



Saint Spyridon Hellenic Orthodox Church

12307 S. Ridgeland Avenue, Palos Heights, IL. 60463

Phone 708-385-2311 * Fax 708-385-0166

Website: www.Saint-Spyridon.net * E-mail: office@Saint-Spyridon.net

Office Hours: Monday-Friday 9:00 a.m. - 2:00 p.m.

Rev. Tilemahos Alikakos, Protopresbyter - Mr. Frank Kopanis, Parish Council President

PARISH SCHEDULE

Sunday, April 4th

Sunday of the Veneration of the Precious Cross
Orthros & Divine Liturgy—8:00 a.m.—11:00 a.m.

Solemn Vespers—6:00 p.m.—7:00 p.m.

Monday, April 5th

Archangels Academy—9:00 a.m.

Holy Confession—10:00 a.m. * Greek School Online

Great Compline—6:00 p.m.—7:00 p.m.

Bible Study—7:00 p.m.

Tuesday, April 6th

Archangels Academy—9:00 a.m.

Festival Meeting—7:00 p.m.

Wednesday, April 7th

Archangels Academy—9:00 a.m.

Holy Confession—10 a.m.—12 noon

Presanctified Liturgy—6:00 p.m.—7:30 p.m.

Thursday, April 8th

Archangels Academy—9:00 a.m.

Paraklesis & Homily—6:00 p.m.

Friday, April 9th

Presanctified Liturgy—8:00 a.m.

Archangels Academy—9:00 a.m.

Holy Confession—10 a.m. * Greek School Online

Salutations to the Theotokos—7:00 p.m.

Saturday, April 10th

Holy Confession—4:00 p.m.—6:00 p.m.

Great Vespers—6:00 p.m.—7:00 p.m.

Sunday, April 11th

4th Sunday of Lent, St. John of the Ladder

Orthros & Divine Liturgy—8:00 a.m.—11:00 a.m.

Solemn Vespers—6:00 p.m.

Monday, April 12th

Archangels Academy—9:00 a.m.

Greek School Online

Holy Confession—10 a.m.—12 noon

Great Compline—6:00 p.m.—7:00 p.m.

Bible Study—7:00 p.m.

**SAINT SPYRIDON SERVICES
ARE STREAMED ON OUR
[PARISH YOUTUBE CHANNEL](#)**



HYMNOLOGY OF THE DAY

The fiery sword is not guarding the entrance to Eden anymore. For it was extinguished in paradoxical manner by the tree of the Cross. The sting of death and the victory of Hades have been stricken. And You, my Savior, came and cried out to those in Hades: Enter again into Paradise.

On Golgotha did Pilate lift up crosses three: two for those guilty of larceny, and one for Him who gives us life, whom Hades spied and voiced to those below, "My ministers and governors: my heart! - who has affixed it with a nail? A lance of wood abruptly pierced me through, and I am rent in twain. My inner parts distressingly are pained, my belly aches, the organs of my senses. My breathing pants and am compelled Adam and those of Adam to expel, who by a tree were given me. For it is a tree that leads them back again into Paradise."

Let us joyfully cry aloud, and in odes let us magnify * the all-precious Cross and salute it with a kiss. * And let us cry out to it and say, * O Cross ever-ven'erable, by the power you possess, * sanctify us in every way, soul and body too. * From all manner of injury arising from our enemies preserve us * who venerate in piety.

Come, believers, and faithfully * draw the waters that never fail, * issuing abundantly by the Cross's grace, * as we behold set before us now * the wood of the holy tree, * yes, the wellspring of the gifts * of the Spirit, which is itself * watered by the blood * and the water that issued from the Master who was willingly exalted * thereon, exalting humanity.

The support of the Church are you, * and the strength of the emperors; * boast of the monastics and their deliverance * are you, all-ven'erable Cross of Christ. * And now as we venerate * you today, our hearts and souls * are illumined ineffably by the grace divine * of the Lord who was nailed to you and brought down * the dominion of the sly one, * and who abolished the ancient curse.

To flee the high-minded opinion of the Pharisees most wicked, the Lord of all things taught us by way of parable, and instructed us all not to think of ourselves more highly than we ought. He Himself became our model and example, having emptied Himself even unto the Cross and death. In thanksgiving, then, with the Publican let us say, "You endured the Passion for us and yet remained dispassionate God, from our sinful passions free us, and grant salvation to our souls."

