From Spiritual Life Ministry (SLM)

Our Resource Center has three book reviews we would like to share with you. The Theme is Repentance and Confession. All these books are available online or at Our Resource Center.



THE RETURN by Archimandrite Nektarios Antonopoulos, 86 pages

The Parable of the Prodigal Son is retold in this book. Fr. Antonopoulos takes the Parable apart and explains the actions of each person in the Parable. He also explains about Sin's Fruits, Guilt and Self-Examination. Chapter 14 "Participation in the Eucharist Feast" connects confession with Holy Communion.



THE FORGOTTEN MEDICINE The Mystery of Repentance

by Archimandrite Seraphim Aleksiev, 72 pages

The Forgotten medicine is Confession. This book is a classic handbook of what to do, a step-by-step guide to the confession process. Chapter 1 begins with a story of a rich traveler who goes on a vacation looking for a quiet place to rest.' In Chapter 2, he comes across Sin. The following chapters cover Objections, Rules, and Consequences, and he even includes Closing Questions he thinks you might ask.



REPENTANCE AND CONFESSION by Hieromonk Gregorios, 61pages

This Small Book is the first of the Spiritual Life Series. It has 15 short chapters, some of which are only 1-2 pages long. "The Beginning of Repentance" starts on Page 11, and "How does the Benevolent Father Receive Us?" starts on Page 13. It is very easy to read and understand. They call it a small book because it is about the size of a prayer book.

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