶνας. (δίς)

**Στίχ.** Έξομολογήσομαί σοι, Κύριε, έν ὅλῃ καρδία μου.

Άνάστηθι, Κύριε ὁ Θεός μου, ὅτι σὰ βασιλεύεις εἰς τοὺς αἰῶνας.

#### ΙΕΡΕΥΣ

"Ετι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, έλέησον. )

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

( Κύριε, έλέησον. )

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

Σὺ γὰρ εἶ ὁ Βασιλεὺς τῆς εἰρήνης καὶ σωτὴρ τῶν ψυχῶν ἡμῶν, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Άμήν. )

Glory. Both now.

In the Holy Spirit, as in the Father and the Logos, is the principle of life; from Him is every living being endowed with a soul.

#### Prokeimenon.

Arise, O Lord my God, for You reign unto the ages. (2)

**Verse:** *I will give thanks to You, O Lord, with my whole heart.* 

Arise, O Lord my God, for You reign unto the ages. [SAAS]

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For You are the King of peace and the savior of our souls, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### ΑΝΑΓΝΩΣΤΗΣ

Τοῦ Μηναίου - - -

# **Κοντάκιον τῆς Ἑορτῆς.** <sup>7</sup>**Ηχος δ΄.** Αὐτόμελον.

Ό ὑψωθεὶς ἐν τῷ Σταυρῷ ἑκουσίως, τῆ ἐπωνύμῳ σου καινῆ πολιτεία τοὺς οἰκτιρμούς σου δώρησαι, Χριστὲ ὁ Θεός· εὔφρανον ἐν τῆ δυνάμει σου τοὺς πιστοὺς βασιλεῖς ἡμῶν, νίκας χορηγῶν αὐτοῖς κατὰ τῶν πολεμίων· τὴν συμμαχίαν ἔχοιεν τὴν σήν, ὅπλον εἰρήνης, ἀήττητον τρόπαιον.

Τῆς Ὀκτωήχου - - -

## Κοντάκιον Άναστάσιμον.

Πρὸς τὸν Ἄδην Σωτήρ μου συγκαταβέβηκας, καὶ τὰς πύλας συντρίψας ὡς παντοδύναμος, τοὺς θανόντας ὡς Κτίστης συνεξανέστησας, καὶ θανάτου τὸ κέντρον Χριστὲ συνέτριψας, καὶ Ἀδὰμ τῆς κατάρας ἐρρύσω Φιλάνθρωπε· διὸ πάντες σοι κράζομεν· Σῶσον ἡμᾶς Κύριε.

## Ὁ Οἶκος.

Άκούσασαι αἱ Γυναῖκες τοῦ Ἁγγέλου τὰ ἡήματα, ἀπεβάλοντο τὸν θρῆνον, προσχαρεῖς γενόμεναι, καὶ σύντρομοι τὴν Ἁνάστασιν ἔβλεπον, καὶ ἰδοὺ Χριστὸς προσήγγισεν αὐταῖς, λέγων τό· Χαίρετε, θαρσεῖτε, ἐγὼ τὸν κόσμον νενίκηκα, καὶ τοὺς δεσμίους ἐρὑυσάμην· σπουδάσατε οὖν πρὸς τοὺς Μαθητάς, ἀπαγγέλλουσαι αὐτοῖς, ὅτι προάγω ὑμᾶς, ἐν τῆ πόλει Γαλιλαία τοῦ κηρῦξαι. Διὸ πάντες σοι κράζομεν· Σῶσον ἡμᾶς Κύριε.

Ό λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.

#### **READER**

From Menaion - - -

#### Kontakion of the Feast.

Mode 4. Automelon.

You who were lifted on the cross voluntarily, \* O Christ our God, bestow Your tender compassions \* upon Your new community to which You gave Your name. \* Cause our faithful emperors to be glad in Your power, \* granting them the victories against their adversaries. \* And for an ally, Lord, may they have You, \* peace as their armor, the trophy invincible. [5D]

From Octoechos - - -

## **Resurrectional Kontakion.**

You descended to Hades, my Savior, and shattered its gates, as the Almighty. As Creator, You raised the dead with yourself, and smashed the sting of death, O Christ. You freed Adam from the curse, O Lover of humanity. Therefore we all cry out to You, Save us, O Lord. [SD]

#### Oikos.

The women heard the Angel's words, and put off their lament, becoming joyful. With trembling they looked upon the Resurrection. And behold, Christ came to them, saying, "Rejoice; take courage. I have overcome the world and have freed the prisoners. Go quickly to the Disciples and inform them, that I go before you to preach in the city of Galilee." Therefore we all cry out to You, Save us, O Lord. [GKD]

It is appropriate to stand for the reading of the Synaxarion.

## Συναξάριον

### Τοῦ Μηναίου.

Τῆ ΙΗ΄ τοῦ αὐτοῦ μηνός μνήμη τοῦ ὁσίου Πατρὸς ἡμῶν Εὐμενίου, Ἐπισκόπου Γορτύνης.

Τῆ αὐτῆ ἡμέρα μνήμη τῶν ἁγίων Μαρτύρων Σοφίας καὶ Εἰρήνης.

Τῆ αὐτῆ ἡμέρα μνήμη τῆς ἁγίας Μάρτυρος Άριάδνης.

Τῆ αὐτῆ ἡμέρα μνήμη τοῦ ἁγίου Μάρτυρος Κάστορος.

Ταῖς αὐτῶν ἁγίαις πρεσβείαις, ὁ Θεός, ἐλέησον ἡμᾶς. Ἀμήν.

