

PRIME TIMERS



BACK BY POPULAR DEMAND

CHAIR YOGA



WITH KRISTY LALLOTIS

JOIN US

FEBRUARY 14

11:00 A.M.

PAPPAS HALL

Followed by

Catered Chinese Lunch to celebrate the Lunar New Year

It's the year of the Dragon!

\$5.00 donation for lunch

Dues can be paid \$10 per person

RSVP by February 9 to:

Vasil Karounos: vasilkarounos40@gmail.com or 858-382-7398

Jim Karounos: jimkarounos@yahoo.com or 760-917-1188

Barbara Anaya: babsanaya@gmail.com or 760-419-9699

