



Saint Spyridon Hellenic Orthodox Church

12307 S. Ridgeland Avenue, Palos Heights, IL. 60463

Phone 708-385-2311 * Fax 708-385-0166

Website: www.Saint-Spyridon.net * E-mail: office@Saint-Spyridon.net

Office Hours: Monday-Friday 9:00 a.m. - 2:00 p.m.

Rev. Tilemahos Alikakos, Protopresbyter - Mr. Frank Kopanis, Parish Council President

PARISH SCHEDULE

Sunday, March 28th

2nd Sunday of Lent, St. Gregory Palamas
Orthros & Divine Liturgy—8:00 a.m.—11:00 a.m.
Solemn Vespers—6:00 p.m.—7:00 p.m.

Memorial: +40days for Eleftherios Vasilopoulos

Monday, March 29th

Archangels Academy—9:00 a.m.
Greek School Online, Great Compline—6:00 p.m.
Divorce Rebuilders—7:00 p.m.

Tuesday, March 30th

Archangels Academy—9:00 a.m.
Golf Outing Committee Meeting—6:00 p.m.
Bible Study online—7:00 p.m.

Wednesday, March 31st

Archangels Academy—9:00 a.m.
**Metropolitan Nathanael to celebrate
the Presanctified Liturgy—6:00 p.m.—7:30 p.m.**

Thursday, April 1st

Archangels Academy—9:00 a.m.
Great Compline & Homily—6:00 p.m.
@ Assumption, Homer Glen

Friday, April 2nd

Archangels Academy—9:00 a.m.
Greek School Online—4:30 p.m.
Salutations to the Theotokos—7:00 p.m.

Saturday, April 3rd

Family Synaxis at St. Nicholas, Oak Lawn—10 a.m.
Great Vespers at Holy Cross, Justice—7:00 p.m.

Sunday, April 4th

Sunday of the Veneration of the Precious Cross
Orthros & Divine Liturgy—8:00 a.m.—11:00 a.m.
Solemn Vespers—6:00 p.m.—7:00 p.m.

Monday, April 5th

Archangels Academy—9:00 a.m.
Greek School Online
Great Compline—6:00 p.m.—7:00 p.m.
Bible Study—7:00 p.m.

**SAINT SPYRIDON SERVICES
ARE STREAMED ON OUR
[PARISH YOUTUBE CHANNEL](#)**



HYMNOLOGY OF THE DAY

You arose from the sepulcher in glory as God, and with yourself resurrected the world. And mortal nature extolled You as God, and death was obliterated, and Adam is dancing, O Master; and Eve, now redeemed from the bonds, rejoices crying out: O Christ, You are He who grants resurrection to all.

Let us extol, as omnipotent God, the One who rose on the third day, and who smashed the gates of Hades, and who raised from the tomb those who were there from all time, and who was seen by the myrrh-bearing women as He so willed, uttering to them first of all the greeting, Rejoice, and to the Apostles declaring the joy, as the only Giver of life. Therefore in faith the women announce to the Disciples the tokens of victory. And Hades groans, and Death laments, and the world exults and all people rejoice together. For You, O Christ, are He who grants resurrection to all.

With one accord, we sing your praises, Father Gregory * who speaks from God, sonorous trumpet of theology, * and divine and sacred organ of holy wisdom. * But as intellect that stands before the Intellect, * unto Him direct our intellect, so unto you * we may cry aloud: Rejoice, O herald of grace.

As a herald of mysteries, you appeared on earth plainly, proclaiming things divine unto mortals. Endowed with a human mind and flesh, and yet speaking in the tongue of the bodiless, you amazed us and convinced us to cry out to you, O godly rhetor:

Rejoice, through whom the darkness was banished;
Rejoice, through whom the light did supplant it.
Rejoice, uncreated Divinity's messenger;
Rejoice, the confuter of one created and nonsensical.
Rejoice, you who called God's nature an inaccessible height;
Rejoice, you who called His energy a depth difficult to sight.
Rejoice, for you correctly have discoursed on God's glory;
Rejoice, for you have spoken against the views of the wicked.
Rejoice, O star that made the Sun evident;
Rejoice, the bowl imparting the sweet nectar.
Rejoice, through whom the truth shines refulgent;
Rejoice, through whom was falsehood extinguished.
Rejoice, O herald of grace.