#### ΧΟΡΟΣ

## Καταβασίαι τοῦ Σταυροῦ Ὠδὴ α΄. Ἦχος πλ. δ΄.

Σταυρὸν χαράξας Μωσῆς, ἐπ' εὐθείας ἡάβδῳ, τὴν Ἐρυθρὰν διέτεμε, τῷ Ἰσραὴλ πεζεύσαντι· τὴν δὲ ἐπιστρεπτικῶς, Φαραὼ τοῖς ἄρμασι, κροτήσας ἥνωσεν, ἐπ' εὔρους διαγράψας, τὸ ἀήττητον ὅπλον· διὸ Χριστῷ ἄσωμεν, τῷ Θεῷ ἡμῶν ὅτι δεδόξασται.

## Ώδὴ γ΄.

'Ράβδος εἰς τύπον, τοῦ μυστηρίου παραλαμβάνεται· τῷ βλαστῷ γὰρ προκρίνει τὸν ἱερέα· τῇ στειρευούσῃ δὲ πρώην, 'Ἐκκλησίᾳ νῦν ἐξήνθησε, ξύλον Σταυροῦ, εἰς κράτος καὶ στερέωμα.

#### **Synaxarion**

#### From the Menaion.

On September 18, we commemorate our devout father Evmenius bishop of Gortyna.

On this day we commemorate the holy martyrs Sophia and Irene.

On this day we commemorate the holy martyr Ariadne.

On this day we commemorate the holy martyr Castor.

By the intercessions of Your Saints, O God, have mercy on us. Amen.

#### **CHOIR**

## Katavasias of the Cross Ode i. Mode pl. 4.

Moses prefigured the Cross. \* Lifting up the rod, he stretched out his hand and split the Sea for Israel to cross on land. \* Then he stretched it out again, \* and the sea returned and covered Pharaoh's chariots. \* The Cross was thus portrayed as our invincible armor. \* So let us sing to the Lord, \* Christ our God, for He is greatly glorified.

## Ode iii.

The rod of Aaron is seen as typifying the mystery; \* for it budded, and thus was the priest selected. \* Now in the Church, that was barren once, the Cross of Christ, like a tree, \* has blossomed forth, \* as power and a firm support. [SD]

## 'Ωδή δ'.

Εἰσακήκοα Κύριε, τῆς οἰκονομίας σου τὸ μυστήριον, κατενόησα τὰ ἔργα σου, καὶ ἐδόξασά σου τὴν θεότητα.

## 'Ωδὴ ε'.

"Ω τρισμακάριστον ξύλον! ἐν ῷ ἐτάθη Χριστός, ὁ Βασιλεὺς καὶ Κύριος· δι' οὖ πέπτωκεν ὁ ξύλῳ ἀπατήσας, τῷ ἐν σοὶ δελεασθείς, Θεῷ τῷ προσπαγέντι σαρκί, τῷ παρέχοντι, τὴν εἰρήνην ταῖς ψυχαῖς ἡμῶν.

## 'Ωδή ζ'.

Νοτίου θηρὸς ἐν σπλάγχνοις, παλάμας Ἰωνᾶς, σταυροειδῶς διεκπετάσας, τὸ σωτήριον πάθος, προδιετύπου σαφῶς· ὅθεν τριήμερος ἐκδύς, τὴν ὑπερκόσμιον ἀνάστασιν ὑπεζωγράφησε, τοῦ σαρκὶ προσπαγέντος Χριστοῦ τοῦ Θεοῦ, καὶ τριημέρῳ ἐγέρσει, τὸν κόσμον φωτίσαντος.

## 'Ωδή ζ'.

"Εκνοον πρόσταγμα τυράννου δυσσεβοῦς, λαοὺς ἐκλόνησε, πνέον ἀπειλῆς καὶ δυσφημίας θεοστυγοῦς. Όμως τρεῖς Παῖδας οὐκ ἐδειμάτωσε, θυμὸς θηριώδης, οὐ πῦρ βρόμιον ἀλλ' ἀντηχούντι δροσοβόλῳ πνεύματι, πυρὶ συνόντες ἔψαλλον· Ὁ ὑπερύμνητος, τῶν πατέρων καὶ ἡμῶν, Θεὸς εὐλογητὸς εἶ.

#### Ode iv.

I have heard the report, O Lord, \* of Your incarnation, which is a mystery. \* I considered Your astounding works, \* and I glorified Your divinity. [SD]

#### Ode v.

\* for Jesus Christ, who is King and Lord, was crucified on you. \* Through you fallen is the one who by a tree deceived us, \* for he was lured by God who in the flesh indeed \* was hung and nailed to you, \* and who grants to our souls His peace.

#### Ode vi.

In the belly of the sea beast \* the prophet Jonah prayed with his arms extended crosswise; \* thus he clearly prefigured the saving Passion of Christ. \* When after three days he emerged, \* he was depicting the supernal resurrection from the dead \* of Christ God, who was physically nailed to the Cross \* and by His third-day arising illumined the universe.

#### Ode vii.

The impious tyrant's preposterous decree disturbed the populace, \* breathing threats and blasphemous pronouncements hateful to God. \* His brutal anger did not intimidate \* the three Servants, nor did the consuming fire. \* But when the dew-laden breeze whistled against the fire, they joined it and together sang, \* "Blessed are You, O Lord. You are highly praised, O God, the God of our fathers."

[SD]

## 'Ωδή η'.

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν τὸν Κύριον.

Εὐλογεῖτε Παῖδες, τῆς Τριάδος ἰσάριθμοι, δημιουργὸν Πατέρα Θεόν· ὑμνεῖτε τὸν συγκαταβάντα Λόγον, καὶ τὸ πῦρ εἰς δρόσον μεταποιήσαντα· καὶ ὑπερυψοῦτε, τὸ πᾶσι ζωὴν παρέχον, Πνεῦμα πανάγιον εἰς τοὺς αἰῶνας.

Ό λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.

#### ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

( Κύριε, έλέησον. )

#### ΙΕΡΕΥΣ

Ότι ἄγιος εἶ, ὁ Θεὸς ἡμῶν, καὶ ἐν ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

#### ΧΟΡΟΣ

Άμήν.

