



# READING GROUP

Meetings take place on the following Tuesdays:

**2022: Oct. 11; Nov. 15; Dec. 20**

**2023: Feb. 21; Mar. 14**

*JOIN US for a special time of spiritual collaboration, challenging and thought-provoking discussion regarding our current Reading Group book:*

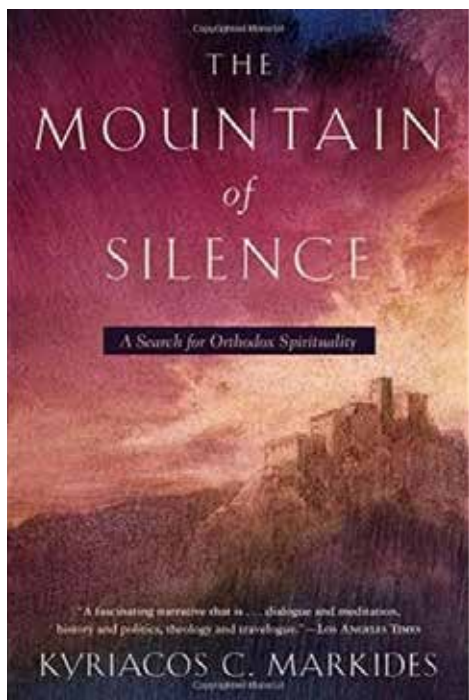
Two opportunities to participate (choose morning or evening group)

The A.M. Group meets in the Library from 10:00 a.m. - 11:30 a.m.

The P.M. Group meets in the Grand Ball Room from 7:30 p.m. - 9:00 p.m.

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## The book selection for the IXΘΥΣ Reading Group:



## The Mountain of Silence

by Kyriacos C. Markides

An acclaimed expert in Christian mysticism travels to monasteries high in the Troodos Mountains of Cyprus and offers a fascinating look at the Greek Orthodox approach to spirituality that will appeal to modern seekers.

In an engaging combination of dialogues, reflections, conversations, history, and travel information, Kyriacos C. Markides follows Father Maximos, one of Mount Athos's monks, to the troubled island of Cyprus. As Father Maximos establishes churches, convents, and monasteries in this deeply divided land, Markides is awakened anew to the magnificent spirituality of the Greek Orthodox Church.

Images of the land and the people of Cyprus and details of its tragic history enrich The Mountain of Silence. Like the writings of the great mystics, the book brilliantly evokes the confluence of an inner and outer journey. The result is a remarkable work—a moving, profoundly human examination of the role and the power of spirituality in a complex and confusing world.

*Some comments from Reading Group participants:*

"A workout for mind, heart, and soul." "Engaging." "Illuminating." "Inspiring."  
"Cleansing." "Presence of Grace." "Fun." "The fellowship is so important to me."

*The Group Facilitators for this ministry are: Tony Delos and Presbyteria Vangie Orfanakos  
The Mountain of Silence book is available for purchase at The Saint Barbara Book & Icon Store  
Contact the Church Office to pick up your copy*