O blessed father, you cut down the thorns of heresy, * and in their place you planted sacred Orthodox dogmas. * And with your words you watered the seed of the Faith, thus increasing it splendidly. * And as a practical farmer you brought to God * ears of wheat increased a hundredfold.

The ranks of angels and mankind marveled, O blessed one, * at the illustrious glory of your life which was blameless. * For as a steadfast athlete by your resolve you distinguished yourself indeed * as an ascetic and hierarch, and of God * a worthy minister and genuine friend.

To those walking in the darkness of their sins You have shone as light, O Christ, during the season of self-control. And reveal to us the auspicious day of Your Passion, so that we may cry to You, "Arise, O God, have mercy on us."

READINGS OF THE DAY

Hebrews 1:10-14; 2:1-3

"IN THE BEGINNING, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation?

Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins' -he said to the paralytic- "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"



FOOD PANTRY DONATIONS for Easter Food Baskets

Our parish will be distributing Food Baskets to needy families on Saturday, April 3rd.

Your generous donations will enable us to purchase all necessary items to assemble each food basket.

This year, we are asking for monetary donations (in any amount), OR if you wish to sponsor a basket, each basket is valued at \$60.

Cash/check donations may be dropped off in the church office:
Monday - Friday from 9am to 2pm

Checks to "St. Spyridon" & "Food Pantry" in the MEMO section or online at: https://tithe.ly/give_new/www/#/tithe.ly/give-one-time/1390651
(Please select "Food Pantry Donation" from the dropdown menu)

Donation Deadline is Wednesday, March 31st

THANK YOU!

Spring into Action to Help Kids Fighting Cancer! Saint Spyridon's Lenten Toy Drive



All proceeds to benefit:

The Pediatric Oncology Treasure Chest Foundation

Suggested Donations by Age:

School Age

Action Figures
Barbie Dolls & accessories
Trucks and Cars
Snapitite Models
Board Games

Arts/Crafts

Playdough
Coloring Books
Crayola Markers/Crayons
Activity Sets/Prepackaged Crafts

Adolescent

Journals
Jewelry
Nail Polish Kits
Cosmetic Bags
Purses/Wallets
Scarves/Hats
DVDs/CDs
Board Games
Gift Cards (\$5 increments)

Infant/Toddler/Preschool

Fischer-Price/Playskool toys
Play Dish Sets & Play Food
Baby Dolls & accessories
Wooden & Plastic Puzzles
Activity Books

Drop off all NEW, unwrapped donations in boxes near the office and gym.

Donation Deadline is Sunday, April 25th

Cash/Check donations may be dropped off in the church office:
Monday - Friday from 9am to 2pm

Checks payable to "St. Spyridon" & "Toy Drive" in the Memo section, or
Donate online: https://tithe.ly/give_new/www/#/tithe.ly/give-one-time/1390651
(Please Select "Toy Drive - Pediatric Oncology Treasure Chest" from the dropdown menu)

For questions, please contact:

Stella Parhas at 708.717.2518 or Demetria Papadopoulos at 708.870.2785

Thank you for donating!



METROPOLITAN NATHANAEL OF CHICAGO TO VISIT SAINT SPYRIDON

PRESANCTIFIED LITURGY
WEDNESDAY, MARCH 31, 2021—6:00 P.M.

STEWARDSHIP 2021

Once upon a time, a festival was to be held in a certain village. To ensure there would be enough wine for the celebration, each member of the village agreed to pour one bottle of his best wine into a large cask. "If I fill my bottle with water," reasoned one villager, "the dilution will be so slight, who will notice?" But when the feast and time for merrymaking commenced, and the cask was tapped, nothing but water poured forth. Every member in the village had reasoned alike: "My portion will not be missed!"