## Ήχος β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς) Αἰνεσάτω πνοή πᾶσα τὸν Κύριον.

#### ΔΙΑΚΟΝΟΣ

Καὶ ὑπέρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

( Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον. )

#### ΔΙΑΚΟΝΟΣ

Σοφία. Όρθοί. Άκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

#### Ode viii.

We praise and we bless and we worship the Lord.

You three pious Servants, \* same in number as the Trinity, \* bless God the Father, Maker of all; \* sing a hymn to the Word who condescended \* and who changed the fire in the furnace into dew; \* as for the all-holy Spirit, who gives life to all, exalt It \* beyond measure unto the ages. [SD]

It is appropriate to stand for the reading of Gospel.

#### **DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

#### **PRIEST**

For You are holy, our God, who rest among the Saints, and to You we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

#### **CHOIR**

Amen.

#### Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. [SAAS]

#### **DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

#### **DEACON**

Wisdom. Arise. Let us hear the Holy Gospel.

#### ΙΕΡΕΥΣ

Είρήνη πᾶσι.

( Καὶ τῷ πνεύματί σου. )

#### ΙΕΡΕΥΣ

Έκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

Πρόσχωμεν.

( Δόξα σοι, Κύριε, δόξα σοι. )

ΙΕΡΕΥΣ (ἀπὸ τῆς ἁγίας τραπέζης)

Έωθινὸν Γ΄ Μᾶρκον Ιζ΄ 9-20

Άναστὰς ὁ Ἰησοῦς πρωῒ πρώτη Σαββάτου έφάνη πρῶτον Μαρία τῆ Μαγδαληνῆ, ἀφ' ἧς έκβεβλήκει έπτὰ δαιμόνια. Ἐκείνη πορευθεῖσα άπήγγειλε τοῖς μετ' αὐτοῦ γενομένοις, πενθοῦσι καὶ κλαίουσι. Κάκεῖνοι άκούσαντες ότι ζῆ καὶ ἐθεάθη ὑπ' αὐτῆς ἠπίστησαν. Μετὰ δὲ ταῦτα δυσὶν έξ αὐτῶν περιπατοῦσιν έφανερώθη έν έτέρα μορφῆ, πορευομένοις, είς άγρόν. Κάκεῖνοι άπελθόντες άπήγγειλαν τοῖς λοιποῖς, οὐδὲ ἐκείνοις ἐπίστευσαν. Ύστερον, ἀνακειμένοις αὐτοῖς τοῖς ἕνδεκα έφανερώθη, καὶ ώνείδισε τὴν ἀπιστίαν αὐτῶν καὶ σκληροκαρδίαν, ὅτι τοῖς θεασαμένοις αὐτὸν ἐγηγερμένον, οὐκ ἐπίστευσαν. Καὶ εἶπεν αὐτοῖς· Πορευθέντες εἰς τὸν κόσμον ἄπαντα, κηρύξατε τὸ εὐαγγέλιον πάση τῆ κτίσει. Ό πιστεύσας καὶ βαπτισθείς, σωθήσεται, ὁ δὲ ἀπιστήσας, κατακριθήσεται. Σημεῖα δὲ τοῖς πιστεύσασι ταῦτα παρακολουθήσει. Έν τῷ ὀνόματί μου δαιμόνια ἐκβαλοῦσι, γλώσσαις λαλήσουσι καιναῖς, ὄφεις ἀροῦσι, κἂν θανάσιμόν τι πίωσιν, οὐ μὴ αὐτοὺς βλάψει, ἐπὶ ἀρρώστους χεῖρας ἐπιθήσουσι, καὶ καλῶς ἔξουσιν. Ὁ μὲν οὖν Κύριος, μετὰ τὸ

#### **PRIEST**

Peace be with all.

(And with your spirit.)

#### **PRIEST**

The reading is from the Holy Gospel according to Mark.

Let us be attentive.

(Glory to You, O Lord, glory to You.)

**PRIEST** (from the altar table)

Eothinon 3 Mark. 16:9-20

When Jesus rose early on the first day of the week, He appeared first to Mary Magdalene, from whom He had cast out seven demons. She went and told those who had been with Him, as they mourned and wept. But when they heard that He was alive and had been seen by her, they would not believe it. After this he appeared in another form to two of them, as they were walking into the country. And they went back and told the rest, but they did not believe them. After this He appeared to the eleven themselves as they sat at table and He upbraided them for their unbelief and hardness of heart, because they had not believed those who saw Him after He had risen. And He said to them, "Go into all the world and preach the gospel to the whole creation. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will accompany those who believe: in My name they will cast out demons; they will speak in new tongues; they will pick up serpents, and if they drink any deadly thing, it will not hurt them; they

λαλῆσαι αὐτοῖς, ἀνελήφθη εἰς τὸν οὐρανόν, καὶ ἐκάθισεν ἐκ δεξιῶν τοῦ Θεοῦ. Ἐκεῖνοι δὲ ἐξελθόντες, ἐκήρυξαν πανταχοῦ, τοῦ Κυρίου συνεργοῦντος, καὶ τὸν λόγον βεβαιοῦντος, διὰ τῶν ἐπακολουθούντων σημείων. Ἀμήν.

( Δόξα σοι, Κύριε, δόξα σοι. )

#### ΑΝΑΓΝΩΣΤΗΣ

Άνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Άγιον Κύριον Ίησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἁγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἴδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ἄλεσεν.

#### ΧΟΡΟΣ

Ψαλμὸς Ν΄ (50).

<sup>3</sup>Ηχος β΄. (ἢ τῆς ἑβδομάδος.)

Έλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Έπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

will lay their hands on the sick, and they will recover." So then the Lord Jesus, after He had spoken to them, was taken up into heaven, and sat down at the right hand of God. And they went forth and preached everywhere, while the Lord worked with them and confirmed the message by the signs that attended it. Amen.

[RSV]

(Glory to You, O Lord, glory to You.)

#### **READER**

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

#### **CHOIR**

Psalm 50 (51).

**Mode 2.** (or the Mode of the week)

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

Ότι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μού ἐστι διαπαντός.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ίδοὺ γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

'Ιδοὺ γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

'Ραντιεῖς με ὑσσώπω, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Άκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην, ἀγαλλιάσονται ὀστέα τεταπεινωμένα.

Άπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς ἐγκάτοις μου.

Μὴ ἀπορῥίψης με ἀπὸ τοῦ προσώπου σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.

Άπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ στήριξόν με.

Διδάξω ἀνόμους τὰς ὁδούς σου, καὶ ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

'Ρῦσαί με ἐξ αἰμάτων, ὁ Θεὸς ὁ Θεὸς τῆς σωτηρίας μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν δικαιοσύνην σου.

Κύριε, τὰ χείλη μου ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ότι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν· ὁλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν συντετριμμένην καὶ τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Άγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ τείχη Ἰερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης, ἀναφορὰν καὶ ὁλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου μόσχους. Καὶ ἐλέησόν με, ὁ Θεός.

Δόξα.

Ταῖς τῶν Ἀποστόλων πρεσβείαις, Έλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις, Ἐλεῆμον, έξάλειψον τὰ πλήθη τῶν ἐμῶν ἐγκλημάτων.

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Άναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθώς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωήν, καὶ μέγα ἔλεος.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [5D]

**Verse:** Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [5D]

#### ΙΕΡΕΥΣ

Σῶσον ὁ Θεὸς τὸν λαόν σου καὶ εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς· ύψωσον κέρας χριστιανῶν ὀρθοδόξων καὶ κατάπεμψον έφ' ἡμᾶς τὰ έλέη σου τὰ πλούσια· πρεσβείαις τῆς παναχράντου Δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν τιμίων ἐπουρανίων Δυνάμεων άσωμάτων, ίκεσίαις τοῦ τιμίου ένδόξου Προφήτου Προδρόμου καὶ Βαπτιστοῦ Ίωάννου, τῶν ἁγίων ἐνδόξων καὶ πανευφήμων Άποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν Διδασκάλων, Βασιλείου τοῦ Μεγάλου, Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου τοῦ Χρυσοστόμου, Άθανασίου, Κυρίλλου καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν Άλεξανδρίας Νικολάου τοῦ ἐν Μύροις, Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου Πενταπόλεως τῶν θαυματουργῶν τῶν ἁγίων ένδόξων Μεγαλομαρτύρων Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος, Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ τοῦ θαυματουργοῦ· τῶν Ίερομαρτύρων Χαραλάμπους καὶ Ἐλευθερίου, τῆς ἀγίας ἐνδόξου Μεγαλομάρτυρος καὶ πανευφήμου Εύφημίας τῶν ἁγίων ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας, Άναστασίας, Αίκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνης, Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ) τῶν ἁγίων καὶ δικαίων Θεοπατόρων Ίωακεὶμ καὶ Ἄννης, καὶ πάντων σου τῶν Άγίων. Ίκετεύομέν σε, μόνε πολυέλεε Κύριε, έπάκουσον ήμῶν τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον ἡμᾶς.

#### **PRIEST**

O God, save Your people and bless Your inheritance. Look upon Your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us Your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

#### ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ΄)

#### ΙΕΡΕΥΣ

Έλέει καὶ οἰκτιρμοῖς καὶ φιλανθρωπία τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὖ εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Άμήν. )

Ό λαὸς ἵσταται διὰ τὴν Θ΄ Ὠδήν.

#### ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

#### ΧΟΡΟΣ

Ώδὴ θ΄.

Μεγαλυνάριον. ή Ηχος πλ. δ΄.

**Στίχ.** Μεγαλύνει ἡ ψυχή μου τὸν Κύριον, καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ότι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ· ἰδού γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

#### **CHOIR**

Lord, have mercy. (12)

#### **PRIEST**

Through the mercy, compassion, and love of mankind of Your only-begotten Son, with whom You are blessed, together with Your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

It is appropriate to stand for the singing of Ode ix.

#### **DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

#### **CHOIR**

#### Ode ix.

The Magnificat. Mode pl. 4.

**Verse:** My soul magnifies the Lord, and my spirit has rejoiced in God my Savior. [NKIV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** For He has regarded the lowly state of His maidservant; for behold, henceforth all generations will call me blessed.

[NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Στίχ. Ότι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἄγιον τὸ ὄνομα αὐτοῦ, καί το ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεὰν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Έποίησε Κράτος έν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Άντελάβετο Ίσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Άβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβείμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφείμ, τὴν

Verse: For He who is mighty has done great things for me, and holy is His name.

And His mercy is on those who fear Him from generation to generation. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has shown strength with His arm; He has scattered the proud in the imagination of their hearts. INKUVI

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has put down the mighty from their thrones, and exalted the lowly. He has filled the hungry with good things, and the rich He has sent away empty. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

**Verse:** He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and to his seed forever. [NKJV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to

άδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως God the Word, and are truly Theotokos. You Θεοτόκον, σὲ μεγαλύνομεν.

## 'Ωδὴ θ΄. Καταβασία. ϶Ήχος πλ. δ΄.

Μυστικὸς εἶ Θεοτόκε Παράδεισος, άγεωργήτως βλαστήσασα Χριστόν, ύφ' οὖ τὸ τοῦ Σταυροῦ, ζωηφόρον ἐν γῆ, πεφυτούργηται δένδρον· δι' οὧ νῦν ύψουμένου, προσκυνοῦντες αὐτόν, σὲ μεγαλύνομεν.

