



Saint Spyridon Hellenic Orthodox Church

12307 S. Ridgeland Avenue, Palos Heights, IL. 60463

Phone 708-385-2311 * Fax 708-385-0166

Website: www.Saint-Spyridon.net * E-mail: office@Saint-Spyridon.net

Office Hours: Monday-Friday 9:00 a.m. - 2:00 p.m.

Rev. Tilemahos Alikakos, Protopresbyter - Mr. Frank Kopanis, Parish Council President

PARISH SCHEDULE

Sunday, February 7th

Orthros & Divine Liturgy — 8:00 a.m.— 11:00 a.m.

Memorial: +40 days for Vivian Patras

Monday, February 8th

Archangels Academy— 9:00 a.m.

Greek School Online * Bible Study— 7:00 p.m.

Tuesday, February 9th

Archangels Academy— 9:00 a.m.

Clergy Syndesmos Meeting— 10:00 a.m.

Parish Council Meeting— 7:00 p.m.

Wednesday, February 10th

St. Haralambos, Divine Liturgy — 8:30 a.m.— 9:30 a.m.

Archangels Academy— 9:00 a.m.

Thursday, February 11th

Archangels Academy— 9:00 a.m.

Bible Study in Greek— 10:00 a.m.

Friday, February 12th

Archangels Academy— 9:00 a.m.

Greek School Online * Paraklesis— 6:00 p.m.

Sunday, February 14th

Sunday of the Canaanite

Orthros & Divine Liturgy — 8:00 a.m.— 11:00 a.m.

Monday, February 15th

Archangels Academy— 9:00 a.m.

Greek School Online

Tuesday, February 16th

Archangels Academy— 9:00 a.m.

Bible Study in Greek— 10:00 a.m.

Wednesday, February 17th

St. Theodore of Tyron

1st Hour & Divine Liturgy — 8:30 a.m.— 9:30 a.m.

Thursday, February 18th

Archangels Academy— 9:00 a.m. * Bible Study— 7 p.m.

**SAINT SPYRIDON SERVICES
ARE STREAMED ON OUR
[PARISH YOUTUBE CHANNEL](#)**



Hymns of the Divine Liturgy

In Your kingdom. Remember us, O Lord, when You come in Your kingdom. Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Blessed are the merciful, for they shall obtain mercy.

We present You the robber's words and we prayerfully echo them; and like him we cry out, O Savior: In Your kingdom remember us.

Blessed are the pure in heart, for they shall see God.

We present You the Cross, O Lord, that You suffered on our behalf, to forgive our sins and offences, in Your love for humanity.

Blessed are the peacemakers, for they shall be called sons of God.

Lord, we honor Your burial and Your resurrection from the dead, by which You have rescued the world from corruption, O Friend of man.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

We salute you and say, Rejoice, fiery throne and unwedded Bride. Rejoice, holy Virgin, for you gave birth to God for humanity.

Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely [for my sake].

The Elder having seen with his eyes, the salvation that had come to the people, cried aloud to you, 'O Christ, who come from God, You are my God!'

Rejoice and be glad, for your reward is great in heaven.

You have been set up in Sion as a stumbling stone and rock of offence for the disobedient, unbreakable salvation of believers.

Glory to the Father and to the Son and to the Holy Spirit.

Truly bearing the imprint of him who begot you before the ages, through compassion for mortals you have now put on their weakness.

Both now and ever and unto the ages of ages. Amen.

I have worshipped you, Son of the Most High, Son of a Virgin, God become a little child. Now release me in peace.'

