

IN-PERSON VIEWING



You are invited to a watch party

Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience

A film about helping youth thrive in our screen and stress-filled world.

Filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level with Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience—a film that examines the science behind teen's emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.



Sts. Constantine and Helen Church

2160 WAUWATOSA AVENUE Wauwatosa, WI

FREE IN-PERSON VIEWING EVENT RSVP Required http://tiny.cc/2022-Screenagers

Watch the trailer

screenagersmovie.com/about-screenagers-next-chapter