#### ΙΕΡΕΥΣ

Έτι καὶ ἔτι ἐν εἰρήνη τοῦ Κυρίου δεηθῶμεν.

( Κύριε, έλέησον. )

Άντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῆ σῆ χάριτι.

( Κύριε, έλέησον. )

Τῆς παναγίας, ἀχράντου, ύπερευλογημένης, ένδόξου, δεσποίνης ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

Ότι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρί καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ είς τοὺς αίῶνας τῶν αίωνων.

( Άμήν. )

#### ΧΟΡΟΣ

## Ήχος β΄.

Άγιος Κύριος ὁ Θεὸς ἡμῶν. (δίς)

Ύψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ.

Ότι ἄγιός ἐστι.

do we magnify. [SD]

## Ode ix. Katavasia. Mode pl. 4.

Theotokos, you are mystical Paradise, \* for without husbandry you have blossomed Christ, \* by whom on earth the Cross, as a lifebearing tree, has been planted and watered. \* As it is now exalted, \* we adore Him and worship Him and magnify you. [SD]

#### **PRIEST**

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For all the powers of heaven praise You, and to You we offer up glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

#### **CHOIR**

#### Mode 2.

Holy is the Lord our God. (2) [SAAS]

Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

Τῆς Ὀκτωήχου - - -

## Έξαποστειλάριον. Τὸ Γ΄ Ἑωθινόν.

Ήχος β΄. Τοῖς Μαθηταῖς συνέλθωμεν.

Ότι Χριστὸς ἐγήγερται, μή τις διαπιστείτω· ἐφάνη τῇ Μαρίᾳ γάρ, ἔπειτα καθωράθη, τοῖς εἰς ἀγρὸν ἀπιοῦσι, Μύσταις δὲ πάλιν ὤφθη, ἀνακειμένοις ἕνδεκα, οὕς βαπτίζειν ἐκπέμψας, εἰς Οὐρανούς· ὅθεν καταβέβηκεν ἀνελήφθη, ἐπικυρῶν τὸ κήρυγμα, πλήθεσι τῶν σημείων.

## Τῆς Έορτῆς.

Τοῦ Μηναίου - - - **Ἡχος β΄.** Τῶν Μαθητῶν ὁρώντων σε.

Σταυρός, ὁ φύλαξ πάσης τῆς οἰκουμένης· Σταυρός, ἡ ὡραιότης τῆς Ἐκκλησίας, Σταυρός, Βασιλέων τὸ κραταίωμα· Σταυρός, Πιστῶν τὸ στήριγμα· Σταυρός, Ἁγγέλων ἡ δόξα, καὶ τῶν δαιμόνων τὸ τραῦμα.

## Οἱ Αἶνοι. Ἦχος πλ. α΄.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αίνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτὸν ἥλιος καὶ σελήνη, αἰνεῖτε αὐτὸν πάντα τὰ ἄστρα καὶ τὸ φῶς.

Αἰνεῖτε αὐτὸν οἱ οὐρανοὶ τῶν οὐρανῶν καὶ τὸ ὕδωρ τὸ ὑπεράνω τῶν οὐρανῶν. Αἰνεσάτωσαν τὸ ὄνομα Κυρίου.

Ότι αὐτὸς εἶπε, καὶ ἐγενήθησαν, αὐτὸς ἐνετείλατο, καὶ ἐκτίσθησαν.

From Octoechos - - -

# Exaposteilarion. Eothinon 3.

**Mode 2.** *On the mountain.* 

Let no one doubt and disbelieve \* that
Christ was resurrected. \* For unto Mary He
appeared; \* Afterwards by those walking \* in
the field was He seen clearly. \* To the eleven
Mystics \* reclining, He appeared again. \*
When He sent them to baptize, He did ascend
\* into heaven from which He had descended, \*
and with abundant miracles \* He did confirm
their preaching. [SD]

#### For the Feast.

From Menaion - - -

**Mode 2.** With the disciples.

O Cross, you are the guardian of the whole world. \* O Cross, you are the height of the Church's beauty. \* O Cross, you are what strengthened the Emperors. \* O Cross, the believers' firm support. \* O Cross, the glory of Angels \* and the defeat of the demons.

## Lauds. Mode pl. 1.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, sun and moon; praise Him, all you stars and light.

Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.

For He spoke, and they were made; He commanded, and they were created.

"Εστησεν αὐτὰ εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος· πρόσταγμα ἔθετο, καὶ οὐ παρελεύσεται.

Αἰνεῖτε τὸν Κύριον ἐκ τῆς γῆς, δράκοντες καὶ πᾶσαι ἄβυσσοι.

Πῦρ, χάλαζα, χιών, κρύσταλλος, πνεῦμα καταιγίδος, τὰ ποιοῦντα τὸν λόγον αὐτοῦ.

Τὰ ὅρη καὶ πάντες οἱ βουνοί, ξύλα καρποφόρα καὶ πᾶσαι κέδροι.

Τὰ θηρία καὶ πάντα τὰ κτήνη, ἑρπετὰ καὶ πετεινὰ πτερωτά.

Βασιλεῖς τῆς γῆς καὶ πάντες λαοί, ἄρχοντες καὶ πάντες κριταὶ γῆς.

Νεανίσκοι καὶ παρθένοι, πρεσβύτεροι μετὰ νεωτέρωναἰνεσάτωσαν τὸ ὄνομα Κυρίου, ὅτι ὑψώθη τὸ ὄνομα αὐτοῦ μόνου.

Ή έξομολόγησις αὐτοῦ ἐπὶ γῆς καὶ οὐρανοῦ. καὶ ὑψώσει κέρας λαοῦ αὐτοῦ.