Come, O believers, let us venerate the lifegiving Cross. For Christ, the King of glory, voluntarily extended His hands on it and raised us up to the original blessedness, after the enemy long ago had captured us with the bait of pleasure, and caused us to be exiled from God. Come, O believers, let us venerate the Cross, by which we have been granted to crush the skulls of our invisible enemies. Come, all you families of the Gentiles, let us sing hymns to honor the Cross of the Lord.

"We salute you, O Cross, for you are the complete redemption of Adam who had fallen. In you our most faithful leaders boast, for by your power they have mightily subdued the foreign enemy. Now we Christians with fear and awe salute you with a kiss, and we glorify God who was nailed to you, and we say, 'O Lord, who were nailed to the Cross, have mercy on us, for You are good and You love humanity.'"

READINGS OF THE DAY

Hebrews 4:14-16; 5:1-6

BRETHREN, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."



EASTER BAKE SALE

Let St. Spyridon Philoptochos help you with your Easter planning with our delicious Easter classic Greek treats.

Item	Unit Price	Quantity	Total
Tsoureki	\$15.00		
Koulouria Per Dozen	\$ 6.00		
Total Due			

All orders must be received by: April 20th with payment.

Name: _____

Phone Number: _____

Make all checks payable to: St. Spyridon Philoptochos

Questions? Please email Helen Sotiropoulos at jenamontreal@aol.com
Call Helen at Cell - 815-370-2111

From our hearts to
your home.

Jump into Spring
with our Greek
treats.

Order before
April 20th

Online Orders:

<https://easterbakesale2021.avenitrite.com>

Or

Pay by check or cash
at St. Spyridon
Church Office

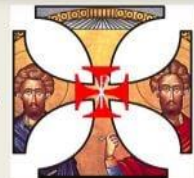
Pick up date:

Saturday April 24th

After Divine Liturgy

11:30 AM - 1:30 PM

St. Spyridon Church
12307 S. Ridgeland Ave.
Palos Heights, IL 60463
708-385-2311



The St. Spyridon Ladies Philoptochos society invites all interested High School seniors and current college students to apply for the St. Spyridon Philoptochos Scholarship.

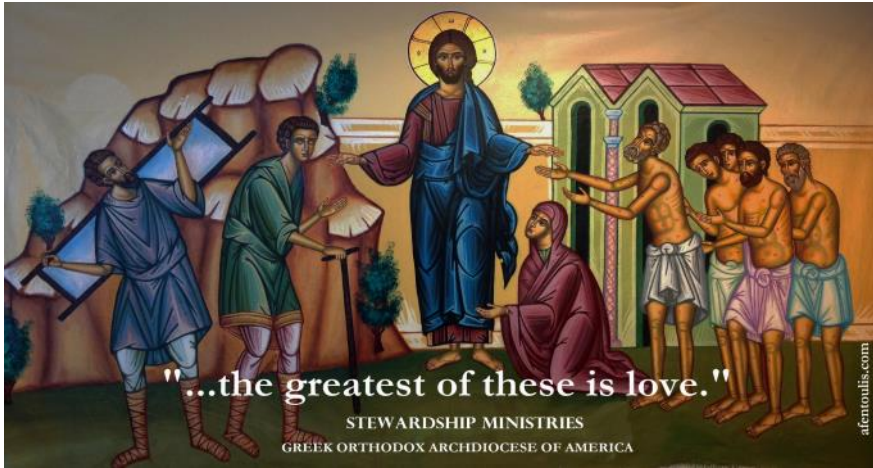
**The winning applicant will
receive a \$1000 scholarship**

Applications and information are
available on St. Spyridon's website:
<http://www.saintspyridon.org>

The deadline for the completed application and
supporting documents are due by June 15, 2021.

Please email application materials to
englishteacher30@yahoo.com

The recipient will
be notified by August 15, 2021.



STEWARDSHIP 2021

In the Creed we recite during every Divine Liturgy, we say, "...And was crucified also for us under Pontius Pilate, and suffered and was buried; and the third day He rose again, according to the Scriptures..." God's ultimate sacrifice of His Only Begotten Son is our constant reminder of his unwavering love for us. We must acknowledge this love by our prayers, our conduct, and our deeds. Tithing, sacrificial giving, or proportional giving is but one of the many expressions of worship through which we can demonstrate our commitment to Our Lord's word. **Compassionate stewardship is an attitude and a way of life.**

We thank the 210 Stewards that have joined so far in 2021. As we journey through Great and Holy Lent, let us continue to serve our community and support our beloved Saint Spyridon parish. Your stewardship offering may be submitted by mail to the church office. We have also made online giving available on our church website (www.Saint-Spyridon.net) for one-time and periodic giving.



