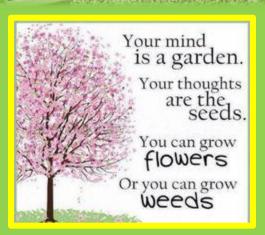
"Faith Garden"

Saints Raphael, Nicholas & Irene



COMPOSTING LIST

DO COMPOST	DON'T COMPOST
E 1 1	<u> </u>
Egg shells	Dairy
Coffee grounds	Meat
Fruits	Onions
Vegetables	Grease
Old herbs	Potatoes
	Nothing cooked
	Fish and bones
	weeds



The "Faith Garden" calls you to come and enjoy the beauty of nature, help procreate in your church garden. We will be growing flowers, fruits, and vegetables for all in the community to enjoy. It is a perfect time to enjoy

- 1. Being outdoors and getting vitamin D and fresh air.
- 2. Great exercise.
- 3. Helps you feel good and productive.
- 4. Helping to cultivate the land and learn about all in the incredible micro and macro living organisms.

WHAT WE NEED FROM YOU!

Do you compost? Our garden will need lots of "Golden Compost" which means we need your help. This is what you can do.

- 1. Save all your fruit peels and pulp, vegetable skins and wilted plants. We will provide you with your 5-gallon bucket. Just fill it up and bring the following week. We will have a composter here at church and within a few months we will have lots of incredible compost to feed the garden plants.
- 2. Come and join in to help build and maintain the garden. This is a wonderful ministry to enjoy with your children and grandchildren.
- 3. Come and just watch and enjoy.
- 4. Gardening tools are always welcomed, if you happen to go to garage sale keep your eyes open for good opportunities.
- 5. Bamboo sticks and trellis are always needed.