Ψμνος πᾶσι τοῖς ὁσίοις αὐτοῦ, τοῖς υἱοῖς Ἰσραήλ, λαῷ ἐγγίζοντι αὐτῶ.

"Ασατε τῷ Κυρίῳ ἆσμα καινόν, ἡ αἴνεσις αὐτοῦ ἐν ἐκκλησίᾳ ὀσίων.

Εύφρανθήτω Ίσραὴλ ἐπὶ τῷ ποιήσαντι αὐτόν, καὶ οἱ υἱοὶ Σιὼν ἀγαλλιάσθωσαν ἐπὶ τῷ βασιλεῖ αὐτῶν.

Αἰνεσάτωσαν τὸ ὄνομα αὐτοῦ ἐν χορῷ, ἐν τυμπάνῳ καὶ ψαλτηρίῳ ψαλάτωσαν αὐτῷ.

Ότι εὐδοκεῖ Κύριος ἐν τῷ λαῷ αὐτοῦ καὶ ὑψώσει πραεῖς ἐν σωτηρίᾳ.

Καυχήσονται ὅσιοι ἐν δόξῃ καὶ ἀγαλλιάσονται ἐπὶ τῶν κοιτῶν αὐτῶν.

Αἱ ὑψώσεις τοῦ Θεοῦ ἐν τῷ λάρυγγι αὐτῶν, καὶ ῥομφαῖαι δίστομοι ἐν ταῖς χερσὶν αὐτῶν.

Τοῦ ποιῆσαι ἐκδίκησιν ἐν τοῖς ἔθνεσιν, ἐλεγμοὺς ἐν τοῖς λαοῖς.

Τοῦ δῆσαι τοὺς βασιλεῖς αὐτῶν ἐν πέδαις καὶ τοὺς ἐνδόξους αὐτῶν ἐν χειροπέδαις σιδηραῖς.

He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.

Praise the Lord from the earth, you dragons and all the deeps.

Fire and hail, snow and ice, stormy wind, which perform His word.

Mountains and all the hills, fruitful trees and all cedars.

Wild animals and all cattle, creeping things and flying birds.

Kings of the earth and all peoples, princes and all judges of the earth.

Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.

His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.

A hymn for all His saints, for the children of Israel, a people who draw near to Him.

Sing to the Lord a new song, His praise in the assembly of His holy ones.

Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.

Let them praise His name with dance; with tambourine and harp let them sing to Him.

For the Lord is pleased with His people, and He shall exalt the gentle with salvation.

The holy ones shall boast in glory, and they shall greatly rejoice on their beds.

The high praise of God shall be in their mouth and a two-edged sword in their hand.

To deal retribution to the nations, reproving among the peoples.

To shackle their kings with chains and their nobles with fetters of iron.

Τῆς Όκτωήχου - - -

## Στιχηρὰ Άναστάσιμα. Ήχος πλ. α'.

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἔγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Κύριε, ἐσφραγισμένου τοῦ τάφου ὑπὸ τῶν παρανόμων, προῆλθες ἐκ τοῦ μνήματος, καθὼς ἐτέχθης ἐκ τῆς Θεοτόκου, οὐκ ἔγνωσαν πῶς ἐσαρκώθης, οἱ ἀσώματοί σου Ἅγγελοι, οὐκ ἤσθοντο πότε ἀνέστης, οἱ φυλάσσοντές σε στρατιῶται· ἀμφότερα γὰρ ἐσφράγισται τοῖς ἐρευνῶσι, πεφανέρωται δὲ τὰ θαύματα, τοῖς προσκυνοῦσιν, ἐν πίστει τὸ μυστήριον· ὃ ἀνυμνοῦσιν, ἀπόδος ἡμῖν ἀγαλλίασιν, καὶ τὸ μέγα ἔλεος.

## Ήχος πλ. α΄.

Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ, αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως αὐτοῦ.

Κύριε, τοὺς μοχλοὺς τοὺς αἰωνίους συντρίψας, καὶ δεσμὰ διαρρήξας, τοῦ μνήματος ἀνέστης, καταλιπὼν σου τὰ ἐντάφια, εἰς μαρτύριον τῆς ἀληθοῦς τριημέρου ταφῆς σου, καὶ προῆγες ἐν τῆ Γαλιλαία, ὁ ἐν σπηλαίῳ τηρούμενος. Μέγα σου τὸ ἔλεος, ἀκατάληπτε Σωτήρ, ἐλέησον ἡμᾶς.

## Ήχος πλ. α΄.

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Κύριε, αἱ Γυναῖκες ἔδραμον ἐπὶ τὸ μνῆμα, τοῦ ἰδεῖν σε τὸν Χριστόν, τὸν δι'

From Octoechos - - -

# Resurrectional Stichera. Mode pl. 1.

To fulfill among them the written judgment: this glory have all His holy ones.
[SAAS]

Lord, although the tomb had been sealed by the transgressors of the law, You came forth from the sepulcher, just as You were born from the Theotokos. Your bodiless Angels did not know how You became incarnate; nor did the soldiers who guarded You perceive when You resurrected. For both have been sealed to those who would inquire, but the miracles have been revealed to those who faithfully worship the mystery. As we extol it, restore to us exultant joy and Your great mercy. [SD]

## Mode pl. 1.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]

Lord, after You smashed the eternal bars and broke the bonds, You rose from the tomb and left the grave clothes behind as evidence that truly You had been buried for three days. And You proceeded to Galilee, You who were in custody in a rock-hewn tomb. Great is Your mercy, incomprehensible Savior! Have mercy on us. [SD]

## Mode pl. 1.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]

Lord, the women ran to the sepulcher to see You, the Christ, who had suffered for

ήμᾶς παθόντα· καὶ προσελθοῦσαι, εὖρον Άγγελον ἐπὶ τὸν λίθον καθήμενον, τῷ φόβῳ κυλισθέντα· καὶ πρὸς αὐτὰς ἐβόησε λέγων· Ἀνέστη ὁ Κύριος, εἴπατε τοῖς μαθηταῖς, ὅτι ἀνέστη ἐκ νεκρῶν, ὁ σῷζων τὰς ψυχὰς ἡμῶν.

