



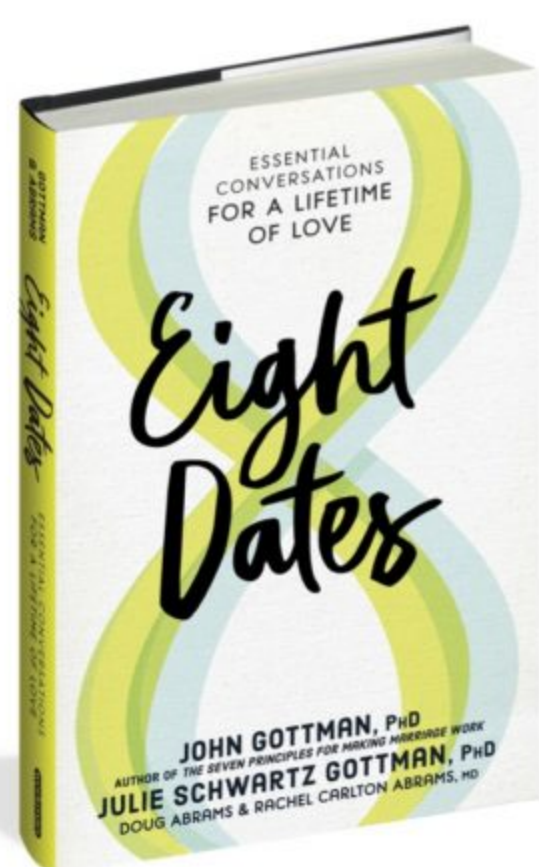
The Greek Orthodox Metropolis of San Francisco Family Wellness Ministry  
and the Office of Youth and Young Adult Ministries  
invite you to journey with us through

# Eight Dates

**Essential Conversations for a Lifetime of Love**

by John and Julie Gottman, PhD.

held bi-monthly on Thursday evenings via Zoom



Each session is designed by our Family Wellness Ministry team to engage couples in essential conversations.  
**Topics include:** Trust and Commitment, Addressing Conflict, Sex and Intimacy, Work and Money,  
Family, Fun and Adventure, Growth and Spirituality, Hopes and Dreams.

“This series transformed our marriage and got us talking and connecting again.”-- Jenn & Stavros

*Eight Dates will be held Thursdays at 6:30 pm (Pacific) via Zoom*

**Oct. 14 • Oct. 28 • Nov. 11 • Dec. 2 • Dec. 16 • Jan. 13 • Jan. 27 • Feb. 10 • Feb. 24**

Register online to receive links and handouts:

[www.familywellnessministry.org/eight-dates](http://www.familywellnessministry.org/eight-dates)



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familywellnessministry.org