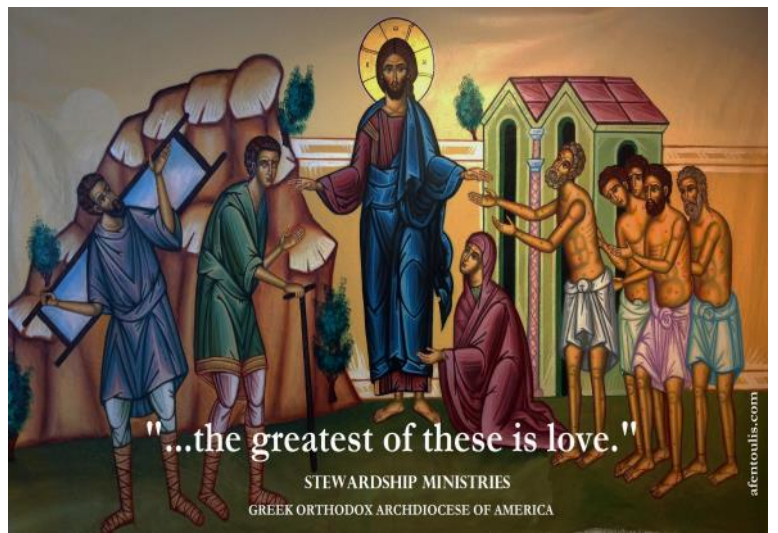
READINGS OF THE DAY

Corinthians 6:1-10

Brethren, working together with him, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Matthew 25:14-30

The Lord said this parable: "A man going on a journey called his servants and entrusted to them his property; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. He who had received the five talents went at once and traded with them; and he made five talents more. So also, he who had the two talents made two talents more. But he who had received the one talent went and dug in the ground and hid his master's money. Now after a long time the master of those servants came and settled accounts with them. And he who had received the five talents came forward, bringing five talents more, saying, 'Master, you delivered to me five talents; here I have made five talents more.' His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master.' And he also who had the two talents came forward, saying, 'Master, you delivered to me two talents; here I have made two talents more.' His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master.' He also who had received the one talent came forward, saying, 'Master, I knew you to be a hard man, reaping where you did not sow, and gathering where you did not winnow; so I was afraid, and I went and hid your talent in the ground. Here you have what is yours.' But his master answered him, 'You wicked and slothful servant! You knew that I reap where I have not sowed, and gather where I have not winnowed? Then you ought to have invested my money with the bankers, and at my coming I should have received what was my own with interest. So take the talent from him, and give it to him who has the ten talents. For to every one who has will more be given, and he will have abundance; but from him who has not, even what he has will be taken away. And cast the worthless servant into the outer darkness; there men will weep and gnash their teeth.'" As he said these things he cried out: "He who has ears to hear, let him hear!"



Thus says the Lord, the one who created you, who formed you: "Do not be afraid, for I have delivered you. I have called you by your name, and you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overcome you. When you walk through the fire, you shall not be burned, and the flame shall not consume you. You are precious in my sight, and I love you. Do not be afraid -- for I am with you." (Isaiah 43:1-6)

We thank all our stewards who offered your gifts of time, talent and treasure for 2020. As we journey through this new year, let us continue to serve our community and support our beloved Saint Spyridon parish. Your stewardship offering may be submitted by mail to the church office. We have also made online giving available on our church website (www.Saint-Spyridon.net) for one-time and periodic giving.



ARCHANGELS ACADEMY ENROLLMENT FOR 2021-22 IS NOW OPEN

Archangels Academy announces that applications for the 2021-22 academic year are now available at the church office and at ArchangelsAcademy.org. Incoming students must be at least three years old by September 1st, 2021. You can reserve a classroom tour and a meeting with Mrs. Sofea Malamis, our Archangels Academy Director, by calling the church office.

Please be aware that applications are accepted on a first come first serve basis with priority given to currently enrolled students, St. Spyridon stewards and alumni. We have limited space so please plan accordingly.



DIVORCE REBUILDERS MINISTRY

Saints Peter and Paul Divorce Rebuilders

Saint Peter and Paul Divorce Rebuilders Group is an Orthodox ministry that offers support, guidance and hope to those who are separated and divorced. For the last 15 years, Divorce Rebuilders has addressed the contemporary needs of Orthodox Christians by offering them a place to process the many aspects of the divorce experience through instruction, guidance, and support.

The SS. Peter and Paul Divorce Rebuilders Group is based on evidence based counseling practices that equips participants with understandings, skills and tools to help them rebuild from divorce. New insights and perspectives help you create new understandings towards developing new personal, relational and spiritual goals in your life.

Group session discussions are grounded in psychoeducational and faith based principles and references. One group session is led by the parish priest. Social activities with members of the group will be offered.

