### About Us

Elpida is a youth ministry that brings children across the Greek Orthodox Metropolis of San Francisco together to build community through faith. At the retreat, children from multiple parishes across Northern California can gather together for an afternoon of community where they will learn about the Greek Orthodox Faith through hands on instruction. Children will be rotating throughout several workshops as they learn foundational concepts of the Greek Orthodox Faith and culture. Lessons will vary in length depending on the age to keep children engaged group throughout the retreat. Our Last Retreat was a huge success. Join us on March 30th !





Elpida

A Youth Ministry of the Annunciation Cathedral in San Francisco

> 245 Valencia Street San Francisco



### **Contact Us For More Info**

- 415-864-8000
- mia.fanourgiakis@annunciation.org
- annunciation.org/elpida-lenten-retreat



#### SATURDAY, MARCH 30TH

# Elpida's Lenten Retreat

Saints, Sacraments, and Stuffies

Building Community through Faith with children in Greek Orthodox Parishes all over Northern California



Limited Spots!

## **Our Curriculum**

Children will be grouped by age as they travel through a series of rotations focusing on:

- The Sundays of Lent
- Lenten Saints
- Koliva Making
- Orthodox Church Construction
- Building Stuffies Service Project
- Motor Movement and More!
- We even have a parent workshop, led by Academic Counselor Vivian Tavernakis, for parents who wish to stay on campus!



## Why Choose Elpida?

- ✓ Focuses on our young children and families.
- Our kids need community now more than ever!
  - Experienced and caring staff of clergy and educators.
- Programs for physical, social, emotional, and cognitive development.
- Activities designed to be collaborative to build friendships.
- ✓ Fosters a love of learning that lasts a lifetime!

# **Registration Information**

Retreat will run from 1:00pm-5:00pm At the Annuncation Cathedral 245 Valencia Street, San Francisco



\$50 per child. Will include donation of completed stuffie for SFPD, all curriculum materials, snacks and pizza dinner



Register online at: annunciation.org/elpida-lenten-retreat or use the QR code below.



A safe and nurturing environment for your children

## Testimonials from Happy Parents

"My child loved the Lenten Retreat! It was organized, well-thought out and even thought about parents. We are excited for the next one!" -- Eleni, Parent

"I was really impressed how the majority of Elpida's teachers were educators. This made me really comfortable because my child has some learning differences. I love how all children were included.

#### -- Georgia, Parent

"I loved watching the priests lead the lessons. It was nice to come together as a greater community in a non-competitive way. We loved it "

#### -- Tasso, Parent



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