## Ήχος πλ. α΄.

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Κύριε, ὥσπερ ἐξῆλθες ἐσφραγισμένου τοῦ τάφου, οὕτως εἰσῆλθες καὶ τῶν θυρῶν κεκλεισμένων, πρὸς τοὺς μαθητάς σου, δεικνύων αὐτοῖς τὰ τοῦ σώματος πάθη, ἄπερ κατεδέξω Σωτὴρ μακροθυμήσας, ὡς ἐκ σπέρματος Δαυΐδ, μώλωπας ὑπήνεγκας, ὡς Υἱὸς δὲ τοῦ Θεοῦ, κόσμον ἠλευθέρωσας. Μέγα σου τὸ ἔλεος, ἀκατάληπτε Σωτήρ, ἐλέησον ἡμᾶς.

## Τοῦ Σταυροῦ.

Τοῦ Μηναίου - - - 'Ηχος πλ. δ΄. ''Ω τοῦ παραδόξου.

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

" Ω τοῦ παραδόξου θαύματος! τὸ ζωηφόρον φυτόν, ὁ Σταυρὸς ὁ πανάγιος, εἰς ὕψος αἰρόμενος, ἐμφανίζεται σήμερον· δοξολογοῦσι πάντα τὰ πέρατα· ἐκδειματοῦνται δαίμονες ἄπαντες, ὢ οἷον δώρημα, τοῖς βροτοῖς κεχάρισται! δι' οὖ Χριστέ, σῶσον τὰς ψυχὰς ἡμῶν, ὡς μόνος εὔσπλαγχνος.

us. When they came, they found an Angel sitting on the stone that from fear had rolled away. The Angel called out to them, saying, "The Lord has risen. Tell the Disciples that resurrected from the dead is He who saves our souls." [SD]

## Mode pl. 1.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Lord, even as You came out of the sepulcher, though it was sealed shut, likewise You entered where Your Disciples were, the doors being also shut. You showed them the injuries sustained by Your body, which with long-suffering You accepted, Savior. As the progeny of David, You endured the wounds; as the Son of God, You freed the world. Great is Your mercy, incomprehensible Savior! Have mercy on us. [SD]

#### For the Cross.

From Menaion - - - **Mode pl. 4.** *What a paradoxal.* 

Praise Him with timbrel and dance; praise

Him with strings and flute. [SAAS]

What a paradoxal miracle! \* Behold, the

What a paradoxal miracle! \* Behold, the life-bearing plant, \* the all-holy and precious Cross,\* is appearing on display \* and is carried aloft today. \* Now all the ends of the earth do glorify, \* and all the demons are greatly terrified. \* Oh, what a gift is this \* that to mortals has been granted! Hence, O Christ \* the only compassionate, \* do thereby save our souls. [5D]

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

"Ω τοῦ παραδόξου θαύματος! τὸ ζωηφόρον φυτόν, ὁ Σταυρὸς ὁ πανάγιος, εἰς ὕψος αἰρόμενος, ἐμφανίζεται σήμερον· δοξολογοῦσι πάντα τὰ πέρατα· ἐκδειματοῦνται δαίμονες ἄπαντες, ὢ οἷον δώρημα, τοῖς βροτοῖς κεχάρισται! δι' οὖ Χριστέ, σῶσον τὰς ψυχὰς ἡμῶν, ὡς μόνος εὔσπλαγχνος.

**Στίχ.** Ύψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν αὐτοῦ, ὅτι ἄγιός ἐστι.

"Ω τοῦ παραδόξου θαύματος! ὡς βότρυν πλήρη ζωῆς, ὁ βαστάσας τὸν ὕψιστον, ἀπὸ γῆς ὑψούμενος, Σταυρὸς ὁρᾶται σήμερον· δι' οὖ πρὸς Θεὸν πάντες εἰλκύσθημεν, καὶ κατεπόθη εἰς τέλος θάνατος, "Ω ξύλον ἄχραντον! ὑφ' οὖ ἀπολαύομεν τῆς ἐν 'Εδέμ, ἀθανάτου βρώσεως, Χριστὸν δοξάζοντες.

**Στίχ.** Ὁ δὲ Θεὸς βασιλεὺς ἡμῶν πρὸ αἰώνων, εἰργάσατο σωτηρίαν ἐν μέσῳ τῆς γῆς.

"Ω τοῦ παραδόξου θαύματος! εὖρος καὶ μῆκος Σταυροῦ, οὐρανοῦ ἰσοστάσιον, ὅτι θεία χάριτι, ἁγιάζει τὰ σύμπαντα, ἐν τούτῳ ἔθνη βάρβαρα ἥττηνται· ἐν τούτῳ σκῆπτρα ἀνάκτων ἥδρασται. "Ω θείας κλίμακος! δι' ἧς ἀνατρέχομεν εἰς οὐρανούς, ὑψοῦντες ἐν ἄσμασι, Χριστὸν τὸν Κύριον.

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. ISAASI

What a paradoxal miracle! \* Behold, the life-bearing plant, \* the all-holy and precious Cross,\* is appearing on display \* and is carried aloft today. \* Now all the ends of the earth do glorify, \* and all the demons are greatly terrified. \* Oh, what a gift is this \* that to mortals has been granted! Hence, O Christ \* the only compassionate, \* do thereby save our souls. [SD]

**Verse:** Exalt the Lord our God, and worship at the footstool of His feet; for He is holy. [SAAS]

What a paradoxal miracle! \* The Cross that held the Most High \* like a grape cluster full of life \* is observed by all to be \* exalted from the earth today: \* the Cross, through which we have all been drawn to God, \* and by which death was completely swallowed up. \* O immaculate Tree, \* whereby we again enjoy the deathless food \* that was in Eden of old, \* and Christ we glorify.