Examples of topics covered in the series are as follows:

- Components of the divorce experience
- The grieving process and one's journey toward recovery
- Gaining clarity in one's experiences
- Identifying work to be done towards personal growth
- Necessary endings and new beginnings; becoming anew
- Combatting loneliness and negative self-talk
- Steps and strategies for rebuilding and personal growth
- The role spiritual growth plays in healing, hope, personal growth and rebuilding

The Divorce Rebuilders program has achieved a 100% success rate as evaluated by over 180 participants since its inception. Participants have indicated a closer connection to their Orthodox faith and church along with new goals, self-awareness and spiritual and personal growth. Participants may repeat this program as many times as desired.

Meetings this Spring 2021 will be held via ZOOM and will be hosted by St. Spyridon Greek Orthodox Church, Palos Heights, Illinois, on Mondays, February 15-March 29, excluding March 15th, starting at 7 p.m. for six weeks. There is no fee for this program. For more information and to enroll by ZOOM in this program please e-mail Maria Boyle at: sspp.divorcerebuilders@gmail.com or mariaharduvel4@gmail.com.

"No Christian should walk through the pain of divorce alone."

COVID 19 Safety Protocols

We are limited to 25% capacity while maintaining social distancing. Everyone will still need to reserve on-line or by phone as we are required to keep attendance records which will remain private, in the case of an attendee testing positive for Covid-19.

- ◆ *If you are feeling ill, or if you are within a high-risk group, we recommend that you shelter at home.*
- ◆ *Please reserve your seat by phone or on-line, especially for Sundays.*
- ◆ **Every attendee must wear a face mask.** *In case you forget yours, masks are available at the church.*
- ◆ *Hand-sanitizer is available at multiple locations throughout the church. You are encouraged to disinfect your hands often.*
- ◆ *Please refrain from kissing icons.*
- ◆ *While the method of receiving Holy Communion has not changed, we ask that you do not touch the communion cloth.*

Give from the heart

One of our Goyans is collecting masks and pocket-sized hand sanitizer to distribute to the elderly parishioners of our community for Valentine's Day. Please bring your donations to the church office by Friday, February 12th.

PARISH ANNOUNCEMENTS



Drive Thru Food Pantry Pick Up

Helping to Feed those in Need

Open to the public


Every Thursday 1pm -2pm (While Supplies Last)

Saint Spyridon Hellenic Orthodox Church
12307 S. Ridgeland Avenue, Palos Heights, IL
When you arrive for a pick-up call: 708-385-2311




Important information:

- Drive Thru Only
- Keep your windows rolled-up
- Be prepared to open your trunk
- Stay in your vehicle - unless opening your trunk



Pull for the House.



Many Hearts. One Home.

One of our Goyans is collecting pop tabs for Ronald McDonald House. Please save your pop tabs and drop them off at church during office hours or at the designated basket located in the narthex during Sunday Services.

Our Saint Spyridon PTA is collecting recipes for their cookbook. Please send in your favorite recipe to spyridonpta@gmail.com by February 28, 2021. You can also use the form in this link to pre-order your own cookbook.



SHARE YOUR FAMILY'S FAVORITE RECIPES IN THE ST. SPYRIDON FAMILY COOKBOOK!

THE PTA IS COLLECTING RECIPES UNTIL 2/28/21
PLEASE SEND ALL RECIPES TO: SPYRIDONPTA@GMAIL.COM

\$25/COOKBOOK
EACH COOKBOOK WILL INCLUDE A ONE OF A KIND DESIGNED 5x7 BINDER WITH DIVIDER TABS AND ALL OF OUR ST. SPYRIDON FAMILY RECIPES



TO ORDER, PLEASE FILL OUT THIS ORDER FORM, MAIL THIS ORDER FORM AND PAYMENT TO:

CHECKS PAYABLE TO: ST. SPYRIDON PTA • CREDIT/DEBIT PAYMENT AVAILABLE UPON REQUEST
ST. SPYRIDON PTA COOKBOOK c/o VICKY ARGYROPOULOS • 10257 SOUTH CALIFORNIA AVENUE • CHICAGO, ILLINOIS 60655

NAME: _____ QTY _____

PHONE NUMBER/EMAIL: _____