

LIVING AN ORTHODOX LIFE

HOLY WATER

It is a pious custom for Orthodox Christians to begin the day, after their morning prayers and before eating, by consuming a particle of *antidoron* and drinking *agiasmos*, or blessed water. In addition, many Orthodox will also bless their house by sprinkling with holy water on the first day of every month. It is good to remember that *agiasmos* does not spoil or weaken over time. You may prayerfully add clean water to your holy water container at any time. If you need to empty your holy water container before a water blessing, sprinkle your home or you may drink it or carefully pour it on your plants, never down the drain.

“They do well who daily, before eating any kind of food, drink a little Holy Water. It strengthens the powers of the soul-if it is done, of course, with prayer and reverence, and one does not merely expect from it a mechanical result”

St. John of Shanghai and San Francisco

House Blessings

Fr. John Theodosion will begin the HOUSE BLESSINGS in our community on the **1st week in January 2023**. Saint Andrew Parishioners will be notified of his pending visit. Please look for a “BLUE POST CARD” indicating date & time.

We will also be announcing in the WEEKLY BULLETIN the TOWNS that Fr. John will be visiting. If you do not receive a “POST CARD” when your TOWN is listed, please contact the office 973-584-0388 ASAP, and make arrangements for «AGIASMO» in your home.

Αγιασμούς

Ο π. Ιωάννης Θεοδόσιου θα ξεκινήσει τις επίσκεψις για αγιασμό στην κοινότητά μας την **1^η εβδομάδα του Ιανουάριου του 2023**. Οι Ενορίτες θα ενημερωθούν για την εκκρεμούσα επίσκεψή του. Θα λάβετε μια ΜΠΛΕ ΚΑΡΤΑ που δείχνει την ημερομηνία και την ώρα.

Επίσης θα ανακοινώσουμε στο ΕΒΔΟΜΑΔΙΚΟ ΔΕΛΤΙΟ την πόλη που ο π. Ιωάννης θα επισκεφθεί. Εάν δεν λάβετε " ΜΠΛΕ ΚΑΡΤΑ " όταν η ΠΟΛΗ σας είναι καταχωρημένη, παρακαλούμε επικοινωνήστε με το γραφείο 973-584-0388 όσο το συντομότερο και κάντε ρυθμίσεις για τον «Αγιασμό» στο σπίτι σας.