

## Sundays of Great Lent 2022

As we journey through the Sundays of Great Lent this year, our community will once again join together in weekly HT Community Service/Outreach activities that coincide with the verses we read on the third Sunday of 'Pre-lent' (Matthew 25:35-36). This year, we have added an action item to focus on each week as well.

### 1<sup>st</sup> Sunday of Great Lent 3/13/22 *Sunday of Orthodoxy*

- Epistle: Hebrews 11:24-26, 32-40
- Gospel: John 1:43-51

**Community Service/Outreach: "I was in Prison..."**  
Donate \$25.36 to Prison Ministry (*Matt. 25:36*)

Bring an icon to church this Sunday for a procession

**\*\*Say a prayer standing by your icons at home, ask your patron saint, and especially God for strength as we begin Great Lent this year!**

### 2<sup>nd</sup> Sunday of Great Lent 3/20/22 *Saint Gregory Palamas*

- Epistle: Hebrews 1:10-14, 2:1-3
- Gospel: Mark 2:1-12

**Community Service/Outreach: "I was naked..."**  
Clothing Drive (*Matthew 25:36*)

**\*\*Pray the Jesus Prayer daily this week**  
(*Lord Jesus Christ, Son of God, have mercy on me a sinner*)

**\*\*If you have a prayer rope, bring it to be blessed. If you don't have one, ask Father George for one if you would like one**

### 3<sup>rd</sup> Sunday of Great Lent 3/27/22 *Holy Cross*

(*We will collect Donations for Holy Cross Seminarians*)

- Epistle: Hebrews 4:14-16, 5:1-6
- Gospel: Mark 8:34-38; 9:1

**Community Service/Outreach: "I was hungry and Thirsty..."**

- Food Drive: donate canned chicken or tuna, peanut butter, canned fruits or vegetables
- Help Prepare and Deliver Meal to Tulsa Day Center for the Homeless this Tuesday, 3/29 (*Matthew 25:35*)

**\*\*Wear your cross to church today (and hopefully every day). Do your cross as you pray before eating (again, hopefully every day).**

**\*\*Each Day this week, say a prayer for all the Seminarians studying at Holy Cross Seminary...our future clergy!**

### 4<sup>th</sup> Sunday of Great Lent 4/3/22 *Saint John Climacus*

- Epistle: Hebrews 6:13-20
- Gospel: Mark 9:17-31

**Community Service/Outreach: "I was sick..."**  
Buy or make 'Get Well Cards' for patients at local hospitals (*Matthew 25:36*)

Cards should be 'generic' get well/prayer cards, and can be signed with your first name, from Holy Trinity Greek Orthodox Church. This was greatly appreciated last year by those who received them.

**\*\*Every time you walk up stairs this week, ask Saint John to help you 'Ascend the Heights' and reach Paradise**

**\*\*Use your 'Daily Readings' App or [www.goarch.org](http://www.goarch.org) to look up and learn about Saint John Climacus**

### 5<sup>th</sup> Sunday of Great Lent 4/10/22 - *Saint Mary of Egypt*

Epistle: Hebrews 9:11-14

Gospel: Mark 10:32-45

**Community Service/Outreach: "I was a stranger..."** (*Matthew 25:35*)

- This year, let's challenge ourselves to sponsor and volunteer to help build a home for a family in need through Habitat for Humanity Green Country. As a community we can choose any level between \$1000 up to \$125,000
  1. **Supporting Sponsorship** - \$1000: and opportunity to join community volunteers on a Habitat Home
  2. **Team Build Day Sponsorship** - \$5000: and serve as an exclusive home building team for one day on a Habitat Home
  3. **Crew Sponsorship** - \$10,000: Assist with construction costs & volunteer up to 2 weeks on a Habitat Home
  4. **Builder Sponsorship** - \$20,000: assist with construction costs & volunteer up to 4 weeks on a Habitat Home
  5. **Developer Sponsorship** - \$35,000: assist with construction costs & volunteer up to 6 weeks on a Habitat Home
  6. **Leader Sponsorship** - \$50,000: Cover a portion of construction costs & volunteer up to 8 weeks on a Habitat Home
  7. **Champion Sponsorship** - \$75,000: Cover majority of construction costs & volunteer up to 10 weeks on a Hab. Home
  8. **Exclusive Homebuilder Sponsorship** - \$125,000: cover full cost of construction & volunteer up to 12 weeks...