Scripture is filled with passages of God's call for us to be generous, loving, compassionate givers. The priority of compassionate stewardship is not to pay the bills. It is about how we, as a community, can do God's work with love and compassion. It is less about the parish's need to receive, and more about our need to give. It is our generosity with the gifts and blessings God has entrusted to us. **Compassionate stewardship is an attitude and a way of life.**

We thank the 210 Stewards that have joined so far in 2021. As we journey through Great and Holy Lent, let us continue to serve our community and support our beloved Saint Spyridon parish. Your stewardship offering may be submitted by mail to the church office. We have also made online giving available on our church website (www.Saint-Spyridon.net) for one-time and periodic giving.




YOU'RE INVITED TO A
PAINTING PARTY!

*Please join us for an
Archangels Fundraiser*

Sunday April 18th 3PM
at St. Spyridon Church
12307 Ridgeland Ave
Palos Heights IL 60463

RSVP to Vasiliki by April 11th
708.941.6704


PARISH ANNOUNCEMENTS



Family Synaxis
METROPOLIS OF CHICAGO
INVITES YOU TO AN IN-PERSON RETREAT:

PARENTING
In a tough world

WORKSHOP WITH FR. CHRIS KERHULAS
PRIEST AND AUTHOR OF PARENT POINTS



“Unless you see
Christ in the eyes
of your sisters and
brothers, you’ll never
know Him!”
— Fr. Chris Kerhulas
Parent Points

Saturday, April 3, 2021
10 am – 12 pm • St. Nicholas Greek Orthodox Church
10301 Kolmar Ave, Oak Lawn, IL • www.stnicholasil.org

- \$25 registration fee per household includes a copy of Parent Points!
- Metropolis-approved Covid-19 plans to keep participants safe
- Live-streamed option available.
- Young adults and parents invited; unfortunately we cannot accommodate children at this retreat.
- Space is limited; seats are reserved in order registration payment is received.

Learn more & register @ www.gocfamilysynaxis.org

Have questions? chicago.familysynaxis@gmail.com • Toni Milak 630-341-2013 • [Facebook](https://www.facebook.com/GreekOrthodoxMetropolisofChicagoFamilySynaxis) Greek Orthodox Metropolis of Chicago Family Synaxis



**ARCHANGELS
ACADEMY
ENROLLMENT FOR
2021-22 IS NOW OPEN**

Archangels Academy announces that applications for the 2021-22 academic year are now available at the church office and at ArchangelsAcademy.org. Incoming students must be at least three years old by September 1st, 2021. Please be aware that applications are accepted on a first come first serve basis with priority given to currently enrolled students, St. Spyridon stewards and alumni. We have limited space so please plan accordingly.



OLIVE OIL NEEDED

We need oil for our oil lamps. There are six vigil lamps continuously burning olive oil at our church: Altar table, Presanctified gifts, Christ’s Cross, St. Panteleimon, St. Phanourios, and St. Nikiforos the Leper. We light up to twenty more vigil lamps more during services. Please bring any olive oil you wish to donate to the church narthex or to the church office.

Flowers for Lent & Holy Week

The Great Lent and Pascha Season is upon us and once again we are asking for your contributions and donations towards the adornment of our St. Spyridon Church during the Lenten and Paschal services. Please call the Church office if you are interested in donating for the flowers for the Epitaphios, or for individual icons. Donations are accepted online, in the church office and in the designated donation box in the church narthex.



- ◆ *Flowers for Panagia \$100 (3 icons left)*
- ◆ *Flowers for Sunday of the Cross—\$150*
- ◆ *Palms for Palm Sunday—\$250*
- ◆ *Icon of the Last Supper—\$150*
- ◆ *Icon of the Crucifixion—\$150*
- ◆ *Icon of the Apokathelosis—\$150*
- ◆ *Carnations for the Epitaphios—\$300*
- ◆ *Decorative flowers for the Epitaphios—\$250*
- ◆ *Four (4) Bouquets for the Epitaphios—\$150/ each*