YOU'RE INVITED TO A
PAINTING PARTY!

*Please join us for an
 Archangels Fundraiser*

Sunday April 18th 3PM
 at St. Spyridon Church
 12307 Ridgeland Ave
 Palos Heights IL 60463

RSVP to Vasiliki by April 11th
 708.941.6704

**Drive Thru
 Food Pantry Pick Up**

Helping to Feed those in Need

Open to the public

Every Thursday 1pm -2pm (While Supplies Last)

Saint Spyridon Hellenic Orthodox Church
 12307 S. Ridgeland Avenue, Palos Heights, IL
When you arrive for a pick-up call: 708-385-2311

Important information:

- Drive Thru Only
- Keep your windows rolled-up
- Be prepared to open your trunk
- Stay in your vehicle - unless opening your trunk

PARISH ANNOUNCEMENTS

Spring into Action to Help Kids Fighting Cancer!

Saint Spyridon's Lenten Toy Drive



All proceeds to benefit:

The Pediatric Oncology
Treasure Chest Foundation

Suggested Donations by Age:

School Age

Action Figures
Barbie Dolls & accessories
Trucks and Cars
Snaprite Models
Board Games

Arts/Crafts

Playdough
Coloring Books
Crayola Markers/Crayons
Activity Sets/Prepackaged Crafts

Adolescent

Journals
Jewelry
Nail Polish Kits
Cosmetic Bags
Purses/Wallets
Scarves/Hats
DVDs/CDs
Board Games
Gift Cards (\$ increments)

Infant/Toddler/Preschool

Fischer-Price/Playskool toys
Play Dish Sets & Play Food
Baby Dolls & accessories
Wooden & Plastic Puzzles
Activity Books

Drop off all NEW, unwrapped donations in boxes near the office and gym.

Donation Deadline is Sunday, April 25th

Cash/Check donations may be dropped off in the church office:

Monday – Friday from 9am to 2pm

Checks payable to "St. Spyridon" & "Toy Drive" in the Memo section, or

Donate online: https://tithe.ly/give_new/www/#/tithe/give-one-time/1390651

(Please Select "Toy Drive – Pediatric Oncology Treasure Chest" from the dropdown menu)

For questions, please contact:

Stella Parhas at 708.717.2518 or Demetria Papadopoulos at 708.870.2785

Thank you for donating!



ARCHANGELS ACADEMY ENROLLMENT FOR 2021-22 IS NOW OPEN

Archangels Academy announces that applications for the 2021-22 academic year are now available at the church office and at ArchangelsAcademy.org. Incoming students must be at least three years old by September 1st, 2021. Please be aware that applications are accepted on a first come first serve basis with priority given to currently enrolled students, St. Spyridon stewards and alumni. We have limited space so please plan accordingly.



OLIVE OIL NEEDED

We need oil for our oil lamps. There are six vigil lamps continuously burning olive oil at our church: Altar table,

Presanctified gifts, Christ's Cross, St. Panteleimon, St. Phanourios, and St. Nikiforos the Leper. We light up to twenty more vigil lamps more during services. Please bring any olive oil you wish to donate to the church narthex or to the church office.

Flowers for Lent & Holy Week

The Great Lent and Pascha Season is upon us and once again we are asking for your contributions and donations towards the adornment of our St. Spyridon Church during the Lenten and Paschal services. Please call the Church office if you are interested in donating for the flowers for the Epitaphios, or for individual icons. Donations are accepted online, in the church office and in the designated donation box in the church narthex.



- ◆ *Flowers for Panagia* \$100
- ◆ *Flowers for Sunday of the Cross* — \$150
- ◆ *Palms for Palm Sunday* — \$250
- ◆ *Icon of the Last Supper* — \$150
- ◆ *Icon of the Crucifixion* — \$150
- ◆ *Icon of the Apokathelosis* — \$150
- ◆ *Carnations for the Epitaphios* — \$300
- ◆ *Decorative flowers for the Epitaphios* — \$250
- ◆ *Four (4) Bouquets for the Epitaphios* — \$150/ each