**Verse:** God is our King before the ages; He worked salvation in the midst of the earth.

[SAAS]

What a paradoxal miracle! \* Behold the breadth and the length \* of the Cross are the same as those \* of the sky. For by divine \* grace it hallows the universe. \* By it barbarian nations are subdued, \* by it the scepters of kings have been secured. \* O holy and divine \* ladder whereby to the heavens we return, \* as

Τῆς Ὀκτωήχου - - -

# Δόξα. <sup>\*</sup>Ηχος γ΄. Τὸ Γ΄ Έωθινόν.

Τῆς Μαγδαληνῆς Μαρίας, τὴν τοῦ Σωτῆρος εὐαγγελιζομένης, ἐκ νεκρῶν ἀνάστασιν καὶ ἐμφάνειαν, διαπιστοῦντες οἱ Μαθηταί, ἀνειδίζοντο τὸ τῆς καρδίας σκληρόν ἀλλὰ τοῖς σημείοις καθοπλισθέντες καὶ θαύμασι, πρὸς τὸ κήρυγμα ἀπεστέλλοντο καὶ σὺ μὲν Κύριε, πρὸς τὸν ἀρχίφωτον ἀνελήφθης Πατέρα, οἱ δὲ ἐκήρυττον πανταχοῦ τὸν λόγον, τοῖς θαύμασι πιστούμενοι. Διὸ οἱ φωτισθέντες δι' αὐτῶν δοξάζομέν σου, τὴν ἐκ νεκρῶν ἀνάστασιν, φιλάνθρωπε Κύριε.

#### Καὶ νῦν. Θεοτοκίον.

Ύπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὔα ἠλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεις ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν· Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως εὐδοκήσας δόξα σοι.

Ό λαὸς ἵσταται διὰ τὴν Μ. Δοξολογίαν.

## Ή Μεγάλη Δοξολογία

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν ἀνθρώποις εὐδοκία.

we offer songs of praise \* exalting Christ the Lord. [SD]

From Octoechos - - -

# Glory. **Mode 3. Eothinon 3.**

When Mary Magdalene announced the good news of the Savior's resurrection from the dead and His appearance, the Disciples would not believe. So they were upbraided for their hardness of heart. But once they were fully equipped with the signs and miracles, they were sent out to preach. So then You, O Lord, were taken up to Your Father, the Source of Light; and they went and preached the word everywhere, and were confirmed by the miracles. Therefore we, who have been enlightened by them, glorify Your resurrection from the dead, O Lord who loves humanity.

## Both now. Theotokion.

You are supremely blessed, O Virgin
Theotokos. For through Him who from you
became incarnate was Hades taken prisoner,
and Adam has been summoned back; the
curse has been neutralized, and Eve has been
liberated; death has been put to death, and we
have been brought to life. Therefore extolling
we cry out: O Christ our God, You are blessed,
for so was Your good pleasure. Glory to You!

It is appropriate to stand for the Great Doxology.

## **Great Doxology**

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [5D]

Ύμνοῦμέν σε, εὐλογοῦμέν σε, προσκυνοῦμέν σε, δοξολογοῦμέν σε, εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ Υἱὸς τοῦ Πατρός, ὁ αἴρων τὴν ἁμαρτίαν τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ καθήμενος ἐν δεξιᾳ τοῦ Πατρός, καὶ ἐλέησον ἡμᾶς.

Ότι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ Πατρός. Ἀμήν.

Καθ' ἑκάστην ἡμέραν εὐλογήσω σε καὶ αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, έν τῆ ἡμέρα ταύτη, ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εύλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς, καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εύλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εύλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Εύλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾳ καὶ γενεᾳ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχήν μου, ὅτι ἡμαρτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὰ εἶ ὁ Θεός μου.

Ότι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὀψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Άθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ΄)

Δόξα Πατρὶ καὶ Υὶῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Άγιος Άθάνατος, έλέησον ἡμᾶς.

Άγιος ὁ Θεός, Άγιος Ἰσχυρός, Άγιος Άθάνατος, ἐλέησον ἡμᾶς.

Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Άναστάσιμον.

## <sup>3</sup>Ηχος δ΄. (ἢ τῆς ἑβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Ἄσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νῖκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

ἢ κατὰ τὴν παλαιωτέραν τάξιν·

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

After the Doxology, sing the following Resurrectional Troparion.

#### **Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. [SD]

*Or, according to the older practice:* 

## Ήχος πλ. δ΄. (ἢ τῆς ἑβδομάδος.)

Άναστὰς ἐκ τοῦ μνήματος, καὶ τὰ δεσμὰ διαἀρἡήξας τοῦ 仵δου, ἔλυσας τὸ κατάκριμα, τοῦ θανάτου Κύριε, πάντας ἐκ τῶν παγίδων τοῦ ἐχθροῦ ἡυσάμενος, ἐμφανίσας σεαυτὸν τοῖς, Ἀποστόλοις σου, ἐξαπέστειλας αὐτοὺς ἐπὶ τὸ κήρυγμα, καὶ δι' αὐτῶν τὴν εἰρήνην παρέσχες τῆ οἰκουμένῃ, μόνε πολυέλεε.

## **Mode pl. 4.** (or the Mode of the week)

When You rose from the sepulcher and broke the bonds of Hades, You repealed the sentence of death, O Lord, and delivered all from the snares of the enemy. And when You showed yourself to Your Apostles, You sent them out to preach, and through them You granted peace to the whole world, O only very merciful One. [5D]